

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ALDRIN ELEM	04	Boys	43	38	43	39	40	37	43	38	43
	04	Girls	47	47	46	41	47	45	47	44	47
	05	Boys	51	50	51	48	49	46	51	47	51
	05	Girls	52	52	52	50	51	50	52	48	52
	06	Boys	47	45	47	42	44	37	47	44	49
	06	Girls	47	47	47	43	45	42	47	43	51
Totals			287	279	286	263	276	257	287	264	293
			98%	95%	98%	90%	94%	88%	98%	90%	

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE TERRACE ELEM	04	BOYS	64	54	64	28	64	50	64	49	64
	04	GIRLS	46	31	46	34	46	32	46	37	46
	05	BOYS	52	41	52	35	52	37	52	36	52
	05	GIRLS	40	33	40	28	40	32	40	35	40
Totals			202	159	202	125	202	151	202	157	202
			100%	79%	100%	62%	100%	75%	100%	78%	

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARCHER ELEM	04	BOYS	51	48	51	47	51	48	51	9	51
	04	GIRLS	63	58	62	62	63	56	62	23	63
	05	BOYS	48	46	48	46	47	42	48	12	48
	05	GIRLS	59	56	58	56	58	55	59	24	59
	06	BOYS	69	66	69	65	69	66	69	7	69
	06	GIRLS	50	49	50	47	50	49	49	8	50
Totals			340 100%	323 95%	338 99%	323 95%	338 99%	316 93%	338 99%	83 24%	340

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG CENTER	04	BOYS	6	4	6	6	5	5	5	2	7
	04	GIRLS	2	2	2	2	2	2	2	2	2
	05	BOYS	10	6	11	3	11	10	9	8	11
	05	GIRLS	1	1	1	1	1	1	1	1	1
	06	BOYS	8	4	8	3	8	0	1	1	8
Totals			27 93%	17 59%	28 97%	15 52%	27 93%	18 62%	18 62%	14 48%	29

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG ELEM	04	BOYS	46	41	46	31	46	34	46	39	47
	04	GIRLS	29	28	29	21	29	20	29	28	29
	05	BOYS	48	40	37	33	48	42	48	36	48
	05	GIRLS	32	31	25	25	32	29	32	27	33
	06	BOYS	28	26	28	24	28	25	28	24	28
	06	GIRLS	29	28	28	26	29	27	29	26	29
Totals			212 99%	194 91%	193 90%	160 75%	212 99%	177 83%	212 99%	180 84%	214

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BAILEYS ELEM	04	BOYS	69	56	69	69	69	55	68	67	69
	04	GIRLS	69	57	69	69	69	51	69	68	69
	05	BOYS	55	42	56	49	55	44	56	53	56
	05	GIRLS	75	68	74	74	75	58	75	71	75
Totals			268 100%	223 83%	268 100%	261 97%	268 100%	208 77%	268 100%	259 96%	269

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BEECH TREE ELEM	04	BOYS	32	22	32	15	32	19	32	21	32
	04	GIRLS	21	17	21	12	21	16	21	14	21
	05	BOYS	41	32	41	25	41	32	41	34	41
	05	GIRLS	23	20	23	22	23	22	23	18	23
Totals			117	91	117	74	117	89	117	87	117
			100%	78%	100%	63%	100%	76%	100%	74%	

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELLE VIEW ELEM	04	BOYS	19	16	19	16	20	12	20	14	20
	04	GIRLS	29	25	28	25	29	17	29	29	31
	05	BOYS	15	12	14	11	16	8	14	13	17
	05	GIRLS	17	16	17	17	17	12	18	15	18
	06	BOYS	27	21	26	22	27	16	28	22	28
	06	GIRLS	24	22	23	20	24	12	24	23	25
Totals			131 94%	112 81%	127 91%	111 80%	133 96%	77 55%	133 96%	116 83%	139

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELVEDERE ELEM	04	BOYS	38	36	38	33	38	30	38	25	38
	04	GIRLS	39	34	37	29	39	30	39	29	39
	05	BOYS	34	30	32	28	34	24	34	15	34
	05	GIRLS	54	51	55	42	55	37	55	32	55
Totals			165 99%	151 91%	162 98%	132 80%	166 100%	121 73%	166 100%	101 61%	166

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BONNIE BRAE ELEM	04	BOYS	59	47	65	39	61	50	51	40	65
	04	GIRLS	72	58	74	41	76	55	71	56	77
	05	BOYS	58	49	60	49	59	49	51	32	62
	05	GIRLS	79	70	80	51	77	64	72	60	80
	06	BOYS	63	61	62	52	62	50	61	45	65
	06	GIRLS	64	57	62	55	61	44	62	52	65
Totals			395 95%	342 83%	403 97%	287 69%	396 96%	312 75%	368 89%	285 69%	414

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BRADDOCK ELEM	04	BOYS	53	48	53	34	53	45	53	51	53
	04	GIRLS	43	33	43	28	43	31	43	35	43
	05	BOYS	55	47	55	52	55	41	55	49	55
	05	GIRLS	50	46	50	48	50	45	50	46	50
Totals			201 100%	174 87%	201 100%	162 81%	201 100%	162 81%	201 100%	181 90%	201

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BREN MAR PARK ELEM	04	BOYS	33	22	31	31	33	27	31	14	33
	04	GIRLS	27	19	26	26	27	19	27	10	27
	05	BOYS	32	25	32	11	33	24	33	14	34
	05	GIRLS	26	23	26	26	26	18	26	14	26
Totals			118	89	115	94	119	88	117	52	120
			98%	74%	96%	78%	99%	73%	98%	43%	

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD CENTER	04	BOYS	2	2	2	1	2	2	2	2	2
	04	GIRLS	2	2	2	2	2	0	2	2	2
	05	BOYS	5	2	5	3	5	2	5	4	5
	05	GIRLS	2	2	2	1	2	2	2	1	2
	06	BOYS	5	3	5	4	5	5	5	4	5
	06	GIRLS	4	4	4	3	4	3	4	4	4
Totals			20 100%	15 75%	20 100%	14 70%	20 100%	14 70%	20 100%	17 85%	20

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD ELEM	04	BOYS	59	53	57	42	59	51	59	55	59
	04	GIRLS	58	52	55	50	58	55	57	53	58
	05	BOYS	63	56	63	46	63	59	63	61	63
	05	GIRLS	50	48	50	44	50	48	50	49	50
	06	BOYS	63	61	63	50	63	57	63	60	63
	06	GIRLS	66	63	67	58	66	63	66	65	67
Totals			359 100%	333 93%	355 99%	290 81%	359 100%	333 93%	358 99%	343 95%	360

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUCKNELL ELEM	04	BOYS	20	13	11	3	21	11	16	15	21
	04	GIRLS	16	13	6	2	17	6	16	16	17
	05	BOYS	17	10	0	0	17	9	17	16	17
	05	GIRLS	19	15	0	0	19	15	17	13	19
	06	BOYS	14	8	18	8	19	14	17	15	19
	06	GIRLS	19	11	20	7	21	10	20	17	21
Totals			105 92%	70 61%	55 48%	20 18%	114 100%	65 57%	103 90%	92 81%	114

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BULL RUN ELEM	04	BOYS	65	63	65	54	65	62	65	54	65
	04	GIRLS	80	79	80	70	80	79	80	70	80
	05	BOYS	73	71	73	62	72	72	73	55	73
	05	GIRLS	72	70	72	67	72	67	72	62	72
	06	BOYS	69	67	70	63	70	68	69	58	70
	06	GIRLS	69	67	68	63	69	67	69	59	69
Totals			428 100%	417 97%	428 100%	379 88%	428 100%	415 97%	428 100%	358 83%	429

