

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ALDRIN ELEM	04	Boys	44	42	45	38	45	35	45	37	45
	04	Girls	43	40	43	32	43	33	43	39	43
	05	Boys	38	37	38	35	38	36	38	34	38
	05	Girls	47	47	46	46	47	45	47	45	47
	06	Boys	51	50	51	45	51	45	49	40	51
	06	Girls	47	47	45	45	47	41	47	46	47
Totals			270	263	268	241	271	235	269	241	271
			100%	97%	99%	89%	100%	87%	99%	89%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE TERRACE ELEM	04	Boys	43	38	43	18	43	33	43	26	43
	04	Girls	44	35	44	25	44	38	44	39	44
	05	Boys	63	45	63	44	63	50	63	49	63
	05	Girls	52	40	52	37	52	36	52	46	52
Totals			202	158	202	124	202	157	202	160	202
			100%	78%	100%	61%	100%	78%	100%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARCHER ELEM	04	Boys	68	56	68	62	67	59	67	41	68
	04	Girls	53	45	53	51	54	50	52	33	54
	05	Boys	57	54	57	52	57	56	57	28	57
	05	Girls	67	64	66	66	67	62	67	39	67
	06	Boys	53	50	53	48	53	51	53	24	53
	06	Girls	65	60	66	62	66	62	66	31	66
Totals			363	329	363	341	364	340	362	196	365
			99%	90%	99%	93%	100%	93%	99%	54%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG CENTER	04	Boys	8	8	9	5	11	7	9	9	11
	04	Girls	3	3	3	3	3	1	3	2	3
	05	Boys	6	4	7	2	7	7	5	5	7
	05	Girls	1	1	1	0	1	1	1	0	1
	06	Boys	13	10	14	5	15	11	15	12	15
	06	Girls	1	1	1	0	1	1	1	1	1
Totals			32	27	35	15	38	28	34	29	38
			84%	71%	92%	39%	100%	74%	89%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG ELEM	04	Boys	33	32	33	22	33	32	33	30	33
	04	Girls	24	22	24	15	24	22	24	24	24
	05	Boys	44	37	44	39	44	42	45	37	45
	05	Girls	28	27	29	21	28	23	29	25	29
	06	Boys	48	43	48	36	49	39	48	37	49
	06	Girls	31	30	31	27	31	29	31	27	31
Totals			208	191	209	160	209	187	210	180	211
			99%	91%	99%	76%	99%	89%	100%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BAILEYS ELEM	04	Boys	61	53	61	21	61	50	61	58	61
	04	Girls	67	45	66	37	67	52	67	64	67
	05	Boys	59	46	58	46	59	46	59	52	59
	05	Girls	61	51	61	49	61	46	61	57	61
Totals			248	195	246	153	248	194	248	231	248
			100%	79%	99%	62%	100%	78%	100%	93%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BEECH TREE ELEM	04	Boys	55	48	54	26	55	44	55	36	55
	04	Girls	29	22	29	18	29	18	29	26	29
	05	Boys	25	20	26	12	26	17	26	22	26
	05	Girls	25	21	25	25	25	20	25	18	25
Totals			134	111	134	81	135	99	135	102	135
			99%	82%	99%	60%	100%	73%	100%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELLE VIEW ELEM	04	Boys	29	22	30	23	28	20	27	20	30
	04	Girls	29	25	29	22	29	17	29	29	29
	05	Boys	18	14	18	17	17	13	17	15	18
	05	Girls	28	24	29	26	26	22	26	24	29
	06	Boys	14	9	15	11	14	9	14	12	17
	06	Girls	18	15	18	15	18	14	17	15	18
Totals			136	109	139	114	132	95	130	115	141
			96%	77%	99%	81%	94%	67%	92%	82%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELVEDERE ELEM	04	Boys	40	29	39	33	39	35	40	26	40
	04	Girls	34	24	34	31	33	27	34	25	34
	05	Boys	36	25	36	32	34	26	33	21	36
	05	Girls	42	33	41	35	41	33	41	36	43
Totals			152	111	150	131	147	121	148	108	153
			99%	73%	98%	86%	96%	79%	97%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BONNIE BRAE ELEM	04	Boys	59	37	58	38	59	49	59	36	60
	04	Girls	63	42	60	43	63	58	63	48	63
	05	Boys	52	41	52	39	51	49	52	34	54
	05	Girls	69	53	69	54	71	60	71	60	71
	06	Boys	66	54	66	56	60	53	65	40	66
	06	Girls	75	66	74	67	76	63	76	59	78
Totals			384	293	379	297	380	332	386	277	392
			98%	75%	97%	76%	97%	85%	98%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BRADDOCK ELEM	04	Boys	54	45	54	36	54	41	54	50	54
	04	Girls	46	40	46	34	46	38	46	42	46
	05	Boys	48	42	48	45	48	40	48	47	48
	05	Girls	36	31	36	35	36	28	36	33	36
Totals			184	158	184	150	184	147	184	172	184
			100%	86%	100%	82%	100%	80%	100%	93%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BREN MAR PARK ELEM	04	Boys	12	6	12	12	12	10	12	9	12
	04	Girls	34	32	34	34	34	24	34	25	34
	05	Boys	29	18	28	2	29	24	28	18	30
	05	Girls	28	23	27	25	28	24	28	20	28
Totals			103	79	101	73	103	82	102	72	104
			99%	76%	97%	70%	99%	79%	98%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD CENTER	04	Boys	11	10	11	7	11	8	11	11	11
	04	Girls	1	1	1	1	1	1	1	1	1
	05	Boys	4	3	4	3	4	2	4	3	4
	05	Girls	3	3	3	2	3	2	3	3	3
	06	Boys	6	5	6	3	6	4	6	5	6
	06	Girls	1	1	1	1	1	1	1	1	1
Totals			26 100%	23 88%	26 100%	17 65%	26 100%	18 69%	26 100%	24 92%	26

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD ELEM	04	Boys	52	49	51	41	52	47	52	51	52
	04	Girls	42	37	41	37	42	40	42	39	42
	05	Boys	60	53	60	48	60	54	61	57	61
	05	Girls	58	57	57	52	58	55	58	56	58
	06	Boys	61	57	61	46	61	56	61	60	62
	06	Girls	63	61	63	58	63	60	63	63	63
Totals			336	314	333	282	336	312	337	326	338
			99%	93%	99%	83%	99%	92%	100%	96%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUCKNELL ELEM	04	Boys	18	11	18	5	19	12	19	18	19
	04	Girls	12	7	12	3	15	5	15	15	15
	05	Boys	20	16	21	11	21	12	21	21	21
	05	Girls	19	15	15	4	19	9	19	19	19
	06	Boys	13	8	13	5	13	7	13	13	13
	06	Girls	21	18	22	10	22	14	22	21	22
Totals			103	75	101	38	109	59	109	107	109
			94%	69%	93%	35%	100%	54%	100%	98%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BULL RUN ELEM	04	Boys	80	77	80	58	80	79	80	72	80
	04	Girls	71	68	71	56	71	69	71	63	71
	05	Boys	70	66	70	57	70	68	70	65	70
	05	Girls	69	68	70	66	70	69	70	66	70
	06	Boys	70	68	70	59	70	69	70	61	70
	06	Girls	66	63	66	57	66	66	65	63	66
Totals			426	410	427	353	427	420	426	390	427
			100%	96%	100%	83%	100%	98%	100%	91%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL CENTER	04	Boys	5	5	5	5	5	5	1	0	5
	04	Girls	1	0	2	2	2	2	1	0	2
	05	Boys	2	0	3	3	2	2	0	0	3
	05	Girls	1	0	1	1	1	1	1	0	1
	06	Boys	4	1	5	4	4	3	0	0	5
	06	Girls	2	1	2	2	2	2	0	0	2
Totals			15	7	18	17	16	15	3	0	18
			83%	39%	100%	94%	89%	83%	17%	0%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL ELEM	04	Boys	38	37	36	36	39	28	38	18	39
	04	Girls	28	27	28	27	28	22	26	13	28
	05	Boys	44	41	45	40	36	27	43	24	47
	05	Girls	31	30	31	31	24	20	31	24	31
	06	Boys	32	31	33	28	33	25	29	2	33
	06	Girls	35	35	36	35	37	30	33	6	37
Totals			208	201	209	197	197	152	200	87	215
			97%	93%	97%	92%	92%	71%	93%	40%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMELOT CENTER	04	Boys	2	2	2	1	2	2	2	2	2
	04	Girls	5	1	5	5	5	4	5	5	5
	05	Boys	3	2	3	2	3	3	3	3	3
	05	Girls	2	0	2	2	2	2	2	2	2
	06	Boys	1	1	1	0	1	1	1	1	1
	06	Girls	4	1	4	3	4	3	4	4	4
Totals			17	7	17	13	17	15	17	17	17
			100%	41%	100%	76%	100%	88%	100%	100%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMELOT ELEM	04	Boys	43	29	43	42	43	34	42	31	44
	04	Girls	37	27	37	36	36	34	37	34	39
	05	Boys	23	21	23	22	23	22	23	19	23
	05	Girls	25	21	25	25	25	25	25	23	25
	06	Boys	29	26	29	23	29	25	29	20	30
	06	Girls	37	35	36	36	37	33	38	37	38
Totals			194	159	193	184	193	173	194	164	199
			97%	80%	97%	92%	97%	87%	97%	82%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMERON ELEM	04	Boys	51	49	51	51	51	41	50	41	52
	04	Girls	44	43	43	43	44	36	44	42	44
	05	Boys	45	43	43	39	45	40	45	44	45
	05	Girls	43	43	43	43	43	34	44	42	44
	06	Boys	44	43	46	37	45	32	43	39	46
	06	Girls	46	46	43	43	45	37	45	41	46
Totals			273	267	269	256	273	220	271	249	277
			99%	96%	97%	92%	99%	79%	98%	90%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CANTERBURY WOODS ELEM	04	Boys	54	50	53	36	54	49	53	36	54
	04	Girls	51	46	51	31	50	48	51	43	51
	05	Boys	51	48	51	46	50	44	49	28	51
	05	Girls	59	58	57	53	59	53	59	49	59
	06	Boys	53	50	52	42	52	44	53	26	53
	06	Girls	46	41	46	44	46	39	46	33	46
Totals			314	293	310	252	311	277	311	215	314
			100%	93%	99%	80%	99%	88%	99%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARDINAL FOREST ELEM	04	Boys	64	56	63	51	63	53	64	50	64
	04	Girls	46	43	46	43	46	39	46	43	46
	05	Boys	45	42	45	43	45	40	45	38	45
	05	Girls	51	49	51	50	51	45	51	47	51
	06	Boys	60	58	60	55	59	54	60	52	60
	06	Girls	57	56	57	57	57	56	57	52	57
Totals			323	304	322	299	321	287	323	282	323
			100%	94%	100%	93%	99%	89%	100%	87%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTRE RIDGE ELEM	04	Boys	60	50	63	26	63	26	63	16	63
	04	Girls	68	55	71	32	72	16	72	17	72
	05	Boys	67	54	69	34	70	30	70	6	70
	05	Girls	72	65	72	48	72	33	72	26	72
	06	Boys	65	53	64	36	66	34	65	12	67
	06	Girls	63	58	63	39	63	22	63	17	63
Totals			395	335	402	215	406	161	405	94	407
			97%	82%	99%	53%	100%	40%	100%	23%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE ELEM	04	Boys	73	69	73	56	73	65	73	40	74
	04	Girls	65	51	64	41	65	49	65	44	65
	05	Boys	68	60	68	53	68	57	68	30	68
	05	Girls	57	48	57	51	57	47	57	34	57
	06	Boys	54	39	54	43	54	37	54	34	54
	06	Girls	61	50	57	46	61	48	61	42	61
Totals			378	317	373	290	378	303	378	224	379
			100%	84%	98%	77%	100%	80%	100%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHERRY RUN ELEM	04	Boys	37	21	36	27	37	33	37	26	37
