

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - COUNTY SUMMARY

Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
		Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
04	BOYS	6102	5020	6065	4183	6111	5111	6060	4255	6177
04	GIRLS	5727	4667	5684	4352	5741	4743	5717	4521	5795
05	BOYS	6181	4999	6161	4850	6162	5201	6146	4340	6260
05	GIRLS	5733	5050	5717	4920	5711	4782	5726	4549	5787
06	BOYS	6177	5178	6163	4872	6162	5168	6105	4188	6258
06	GIRLS	5917	5288	5900	5191	5927	4926	5908	4625	5986
07	BOYS	6218	4922	6119	4716	6164	4839	6175	3895	6378
07	GIRLS	5914	4974	5782	4867	5878	4453	5882	4487	6068
08	BOYS	6022	5191	5936	4450	6009	5096	5990	4172	6156
08	GIRLS	5587	4877	5495	4416	5576	4470	5553	4573	5759
09	BOYS	6143	4998	6108	4575	6181	5038	6142	3831	6371
09	GIRLS	5646	4632	5573	4249	5628	4355	5672	3968	5873
10	BOYS	5518	4696	5432	3962	5516	4656	5445	3458	5778
10	GIRLS	5147	4557	5018	3501	5144	4175	5077	3643	5421
11	BOYS	51	39	48	29	52	33	51	36	52
11	GIRLS	47	30	48	16	50	32	49	29	55
12	BOYS	1	1	1	1	1	1	1	1	1
12	GIRLS	2	1	1	1	2	0	1	1	2
Totals		82,133 98%	69,120 82%	81,251 97%	63,151 75%	82,015 97%	67,079 80%	81,700 97%	58,572 70%	84,177