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL CENTER	04	BOYS	3	1	2	2	2	2	0	0	3
	04	GIRLS	1	1	1	1	1	0	1	0	1
	05	BOYS	5	4	5	3	4	4	1	0	5
	05	GIRLS	2	2	2	2	2	2	0	0	2
	06	BOYS	3	2	4	2	4	4	3	0	4
	06	GIRLS	2	0	2	2	2	2	0	0	2
Totals			16 94%	10 59%	16 94%	12 71%	15 88%	14 82%	5 29%	0 0%	17

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL ELEM	04	BOYS	49	49	49	49	49	39	49	22	49
	04	GIRLS	40	38	40	40	40	32	40	26	40
	05	BOYS	35	35	35	31	35	29	35	11	35
	05	GIRLS	38	38	38	38	38	30	38	12	38
	06	BOYS	39	37	39	26	39	30	39	9	39
	06	GIRLS	44	41	44	44	44	37	44	16	44
Totals			245 100%	238 97%	245 100%	228 93%	245 100%	197 80%	245 100%	96 39%	245

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMELOT CENTER	04	BOYS	5	3	5	5	5	4	5	4	5
	04	GIRLS	2	0	2	2	2	2	2	2	2
	05	BOYS	2	0	2	1	2	1	2	1	2
	05	GIRLS	4	2	4	4	4	3	4	3	4
	06	BOYS	2	0	1	1	2	1	2	2	2
	06	GIRLS	4	4	4	4	4	3	4	3	4
Totals			19 100%	9 47%	18 95%	17 89%	19 100%	14 74%	19 100%	15 79%	19

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMELOT ELEM	04	BOYS	21	19	18	18	21	18	21	16	21
	04	GIRLS	25	19	24	24	25	21	25	20	25
	05	BOYS	29	21	28	20	28	23	29	18	29
	05	GIRLS	46	45	45	45	46	43	46	45	46
	06	BOYS	38	35	39	28	38	34	38	31	39
	06	GIRLS	27	27	27	26	27	23	27	26	27
Totals			186 99%	166 89%	181 97%	161 86%	185 99%	162 87%	186 99%	156 83%	187

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMERON ELEM	04	BOYS	44	43	44	44	44	40	44	38	45
	04	GIRLS	55	55	54	54	55	47	56	51	56
	05	BOYS	44	43	44	42	44	37	45	44	45
	05	GIRLS	45	45	44	44	45	36	45	45	45
	06	BOYS	37	33	36	28	37	22	36	28	38
	06	GIRLS	26	26	26	25	26	26	26	23	26
Totals			251 98%	245 96%	248 97%	237 93%	251 98%	208 82%	252 99%	229 90%	255

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CANTERBURY WOODS ELEM	04	BOYS	50	42	48	30	50	46	49	23	50
	04	GIRLS	59	53	57	36	59	53	58	44	59
	05	BOYS	50	39	51	45	50	45	49	12	51
	05	GIRLS	42	38	41	40	42	40	42	18	42
	06	BOYS	61	56	61	50	61	54	61	13	61
	06	GIRLS	56	48	56	53	56	43	54	19	56
Totals			318 100%	276 87%	314 98%	254 80%	318 100%	281 88%	313 98%	129 40%	319

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARDINAL FOREST ELEM	04	BOYS	47	43	46	43	46	41	47	34	47
	04	GIRLS	46	41	46	45	46	41	46	41	46
	05	BOYS	60	57	60	58	60	56	60	47	60
	05	GIRLS	53	52	53	53	53	45	53	48	53
	06	BOYS	48	45	49	42	49	34	47	34	49
	06	GIRLS	53	49	53	46	53	43	53	46	53
Totals			307 100%	287 93%	307 100%	287 93%	307 100%	260 84%	306 99%	250 81%	308

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTRE RIDGE ELEM	04	BOYS	83	64	83	41	81	50	83	7	83
	04	GIRLS	69	56	66	35	67	31	69	12	69
	05	BOYS	64	45	64	39	59	36	66	17	68
	05	GIRLS	67	52	67	47	58	33	64	21	69
	06	BOYS	67	59	67	59	64	51	66	11	68
	06	GIRLS	80	67	76	61	74	47	79	21	80
Totals			430 98%	343 78%	423 97%	282 65%	403 92%	248 57%	427 98%	89 20%	437

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE ELEM	04	BOYS	69	57	69	47	69	57	69	44	69
	04	GIRLS	59	44	59	44	59	53	59	45	59
	05	BOYS	54	45	53	38	54	48	54	30	54
	05	GIRLS	59	49	59	47	59	51	59	45	59
	06	BOYS	56	43	56	44	56	47	56	33	56
	06	GIRLS	61	60	61	50	61	56	61	54	61
Totals			358 100%	298 83%	357 100%	270 75%	358 100%	312 87%	358 100%	251 70%	358

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHERRY RUN ELEM	04	BOYS	45	37	42	27	45	40	45	34	45
	04	GIRLS	53	45	53	40	53	49	53	45	53
	05	BOYS	38	24	37	33	38	29	38	32	38
	05	GIRLS	35	29	34	30	35	26	34	27	35
	06	BOYS	39	23	38	30	39	28	39	28	39
	06	GIRLS	38	26	38	25	38	27	38	31	38
Totals			248 100%	184 74%	242 98%	185 75%	248 100%	199 80%	247 100%	197 79%	248

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHESTERBROOK ELEM	04	BOYS	42	37	42	34	42	41	42	35	42
	04	GIRLS	40	37	40	40	40	40	40	36	40
	05	BOYS	33	31	33	30	33	32	33	25	33
	05	GIRLS	36	32	36	34	36	33	36	29	36
	06	BOYS	40	35	40	36	40	38	40	29	40
	06	GIRLS	55	53	55	55	55	53	55	49	55
Totals			246 100%	225 91%	246 100%	229 93%	246 100%	237 96%	246 100%	203 83%	246

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			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHURCHILL ROAD ELEM	04	BOYS	67	61	67	59	66	63	67	62	68
	04	GIRLS	57	53	57	55	57	57	57	54	57
	05	BOYS	67	60	67	64	67	61	67	62	67
	05	GIRLS	43	41	43	43	43	41	43	35	43
	06	BOYS	59	51	58	54	59	56	59	50	59
	06	GIRLS	42	35	42	41	42	36	42	35	43
Totals			335 99%	301 89%	334 99%	316 94%	334 99%	314 93%	335 99%	298 88%	337

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SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLEARVIEW ELEM	04	BOYS	32	27	31	16	32	28	32	14	32
	04	GIRLS	22	11	25	13	25	18	25	17	25
	05	BOYS	34	28	34	30	34	26	33	19	35
	05	GIRLS	25	23	25	24	26	24	26	22	26
	06	BOYS	37	30	37	30	37	30	36	20	37
	06	GIRLS	35	32	35	34	35	29	35	28	35
Totals			185 97%	151 79%	187 98%	147 77%	189 99%	155 82%	187 98%	120 63%	190

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLERMONT ELEM	04	BOYS	34	30	33	16	17	11	33	17	35
	04	GIRLS	30	28	29	15	14	8	30	22	30
	05	BOYS	23	19	23	14	23	13	23	15	24
	05	GIRLS	33	28	32	19	33	15	34	16	34
	06	BOYS	19	19	20	9	20	10	20	13	20
	06	GIRLS	24	21	25	10	19	12	19	10	25
Totals			163 97%	145 86%	162 96%	83 49%	126 75%	69 41%	159 95%	93 55%	168

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLIFTON ELEM	04	BOYS	31	26	29	20	31	19	31	23	33
	04	GIRLS	19	13	19	9	19	10	18	12	21
	05	BOYS	31	29	31	22	31	26	32	23	32
	05	GIRLS	20	20	22	21	20	19	21	19	22
	06	BOYS	35	29	37	35	35	30	30	24	37
	06	GIRLS	26	25	27	25	24	22	17	15	28
Totals			162 94%	142 82%	165 95%	132 76%	160 92%	126 73%	149 86%	116 67%	173