	04	Girls	37	23	37	36	36	34	37	28	37
	05	Boys	53	43	52	46	52	48	50	40	53
	05	Girls	47	42	48	42	48	42	47	39	49
	06	Boys	44	37	44	41	44	43	43	37	44
	06	Girls	38	31	36	32	38	34	38	29	39
Totals			256	197	253	224	255	234	252	199	259
			99%	76%	98%	86%	98%	90%	97%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHESTERBROOK ELEM	04	Boys	36	28	36	36	36	30	36	30	36
	04	Girls	38	34	38	38	38	37	38	36	38
	05	Boys	37	29	37	30	37	35	37	29	37
	05	Girls	41	41	41	41	41	39	41	33	41
	06	Boys	35	33	35	31	35	32	35	32	35
	06	Girls	29	27	30	29	30	29	30	29	30
Totals			216	192	217	205	217	202	217	189	217
			100%	88%	100%	94%	100%	93%	100%	87%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHURCHILL ROAD ELEM	04	Boys	48	47	48	47	48	44	48	29	48
	04	Girls	48	44	47	43	48	44	48	38	49
	05	Boys	76	72	76	69	76	71	76	60	77
	05	Girls	60	58	60	57	60	58	60	50	61
	06	Boys	77	71	77	69	77	70	76	51	77
	06	Girls	47	45	47	46	47	44	46	36	47
Totals			356	337	355	331	356	331	354	264	359
			99%	94%	99%	92%	99%	92%	99%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLEARVIEW ELEM	04	Boys	45	28	45	20	44	34	45	11	45
	04	Girls	33	23	34	10	33	24	34	16	34
	05	Boys	26	14	26	16	26	23	26	14	26
	05	Girls	26	15	26	12	26	19	26	22	26
	06	Boys	31	26	32	22	31	26	32	18	32
	06	Girls	26	24	26	22	26	23	26	21	26
Totals			187	130	189	102	186	149	189	102	189
			99%	69%	100%	54%	98%	79%	100%	54%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLERMONT ELEM	04	Boys	21	20	22	18	22	20	22	21	22
	04	Girls	31	28	30	19	31	28	31	27	31
	05	Boys	33	28	31	25	33	30	33	33	33
	05	Girls	30	28	30	26	30	19	30	21	30
	06	Boys	26	20	26	15	26	21	26	26	26
	06	Girls	36	33	36	27	36	27	36	20	36
Totals			177	157	175	130	178	145	178	148	178
			99%	88%	98%	73%	100%	81%	100%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLIFTON ELEM	04	Boys	24	21	24	16	24	16	24	13	24
	04	Girls	30	25	30	29	30	21	30	23	30
	05	Boys	32	28	31	27	34	26	31	21	34
	05	Girls	23	20	23	19	23	17	22	18	23
	06	Boys	35	30	33	26	35	26	33	15	35
	06	Girls	30	29	30	29	30	27	28	21	30
Totals			174	153	171	146	176	133	168	111	176
			99%	87%	97%	83%	100%	76%	95%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COLUMBIA ELEM	04	Boys	27	25	25	8	27	23	27	0	27
	04	Girls	22	16	22	6	22	14	22	0	22
	05	Boys	36	31	36	32	36	32	35	0	36
	05	Girls	29	26	29	29	29	24	29	0	29
Totals			114	98	112	75	114	93	113	0	114
			100%	86%	98%	66%	100%	82%	99%	0%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COLVIN RUN ELEM	04	Boys	82	69	81	60	84	72	84	73	84
	04	Girls	56	49	56	44	57	49	56	55	57
	05	Boys	74	59	74	54	74	59	74	65	74
	05	Girls	53	50	53	47	52	44	53	46	53
	06	Boys	22	15	23	17	23	18	22	15	23
	06	Girls	8	4	8	7	8	6	8	5	8
Totals			295	246	295	229	298	248	297	259	299
			99%	82%	99%	77%	100%	83%	99%	87%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CRESTWOOD ELEM	04	Boys	33	20	33	13	33	27	33	21	33
	04	Girls	40	23	40	18	40	32	40	38	40
	05	Boys	33	26	34	32	34	32	34	2	34
	05	Girls	39	31	39	39	39	37	39	3	39
	06	Boys	30	17	31	20	31	27	30	21	31
	06	Girls	30	20	30	28	30	29	29	22	30
Totals			205	137	207	150	207	184	205	107	207
			99%	66%	100%	72%	100%	89%	99%	52%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CROSSFIELD ELEM	04	Boys	60	59	60	57	60	56	60	58	61
	04	Girls	49	49	49	49	49	48	49	46	49
	05	Boys	70	67	70	67	70	59	70	63	70
	05	Girls	38	37	38	36	38	35	38	37	38
	06	Boys	70	67	71	67	70	64	70	67	71
	06	Girls	63	63	64	64	64	57	64	63	65
Totals			350	342	352	340	351	319	351	334	354
			99%	97%	99%	96%	99%	90%	99%	94%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUB RUN ELEM	04	Boys	42	39	42	41	42	41	42	27	42
	04	Girls	34	28	34	34	34	31	34	31	34
	05	Boys	42	42	42	40	42	41	40	34	42
	05	Girls	32	31	32	32	32	30	32	29	32
	06	Boys	51	50	51	47	51	49	51	44	51
	06	Girls	60	59	60	59	60	59	60	52	60
Totals			261	249	261	253	261	251	259	217	261
			100%	95%	100%	97%	100%	96%	99%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUNNINGHAM PARK ELEM	04	Boys	30	30	30	28	30	29	30	23	30
	04	Girls	23	22	23	23	23	21	23	20	23
	05	Boys	22	22	22	19	22	22	22	17	22
	05	Girls	24	21	24	20	24	22	24	19	25
	06	Boys	14	14	14	11	14	14	14	13	14
	06	Girls	25	25	25	25	25	23	25	20	25
Totals			138	134	138	126	138	131	138	112	139
			99%	96%	99%	91%	99%	94%	99%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DANIELS RUN ELEM	04	Boys	55	49	55	19	55	41	55	39	55
	04	Girls	50	42	49	24	50	42	49	34	51
	05	Boys	57	50	57	43	57	47	57	46	57
	05	Girls	49	46	50	47	50	38	50	39	50
	06	Boys	54	41	55	38	55	44	39	29	55
	06	Girls	66	61	66	50	65	54	62	49	66
Totals			331	289	332	221	332	266	312	236	334
			99%	87%	99%	66%	99%	80%	93%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DEER PARK ELEM	04	Boys	57	50	57	34	57	50	57	34	57
	04	Girls	50	43	50	27	50	43	50	40	50
	05	Boys	70	50	70	46	70	55	70	46	70
	05	Girls	60	50	60	44	60	47	60	38	60
	06	Boys	63	55	63	50	63	54	63	44	63
	06	Girls	73	66	71	59	73	65	73	59	73
Totals			373	314	371	260	373	314	373	261	373
			100%	84%	99%	70%	100%	84%	100%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DOGWOOD ELEM	04	Boys	46	32	45	35	46	30	46	31	46
	04	Girls	38	33	38	31	38	29	38	30	38
	05	Boys	51	38	50	33	51	41	51	37	51
	05	Girls	40	33	39	23	41	32	41	30	41
	06	Boys	39	33	37	19	39	30	39	28	39
	06	Girls	37	32	38	15	38	24	38	28	38
Totals			251	201	247	156	253	186	253	184	253
			99%	79%	98%	62%	100%	74%	100%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DRANESVILLE ELEM	04	Boys	68	36	69	39	69	58	30	16	70
	04	Girls	44	21	45	26	44	37	19	8	45
	05	Boys	61	43	63	55	57	45	44	24	63
	05	Girls	45	36	50	38	43	29	39	21	50
	06	Boys	65	42	67	50	67	52	63	18	67
	06	Girls	65	48	65	60	64	52	59	28	65
Totals			348	226	359	268	344	273	254	115	360
			97%	63%	100%	74%	96%	76%	71%	32%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX VILLA ELEM	04	Boys	29	14	28	15	29	21	29	20	29
	04	Girls	39	23	40	25	41	29	40	36	41
	05	Boys	31	24	31	23	30	27	31	30	31
	05	Girls	28	24	26	18	27	23	28	26	28
	06	Boys	34	24	34	27	35	31	35	32	35
	06	Girls	29	23	31	20	31	27	31	27	31
Totals			190	132	190	128	193	158	194	171	195
			97%	68%	97%	66%	99%	81%	99%	88%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRHILL ELEM	04	Boys	33	22	33	21	33	27	33	22	33
	04	Girls	36	28	34	25	36	30	36	29	36
	05	Boys	30	22	29	22	31	25	30	18	31
	05	Girls	32	24	32	25	32	29	32	29	32
	06	Boys	27	25	28	22	29	24	29	21	29
	06	Girls	33	29	32	25	33	26	33	30	33
Totals			191	150	188	140	194	161	193	149	194
			98%	77%	97%	72%	100%	83%	99%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRVIEW ELEM	04	Boys	47	43	47	41	47	46	47	42	47
	04	Girls	33	31	33	33	33	29	33	32	33
	05	Boys	53	49	53	51	53	52	53	45	54
	05	Girls	36	34	36	35	36	32	36	28	37
	06	Boys	49	43	50	40	50	42	50	43	53
	06	Girls	60	54	60	54	60	52	60	57	60
Totals			278	254	279	254	279	253	279	247	284
			98%	89%	98%	89%	98%	89%	98%	87%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLINT HILL ELEM	04	Boys	48	47	48	46	48	48	48	44	48
	04	Girls	52	51	52	47	52	51	52	47	52
	05	Boys	50	47	50	47	50	50	50	39	50
	05	Girls	47	46	48	46	48	46	48	42	48
	06	Boys	62	59	62	59	62	57	62	44	62
	06	Girls	56	53	57	49	57	50	57	47	57
Totals			315	303	317	294	317	302	317	263	317
			99%	96%	100%	93%	100%	95%	100%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLORIS ELEM	04	Boys	57	53	56	45	57	52	57	47	57
	04	Girls	52	48	52	47	52	50	52	47	52
	05	Boys	41	34	40	27	41	33	41	32	41
	05	Girls	55	53	55	44	55	47	55	49	55
	06	Boys	46	40	46	39	46	39	46	33	46
	06	Girls	37	35	37	35	37	32	37	36	37
Totals			288	263	286	237	288	253	288	244	288
			100%	91%	99%	82%	100%	88%	100%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOREST EDGE ELEM	04	Boys	62	54	61	47	62	58	62	48	62
	04	Girls	68	62	69	57	68	57	69	49	69
	05	Boys	69	61	69	52	69	60	69	42	70
	05	Girls	53	50	53	36	53	44	53	34	53
	06	Boys	76	67	74	61	75	66	76	36	76
	06	Girls	58	56	60	49	59	52	60	43	60
Totals			386	350	386	302	386	337	389	252	390
			99%	90%	99%	77%	99%	86%	100%	65%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTDALE ELEM	04	Boys	31	23	31	8	31	29	31	29	31
	04	Girls	33	24	33	12	33	25	33	28	33
	05	Boys	34	24	34	24	34	28	34	30	34
	05	Girls	39	29	39	22	39	33	39	38	39
	06	Boys	29	22	30	20	30	27	30	23	30
	06	Girls	35	30	35	26	35	26	35	30	35
Totals			201	152	202	112	202	168	202	178	202
			100%	75%	100%	55%	100%	83%	100%	88%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTVILLE ELEM	04	Boys	51	44	47	31	51	48	51	46	51
	04	Girls	60	51	59	52	61	55	61	59	61
	05	Boys	59	48	57	55	56	51	58	54	59
	05	Girls	52	47	52	52	52	46	52	46	52
	06	Boys	97	72	97	84	98	83	92	66	99
