

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2002 - COUNTY SUMMARY

Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
		Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LP	BOYS	4	3	4	0	4	4	4	4	4
LP	GIRLS	1	1	1	0	2	1	1	1	2
04	BOYS	6,051	4,807	5,993	3,991	6,051	5,168	6,033	4,181	6,111
04	GIRLS	5,873	4,645	5,807	3,964	5,865	4,881	5,853	4,105	5,918
05	BOYS	6,211	4,899	6,205	5,152	6,200	5,345	6,199	4,295	6,274
05	GIRLS	5,820	4,904	5,784	5,216	5,798	4,908	5,813	3,957	5,876
06	BOYS	6,223	4,924	6,184	5,101	6,219	5,260	6,177	4,085	6,295
06	GIRLS	5,951	4,955	5,897	5,312	5,948	4,886	5,940	4,077	6,009
07	BOYS	6,082	4,652	6,064	4,783	6,088	4,978	6,048	3,586	6,209
07	GIRLS	5,730	4,485	5,685	4,916	5,756	4,510	5,740	3,594	5,858
08	BOYS	5,887	4,684	5,847	4,541	5,905	5,025	5,851	3,751	5,994
08	GIRLS	5,348	4,089	5,305	4,385	5,348	4,310	5,367	3,670	5,475
09	BOYS	5,705	4,247	5,621	4,306	5,703	4,737	5,651	3,123	5,881
09	GIRLS	5,497	4,187	5,337	4,128	5,518	4,199	5,504	3,102	5,693
10	BOYS	5,119	3,955	5,022	3,666	5,118	4,230	5,114	2,714	5,318
10	GIRLS	4,863	3,857	4,707	3,205	4,815	3,749	4,886	2,688	5,067
11	BOYS	63	30	60	32	63	40	62	22	68
11	GIRLS	54	40	55	13	55	37	54	20	60
12	BOYS	12	10	12	7	11	8	12	5	12
12	GIRLS	10	6	9	1	10	5	9	4	10
Totals		80,504	63,380	79,599	62,719	80,477	66,281	80,318	50,984	82,134
		98%	77%	97%	76%	98%	81%	98%	62%	