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COLUMBIA ELEM	04	BOYS	32	32	32	25	32	30	32	0	32
	04	GIRLS	30	29	30	28	30	26	30	0	30
	05	BOYS	45	35	45	39	45	43	45	0	45
	05	GIRLS	32	28	33	31	34	32	34	0	34
Totals			139	124	140	123	141	131	141	0	141
			99%	88%	99%	87%	100%	93%	100%	0%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CRESTWOOD ELEM	04	BOYS	33	32	33	20	32	26	31	17	33
	04	GIRLS	29	24	29	22	27	16	29	20	29
	05	BOYS	37	31	37	28	19	14	37	25	38
	05	GIRLS	34	33	37	36	22	9	36	35	37
	06	BOYS	32	20	31	17	33	29	32	25	33
	06	GIRLS	43	33	43	27	44	35	44	33	44
Totals			208 97%	173 81%	210 98%	150 70%	177 83%	129 60%	209 98%	155 72%	214

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CROSSFIELD ELEM	04	BOYS	67	64	67	65	67	63	67	63	67
	04	GIRLS	45	44	45	45	45	44	45	43	45
	05	BOYS	72	70	72	69	72	69	72	69	73
	05	GIRLS	61	61	61	61	61	58	61	61	61
	06	BOYS	56	53	56	54	56	52	56	54	56
	06	GIRLS	52	52	51	50	51	50	52	52	52
Totals			353 100%	344 97%	352 99%	344 97%	352 99%	336 95%	353 100%	342 97%	354

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUB RUN ELEM	04	BOYS	46	43	46	46	46	43	46	36	46
	04	GIRLS	37	31	37	37	37	33	37	36	37
	05	BOYS	46	42	46	43	46	45	46	40	46
	05	GIRLS	56	53	57	56	56	54	56	48	57
	06	BOYS	53	50	53	51	53	51	53	33	53
	06	GIRLS	56	56	57	55	56	53	57	52	57
Totals			294 99%	275 93%	296 100%	288 97%	294 99%	279 94%	295 100%	245 83%	296

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUNNINGHAM PARK ELEM	04	BOYS	31	31	31	30	31	23	31	27	31
	04	GIRLS	23	22	23	23	23	13	23	21	23
	05	BOYS	14	11	14	13	14	7	14	11	14
	05	GIRLS	25	22	25	25	25	20	25	23	25
	06	BOYS	28	23	28	26	28	21	28	27	28
	06	GIRLS	17	13	17	17	16	8	17	17	17
Totals			138 100%	122 88%	138 100%	134 97%	137 99%	92 67%	138 100%	126 91%	138

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DANIELS RUN ELEM	04	BOYS	56	54	54	51	56	21	56	35	56
	04	GIRLS	48	42	47	41	49	10	48	33	49
	05	BOYS	52	43	51	41	53	17	49	33	53
	05	GIRLS	57	48	55	51	56	14	54	35	57
	06	BOYS	57	46	57	43	57	27	57	38	58
	06	GIRLS	54	49	54	53	54	19	53	40	54
Totals			324 99%	282 86%	318 97%	280 86%	325 99%	108 33%	317 97%	214 65%	327

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DEER PARK ELEM	04	BOYS	73	54	73	24	72	60	71	43	73
	04	GIRLS	57	42	56	25	58	51	58	36	58
	05	BOYS	58	50	59	49	59	58	58	44	59
	05	GIRLS	65	58	64	46	66	59	66	44	66
	06	BOYS	68	53	67	50	67	59	66	50	68
	06	GIRLS	53	40	52	38	53	43	53	44	53
Totals			374 99%	297 79%	371 98%	232 62%	375 99%	330 88%	372 99%	261 69%	377

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DOGWOOD ELEM	04	BOYS	48	43	48	28	48	35	48	39	48
	04	GIRLS	43	32	43	18	43	24	43	33	43
	05	BOYS	35	28	34	28	35	28	34	28	35
	05	GIRLS	39	29	40	23	40	25	40	33	40
	06	BOYS	39	32	39	29	39	32	39	30	39
	06	GIRLS	32	23	32	21	32	22	32	29	32
Totals			236 100%	187 79%	236 100%	147 62%	237 100%	166 70%	236 100%	192 81%	237

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DRANESVILLE ELEM	04	BOYS	57	46	55	34	56	54	43	31	58
	04	GIRLS	49	32	51	25	50	44	38	24	51
	05	BOYS	64	51	64	56	64	59	62	41	64
	05	GIRLS	61	55	61	53	60	55	57	38	61
	06	BOYS	68	58	67	50	67	60	68	28	68
	06	GIRLS	70	60	69	65	70	56	70	49	70
Totals			369 99%	302 81%	367 99%	283 76%	367 99%	328 88%	338 91%	211 57%	372

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX VILLA ELEM	04	BOYS	32	23	32	19	32	26	32	31	32
	04	GIRLS	26	21	27	21	27	19	27	27	27
	05	BOYS	33	26	34	29	33	31	33	31	34
	05	GIRLS	27	22	27	24	27	23	27	23	27
	06	BOYS	33	26	32	23	33	25	33	27	33
	06	GIRLS	26	22	26	22	26	21	26	24	26
Totals			177 99%	140 78%	178 99%	138 77%	178 99%	145 81%	178 99%	163 91%	179

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRHILL ELEM	04	BOYS	25	22	23	14	25	19	25	22	25
	04	GIRLS	35	28	30	18	34	30	34	34	35
	05	BOYS	36	29	29	21	36	26	36	27	36
	05	GIRLS	37	32	32	24	37	32	37	35	37
	06	BOYS	39	33	39	25	39	27	39	31	39
	06	GIRLS	27	24	24	17	27	22	27	25	27
Totals			199 100%	168 84%	177 89%	119 60%	198 99%	156 78%	198 99%	174 87%	199

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRVIEW ELEM	04	BOYS	49	49	49	48	49	47	49	45	50
	04	GIRLS	34	33	35	34	35	33	35	33	37
	05	BOYS	46	40	44	40	46	42	46	42	48
	05	GIRLS	56	56	57	55	56	50	57	49	57
	06	BOYS	53	51	52	43	53	51	53	50	53
	06	GIRLS	57	55	57	52	59	52	58	51	59
Totals			295 97%	284 93%	294 97%	272 89%	298 98%	275 90%	298 98%	270 89%	304

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLINT HILL ELEM	04	BOYS	51	48	51	48	51	49	51	45	51
	04	GIRLS	42	41	42	40	42	40	42	40	42
	05	BOYS	61	60	62	55	62	60	62	51	62
	05	GIRLS	59	58	58	53	59	55	59	56	59
	06	BOYS	50	47	50	42	50	47	50	40	50
	06	GIRLS	48	47	48	44	48	45	48	48	48
Totals			311 100%	301 96%	311 100%	282 90%	312 100%	296 95%	312 100%	280 90%	312

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLORIS ELEM	04	BOYS	39	32	38	29	39	30	39	30	39
	04	GIRLS	56	49	56	47	56	48	56	50	56
	05	BOYS	45	42	44	38	45	42	45	35	45
	05	GIRLS	38	37	38	37	38	34	38	36	38
	06	BOYS	71	62	69	59	71	52	70	48	71
	06	GIRLS	67	67	67	62	67	60	67	61	67
Totals			316 100%	289 91%	312 99%	272 86%	316 100%	266 84%	315 100%	260 82%	316

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOREST EDGE ELEM	04	BOYS	67	60	66	51	67	64	67	52	68
	04	GIRLS	43	33	43	31	43	41	43	34	43
	05	BOYS	75	64	75	58	74	66	76	63	76
	05	GIRLS	61	60	61	51	61	58	60	51	61
	06	BOYS	66	60	66	51	66	65	66	52	66
	06	GIRLS	58	55	56	38	58	54	58	52	58
Totals			370 99%	332 89%	367 99%	280 75%	369 99%	348 94%	370 99%	304 82%	372