	06	Girls	66	60	66	66	64	58	65	57	67
Totals			385	322	378	340	382	341	379	328	389
			99%	83%	97%	87%	98%	88%	97%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT BELVOIR ELEM	04	Boys	73	51	74	31	72	63	72	35	74
	04	Girls	71	55	72	43	71	61	72	49	72
	05	Boys	73	50	74	53	72	61	72	34	74
	05	Girls	62	42	62	59	62	55	62	36	62
	06	Boys	62	42	62	36	62	51	63	33	63
	06	Girls	74	48	74	70	73	62	74	48	74
Totals			415	288	418	292	412	353	415	235	419
			99%	69%	100%	70%	98%	84%	99%	56%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT HUNT ELEM	04	Boys	37	36	37	22	37	31	37	23	37
	04	Girls	45	37	44	34	47	38	47	38	47
	05	Boys	38	30	38	32	38	28	38	27	38
	05	Girls	43	42	43	32	43	36	43	39	43
	06	Boys	32	29	32	28	32	26	32	22	32
	06	Girls	36	32	36	22	36	24	36	30	36
Totals			231	206	230	170	233	183	233	179	233
			99%	88%	99%	73%	100%	79%	100%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOX MILL ELEM	04	Boys	50	48	50	38	50	44	50	8	50
	04	Girls	49	44	49	47	49	43	49	9	49
	05	Boys	40	37	40	34	40	36	40	10	40
	05	Girls	44	44	44	44	44	40	44	16	44
	06	Boys	46	43	46	43	46	42	46	11	46
	06	Girls	42	39	42	41	42	39	42	8	42
Totals			271	255	271	247	271	244	271	62	271
			100%	94%	100%	91%	100%	90%	100%	23%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANCONIA ELEM	04	Boys	30	24	30	29	30	26	30	18	30
	04	Girls	20	17	20	20	20	18	20	15	20
	05	Boys	30	25	29	20	30	23	30	22	30
	05	Girls	26	24	26	26	26	21	26	24	26
	06	Boys	29	24	29	15	28	16	29	17	29
	06	Girls	33	26	31	31	33	21	33	28	33
Totals			168	140	165	141	167	125	168	124	168
			100%	83%	98%	84%	99%	74%	100%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FREEDOM HILL ELEM	04	Boys	22	15	24	19	21	20	24	19	24
	04	Girls	32	20	30	22	30	27	32	30	32
	05	Boys	33	23	33	24	33	25	33	26	33
	05	Girls	30	23	30	26	29	26	30	26	30
	06	Boys	34	25	34	26	33	29	33	20	34
	06	Girls	18	17	18	18	18	17	17	16	19
Totals			169	123	169	135	164	144	169	137	172
			98%	72%	98%	78%	95%	84%	98%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GARFIELD ELEM	04	Boys	22	13	22	5	22	7	22	11	22
	04	Girls	19	14	19	8	19	9	19	10	19
	05	Boys	26	19	27	8	26	12	26	16	27
	05	Girls	26	21	26	8	26	15	26	13	26
	06	Boys	28	21	28	19	28	19	28	12	28
	06	Girls	21	17	21	12	21	8	21	17	21
Totals			142	105	143	60	142	70	142	79	143
			99%	73%	100%	42%	99%	49%	99%	55%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLEN FOREST ELEM	04	Boys	57	40	57	16	57	38	57	40	57
	04	Girls	62	47	61	42	61	52	62	48	65
	05	Boys	61	49	60	46	61	54	61	47	62
	05	Girls	60	54	59	59	60	48	60	48	60
Totals			240	190	237	163	239	192	240	183	244
			98%	78%	97%	67%	98%	79%	98%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GRAHAM ROAD ELEM	04	Boys	23	23	23	15	23	13	23	9	23
	04	Girls	18	12	17	8	18	3	18	6	18
	05	Boys	24	14	23	18	24	12	24	9	24
	05	Girls	18	13	18	15	18	2	18	10	18
	06	Boys	25	12	25	18	25	10	25	10	25
	06	Girls	16	11	14	8	16	6	16	11	16
Totals			124	85	120	82	124	46	124	55	124
			100%	69%	97%	66%	100%	37%	100%	44%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREAT FALLS ELEM	04	Boys	51	49	51	47	51	47	51	19	51
	04	Girls	34	29	34	33	34	30	34	29	34
	05	Boys	60	53	60	56	60	49	60	29	60
	05	Girls	44	43	44	44	44	40	44	36	44
	06	Boys	51	48	48	43	51	46	51	32	51
	06	Girls	62	59	62	61	63	60	63	52	63
Totals			302	281	299	284	303	272	303	197	303
			100%	93%	99%	94%	100%	90%	100%	65%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR EAST ELEM	04	Boys	48	34	47	26	48	38	48	21	48
	04	Girls	59	35	58	58	59	48	59	34	59
	05	Boys	57	32	57	35	57	54	57	32	57
	05	Girls	54	38	54	54	54	51	54	43	54
	06	Boys	55	37	55	41	55	53	55	35	55
	06	Girls	48	37	48	48	48	41	48	33	48
Totals			321	213	319	262	321	285	321	198	321
			100%	66%	99%	82%	100%	89%	100%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR WEST ELEM	04	Boys	45	43	45	38	45	32	45	30	45
	04	Girls	68	59	68	58	67	50	67	54	68
	05	Boys	54	46	54	46	54	31	54	29	54
	05	Girls	63	57	63	60	63	46	63	56	63
	06	Boys	69	62	69	57	69	55	69	44	69
	06	Girls	77	74	78	75	78	61	78	70	78
Totals			376	341	377	334	376	275	376	283	377
			100%	90%	100%	89%	100%	73%	100%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GROVETON ELEM	04	Boys	32	28	32	6	32	31	32	25	32
	04	Girls	39	34	39	10	39	37	39	31	39
	05	Boys	36	29	36	11	36	35	36	23	36
	05	Girls	41	36	41	13	41	36	41	30	41
	06	Boys	37	32	37	18	37	37	37	31	37
	06	Girls	35	30	35	16	35	34	35	27	35
Totals			220	189	220	74	220	210	220	167	220
			100%	86%	100%	34%	100%	95%	100%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GUNSTON ELEM	04	Boys	43	30	43	34	42	33	44	35	45
	04	Girls	28	23	33	29	33	28	32	27	33
	05	Boys	31	15	31	19	30	24	31	23	31
	05	Girls	41	34	43	29	42	36	44	30	44
	06	Boys	49	40	48	34	48	41	47	37	50
	06	Girls	37	29	37	25	37	29	37	22	37
Totals			229	171	235	170	232	191	235	174	240
			95%	71%	98%	71%	97%	80%	98%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HALLEY ELEM	04	Boys	39	33	39	29	39	30	39	27	39
	04	Girls	48	38	46	33	48	44	48	35	48
	05	Boys	40	29	40	33	40	36	40	30	40
	05	Girls	39	32	38	35	39	34	39	27	39
	06	Boys	46	38	46	37	46	36	46	38	46
	06	Girls	64	56	64	61	64	50	64	49	64
Totals			276	226	273	228	276	230	276	206	276
			100%	82%	99%	83%	100%	83%	100%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYCOCK ELEM	04	Boys	61	57	61	31	61	58	59	57	61
	04	Girls	50	48	50	43	50	48	50	49	50
	05	Boys	62	55	62	55	62	62	62	60	62
	05	Girls	46	44	46	45	46	45	46	45	46
	06	Boys	62	59	62	58	62	60	62	62	62
	06	Girls	62	62	62	61	62	60	62	60	62
Totals			343	325	343	293	343	333	341	333	343
			100%	95%	100%	85%	100%	97%	99%	97%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD ELEM	04	Boys	48	48	48	37	47	45	48	34	48
	04	Girls	39	37	40	27	39	33	39	37	40
	05	Boys	43	38	44	40	43	40	43	33	44
	05	Girls	47	40	48	43	48	43	46	42	48
	06	Boys	41	39	41	31	41	33	41	28	41
	06	Girls	40	40	40	39	40	36	38	32	40
Totals			258	242	261	217	258	230	255	206	261
			99%	93%	100%	83%	99%	88%	98%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON ELEM	04	Boys	41	37	42	20	42	40	42	37	42
	04	Girls	49	43	49	26	49	44	49	44	49
	05	Boys	54	46	54	45	54	49	53	39	54
	05	Girls	52	52	50	49	52	50	52	42	52
	06	Boys	41	39	40	26	41	32	41	31	41
	06	Girls	52	49	52	47	52	43	52	47	52
Totals			289	266	287	213	290	258	289	240	290
			100%	92%	99%	73%	100%	89%	100%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLLIN MEADOWS ELEM	04	Boys	38	26	38	13	38	24	38	33	38
	04	Girls	36	23	36	16	36	24	36	29	36
	05	Boys	45	30	45	27	45	33	45	32	45
	05	Girls	32	21	33	29	32	23	32	26	33
	06	Boys	46	35	47	37	46	38	46	29	47
	06	Girls	48	37	48	44	46	34	47	42	48
Totals			245	172	247	166	243	176	244	191	247
			99%	70%	100%	67%	98%	71%	99%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNT VALLEY ELEM	04	Boys	47	37	46	25	47	39	47	35	48
	04	Girls	48	41	46	26	47	42	47	40	48
	05	Boys	44	34	43	30	44	35	43	24	48
	05	Girls	44	37	43	30	41	36	44	31	44
	06	Boys	40	33	38	27	33	29	40	31	41
	06	Girls	43	41	43	35	42	40	43	35	44
Totals			266	223	259	173	254	221	264	196	273
			97%	82%	95%	63%	93%	81%	97%	72%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNTERS WOODS ELEM	04	Boys	88	70	88	67	89	88	87	71	89
	04	Girls	118	91	110	85	119	115	119	99	120
	05	Boys	85	70	84	67	86	85	84	67	88
	05	Girls	75	64	71	52	75	75	76	69	76
	06	Boys	70	65	66	53	70	70	69	61	72
	06	Girls	75	71	72	57	76	73	76	73	77
Totals			511	431	491	381	515	506	511	440	522
			98%	83%	94%	73%	99%	97%	98%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUTCHISON ELEM	04	Boys	34	29	34	8	33	24	34	27	34
	04	Girls	38	33	38	21	38	29	38	33	38
	05	Boys	42	34	41	26	39	34	40	32	43
	05	Girls	36	33	35	35	36	26	31	25	36
	06	Boys	38	32	37	11	38	24	38	27	40
	06	Girls	43	37	42	41	43	29	40	33	43
Totals			231	198	227	142	227	166	221	177	234
			99%	85%	97%	61%	97%	71%	94%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HYBLA VALLEY ELEM	04	Boys	41	39	41	28	41	31	40	38	41
	04	Girls	44	39	44	33	45	28	45	42	45
	05	Boys	31	30	30	25	31	25	31	29	31
	05	Girls	36	35	36	34	36	22	36	35	36
	06	Boys	48	46	49	41	47	41	48	46	49
	06	Girls	22	22	23	17	23	21	23	20	24
Totals			222	211	223	178	223	168	223	210	226
			98%	93%	99%	79%	99%	74%	99%	93%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ISLAND CREEK ELEM	04	Boys	38	19	40	39	38	35	40	22	40
	04	Girls	43	30	43	43	41	35	43	39	43
	05	Boys	43	23	42	31	43	34	43	32	43
	05	Girls	47	40	46	46	46	40	47	39	47
	06	Boys	41	29	43	30	41	34	42	32	43
	06	Girls	21	18	22	21	22	17	22	18	22
Totals			233	159	236	210	231	195	237	182	238
			98%	67%	99%	88%	97%	82%	100%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEENE MILL ELEM	04	Boys	49	42	49	32	48	15	49	28	49
