

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS REPORT
SPRING 2006 - COUNTY SUMMARY

Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
		Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
04	BOYS	6064	5134	6029	4296	6066	5131	6058	4207	6113
04	GIRLS	5823	4881	5774	4527	5822	4899	5804	4548	5861
05	BOYS	6094	4973	6083	4895	6108	5209	6084	4273	6160
05	GIRLS	5679	4933	5668	4991	5676	4824	5657	4397	5722
06	BOYS	6154	5059	6142	4895	6158	5223	6141	4230	6225
06	GIRLS	5738	5045	5726	5080	5753	4844	5753	4556	5814
07	BOYS	6124	4949	6038	4821	6089	4870	6094	3880	6219
07	GIRLS	5571	4734	5483	4710	5571	4279	5579	4191	5680
08	BOYS	5994	5114	5980	4716	5992	5113	5949	4220	6137
08	GIRLS	5824	4852	5770	4729	5807	4555	5796	4797	5916
09	BOYS	6146	4994	6077	4575	6136	5193	6113	3634	6291
09	GIRLS	5787	4708	5686	4265	5792	4587	5811	3902	5975
10	BOYS	5661	4760	5560	4080	5674	4805	5625	3559	5822
10	GIRLS	5397	4770	5271	3705	5364	4457	5387	3820	5579
11	BOYS	40	32	41	21	41	32	40	21	41
11	GIRLS	39	34	39	17	38	30	40	23	42
12	BOYS	1	1	1	1	1	0	1	1	1
12	GIRLS	5	5	5	1	4	4	5	5	6
Totals		82141 98%	68978 83%	81373 97%	64325 77%	82092 98%	68055 81%	81937 98%	58264 70%	83604