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTDALE ELEM	04	BOYS	32	28	32	23	32	17	32	22	32
	04	GIRLS	38	33	38	38	38	18	38	32	39
	05	BOYS	32	24	32	27	32	28	32	25	32
	05	GIRLS	35	29	35	34	35	29	35	28	35
	06	BOYS	39	31	39	36	39	39	39	32	39
	06	GIRLS	30	28	30	28	30	28	30	23	30
Totals			206 100%	173 84%	206 100%	186 90%	206 100%	159 77%	206 100%	162 78%	207

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTVILLE ELEM	04	BOYS	79	64	79	40	79	70	79	75	79
	04	GIRLS	60	47	60	40	60	55	60	55	60
	05	BOYS	95	69	95	84	95	83	95	84	95
	05	GIRLS	74	68	74	74	74	68	74	69	74
	06	BOYS	76	66	76	59	76	65	76	67	76
	06	GIRLS	71	63	71	70	71	64	71	64	71
Totals			455 100%	377 83%	455 100%	367 81%	455 100%	405 89%	455 100%	414 91%	455

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT BELVOIR ELEM	04	BOYS	84	61	80	30	84	70	82	45	85
	04	GIRLS	80	52	71	32	80	69	79	65	81
	05	BOYS	82	53	84	57	83	73	83	47	84
	05	GIRLS	99	78	99	97	99	84	98	77	99
	06	BOYS	66	50	67	44	66	59	64	37	67
	06	GIRLS	85	64	84	81	85	74	85	55	85
Totals			496 99%	358 71%	485 97%	341 68%	497 99%	429 86%	491 98%	326 65%	501

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT HUNT ELEM	04	BOYS	36	32	35	21	36	30	36	28	36
	04	GIRLS	47	43	47	32	47	32	47	43	47
	05	BOYS	31	27	31	25	31	27	31	28	31
	05	GIRLS	36	30	36	21	36	31	36	32	36
	06	BOYS	38	33	39	26	39	31	39	30	39
	06	GIRLS	51	44	50	34	51	37	51	43	51
Totals			239 100%	209 87%	238 99%	159 66%	240 100%	188 78%	240 100%	204 85%	240

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOX MILL ELEM	04	BOYS	44	41	44	36	44	34	44	27	44
	04	GIRLS	46	42	46	38	46	25	46	37	46
	05	BOYS	50	46	50	49	50	33	50	12	50
	05	GIRLS	39	37	39	37	39	22	39	14	39
	06	BOYS	43	42	43	39	43	28	43	26	43
	06	GIRLS	50	50	51	50	50	34	51	45	51
Totals			272 100%	258 95%	273 100%	249 91%	272 100%	176 64%	273 100%	161 59%	273

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANCONIA CENTER	04	BOYS	2	2	2	2	2	1	2	1	2
	05	BOYS	1	1	1	1	1	0	1	1	1
	05	GIRLS	1	0	1	1	1	1	1	0	1
	06	BOYS	6	6	6	2	6	4	5	3	7
	06	GIRLS	2	2	2	1	2	1	2	1	2
Totals			12 92%	11 85%	12 92%	7 54%	12 92%	7 54%	11 85%	6 46%	13

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANCONIA ELEM	04	BOYS	31	29	31	31	31	29	31	23	31
	04	GIRLS	21	21	21	21	21	17	21	19	21
	05	BOYS	27	25	27	17	27	21	27	21	27
	05	GIRLS	35	32	35	35	35	29	34	30	35
	06	BOYS	23	22	23	20	23	22	22	20	23
	06	GIRLS	30	28	30	30	30	26	30	25	30
Totals			167 100%	157 94%	167 100%	154 92%	167 100%	144 86%	165 99%	138 83%	167

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FREEDOM HILL ELEM	04	BOYS	30	23	30	21	30	27	30	19	30
	04	GIRLS	27	16	27	26	26	24	27	25	27
	05	BOYS	32	21	32	27	30	26	32	20	32
	05	GIRLS	17	14	17	15	17	17	17	15	18
	06	BOYS	36	25	35	28	35	29	36	24	36
	06	GIRLS	32	26	32	30	32	28	33	29	33
Totals			174 99%	125 71%	173 98%	147 84%	170 97%	151 86%	175 99%	132 75%	176

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GARFIELD ELEM	04	BOYS	23	14	23	16	23	10	23	15	23
	04	GIRLS	24	17	24	22	24	14	24	12	24
	05	BOYS	26	18	26	22	26	17	26	17	26
	05	GIRLS	20	15	20	19	20	11	20	17	20
	06	BOYS	29	20	29	26	29	19	28	25	29
	06	GIRLS	27	21	27	25	27	16	27	23	27
Totals			149 100%	105 70%	149 100%	130 87%	149 100%	87 58%	148 99%	109 73%	149

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLEN FOREST ELEM	04	BOYS	71	69	72	32	71	69	72	49	74
	04	GIRLS	60	52	60	45	62	59	62	35	62
	05	BOYS	49	39	51	38	50	49	52	36	53
	05	GIRLS	57	54	59	58	57	56	56	35	60
Totals			237	214	242	173	240	233	242	155	249
			95%	86%	97%	69%	96%	94%	97%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GRAHAM ROAD ELEM	04	BOYS	25	14	25	24	25	15	25	8	25
	04	GIRLS	26	12	26	26	26	5	26	9	26
	05	BOYS	24	7	24	16	24	7	24	9	24
	05	GIRLS	16	10	16	16	16	6	16	7	16
	06	BOYS	26	14	26	17	26	15	26	11	26
	06	GIRLS	21	9	22	22	22	8	22	12	22
Totals			138 99%	66 47%	139 100%	121 87%	139 100%	56 40%	139 100%	56 40%	139

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREAT FALLS ELEM	04	BOYS	73	64	71	58	73	59	73	37	73
	04	GIRLS	53	49	53	49	53	47	53	38	53
	05	BOYS	58	52	60	55	59	51	60	32	61
	05	GIRLS	59	57	59	59	59	55	59	54	59
	06	BOYS	66	62	66	57	66	56	66	37	66
	06	GIRLS	57	56	57	56	57	53	57	47	57
Totals			366 99%	340 92%	366 99%	334 91%	367 99%	321 87%	368 100%	245 66%	369

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR EAST ELEM	04	BOYS	49	47	49	32	49	44	49	37	49
	04	GIRLS	44	42	43	43	44	40	44	41	44
	05	BOYS	52	51	52	37	52	49	52	41	52
	05	GIRLS	40	40	41	41	41	38	41	33	42
	06	BOYS	58	56	58	39	58	52	58	42	58
	06	GIRLS	50	45	50	50	49	43	50	40	50
Totals			293 99%	281 95%	293 99%	242 82%	293 99%	266 90%	294 100%	234 79%	295

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR WEST ELEM	04	BOYS	70	64	69	54	71	56	71	48	71
	04	GIRLS	85	74	86	71	86	72	86	75	86
	05	BOYS	75	68	76	63	76	63	76	53	76
	05	GIRLS	84	82	84	71	84	60	84	76	84
	06	BOYS	82	82	82	68	81	64	82	66	83
	06	GIRLS	70	63	70	56	70	53	70	55	70
Totals			466 99%	433 92%	467 99%	383 81%	468 100%	368 78%	469 100%	373 79%	470

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GROVETON ELEM	04	BOYS	34	28	34	12	34	31	33	16	34
	04	GIRLS	34	27	34	21	34	28	34	16	34
	05	BOYS	30	28	30	24	30	28	30	14	30
	05	GIRLS	34	30	34	18	34	21	34	22	34
	06	BOYS	44	37	44	34	44	37	44	26	44
	06	GIRLS	38	36	38	25	38	31	38	26	38
Totals			214 100%	186 87%	214 100%	134 63%	214 100%	176 82%	213 100%	120 56%	214