	04	Girls	47	39	47	36	47	18	47	33	47
	05	Boys	50	37	51	42	51	26	51	34	51
	05	Girls	53	50	53	43	51	12	53	46	53
	06	Boys	40	33	42	34	42	19	42	35	42
	06	Girls	50	45	51	39	51	11	51	38	51
Totals			289	246	293	226	290	101	293	214	293
			99%	84%	100%	77%	99%	34%	100%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KENT GARDENS ELEM	04	Boys	42	37	19	14	42	37	43	24	44
	04	Girls	38	29	11	5	38	29	36	21	38
	05	Boys	43	27	45	38	45	42	45	33	45
	05	Girls	31	24	35	35	35	33	34	19	36
	06	Boys	58	50	57	50	58	52	54	40	59
	06	Girls	54	48	57	55	57	51	57	44	57
Totals			266	215	224	197	275	244	269	181	279
			95%	77%	80%	71%	99%	87%	96%	65%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KINGS GLEN ELEM	04	Boys	78	54	78	66	78	65	78	71	78
	04	Girls	87	62	88	82	88	72	88	83	88
	05	Boys	104	78	105	95	102	87	105	95	105
	05	Girls	80	65	80	76	80	64	80	76	80
	06	Boys	76	62	76	58	76	60	76	64	76
	06	Girls	84	74	83	76	84	78	84	76	84
Totals			509	395	510	453	508	426	511	465	511
			100%	77%	100%	89%	99%	83%	100%	91%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE ANNE ELEM	04	Boys	33	28	34	21	34	31	34	29	34
	04	Girls	36	27	36	26	36	26	36	26	36
	05	Boys	38	31	38	26	38	30	38	19	38
	05	Girls	42	35	42	35	42	34	42	30	42
	06	Boys	35	26	34	26	35	27	35	20	35
	06	Girls	37	34	36	29	37	28	37	29	37
Totals			221	181	220	163	222	176	222	153	222
			100%	82%	99%	73%	100%	79%	100%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANE ELEM	04	Boys	39	34	38	17	39	39	39	38	39
	04	Girls	44	42	43	33	44	42	44	41	45
	05	Boys	43	35	43	32	43	38	43	41	43
	05	Girls	48	43	48	48	48	47	48	47	48
	06	Boys	49	43	49	39	49	44	49	46	50
	06	Girls	62	53	60	57	60	52	61	59	62
Totals			285	250	281	226	283	262	284	272	287
			99%	87%	98%	79%	99%	91%	99%	95%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAUREL RIDGE CENTER	04	Boys	4	2	4	1	3	1	4	1	4
	04	Girls	1	1	1	1	1	1	1	0	1
	05	Boys	5	3	4	2	5	4	5	3	6
	06	Boys	15	10	13	5	14	9	15	4	15
	06	Girls	2	1	2	1	2	2	2	1	2
Totals			27	17	24	10	25	17	27	9	28
			96%	61%	86%	36%	89%	61%	96%	32%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAUREL RIDGE ELEM	04	Boys	48	38	48	41	48	45	48	31	49
	04	Girls	56	51	57	47	57	45	57	45	57
	05	Boys	59	49	59	47	58	52	59	48	60
	05	Girls	68	60	69	52	67	58	69	58	69
	06	Boys	47	44	47	40	47	41	47	38	47
	06	Girls	55	48	55	48	56	46	55	47	56
Totals			333	290	335	275	333	287	335	267	338
			99%	86%	99%	81%	99%	85%	99%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEES CORNER ELEM	04	Boys	52	43	52	34	50	42	52	35	53
	04	Girls	44	39	42	36	44	36	44	38	44
	05	Boys	57	46	57	50	57	53	57	40	59
	05	Girls	44	40	42	38	43	37	44	35	44
	06	Boys	61	50	61	53	60	52	61	41	63
	06	Girls	70	67	68	66	69	52	70	49	71
Totals			328	285	322	277	323	272	328	238	334
			98%	85%	96%	83%	97%	81%	98%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEMON ROAD ELEM	04	Boys	20	20	19	14	19	14	20	19	20
	04	Girls	15	14	15	14	14	9	15	15	15
	05	Boys	31	26	29	26	31	25	31	28	31
	05	Girls	18	18	17	14	18	12	18	18	18
	06	Boys	23	21	21	21	23	22	23	23	23
	06	Girls	23	21	20	18	22	13	23	23	23
Totals			130	120	121	107	127	95	130	126	130
			100%	92%	93%	82%	98%	73%	100%	97%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LITTLE RUN ELEM	04	Boys	20	14	20	11	19	17	19	6	20
	04	Girls	18	14	18	12	18	17	17	1	18
	05	Boys	33	28	33	19	30	26	29	16	33
	05	Girls	22	20	23	13	21	18	23	8	23
	06	Boys	36	30	36	25	36	34	34	6	36
	06	Girls	31	28	31	18	30	28	30	5	31
Totals			160	134	161	98	154	140	152	42	161
			99%	83%	100%	61%	96%	87%	94%	26%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONDON TOWNE ELEM	04	Boys	61	54	62	47	61	31	62	40	62
	04	Girls	45	33	45	34	45	16	44	30	45
	05	Boys	56	38	56	42	55	24	56	33	56
	05	Girls	48	34	47	36	48	13	47	32	48
	06	Boys	62	46	61	46	62	28	62	40	62
	06	Girls	64	45	64	56	64	22	64	37	64
Totals			336	250	335	261	335	134	335	212	337
			100%	74%	99%	77%	99%	40%	99%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LORTON STATION ELEM	04	Boys	62	37	62	40	62	48	61	50	62
	04	Girls	76	49	77	60	76	58	76	68	77
	05	Boys	65	47	65	47	65	44	65	54	65
	05	Girls	62	46	62	62	62	48	62	56	62
	06	Boys	33	16	33	25	33	27	31	28	33
	06	Girls	34	25	34	30	34	17	34	28	34
Totals			332	220	333	264	332	242	329	284	333
			100%	66%	100%	79%	100%	73%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LYNBROOK ELEM	04	Boys	36	25	36	36	36	26	36	26	36
	04	Girls	18	7	18	18	18	10	17	14	18
	05	Boys	23	18	23	20	23	22	23	21	23
	05	Girls	24	18	24	24	24	17	24	21	24
	06	Boys	33	21	33	28	33	23	32	25	33
	06	Girls	22	14	22	22	22	16	22	20	23
Totals			156	103	156	148	156	114	154	127	157
			99%	66%	99%	94%	99%	73%	98%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MANTUA ELEM	04	Boys	64	47	63	62	64	59	63	14	64
	04	Girls	57	37	57	55	57	56	57	22	57
	05	Boys	82	73	82	75	82	82	82	28	83
	05	Girls	71	62	70	68	71	71	72	46	73
	06	Boys	77	71	77	67	77	77	77	38	78
	06	Girls	73	68	75	73	74	73	74	43	75
Totals			424	358	424	400	425	418	425	191	430
			99%	83%	99%	93%	99%	97%	99%	44%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL ROAD ELEM	04	Boys	35	27	35	17	35	25	35	22	35
	04	Girls	28	25	28	19	28	24	28	23	28
	05	Boys	36	31	37	30	37	31	37	26	37
	05	Girls	33	33	32	20	33	27	33	26	33
	06	Boys	46	37	46	31	46	34	46	34	46
	06	Girls	33	32	33	26	33	29	33	26	33
Totals			211	185	211	143	212	170	212	157	212
			100%	87%	100%	67%	100%	80%	100%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCNAIR ELEM	04	Boys	52	38	52	37	51	45	52	15	52
	04	Girls	53	42	52	38	52	41	53	17	53
	05	Boys	56	45	55	43	55	49	56	16	56
	05	Girls	59	50	59	46	57	50	59	26	59
	06	Boys	48	38	49	34	48	41	49	12	50
	06	Girls	48	39	46	26	45	39	49	18	49
Totals			316	252	313	224	308	265	318	104	319
			99%	79%	98%	70%	97%	83%	100%	33%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOSBY WOODS ELEM	04	Boys	40	34	39	25	40	29	39	14	43
	04	Girls	38	31	38	29	38	28	38	17	40
	05	Boys	34	22	34	24	34	27	34	15	34
	05	Girls	31	27	31	31	31	26	30	16	31
	06	Boys	43	23	43	22	43	31	43	18	43
	06	Girls	40	28	40	36	40	27	40	19	41
Totals			226	165	225	167	226	168	224	99	232
			97%	71%	97%	72%	97%	72%	97%	43%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT EAGLE ELEM	04	Boys	22	15	22	20	21	17	21	18	22
	04	Girls	23	16	21	21	22	14	23	22	23
	05	Boys	18	9	18	18	18	13	18	17	18
	05	Girls	17	10	17	17	17	11	17	17	17
	06	Boys	26	19	26	21	26	17	26	26	26
	06	Girls	15	9	15	14	15	7	15	14	15
Totals			121	78	119	111	119	79	120	114	121
			100%	64%	98%	92%	98%	65%	99%	94%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON WOODS ELEM	04	Boys	31	29	31	29	31	20	31	23	31
	04	Girls	23	18	23	22	23	15	23	13	23
	05	Boys	23	16	24	12	24	13	24	15	26
	05	Girls	32	30	32	31	32	20	32	15	32
	06	Boys	47	44	48	29	48	34	48	30	48
	06	Girls	35	32	35	32	35	19	35	23	35
Totals			191	169	193	155	193	121	193	119	195
			98%	87%	99%	79%	99%	62%	99%	61%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NAVY ELEM	04	Boys	62	44	62	59	62	58	61	42	63
	04	Girls	42	34	42	39	42	42	42	41	42
	05	Boys	60	53	61	58	61	58	61	41	61
	05	Girls	52	48	52	48	52	49	52	48	52
	06	Boys	64	61	64	58	64	64	64	41	64
	06	Girls	55	52	55	52	55	53	55	45	55
Totals			335	292	336	314	336	324	335	258	337
			99%	87%	100%	93%	100%	96%	99%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NEWINGTON FOREST ELEM	04	Boys	45	44	45	28	45	42	45	33	45
	04	Girls	46	40	46	32	46	38	46	37	46
	05	Boys	58	50	58	43	58	51	58	50	58
	05	Girls	41	38	41	37	41	35	41	38	41
	06	Boys	48	42	48	38	48	41	48	34	48
	06	Girls	58	54	58	47	58	48	58	49	58
Totals			296	268	296	225	296	255	296	241	296
			100%	91%	100%	76%	100%	86%	100%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD CENTER	04	Boys	6	5	6	3	6	5	6	4	6
	04	Girls	1	1	1	0	1	0	1	1	1
	05	Boys	7	6	7	5	7	5	7	3	7
Totals			14	12	14	8	14	10	14	8	14
			100%	86%	100%	57%	100%	71%	100%	57%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD ELEM	04	Boys	33	31	33	26	34	22	32	26	34
	04	Girls	43	40	43	40	43	34	43	38	43
	05	Boys	47	27	47	33	48	38	48	37	48
	05	Girls	36	31	36	28	36	29	36	31	36
Totals			159	129	159	127	161	123	159	132	161
			99%	80%	99%	79%	100%	76%	99%	82%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK HILL ELEM	04	Boys	53	34	52	38	53	44	53	29	53
	04	Girls	60	37	59	48	60	56	60	53	60
	05	Boys	53	34	52	42	53	43	53	19	53
	05	Girls	33	28	33	27	33	25	33	20	33
	06	Boys	53	42	53	48	53	50	53	22	53
	06	Girls	61	55	61	56	61	56	61	44	61
Totals			313	230	310	259	313	274	313	187	313
			100%	73%	99%	83%	100%	88%	100%	60%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK VIEW ELEM	04	Boys	54	43	56	48	56	54	55	46	57