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GUNSTON ELEM	04	BOYS	38	20	39	20	39	25	41	28	43
	04	GIRLS	41	21	38	21	41	30	42	32	46
	05	BOYS	38	21	39	29	39	33	39	33	40
	05	GIRLS	39	23	37	28	39	30	41	28	41
	06	BOYS	32	22	34	27	32	26	34	25	34
	06	GIRLS	35	24	35	28	36	29	35	30	36
Totals			223 93%	131 55%	222 93%	153 64%	226 94%	173 72%	232 97%	176 73%	240

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HALLEY ELEM	04	BOYS	57	40	56	32	57	42	57	38	57
	04	GIRLS	63	46	65	36	64	51	65	47	65
	05	BOYS	59	50	57	45	58	50	59	47	61
	05	GIRLS	70	62	70	59	70	62	69	49	71
	06	BOYS	69	50	66	43	69	58	69	44	71
	06	GIRLS	53	46	54	44	54	43	53	36	54
Totals			371 98%	294 78%	368 97%	259 68%	372 98%	306 81%	372 98%	261 69%	379

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYCOCK ELEM	04	BOYS	69	60	69	52	69	67	69	55	69
	04	GIRLS	47	41	47	37	47	44	47	45	47
	05	BOYS	61	56	61	58	61	59	61	60	61
	05	GIRLS	60	60	60	60	60	58	60	59	60
	06	BOYS	57	55	57	52	57	52	57	57	57
	06	GIRLS	62	59	62	61	62	52	62	59	62
Totals			356 100%	331 93%	356 100%	320 90%	356 100%	332 93%	356 100%	335 94%	356

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD ELEM	04	BOYS	45	44	45	25	45	41	45	39	45
	04	GIRLS	41	37	40	24	41	34	41	39	41
	05	BOYS	39	39	39	31	39	34	37	25	39
	05	GIRLS	41	40	40	39	41	37	41	38	41
	06	BOYS	51	50	52	44	52	45	51	44	52
	06	GIRLS	45	43	43	37	44	35	39	33	45
Totals			262 100%	253 96%	259 98%	200 76%	262 100%	226 86%	254 97%	218 83%	263

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON ELEM	04	BOYS	54	52	53	25	54	52	54	34	54
	04	GIRLS	50	50	50	22	50	47	50	37	50
	05	BOYS	37	35	37	28	37	36	37	27	37
	05	GIRLS	48	45	48	43	47	45	48	43	48
	06	BOYS	55	50	55	42	55	46	55	45	55
	06	GIRLS	36	35	36	35	36	33	36	29	36
Totals			280 100%	267 95%	279 100%	195 70%	279 100%	259 93%	280 100%	215 77%	280

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLLIN MEADOWS ELEM	04	BOYS	37	27	37	16	37	26	36	25	37
	04	GIRLS	38	29	38	20	38	29	38	31	38
	05	BOYS	43	35	43	35	43	34	43	30	43
	05	GIRLS	47	32	47	45	47	31	47	36	47
	06	BOYS	37	22	37	28	37	34	37	19	37
	06	GIRLS	29	18	30	27	29	16	29	20	30
Totals			231 100%	163 70%	232 100%	171 74%	231 100%	170 73%	230 99%	161 69%	232

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNT VALLEY ELEM	04	BOYS	48	35	47	35	48	42	48	30	48
	04	GIRLS	42	31	39	34	41	38	42	31	42
	05	BOYS	38	26	37	29	38	35	38	27	39
	05	GIRLS	45	40	44	36	45	42	45	36	45
	06	BOYS	44	39	47	37	45	41	49	39	51
	06	GIRLS	53	48	56	49	53	44	54	47	57
Totals			270 96%	219 78%	270 96%	220 78%	270 96%	242 86%	276 98%	210 74%	282

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNTERS WOODS ELEM	04	BOYS	78	69	78	68	80	78	79	76	80
	04	GIRLS	74	65	75	67	74	74	74	70	75
	05	BOYS	70	65	66	62	70	70	70	69	71
	05	GIRLS	76	68	76	69	77	75	77	77	77
	06	BOYS	74	64	72	66	75	73	75	73	75
	06	GIRLS	76	65	76	71	76	75	76	74	76
Totals			448 99%	396 87%	443 98%	403 89%	452 100%	445 98%	451 99%	439 97%	454

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUTCHISON ELEM	04	BOYS	45	34	43	15	45	34	45	35	45
	04	GIRLS	40	24	39	9	40	28	40	37	40
	05	BOYS	45	30	45	25	45	36	45	41	45
	05	GIRLS	47	44	46	45	47	30	47	40	47
	06	BOYS	51	38	51	28	51	41	51	43	51
	06	GIRLS	34	28	34	33	34	19	34	30	34
Totals			262 100%	198 76%	258 98%	155 59%	262 100%	188 72%	262 100%	226 86%	262

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HYBLA VALLEY ELEM	04	BOYS	40	37	40	20	40	34	40	36	40
	04	GIRLS	46	43	46	31	46	37	46	44	46
	05	BOYS	45	38	46	36	45	39	46	36	46
	05	GIRLS	30	30	30	25	30	24	30	25	30
	06	BOYS	39	37	39	32	39	34	39	37	39
	06	GIRLS	35	32	34	32	35	26	35	33	35
Totals			235 100%	217 92%	235 100%	176 75%	235 100%	194 82%	236 100%	211 89%	236

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEENE MILL ELEM	04	BOYS	59	49	59	47	60	56	58	46	61
	04	GIRLS	52	45	51	45	52	42	52	44	52
	05	BOYS	45	41	45	40	45	42	45	34	48
	05	GIRLS	46	43	46	44	46	37	46	37	47
	06	BOYS	56	50	56	44	56	49	55	40	57
	06	GIRLS	51	45	51	44	51	42	51	44	52
Totals			309 97%	273 86%	308 97%	264 83%	310 98%	268 85%	307 97%	245 77%	317

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KENT GARDENS ELEM	04	BOYS	62	33	53	38	62	49	48	33	63
	04	GIRLS	47	33	43	38	46	39	40	28	48
	05	BOYS	61	45	46	46	55	49	35	24	64
	05	GIRLS	53	44	46	36	52	44	34	24	57
	06	BOYS	52	42	52	44	50	42	49	28	53
	06	GIRLS	59	43	59	55	56	50	58	38	59
Totals			334 97%	240 70%	299 87%	257 75%	321 93%	273 79%	264 77%	175 51%	344

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KINGS GLEN ELEM	04	BOYS	100	77	100	85	100	82	100	89	101
	04	GIRLS	85	59	84	82	85	71	86	83	86
	05	BOYS	70	55	69	59	71	50	70	62	71
	05	GIRLS	80	67	78	78	83	72	82	78	84
	06	BOYS	98	64	97	89	98	76	98	77	99
	06	GIRLS	107	95	106	103	106	90	106	103	107
Totals			540 99%	417 76%	534 97%	496 91%	543 99%	441 80%	542 99%	492 90%	548

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE ANNE ELEM	04	BOYS	42	36	43	36	45	34	42	26	45
	04	GIRLS	42	35	41	36	40	30	41	37	42
	05	BOYS	37	25	35	32	38	34	37	28	39
	05	GIRLS	35	34	33	29	35	30	36	31	37
	06	BOYS	27	26	26	21	27	23	27	16	27
	06	GIRLS	33	32	34	31	37	32	35	29	37
Totals			216 95%	188 83%	212 93%	185 81%	222 98%	183 81%	218 96%	167 74%	227

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANE ELEM	04	BOYS	82	63	81	45	82	71	81	77	83
	04	GIRLS	85	66	83	48	85	76	84	78	86
	05	BOYS	86	68	86	66	86	77	85	75	87
	05	GIRLS	80	72	79	75	81	74	81	69	81
	06	BOYS	89	70	90	59	90	86	90	81	93
	06	GIRLS	84	71	83	75	84	69	84	77	87
Totals			506 98%	410 79%	502 97%	368 71%	508 98%	453 88%	505 98%	457 88%	517

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAUREL RIDGE ELEM	04	BOYS	57	41	57	36	56	48	57	39	57
	04	GIRLS	66	49	66	52	66	53	66	55	66
	05	BOYS	42	31	44	38	43	38	43	35	45
	05	GIRLS	51	44	50	39	51	39	51	37	52
	06	BOYS	62	55	63	34	62	43	63	31	63
	06	GIRLS	73	68	75	52	75	65	75	63	75
Totals			351 98%	288 80%	355 99%	251 70%	353 99%	286 80%	355 99%	260 73%	358

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEES CORNER ELEM	04	BOYS	61	57	56	21	61	51	61	51	61
	04	GIRLS	46	41	43	26	46	39	46	44	46
	05	BOYS	58	48	55	45	58	49	58	47	59
	05	GIRLS	70	69	69	56	70	55	70	61	71
	06	BOYS	55	52	55	49	55	49	56	41	56
	06	GIRLS	61	59	57	55	61	57	61	56	61
Totals			351 99%	326 92%	335 95%	252 71%	351 99%	300 85%	352 99%	300 85%	354

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEMON ROAD ELEM	04	BOYS	25	19	25	25	25	22	25	0	25
	04	GIRLS	18	13	18	18	18	18	18	0	18
	05	BOYS	26	22	26	13	26	25	26	0	26
	05	GIRLS	18	15	19	17	18	17	19	0	19
	06	BOYS	20	13	20	5	20	17	20	0	21
	06	GIRLS	19	17	19	18	19	17	19	0	19
Totals			126 98%	99 77%	127 99%	96 75%	126 98%	116 91%	127 99%	0 0%	128

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LITTLE RUN ELEM	04	BOYS	23	21	23	16	25	17	24	14	26
	04	GIRLS	21	15	21	8	18	12	21	10	23
	05	BOYS	34	32	34	22	32	28	31	17	34
	05	GIRLS	30	27	30	20	30	28	23	11	30
	06	BOYS	39	32	39	24	39	33	35	13	39
	06	GIRLS	22	17	25	13	25	16	24	7	25
Totals			169 95%	144 81%	172 97%	103 58%	169 95%	134 76%	158 89%	72 41%	177

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONDON TOWNE ELEM	04	BOYS	60	44	60	42	60	22	60	29	60
	04	GIRLS	56	40	56	40	56	11	55	33	56
	05	BOYS	69	45	67	56	69	27	67	29	69
	05	GIRLS	62	45	66	58	66	18	63	43	66
	06	BOYS	50	30	50	45	50	31	50	26	50
	06	GIRLS	60	36	61	61	60	18	61	41	61
Totals			357 99%	240 66%	360 99%	302 83%	361 100%	127 35%	356 98%	201 56%	362

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LYNBROOK ELEM	04	BOYS	26	20	26	26	26	25	26	23	26
	04	GIRLS	29	22	31	31	31	28	29	28	31
	05	BOYS	30	19	30	27	30	28	30	25	30
	05	GIRLS	20	16	21	20	21	18	21	19	21
	06	BOYS	28	24	28	22	28	25	28	21	28
	06	GIRLS	24	19	24	24	24	24	24	24	24
Totals			157 98%	120 75%	160 100%	150 94%	160 100%	148 93%	158 99%	140 88%	160

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MANTUA ELEM	04	BOYS	68	61	71	70	61	58	66	58	72
	04	GIRLS	71	60	69	67	60	57	71	64	72
	05	BOYS	71	61	74	68	74	74	72	71	74
	05	GIRLS	72	66	73	71	72	72	74	73	74
	06	BOYS	74	67	74	63	75	72	72	65	75
	06	GIRLS	76	71	76	72	76	76	74	66	76
Totals			432 98%	386 87%	437 99%	411 93%	418 94%	409 92%	429 97%	397 90%	443

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL ROAD ELEM	04	BOYS	38	33	38	22	38	33	38	26	38
	04	GIRLS	28	27	28	18	28	25	28	25	28
	05	BOYS	43	37	42	33	43	35	43	26	43
	05	GIRLS	32	29	32	27	32	30	32	22	32
	06	BOYS	31	26	31	18	31	26	31	17	31
	06	GIRLS	36	33	36	26	36	26	36	30	36
Totals			208 100%	185 89%	207 100%	144 69%	208 100%	175 84%	208 100%	146 70%	208

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCNAIR ELEM	04	BOYS	62	45	62	62	62	40	62	25	62
	04	GIRLS	56	49	56	56	56	37	56	27	56
	05	BOYS	56	45	56	38	56	44	56	18	56
	05	GIRLS	57	47	57	57	57	45	56	20	57
	06	BOYS	71	58	70	41	71	52	71	24	71
	06	GIRLS	56	43	56	51	56	33	56	28	56
Totals			358 100%	287 80%	357 100%	305 85%	358 100%	251 70%	357 100%	142 40%	358

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOSBY WOODS ELEM	04	BOYS	41	35	40	21	41	34	41	30	41
	04	GIRLS	36	31	35	29	36	32	36	31	36
	05	BOYS	37	21	35	31	37	26	37	21	37
	05	GIRLS	41	37	42	42	42	35	42	34	42
	06	BOYS	51	42	51	40	50	44	49	40	52
	06	GIRLS	44	40	44	38	44	31	43	37	44
Totals			250 99%	206 82%	247 98%	201 80%	250 99%	202 80%	248 98%	193 77%	252

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT EAGLE ELEM	04	BOYS	16	7	14	1	16	10	16	1	20
	04	GIRLS	16	5	12	1	15	4	16	1	16
	05	BOYS	21	15	20	7	19	9	20	1	22
	05	GIRLS	15	12	14	1	14	3	15	1	15
	06	BOYS	27	23	26	7	27	22	27	2	27
	06	GIRLS	15	7	15	2	15	8	15	1	15
Totals			110 96%	69 60%	101 88%	19 17%	106 92%	56 49%	109 95%	7 6%	115

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON WOODS ELEM	04	BOYS	36	29	36	36	36	16	36	17	36
	04	GIRLS	26	20	27	27	27	17	27	9	27
	05	BOYS	45	37	45	34	45	33	45	27	45
	05	GIRLS	36	31	35	35	37	21	37	18	37
	06	BOYS	41	28	41	33	41	32	41	17	41
	06	GIRLS	41	33	41	38	39	28	41	29	41
Totals			225 99%	178 78%	225 99%	203 89%	225 99%	147 65%	227 100%	117 52%	227

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NAVY ELEM	04	BOYS	62	55	60	54	62	61	62	50	62
	04	GIRLS	54	51	54	49	54	54	54	50	54
	05	BOYS	61	56	61	57	62	59	61	52	62
	05	GIRLS	48	47	48	46	48	45	47	39	48
	06	BOYS	69	63	69	64	69	63	69	63	69
	06	GIRLS	52	49	50	49	52	48	52	51	52
Totals			346 100%	321 93%	342 99%	319 92%	347 100%	330 95%	345 99%	305 88%	347

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NEWINGTON FOREST ELEM	04	BOYS	55	50	55	39	55	51	55	38	55
	04	GIRLS	44	39	44	39	44	37	44	33	44
	05	BOYS	44	40	44	33	44	39	44	28	44
	05	GIRLS	58	55	58	50	58	52	58	54	58
	06	BOYS	55	46	54	46	55	48	54	41	55
	06	GIRLS	46	40	46	42	46	40	46	39	46
Totals			302 100%	270 89%	301 100%	249 82%	302 100%	267 88%	301 100%	233 77%	302

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD CENTER	04	BOYS	7	6	7	3	7	7	7	5	8
	05	BOYS	4	2	4	2	4	3	4	4	5
	05	GIRLS	2	2	2	0	2	1	2	2	2
Totals			13 87%	10 67%	13 87%	5 33%	13 87%	11 73%	13 87%	11 73%	15

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD ELEM	04	BOYS	48	37	48	33	48	32	48	33	48
	04	GIRLS	30	25	30	24	30	20	30	27	30
	05	BOYS	35	26	40	34	40	34	36	32	40
	05	GIRLS	28	28	30	27	30	27	30	27	30
Totals			141 95%	116 78%	148 100%	118 80%	148 100%	113 76%	144 97%	119 80%	148