	04	Girls	43	40	43	43	43	42	42	41	44
	05	Boys	68	53	68	55	69	61	67	53	70
	05	Girls	44	38	45	43	43	41	44	40	45
	06	Boys	65	57	66	57	64	61	64	50	67
	06	Girls	53	46	51	44	53	48	51	46	53
Totals			327	277	329	290	328	307	323	276	336
			97%	82%	98%	86%	98%	91%	96%	82%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON ELEM	04	Boys	45	43	44	21	45	34	45	22	45
	04	Girls	35	35	35	23	35	31	35	17	35
	05	Boys	40	40	41	35	40	34	41	24	41
	05	Girls	45	44	45	45	45	42	45	30	46
	06	Boys	43	39	41	37	42	36	41	27	43
	06	Girls	47	46	48	47	48	40	48	33	48
Totals			255	247	254	208	255	217	255	153	258
			99%	96%	98%	81%	99%	84%	99%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OLDE CREEK CENTER	04	Boys	5	2	4	1	4	3	4	2	5
	05	Girls	3	2	4	3	4	3	4	2	4
	05	Boys	1	0	1	1	1	1	1	0	1
	06	Girls	4	3	4	0	4	4	4	2	4
Totals			13	7	13	5	13	11	13	6	14
			93%	50%	93%	36%	93%	79%	93%	43%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OLDE CREEK ELEM	04	Boys	25	17	25	10	25	18	25	11	25
	04	Girls	30	26	31	17	31	23	31	22	31
	05	Boys	23	19	23	19	22	20	23	10	23
	05	Girls	24	18	24	24	24	19	24	14	24
	06	Boys	35	28	35	29	35	27	35	14	35
	06	Girls	32	29	32	32	32	28	32	24	32
Totals			169	137	170	131	169	135	170	95	170
			99%	81%	100%	77%	99%	79%	100%	56%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ORANGE HUNT ELEM	04	Boys	72	49	72	45	72	71	72	55	72
	04	Girls	61	34	61	36	61	59	61	47	61
	05	Boys	63	51	63	48	63	58	62	56	63
	05	Girls	59	48	58	42	59	57	59	53	59
	06	Boys	74	57	74	51	74	73	73	66	74
	06	Girls	62	57	63	48	63	61	62	53	63
Totals			391	296	391	270	392	379	389	330	392
			100%	76%	100%	69%	100%	97%	99%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PARKLAWN ELEM	04	Boys	50	42	50	31	50	37	50	24	50
	04	Girls	47	30	47	18	47	25	45	24	47
	05	Boys	34	25	34	17	34	21	34	16	34
	05	Girls	45	39	45	19	44	28	45	31	45
Totals			176	136	176	85	175	111	174	95	176
			100%	77%	100%	48%	99%	63%	99%	54%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PINE SPRING ELEM	04	Boys	29	27	29	18	29	24	29	28	29
	04	Girls	28	28	28	24	28	22	28	26	28
	05	Boys	27	25	27	24	27	22	27	23	27
	05	Girls	20	19	20	20	20	16	20	17	20
	06	Boys	18	16	18	12	18	12	18	12	18
	06	Girls	19	19	19	19	19	15	19	18	19
Totals			141	134	141	117	141	111	141	124	141
			100%	95%	100%	83%	100%	79%	100%	88%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POPLAR TREE ELEM	04	Boys	56	48	55	48	56	38	56	17	56
	04	Girls	52	41	51	47	52	36	52	20	52
	05	Boys	68	58	64	60	66	46	68	22	68
	05	Girls	43	38	37	35	39	24	41	21	43
	06	Boys	51	45	50	48	51	37	52	17	53
	06	Girls	60	58	58	57	61	53	63	31	64
Totals			330	288	315	295	325	234	332	128	336
			98%	86%	94%	88%	97%	70%	99%	38%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POWELL ELEM	04	Boys	44	37	43	22	45	33	45	38	45
	04	Girls	33	23	31	22	33	28	33	31	33
	05	Boys	29	26	29	28	29	23	29	28	29
	05	Girls	34	29	34	34	34	29	34	34	34
	06	Boys	26	16	26	22	26	18	26	24	26
	06	Girls	20	16	20	18	20	12	20	20	20
Totals			186	147	183	146	187	143	187	175	187
			99%	79%	98%	78%	100%	76%	100%	94%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PROVIDENCE ELEM	04	Boys	47	37	47	29	47	45	47	41	47
	04	Girls	39	33	40	26	40	38	40	36	40
	05	Boys	52	42	52	34	52	46	52	44	52
	05	Girls	46	41	46	32	46	37	46	40	47
	06	Boys	56	47	56	45	56	49	56	54	56
	06	Girls	56	47	56	46	56	50	56	54	56
Totals			296	247	297	212	297	265	297	269	298
			99%	83%	100%	71%	100%	89%	100%	90%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RAVENSWORTH	04	Boys	40	26	40	31	40	34	38	16	40
	04	Girls	37	32	37	30	37	33	37	21	37
	05	Boys	41	27	41	28	40	30	40	13	41
	05	Girls	42	38	42	37	42	42	40	19	42
	06	Boys	42	32	42	37	42	35	42	11	42
	06	Girls	42	35	42	32	42	36	42	25	42
Totals			244	190	244	195	243	210	239	105	244
			100%	78%	100%	80%	100%	86%	98%	43%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RIVERSIDE ELEM	04	Boys	20	9	20	20	20	11	21	4	21
	04	Girls	22	13	22	21	22	8	22	5	23
	05	Boys	28	17	33	15	30	24	30	7	34
	05	Girls	16	8	18	17	17	8	16	11	18
	06	Boys	35	21	33	19	34	24	35	9	35
	06	Girls	20	10	20	17	20	10	20	9	20
Totals			141	78	146	109	143	85	144	45	151
			93%	52%	97%	72%	95%	56%	95%	30%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROLLING VALLEY ELEM	04	Boys	44	34	44	25	44	33	43	31	44
	04	Girls	39	28	39	29	39	30	39	34	39
	05	Boys	38	26	38	30	38	27	38	29	38
	05	Girls	36	31	35	30	36	29	36	28	36
	06	Boys	46	38	45	39	47	40	47	35	47
	06	Girls	53	47	52	45	52	41	53	48	53
Totals			256	204	253	198	256	200	256	205	257
			100%	79%	98%	77%	100%	78%	100%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROSE HILL ELEM	04	Boys	50	41	50	31	50	45	50	45	51
	04	Girls	47	40	47	40	47	42	47	44	47
	05	Boys	58	52	58	39	58	58	58	52	59
	05	Girls	63	59	63	62	63	62	63	62	64
	06	Boys	60	56	60	46	60	58	59	59	60
	06	Girls	47	45	47	40	47	47	47	46	48
Totals			325	293	325	258	325	312	324	308	329
			99%	89%	99%	78%	99%	95%	98%	94%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANGSTER ELEM	04	Boys	86	70	84	70	86	80	86	80	86
	04	Girls	68	61	68	66	69	66	69	67	69
	05	Boys	55	49	51	49	52	47	55	50	55
	05	Girls	48	46	49	49	48	45	48	46	49
	06	Boys	48	45	49	43	49	43	49	45	49
	06	Girls	52	49	51	49	52	48	52	51	52
Totals			357	320	352	326	356	329	359	339	360
			99%	89%	98%	91%	99%	91%	100%	94%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA CENTER	04	Boys	7	4	7	0	7	4	7	2	7
	04	Girls	1	1	1	0	1	0	1	0	1
	05	Boys	7	4	7	3	7	4	7	3	7
	05	Girls	2	1	2	1	2	2	2	0	2
	06	Boys	7	2	7	4	7	4	7	3	7
	06	Girls	1	0	1	1	1	0	1	1	1
Totals			25	12	25	9	25	14	25	9	25
			100%	48%	100%	36%	100%	56%	100%	36%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA ELEM	04	Boys	45	40	45	14	45	41	42	26	45
	04	Girls	48	46	48	25	48	42	47	28	48
	05	Boys	64	57	64	22	64	52	63	48	64
	05	Girls	52	47	52	18	52	44	52	37	52
	06	Boys	60	55	60	33	60	54	60	49	60
	06	Girls	57	54	57	31	57	49	57	46	57
Totals			326	299	326	143	326	282	321	234	326
			100%	92%	100%	44%	100%	87%	98%	72%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHERMAN ELEM	04	Boys	29	28	28	24	29	29	28	13	29
	04	Girls	21	20	21	19	21	21	21	17	21
	05	Boys	22	19	22	18	22	22	22	12	22
	05	Girls	23	23	22	18	23	23	23	20	23
	06	Boys	24	21	24	17	24	24	24	8	24
	06	Girls	30	29	30	24	30	30	30	21	30
Totals			149	140	147	120	149	149	148	91	149
			100%	94%	99%	81%	100%	100%	99%	61%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHREVEWOOD ELEM	04	Boys	22	12	22	5	22	15	22	13	25
	04	Girls	23	10	24	5	23	16	23	18	25
	05	Boys	30	11	29	14	29	20	28	13	30
	05	Girls	21	13	21	4	21	12	20	11	23
	06	Boys	23	9	21	9	20	13	20	11	23
	06	Girls	24	15	24	14	24	19	24	20	24
Totals			143	70	141	51	139	95	137	86	150
			95%	47%	94%	34%	93%	63%	91%	57%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SILVERBROOK ELEM	04	Boys	57	55	57	36	57	42	57	33	57
	04	Girls	50	46	50	41	50	32	50	40	50
	05	Boys	70	70	71	61	71	58	71	32	71
	05	Girls	68	67	68	54	68	46	68	55	68
	06	Boys	46	45	46	39	46	34	46	26	46
	06	Girls	67	66	68	53	68	53	68	52	68
Totals			358	349	360	284	360	265	360	238	360
			99%	97%	100%	79%	100%	74%	100%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SLEEPY HOLLOW ELEM	04	Boys	29	20	29	12	30	29	30	27	30
	04	Girls	28	20	29	16	29	28	29	28	29
	05	Boys	27	23	27	22	27	27	27	26	27
	05	Girls	32	28	32	17	32	30	32	32	32
Totals			116	91	117	67	118	114	118	113	118
			98%	77%	99%	57%	100%	97%	100%	96%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRING HILL ELEM	04	Boys	48	42	47	38	48	42	48	28	48
	04	Girls	62	55	62	60	62	56	62	54	63
	05	Boys	60	57	61	59	60	52	61	38	62
	05	Girls	59	59	59	59	60	57	59	52	60
	06	Boys	76	68	75	74	75	70	76	44	76
	06	Girls	66	62	64	64	65	56	66	43	66
Totals			371	343	368	354	370	333	372	259	375
			99%	91%	98%	94%	99%	89%	99%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRINGFIELD ESTATES ELEM	04	Boys	54	39	54	35	54	50	54	46	54
	04	Girls	40	28	40	24	40	38	40	37	40
	05	Boys	48	37	48	44	48	48	48	39	48
	05	Girls	43	33	43	37	43	40	43	31	43
	06	Boys	65	53	65	46	65	52	65	52	65
	06	Girls	59	52	60	47	59	51	58	51	60
Totals			309	242	310	233	309	279	308	256	310
			100%	78%	100%	75%	100%	90%	99%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STENWOOD ELEM	04	Boys	38	23	38	17	38	29	38	15	38
	04	Girls	31	17	31	15	31	23	31	11	31
	05	Boys	30	16	29	25	30	24	30	11	30
	05	Girls	22	16	22	22	22	17	21	10	22
	06	Boys	24	12	24	19	24	18	24	13	24
	06	Girls	27	16	28	24	28	21	28	16	29
Totals			172	100	172	122	173	132	172	76	174
			99%	57%	99%	70%	99%	76%	99%	44%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STRATFORD LANDING ELEM	04	Boys	67	67	66	50	67	66	67	50	67