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK HILL ELEM	04	BOYS	53	51	52	43	53	48	53	46	53
	04	GIRLS	39	37	37	36	39	36	39	31	39
	05	BOYS	52	51	52	51	52	52	52	33	52
	05	GIRLS	66	63	65	63	66	62	66	35	66
	06	BOYS	57	57	56	49	57	51	57	30	57
	06	GIRLS	38	38	38	35	38	36	38	16	38
Totals			305 100%	297 97%	300 98%	277 91%	305 100%	285 93%	305 100%	191 63%	305

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK VIEW ELEM	04	BOYS	59	43	60	40	57	49	59	47	60
	04	GIRLS	44	34	44	36	43	39	45	36	45
	05	BOYS	56	44	57	46	54	52	57	47	62
	05	GIRLS	43	35	45	36	45	41	46	37	47
	06	BOYS	50	37	51	37	48	44	50	41	52
	06	GIRLS	47	42	45	38	42	37	47	39	50
Totals			299 95%	235 74%	302 96%	233 74%	289 91%	262 83%	304 96%	247 78%	316

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON ELEM	04	BOYS	17	17	17	17	17	15	17	12	25
	04	GIRLS	22	22	23	23	23	19	23	17	27
	05	BOYS	40	37	40	35	40	33	40	24	43
	05	GIRLS	51	51	52	49	52	48	52	42	53
	06	BOYS	40	39	40	34	40	33	40	24	40
	06	GIRLS	41	39	41	39	41	31	41	35	41
Totals			211 92%	205 90%	213 93%	197 86%	213 93%	179 78%	213 93%	154 67%	229

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OLDE CREEK CENTER	04	BOYS	3	0	1	0	3	1	3	1	3
	04	GIRLS	0	0	1	0	1	1	1	0	1
	05	BOYS	4	3	4	2	4	3	4	2	4
	05	GIRLS	1	1	1	1	1	1	1	1	1
	06	BOYS	4	2	4	1	4	3	4	0	5
	06	GIRLS	1	1	0	0	1	1	0	0	1
Totals			13 87%	7 47%	11 73%	4 27%	14 93%	10 67%	13 87%	4 27%	15

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OLDE CREEK ELEM	04	BOYS	28	22	28	15	28	23	28	15	28
	04	GIRLS	19	12	19	18	19	17	19	14	19
	05	BOYS	34	30	34	30	34	25	34	20	34
	05	GIRLS	33	30	33	30	32	26	33	24	33
	06	BOYS	32	28	32	25	30	26	32	18	32
	06	GIRLS	38	33	38	36	37	31	37	32	38
Totals			184 100%	155 84%	184 100%	154 84%	180 98%	148 80%	183 99%	123 67%	184

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ORANGE HUNT ELEM	04	BOYS	66	51	65	60	65	63	66	56	66
	04	GIRLS	61	46	61	56	61	60	61	53	61
	05	BOYS	77	49	77	69	77	77	77	70	77
	05	GIRLS	63	54	62	60	63	61	63	59	63
	06	BOYS	79	64	79	72	79	74	79	65	79
	06	GIRLS	74	63	74	71	73	69	74	68	74
Totals			420 100%	327 78%	418 100%	388 92%	418 100%	404 96%	420 100%	371 88%	420

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PARKLAWN ELEM	04	BOYS	37	17	38	10	38	26	38	16	38
	04	GIRLS	54	30	54	11	54	40	53	41	54
	05	BOYS	45	26	45	23	45	35	45	24	45
	05	GIRLS	46	20	44	12	46	34	46	38	46
Totals			182	93	181	56	183	135	182	119	183
			99%	51%	99%	31%	100%	74%	99%	65%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PINE SPRING ELEM	04	BOYS	23	19	22	17	23	20	23	21	23
	04	GIRLS	18	16	17	15	18	14	18	16	18
	05	BOYS	18	15	18	12	18	14	18	15	18
	05	GIRLS	25	22	25	25	25	20	25	22	25
	06	BOYS	24	20	23	16	24	19	24	16	24
	06	GIRLS	34	30	34	34	34	28	34	27	34
Totals			142 100%	122 86%	139 98%	119 84%	142 100%	115 81%	142 100%	117 82%	142

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POPLAR TREE ELEM	04	BOYS	68	60	66	55	68	51	68	22	68
	04	GIRLS	44	35	41	33	44	30	44	15	45
	05	BOYS	48	38	48	42	49	32	47	20	49
	05	GIRLS	60	57	61	58	62	43	62	34	62
	06	BOYS	62	53	62	55	63	53	62	22	64
	06	GIRLS	71	62	69	62	70	52	71	35	72
Totals			353 98%	305 85%	347 96%	305 85%	356 99%	261 73%	354 98%	148 41%	360

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PROVIDENCE ELEM	04	BOYS	52	43	53	39	53	45	53	39	53
	04	GIRLS	48	34	48	43	48	44	48	35	49
	05	BOYS	52	33	53	46	53	46	52	43	54
	05	GIRLS	57	44	57	55	55	48	56	44	60
	06	BOYS	51	36	50	45	51	39	51	37	51
	06	GIRLS	48	37	49	44	49	42	48	39	49
Totals			308 97%	227 72%	310 98%	272 86%	309 98%	264 84%	308 97%	237 75%	316

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RAVENSWORTH ELEM	04	BOYS	44	38	43	25	44	34	44	23	44
	04	GIRLS	41	36	41	33	41	39	41	30	41
	05	BOYS	41	35	40	31	41	37	40	24	41
	05	GIRLS	44	39	43	34	44	39	44	34	44
	06	BOYS	42	37	42	34	42	37	41	25	42
	06	GIRLS	35	32	34	25	35	32	35	30	35
Totals			247 100%	217 88%	243 98%	182 74%	247 100%	218 88%	245 99%	166 67%	247

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RIVERSIDE ELEM	04	BOYS	35	24	35	34	35	30	35	1	35
	04	GIRLS	28	18	28	27	28	11	27	11	28
	05	BOYS	39	29	38	28	40	31	38	16	40
	05	GIRLS	29	20	27	21	29	20	29	17	29
	06	BOYS	40	31	40	21	40	27	40	15	40
	06	GIRLS	32	20	33	26	35	25	35	21	35
Totals			203 98%	142 69%	201 97%	157 76%	207 100%	144 70%	204 99%	81 39%	207

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROLLING VALLEY ELEM	04	BOYS	41	25	41	18	41	22	41	31	41
	04	GIRLS	34	25	32	28	34	24	34	33	34
	05	BOYS	49	35	48	38	49	37	49	40	49
	05	GIRLS	52	41	52	43	52	37	52	49	52
	06	BOYS	50	31	50	42	49	36	50	39	50
	06	GIRLS	47	40	47	43	47	34	47	45	47
Totals			273 100%	197 72%	270 99%	212 78%	272 100%	190 70%	273 100%	237 87%	273

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROSE HILL ELEM	04	BOYS	57	53	57	41	57	54	57	49	57
	04	GIRLS	60	55	60	48	59	57	60	54	60
	05	BOYS	60	53	60	47	60	59	60	51	60
	05	GIRLS	49	39	48	47	48	47	49	43	49
	06	BOYS	45	40	45	32	45	42	45	42	45
	06	GIRLS	61	57	61	58	61	60	61	57	61
Totals			332 100%	297 89%	331 100%	273 82%	330 99%	319 96%	332 100%	296 89%	332

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANGSTER ELEM	04	BOYS	47	45	45	34	46	43	47	47	47
	04	GIRLS	44	41	42	41	44	41	44	42	44
	05	BOYS	49	40	49	40	49	44	49	45	49
	05	GIRLS	51	46	51	50	51	48	51	50	51
	06	BOYS	57	54	57	54	57	51	57	55	57
	06	GIRLS	47	45	47	45	47	45	47	46	47
Totals			295 100%	271 92%	291 99%	264 89%	294 100%	272 92%	295 100%	285 97%	295