	04	Girls	50	48	50	36	49	46	50	44	50
	05	Boys	44	41	42	29	44	41	44	37	45
	05	Girls	47	45	48	41	48	44	48	41	48
	06	Boys	47	46	46	37	47	44	47	34	47
	06	Girls	56	55	56	44	56	53	56	53	56
Totals			311	302	308	237	311	294	312	259	313
			99%	96%	98%	76%	99%	94%	100%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SUNRISE VALLEY ELEM	04	Boys	40	30	40	31	40	39	40	30	40
	04	Girls	45	40	45	40	45	42	45	34	45
	05	Boys	56	34	56	40	55	53	56	44	56
	05	Girls	38	35	38	33	38	37	38	28	38
	06	Boys	55	44	55	42	56	52	55	36	56
	06	Girls	30	24	30	23	30	28	30	26	30
Totals			264	207	264	209	264	251	264	198	265
			100%	78%	100%	79%	100%	95%	100%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRA CENTRE ELEM	04	Boys	40	26	39	13	40	28	40	27	40
	04	Girls	30	22	29	12	30	26	30	23	30
	05	Boys	47	35	46	34	48	38	48	32	48
	05	Girls	47	42	46	28	46	41	47	37	47
	06	Boys	39	28	37	25	39	29	36	31	39
	06	Girls	46	46	44	33	47	42	47	41	47
Totals			249	199	241	145	250	204	248	191	251
			99%	79%	96%	58%	100%	81%	99%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRASET ELEM	04	Boys	38	35	38	31	38	38	37	37	38
	04	Girls	27	26	26	19	27	27	27	27	27
	05	Boys	50	47	45	34	51	50	49	49	52
	05	Girls	36	34	35	27	36	35	35	34	36
	06	Boys	30	30	30	28	30	30	29	29	31
	06	Girls	32	31	32	25	33	31	33	33	33
Totals			213	203	206	164	215	211	210	209	217
			98%	94%	95%	76%	99%	97%	97%	96%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TIMBER LANE ELEM	04	Boys	33	30	33	24	33	28	33	28	33
	04	Girls	36	30	34	29	36	27	36	30	36
	05	Boys	37	35	35	30	36	30	37	31	37
	05	Girls	31	29	31	31	31	28	31	28	31
	06	Boys	45	41	44	41	45	42	44	38	45
	06	Girls	28	26	27	25	28	22	28	27	28
Totals			210	191	204	180	209	177	209	182	210
			100%	91%	97%	86%	100%	84%	100%	87%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
UNION MILL ELEM	04	Boys	59	52	59	49	57	48	59	46	59
	04	Girls	54	47	56	50	53	47	54	44	56
	05	Boys	64	49	62	49	64	51	64	46	64
	05	Girls	76	75	76	69	75	72	76	63	76
	06	Boys	59	48	59	46	59	46	58	35	59
	06	Girls	61	57	61	55	61	53	61	52	61
Totals			373	328	373	318	369	317	372	286	375
			99%	87%	99%	85%	98%	85%	99%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIENNA ELEM	04	Boys	22	18	22	18	22	20	22	19	22
	04	Girls	18	13	18	17	18	15	18	18	18
	05	Boys	22	19	22	20	22	17	22	20	22
	05	Girls	18	15	18	17	18	15	18	17	18
	06	Boys	27	25	27	24	27	24	26	20	27
	06	Girls	14	14	14	14	14	14	14	14	14
Totals			121	104	121	110	121	105	120	107	121
			100%	86%	100%	91%	100%	87%	99%	88%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIRGINIA RUN ELEM	04	Boys	74	62	78	54	79	67	79	53	79
	04	Girls	66	60	67	46	66	53	66	61	67
	05	Boys	74	66	77	58	75	62	77	59	78
	05	Girls	71	66	71	56	70	62	72	63	73
	06	Boys	67	59	71	54	69	52	71	51	72
	06	Girls	68	62	68	50	67	56	68	64	68
Totals			420	375	432	318	426	352	433	351	437
			96%	86%	99%	73%	97%	81%	99%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAKEFIELD FOREST ELEM	04	Boys	25	20	24	17	25	18	25	20	25
	04	Girls	28	17	28	26	28	26	28	27	28
	05	Boys	34	26	34	33	34	26	34	15	34
	05	Girls	39	37	39	39	39	32	39	27	39
	06	Boys	36	29	36	32	35	25	36	26	36
	06	Girls	24	22	24	24	24	23	24	21	24
Totals			186	151	185	171	185	150	186	136	186
			100%	81%	99%	92%	99%	81%	100%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAPLES MILL ELEM	04	Boys	62	60	62	44	62	58	62	58	62
	04	Girls	55	54	55	52	55	54	55	54	55
	05	Boys	51	51	51	51	51	51	51	49	51
	05	Girls	45	45	46	46	46	42	46	46	46
	06	Boys	72	71	72	71	71	70	72	68	72
	06	Girls	57	57	58	58	57	55	58	54	58
Totals			342	338	344	322	342	330	344	329	344
			99%	98%	100%	94%	99%	96%	100%	96%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WASHINGTON MILL ELEM	04	Boys	32	27	34	32	34	26	34	30	37
	04	Girls	33	29	33	31	33	28	33	31	33
	05	Boys	25	21	25	24	24	21	25	22	27
	05	Girls	32	28	32	31	32	28	32	30	32
	06	Boys	31	27	30	25	31	25	31	21	31
	06	Girls	50	45	50	43	50	35	50	43	50
Totals			203	177	204	186	204	163	205	177	210
			97%	84%	97%	89%	97%	78%	98%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAYNEWOOD ELEM	04	Boys	51	48	50	40	51	45	51	34	51
	04	Girls	53	49	53	52	53	50	53	46	54
	05	Boys	36	28	36	25	36	31	36	27	37
	05	Girls	34	29	35	33	34	33	35	31	36
	06	Boys	24	22	23	21	24	23	24	20	24
	06	Girls	37	34	36	33	37	32	37	30	37
Totals			235	210	233	204	235	214	236	188	239
			98%	88%	97%	85%	98%	90%	99%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD ELEM	04	Boys	35	33	35	22	35	34	35	35	35
	04	Girls	24	21	24	19	24	24	24	24	24
	05	Boys	26	23	26	20	26	26	26	25	26
	05	Girls	30	27	30	28	30	29	30	30	30
	06	Boys	27	27	27	21	27	26	27	26	27
	06	Girls	29	29	29	28	29	29	29	27	29
Totals			171	160	171	138	171	168	171	167	171
			100%	94%	100%	81%	100%	98%	100%	98%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTBRIAR ELEM	04	Boys	21	18	26	18	22	21	26	14	28
	04	Girls	31	25	32	28	31	30	32	17	34
	05	Boys	18	12	19	16	18	17	18	13	20
	05	Girls	23	19	24	23	20	19	23	17	24
	06	Boys	36	27	35	31	34	32	35	22	37
	06	Girls	28	20	31	26	30	27	29	20	32
Totals			157	121	167	142	155	146	163	103	175
			90%	69%	95%	81%	89%	83%	93%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTGATE ELEM	04	Boys	24	22	23	16	24	19	23	9	25
	04	Girls	25	22	26	21	24	21	26	19	26
	05	Boys	17	16	17	12	17	14	17	13	17
	05	Girls	23	21	23	20	21	14	22	19	23
	06	Boys	19	16	19	17	19	16	19	13	20
	06	Girls	17	17	17	15	17	12	17	14	17
Totals			125	114	125	101	122	96	124	87	128
			98%	89%	98%	79%	95%	75%	97%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTLAWN ELEM	04	Boys	37	31	34	13	37	20	34	29	37
	04	Girls	36	29	36	26	36	21	36	30	36
	05	Boys	38	37	38	25	38	26	38	29	38
	05	Girls	45	38	45	42	45	30	45	33	45
	06	Boys	42	38	43	28	43	32	42	34	43
	06	Girls	40	38	41	36	41	30	41	35	41
Totals			238	211	237	170	240	159	236	190	240
			99%	88%	99%	71%	100%	66%	98%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEYANOKE ELEM	04	Boys	49	39	49	29	49	43	49	30	49
	04	Girls	38	31	38	21	38	30	38	32	38
	05	Boys	38	26	38	34	38	30	38	21	38
	05	Girls	36	32	36	36	36	29	36	29	36
Totals			161	128	161	120	161	132	161	112	161
			100%	80%	100%	75%	100%	82%	100%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITE OAKS ELEM	04	Boys	65	41	66	52	65	56	63	45	66
	04	Girls	59	37	61	43	61	46	60	42	61
	05	Boys	60	35	59	50	61	51	59	43	61
	05	Girls	66	42	66	55	67	57	67	58	68
	06	Boys	75	61	76	72	75	67	76	60	77
	06	Girls	60	46	62	60	62	54	61	55	62
Totals			385	262	390	332	391	331	386	303	395
			97%	66%	99%	84%	99%	84%	98%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WILLOW SPRINGS ELEM	04	Boys	78	72	77	49	78	61	78	71	78
	04	Girls	67	64	66	60	67	56	67	62	67
	05	Boys	65	61	65	60	65	53	65	59	65
	05	Girls	78	78	78	69	78	66	78	76	78
	06	Boys	102	90	101	85	102	78	102	84	102
	06	Girls	85	85	85	79	85	66	85	82	85
Totals			475	450	472	402	475	380	475	434	475
			100%	95%	99%	85%	100%	80%	100%	91%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOLFTRAP ELEM	04	Boys	40	39	39	35	40	39	40	39	40
	04	Girls	46	45	46	43	46	44	46	45	46
	05	Boys	35	34	35	32	35	33	35	33	35
	05	Girls	41	41	41	40	41	39	41	41	41
	06	Boys	38	35	38	33	38	32	38	37	38
	06	Girls	39	39	39	38	39	37	39	38	39
Totals			239	233	238	221	239	224	239	233	239
			100%	97%	100%	92%	100%	94%	100%	97%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODBURN ELEM	04	Boys	25	16	24	24	25	21	24	14	25
	04	Girls	25	13	26	26	26	17	25	20	27
	05	Boys	40	18	37	13	40	29	33	26	40
	05	Girls	29	18	27	18	29	22	25	18	29
	06	Boys	24	13	23	12	24	17	25	13	25
	06	Girls	27	13	27	20	26	15	25	20	27
Totals			170	91	164	113	170	121	157	111	173
			98%	53%	95%	65%	98%	70%	91%	64%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLAWN ELEM	04	Boys	33	23	35	22	34	32	33	14	38
	04	Girls	30	25	29	10	30	26	30	12	34
	05	Boys	37	26	36	29	37	35	37	8	37
	05	Girls	28	20	27	16	28	19	28	14	28
	06	Boys	37	27	37	30	37	33	35	20	37
	06	Girls	28	25	28	24	28	25	28	12	28
Totals			193	146	192	131	194	170	191	80	202
			96%	72%	95%	65%	96%	84%	95%	40%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLEY HILLS ELEM	04	Boys	35	34	35	27	35	32	35	34	35
	04	Girls	34	34	35	29	34	32	35	33	36
	05	Boys	30	29	30	27	30	28	30	28	30
	05	Girls	29	28	29	29	29	29	29	27	29
	06	Boys	34	24	34	28	33	29	34	30	34
	06	Girls	30	28	30	30	30	28	30	28	30
Totals			192	177	193	170	191	178	193	180	194
			99%	91%	99%	88%	98%	92%	99%	93%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARSON MIDDLE	07	Boys	278	233	276	236	278	181	278	141	279
	07	Girls	261	239	263	241	263	125	261	181	264
	08	Boys	233	209	231	191	233	174	234	147	234
	08	Girls	238	225	235	210	233	138	235	171	239
Totals			1010	906	1005	878	1007	618	1008	640	1016
			99%	89%	99%	86%	99%	61%	99%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COOPER MIDDLE	07	Boys	214	212	214	203	212	208	212	80	216
	07	Girls	209	207	210	208	208	207	210	81	210
	08	Boys	255	241	254	207	255	237	254	121	257
	08	Girls	212	203	210	203	213	206	211	166	216
Totals			890	863	888	821	888	858	887	448	899
			99%	96%	99%	91%	99%	95%	99%	50%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANKLIN MIDDLE	07	Boys	228	212	216	193	227	206	227	168	232
	07	Girls	242	235	226	209	243	206	241	179	249
	08	Boys	240	231	235	212	241	232	226	177	241
	08	Girls	260	245	253	238	259	255	248	219	260
Totals			970	923	930	852	970	899	942	743	982
			99%	94%	95%	87%	99%	92%	96%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FROST MIDDLE	07	Boys	285	243	285	227	286	238	288	241	292
	07	Girls	262	242	261	237	262	233	264	233	264
	08	Boys	268	242	270	230	270	249	269	225	277
	08	Girls	255	232	250	224	247	216	249	218	259
Totals			1070	959	1066	918	1065	936	1070	917	1092
			98%	88%	98%	84%	98%	86%	98%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLASGOW MIDDLE	06	Boys	162	128	162	143	165	131	162	77	166
	06	Girls	193	174	190	185	194	148	189	126	196
	07	Boys	188	147	185	150	192	139	185	126	195
	07	Girls	174	130	171	154	180	133	171	135	181
	08	Boys	165	131	166	139	164	128	165	88	168
	08	Girls	158	119	160	152	160	118	159	106	160
Totals			1040	829	1034	923	1055	797	1031	658	1066
			98%	78%	97%	87%	99%	75%	97%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD MIDDLE	07	Boys	329	217	332	266	333	287	339	248	357
	07	Girls	310	205	312	275	314	245	314	252	327
	08	Boys	281	267	281	246	281	259	280	241	282
	08	Girls	262	242	261	257	262	237	263	237	264
Totals			1182	931	1186	1044	1190	1028	1196	978	1230
			96%	76%	96%	85%	97%	84%	97%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON MIDDLE	07	Boys	308	255	308	252	307	252	307	239	310
	07	Girls	261	233	261	255	261	221	258	231	262
	08	Boys	289	239	287	232	290	211	288	249	291
	08	Girls	300	266	299	290	301	248	300	278	304
Totals			1158	993	1155	1029	1159	932	1153	997	1167
			99%	85%	99%	88%	99%	80%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLMES MIDDLE	06	Boys	103	95	103	92	92	75	78	20	104
	06	Girls	76	69	77	76	71	52	70	33	80
	07	Boys	131	117	135	120	118	93	118	53	138
	07	Girls	133	121	134	129	126	106	122	56	138
	08	Boys	100	85	101	87	98	79	100	38	103
	08	Girls	101	89	101	99	100	75	101	50	101
Totals			644	576	651	603	605	480	589	250	664
			97%	87%	98%	91%	91%	72%	89%	38%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUGHES MIDDLE	07	Boys	199	138	182	78	192	140	196	35	211
	07	Girls	189	132	179	96	189	136	189	63	204
	08	Boys	240	210	225	136	239	191	240	160	247
	08	Girls	195	175	199	112	195	141	202	167	211
Totals			823	655	785	422	815	608	827	425	873
			94%	75%	90%	48%	93%	70%	95%	49%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
IRVING MIDDLE	07	Boys	300	222	303	237	289	253	295	222	311
	07	Girls	296	248	296	249	296	242	300	267	304
	08	Boys	261	192	264	165	261	249	263	224	270
	08	Girls	282	220	282	212	282	264	278	256	286
Totals			1139	882	1145	863	1128	1008	1136	969	1171
			97%	75%	98%	74%	96%	86%	97%	83%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JACKSON MIDDLE	07	Boys	250	172	253	152	252	175	240	189	259
	07	Girls	239	186	229	117	240	143	225	201	246
	08	Boys	220	165	221	139	223	185	221	159	225
	08	Girls	243	161	239	116	244	167	242	219	249
Totals			952	684	942	524	959	670	928	768	979
			97%	70%	96%	54%	98%	68%	95%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEY MIDDLE	07	Boys	233	158	194	105	213	140	230	153	240
	07	Girls	228	177	178	154	187	113	223	180	243
	08	Boys	237	194	216	159	236	186	235	203	242
	08	Girls	192	173	169	128	193	155	194	183	196
Totals			890	702	757	546	829	594	882	719	921
			97%	76%	82%	59%	90%	64%	96%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KILMER MIDDLE	07	Boys	261	231	260	228	262	232	261	223	263
	07	Girls	228	220	227	216	227	210	227	211	229
	08	Boys	237	216	237	218	239	223	236	216	239
	08	Girls	199	189	201	187	204	176	203	191	206
Totals			925	856	925	849	932	841	927	841	937
			99%	91%	99%	91%	99%	90%	99%	90%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK MIDDLE	07	Boys	323	235	323	253	323	255	324	215	324
	07	Girls	316	266	316	237	319	217	318	269	320
	08	Boys	346	269	345	230	343	305	347	192	350
	08	Girls	292	247	290	218	293	253	293	223	293
Totals			1277	1017	1274	938	1278	1030	1282	899	1287
			99%	79%	99%	73%	99%	80%	100%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANIER MIDDLE	07	Boys	215	183	217	177	216	174	217	184	227
	07	Girls	205	186	205	188	209	165	207	188	215
	08	Boys	193	168	200	149	199	165	199	144	204
	08	Girls	227	196	231	200	224	181	225	200	234
Totals			840	733	853	714	848	685	848	716	880
			95%	83%	97%	81%	96%	78%	96%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LIBERTY MIDDLE	07	Boys	274	243	266	225	269	220	269	204	275
	07	Girls	279	255	269	246	278	229	278	262	279
	08	Boys	308	267	299	251	305	280	303	264	311
	08	Girls	234	209	222	190	238	211	229	218	240
Totals			1095	974	1056	912	1090	940	1079	948	1105
			99%	88%	96%	83%	99%	85%	98%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONGFELLOW MIDDLE	07	Boys	254	241	252	213	252	196	254	175	256
	07	Girls	265	261	250	235	266	189	265	234	269
	08	Boys	267	238	265	216	262	220	267	171	267
	08	Girls	257	243	254	217	256	215	258	211	259
Totals			1043	983	1021	881	1036	820	1044	791	1051
			99%	94%	97%	84%	99%	78%	99%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POE MIDDLE	06	Boys	194	144	193	123	195	164	192	111	199
	06	Girls	147	118	147	145	147	122	149	94	149
	07	Boys	178	99	163	113	170	148	176	69	182
	07	Girls	202	115	192	187	196	175	198	102	204
	08	Boys	151	115	123	93	145	115	130	90	173
	08	Girls	131	87	100	99	125	84	109	85	168
Totals			1003	678	918	760	978	808	954	551	1075
			93%	63%	85%	71%	91%	75%	89%	51%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON MIDDLE	07	Boys	341	264	341	270	341	260	340	188	343
	07	Girls	286	241	286	248	286	207	285	212	288
	08	Boys	227	183	226	176	227	183	227	163	229
	08	Girls	239	202	236	193	238	138	239	209	240
Totals			1093	890	1089	887	1092	788	1091	772	1100
			99%	81%	99%	81%	99%	72%	99%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROCKY RUN MIDDLE	07	Boys	222	197	222	202	222	166	222	107	222
	07	Girls	194	178	194	187	194	168	194	114	196
	08	Boys	188	134	190	162	180	154	190	152	193
	08	Girls	185	152	186	175	178	162	186	167	189
Totals			789	661	792	726	774	650	792	540	800
			99%	83%	99%	91%	97%	81%	99%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANDBURG MIDDLE	07	Boys	271	230	267	174	270	202	271	89	280
	07	Girls	260	219	261	164	264	189	267	139	270
	08	Boys	308	292	308	124	309	231	309	88	310
	08	Girls	249	242	253	100	250	183	249	101	254
Totals			1088	983	1089	562	1093	805	1096	417	1114
			98%	88%	98%	50%	98%	72%	98%	37%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STONE MIDDLE	07	Boys	284	233	283	214	285	200	283	144	286
	07	Girls	249	214	249	212	250	158	249	190	255
	08	Boys	321	288	307	203	321	263	318	221	323
	08	Girls	276	241	259	158	277	172	275	233	278
Totals			1130	976	1098	787	1133	793	1125	788	1142
			99%	85%	96%	69%	99%	69%	99%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
THOREAU MIDDLE	07	Boys	166	140	167	149	168	132	151	87	172
	07	Girls	168	153	165	160	165	116	157	137	170
	08	Boys	206	198	210	186	210	184	210	183	214
	08	Girls	184	178	189	176	187	162	192	181	201
Totals			724	669	731	671	730	594	710	588	757
			96%	88%	97%	89%	96%	78%	94%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TWAIN MIDDLE	07	Boys	253	190	252	145	251	177	253	162	254
	07	Girls	241	188	240	154	242	186	242	203	244
	08	Boys	288	251	288	168	288	233	289	158	294
	08	Girls	236	189	238	159	237	181	238	159	242
Totals			1018	818	1018	626	1018	777	1022	682	1034
			98%	79%	98%	61%	98%	75%	99%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITMAN MIDDLE	07	Boys	233	110	223	134	236	165	239	153	254
	07	Girls	217	123	208	109	213	134	217	167	237
	08	Boys	193	166	187	131	190	160	190	98	212
	08	Girls	180	152	178	103	180	132	175	125	210
Totals			823	551	796	477	819	591	821	543	913
			90%	60%	87%	52%	90%	65%	90%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE HIGH	09	Boys	313	244	310	170	318	233	320	90	333
	09	Girls	307	238	305	155	302	180	305	98	320
	10	Boys	244	204	240	144	245	184	245	147	289
	10	Girls	250	220	249	134	250	153	254	152	290
	11	Boys	6	3	6	1	6	3	6	1	6
	11	Girls	3	1	5	3	5	4	4	3	5
Totals			1123	910	1115	607	1126	757	1134	491	1243
			90%	73%	90%	49%	91%	61%	91%	40%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE HIGH	09	Boys	272	248	274	231	273	226	273	242	274
	09	Girls	283	253	282	229	280	229	283	256	283
	10	Boys	248	222	249	195	249	208	250	199	254
	10	Girls	233	212	231	186	231	191	234	205	238
	11	Boys	2	2	2	2	2	1	2	2	2
Totals			1038	937	1038	843	1035	855	1042	904	1051
			99%	89%	99%	80%	98%	81%	99%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHANTILLY HIGH	09	Boys	328	287	331	233	328	254	333	170	339
	09	Girls	349	315	342	307	345	319	353	168	359
	10	Boys	305	251	299	201	306	262	307	141	315
	10	Girls	288	257	287	230	288	270	290	171	297
	11	Boys	2	1	2	0	2	1	2	2	2
	11	Girls	1	0	1	0	1	0	1	1	1
Totals			1273	1111	1262	971	1270	1106	1286	653	1313
			97%	85%	96%	74%	97%	84%	98%	50%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
EDISON HIGH	09	Boys	220	176	204	137	220	190	220	211	226
	09	Girls	227	171	214	133	224	187	227	216	234
	10	Boys	188	133	186	113	178	141	191	114	211
	10	Girls	184	147	184	94	173	140	194	127	206
	11	Girls	1	1	1	0	1	1	1	1	1
Totals			820	628	789	477	796	659	833	669	878
			93%	72%	90%	54%	91%	75%	95%	76%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX HIGH	09	Boys	271	238	248	164	277	223	272	198	284
	09	Girls	230	204	207	149	229	176	227	191	233
	10	Boys	252	212	249	150	250	190	252	170	252
	10	Girls	230	192	231	135	235	183	235	185	237
	11	Boys	6	5	6	3	6	1	6	5	6
	11	Girls	6	3	6	2	6	4	6	3	6
Totals			995	854	947	603	1003	777	998	752	1018
			98%	84%	93%	59%	99%	76%	98%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FALLS CHURCH HIGH	09	Boys	116	87	125	84	127	107	127	81	137
	09	Girls	102	84	112	64	106	87	115	79	129
	10	Boys	111	84	108	62	121	92	120	83	125
	10	Girls	112	97	118	46	135	104	135	96	145
	11	Boys	3	2	3	1	3	2	3	2	3
	11	Girls	5	5	4	1	4	4	5	4	6
Totals			449	359	470	258	496	396	505	345	545
			82%	66%	86%	47%	91%	73%	93%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD HIGH	09	Boys	381	289	383	314	380	316	370	291	396
	09	Girls	283	206	285	255	282	243	280	236	296
	10	Boys	306	262	303	246	310	276	308	212	322
	10	Girls	251	219	246	192	250	203	249	190	265
	11	Boys	3	3	3	3	3	3	3	3	3
	11	Girls	2	2	2	0	2	2	2	2	2
	12	Boys	1	1	1	1	1	1	1	1	1
	12	Girls	1	0	0	0	1	0	0	0	1
Totals			1228	982	1223	1011	1229	1044	1213	935	1286
			95%	76%	95%	79%	96%	81%	94%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON HIGH	09	Boys	274	211	274	209	276	205	269	136	282
	09	Girls	217	169	217	182	223	171	220	136	239
	10	Boys	211	180	209	165	211	176	207	136	240
	10	Girls	171	158	168	120	173	137	170	125	200
Totals			873	718	868	676	883	689	866	533	961
			91%	75%	90%	70%	92%	72%	90%	55%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JEFFERSON SCI/TECH HIGH	09	Boys	261	245	264	245	262	252	263	212	264
	09	Girls	159	155	161	157	161	160	161	139	162
	10	Boys	230	218	230	208	231	221	231	177	232
	10	Girls	189	185	189	166	189	187	189	150	190
Totals			839	803	844	776	843	820	844	678	848
			99%	95%	100%	92%	99%	97%	100%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK HIGH	09	Boys	320	269	321	256	318	248	321	229	324
	09	Girls	295	256	294	232	291	243	297	248	297
	10	Boys	319	287	320	245	318	288	321	244	322
	10	Girls	319	298	318	256	317	260	319	274	319
	11	Boys	4	2	4	3	4	3	4	3	4
	11	Girls	5	4	6	5	6	5	6	3	6
Totals			1262	1116	1263	997	1254	1047	1268	1001	1272
			99%	88%	99%	78%	99%	82%	100%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANGLEY HIGH	09	Boys	148	126	156	143	150	116	150	74	165
	09	Girls	142	132	142	140	142	43	139	94	153
	10	Boys	209	192	215	181	213	175	156	78	228
	10	Girls	180	172	174	168	179	106	122	73	192
	11	Boys	1	1	1	1	1	1	1	0	1
	12	Girls	1	1	1	1	1	0	1	1	1
Totals			681	624	689	634	686	441	569	320	740
			92%	84%	93%	86%	93%	60%	77%	43%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEE HIGH	09	Boys	279	211	274	158	278	204	278	124	280
	09	Girls	247	172	247	139	250	182	251	124	253
	10	Boys	208	177	205	129	209	192	211	118	214
	10	Girls	206	165	200	120	207	169	207	126	216
	11	Boys	3	2	3	1	4	3	3	2	4
	11	Girls	6	3	6	0	6	3	6	3	6
Totals			949	730	935	547	954	753	956	497	973
			98%	75%	96%	56%	98%	77%	98%	51%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MADISON HIGH	09	Boys	224	190	225	206	224	199	222	122	231
	09	Girls	199	164	204	190	201	177	200	150	208
	10	Boys	215	184	218	175	217	202	191	106	228
	10	Girls	188	176	187	169	188	177	171	124	198
	11	Boys	1	0	1	0	1	1	1	1	2
Totals			827	714	835	740	831	756	785	503	867
			95%	82%	96%	85%	96%	87%	91%	58%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL HIGH	09	Boys	148	126	149	118	146	104	145	81	157
	09	Girls	166	141	165	115	165	54	167	112	174
	10	Boys	166	154	164	113	165	138	142	104	170
	10	Girls	136	126	132	97	135	97	102	76	138
	11	Boys	4	3	3	0	4	1	4	3	4
Totals			620	550	613	443	615	394	560	376	643
			96%	86%	95%	69%	96%	61%	87%	58%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCLEAN HIGH	09	Boys	224	166	226	168	225	184	227	102	228
	09	Girls	198	142	200	175	199	175	200	127	207
	10	Boys	191	148	186	134	187	132	192	87	197
	10	Girls	184	166	183	118	181	139	184	96	191
Totals			797	622	795	595	792	630	803	412	823
			97%	76%	97%	72%	96%	77%	98%	50%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON HIGH	09	Boys	206	138	206	116	206	143	206	122	206
	09	Girls	150	103	148	52	150	96	153	41	158
	10	Boys	180	147	179	133	179	135	181	47	186
	10	Girls	173	150	170	79	172	138	177	54	179
Totals			709	538	703	380	707	512	717	264	729
			97%	74%	96%	52%	97%	70%	98%	36%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON HIGH	09	Boys	282	259	277	222	281	227	261	179	286
	09	Girls	277	250	276	211	278	179	267	209	283
	10	Boys	264	248	258	205	263	234	261	183	267
	10	Girls	232	224	224	162	235	178	234	160	239
	11	Boys	2	2	2	2	2	2	2	2	2
	11	Girls	2	2	2	0	2	0	2	1	2
Totals			1059	985	1039	802	1061	820	1027	734	1079
			98%	91%	96%	74%	98%	76%	95%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON HIGH	09	Boys	398	340	397	327	399	353	399	277	403
	09	Girls	379	342	376	322	378	316	380	322	384
	10	Boys	348	290	312	240	345	311	348	279	350
	10	Girls	324	293	298	188	329	281	328	291	334
	11	Boys	2	1	2	1	2	1	2	1	2
Totals			1451	1266	1385	1078	1453	1262	1457	1170	1473
			99%	86%	94%	73%	99%	86%	99%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SOUTH LAKES HIGH	09	Boys	169	140	164	92	173	152	173	117	184
	09	Girls	173	139	151	73	169	138	172	136	190
	10	Boys	167	140	146	105	171	145	167	119	177
	10	Girls	147	133	123	57	143	124	140	112	162
	11	Boys	4	4	2	2	4	3	4	4	4
	11	Girls	3	2	2	1	3	2	3	3	3
Totals			663	558	588	330	663	564	659	491	720
			92%	78%	82%	46%	92%	78%	92%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STUART HIGH	09	Boys	221	153	216	143	216	170	221	104	231
	09	Girls	164	101	157	80	157	104	164	87	172
	10	Boys	183	133	180	108	179	139	183	73	187
	10	Girls	142	85	131	76	142	96	143	65	145
	11	Boys	7	6	7	7	7	6	7	5	7
	11	Girls	8	4	9	1	9	3	9	3	9
Totals			725	482	700	415	710	518	727	337	751
			97%	64%	93%	55%	95%	69%	97%	45%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST POTOMAC HIGH	09	Boys	259	193	249	173	264	217	257	170	280
	09	Girls	270	191	257	166	269	205	271	189	282
	10	Boys	207	177	201	137	209	183	209	163	214
	10	Girls	253	219	229	123	249	216	252	215	261
	11	Girls	0	0	0	0	0	0	0	0	1
Totals			989	780	936	599	991	821	989	737	1038
			95%	75%	90%	58%	95%	79%	95%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD HIGH	09	Boys	299	232	297	221	300	252	297	160	300
	09	Girls	259	211	255	185	260	216	260	177	260
	10	Boys	285	237	281	183	286	235	285	160	287
	10	Girls	262	224	259	178	265	240	265	199	266
Totals			1105	904	1092	767	1111	943	1107	696	1113
			99%	81%	98%	69%	100%	85%	99%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTFIELD HIGH	09	Boys	296	226	310	258	305	246	304	169	320
	09	Girls	353	306	364	339	348	289	360	253	375
	10	Boys	259	224	273	220	251	206	265	153	284
	10	Girls	276	242	274	236	262	209	268	192	293
	11	Boys	2	2	2	2	2	2	2	0	2
	11	Girls	1	1	1	1	1	0	1	0	2
Totals			1187	1001	1224	1056	1169	952	1200	767	1276
			93%	78%	96%	83%	92%	75%	94%	60%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2004 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODSON HIGH	09	Boys	234	204	228	187	235	217	234	170	241
	09	Girls	217	187	212	199	219	186	220	180	222
	10	Boys	222	192	221	170	223	191	222	165	227
	10	Girls	217	197	213	171	216	177	215	185	220
	11	Boys	1	1	1	1	1	1	1	1	1
	11	Girls	2	1	1	1	2	2	1	1	2
Totals			893	782	876	729	896	774	893	702	913
			98%	86%	96%	80%	98%	85%	98%	77%	