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA CENTER	04	BOYS	6	5	6	6	6	4	6	4	6
	04	GIRLS	2	2	2	2	2	1	2	2	2
	05	BOYS	4	1	4	3	4	1	4	2	4
	05	GIRLS	1	0	1	1	1	0	1	1	1
	06	BOYS	10	5	10	6	10	7	10	6	10
	06	GIRLS	1	0	1	1	1	1	1	0	1
Totals			24 100%	13 54%	24 100%	19 79%	24 100%	14 58%	24 100%	15 63%	24

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA ELEM	04	BOYS	59	42	66	52	63	52	64	51	66
	04	GIRLS	53	39	56	51	57	41	53	38	61
	05	BOYS	64	52	65	51	64	49	64	49	65
	05	GIRLS	56	50	55	53	53	41	56	49	58
	06	BOYS	62	47	52	37	67	50	58	40	69
	06	GIRLS	58	48	54	49	62	42	63	54	63
Totals			352 92%	278 73%	348 91%	293 77%	366 96%	275 72%	358 94%	281 74%	382

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHERMAN ELEM	04	BOYS	25	24	25	21	24	24	25	25	25
	04	GIRLS	19	18	19	18	19	19	19	19	19
	05	BOYS	25	21	25	25	21	21	25	24	25
	05	GIRLS	29	26	29	29	26	25	29	28	29
	06	BOYS	26	21	26	23	24	23	26	24	27
	06	GIRLS	29	27	29	29	23	22	29	29	29
Totals			153 99%	137 89%	153 99%	145 94%	137 89%	134 87%	153 99%	149 97%	154

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHREVEWOOD ELEM	04	BOYS	30	18	30	13	30	25	28	24	30
	04	GIRLS	23	10	23	13	23	18	22	16	23
	05	BOYS	23	14	23	15	23	20	23	19	23
	05	GIRLS	27	19	27	27	24	23	27	27	27
	06	BOYS	30	21	30	19	29	25	30	23	30
	06	GIRLS	19	15	19	18	18	14	19	18	19
Totals			152 100%	97 64%	152 100%	105 69%	147 97%	125 82%	149 98%	127 84%	152

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SILVERBROOK ELEM	04	BOYS	79	79	80	53	80	66	80	48	80
	04	GIRLS	61	57	61	45	61	41	60	51	61
	05	BOYS	45	45	45	35	45	35	45	23	45
	05	GIRLS	77	77	77	58	77	52	77	64	77
	06	BOYS	76	75	77	65	77	54	77	43	77
	06	GIRLS	67	67	67	50	67	52	67	46	69
Totals			405	400	407	306	407	300	406	275	409
			99%	98%	100%	75%	100%	73%	99%	67%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SLEEPY HOLLOW ELEM	04	BOYS	31	27	31	19	32	32	31	30	32
	04	GIRLS	33	31	32	19	33	31	33	27	33
	05	BOYS	27	26	26	18	27	26	27	26	27
	05	GIRLS	36	33	34	25	36	36	36	36	36
Totals			127	117	123	81	128	125	127	119	128
			99%	91%	96%	63%	100%	98%	99%	93%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRING HILL ELEM	04	BOYS	71	67	71	59	71	60	71	46	71
	04	GIRLS	69	65	69	64	69	60	69	57	69
	05	BOYS	79	67	79	68	78	70	78	47	79
	05	GIRLS	72	68	72	66	71	65	72	59	72
	06	BOYS	69	64	69	62	69	65	69	44	69
	06	GIRLS	75	70	75	70	75	65	75	64	76
Totals			435 100%	401 92%	435 100%	389 89%	433 99%	385 88%	434 100%	317 73%	436

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRINGFIELD ESTATES ELEM	04	BOYS	61	53	61	56	61	48	61	48	61
	04	GIRLS	57	41	58	54	57	42	57	45	58
	05	BOYS	59	44	59	52	59	52	59	50	59
	05	GIRLS	56	48	56	52	55	51	56	41	56
	06	BOYS	66	40	66	45	66	53	66	50	66
	06	GIRLS	64	51	65	55	64	54	63	52	65
Totals			363 99%	277 76%	365 100%	314 86%	362 99%	300 82%	362 99%	286 78%	365

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STENWOOD ELEM	04	BOYS	27	15	27	20	27	20	27	18	27
	04	GIRLS	24	17	23	21	23	18	24	19	24
	05	BOYS	25	13	26	18	24	14	24	13	26
	05	GIRLS	29	22	28	26	30	21	30	26	30
	06	BOYS	26	20	26	20	26	20	26	18	26
	06	GIRLS	22	21	22	19	22	16	22	17	22
Totals			153 99%	108 70%	152 98%	124 80%	152 98%	109 70%	153 99%	111 72%	155

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STRATFORD LANDING ELEM	04	BOYS	45	39	44	21	45	33	43	36	46
	04	GIRLS	50	39	50	34	51	35	50	44	51
	05	BOYS	46	43	46	35	46	39	43	38	46
	05	GIRLS	56	56	56	43	56	44	55	50	56
	06	BOYS	56	46	56	43	56	42	55	45	56
	06	GIRLS	49	46	48	34	50	39	47	37	50
Totals			302 99%	269 88%	300 98%	210 69%	304 100%	232 76%	293 96%	250 82%	305

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SUNRISE VALLEY ELEM	04	BOYS	52	38	52	41	52	45	52	43	52
	04	GIRLS	43	35	43	40	43	38	43	30	43
	05	BOYS	60	53	60	55	60	55	60	53	60
	05	GIRLS	34	32	34	30	34	31	34	31	34
	06	BOYS	52	43	52	49	52	49	52	42	52
	06	GIRLS	48	44	47	44	48	46	48	44	48
Totals			289 100%	245 85%	288 100%	259 90%	289 100%	264 91%	289 100%	243 84%	289

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRA-CENTRE ELEM	04	BOYS	44	27	44	24	41	34	44	26	45
	04	GIRLS	39	33	41	24	36	30	41	26	43
	05	BOYS	41	30	36	12	35	28	41	33	42
	05	GIRLS	40	37	40	31	39	32	41	29	42
	06	BOYS	52	38	51	34	51	42	53	42	54
	06	GIRLS	33	23	34	20	31	25	34	31	34
Totals			249 96%	188 72%	246 95%	145 56%	233 90%	191 73%	254 98%	187 72%	260

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRASET ELEM	04	BOYS	47	39	39	22	46	42	48	48	48
	04	GIRLS	35	33	34	25	35	35	35	35	35
	05	BOYS	33	29	26	23	34	34	34	33	34
	05	GIRLS	34	30	25	24	38	35	37	37	38
	06	BOYS	42	40	36	27	39	39	41	41	42
	06	GIRLS	35	30	23	16	34	34	34	34	35
Totals			226 97%	201 87%	183 79%	137 59%	226 97%	219 94%	229 99%	228 98%	232

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TIMBER LANE ELEM	04	BOYS	38	24	37	11	38	29	38	33	38
	04	GIRLS	28	16	30	11	30	20	30	24	30
	05	BOYS	49	39	46	26	49	40	49	38	49
	05	GIRLS	27	20	26	11	27	22	27	21	27
	06	BOYS	41	31	41	23	41	35	41	33	41
	06	GIRLS	25	22	22	11	25	21	25	22	25
Totals			208 99%	152 72%	202 96%	93 44%	210 100%	167 80%	210 100%	171 81%	210

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
UNION MILL ELEM	04	BOYS	50	40	50	40	50	40	50	34	50
	04	GIRLS	46	43	46	40	46	42	46	35	46
	05	BOYS	50	41	50	44	50	40	50	30	50
	05	GIRLS	56	52	56	53	56	52	56	48	56
	06	BOYS	66	58	64	50	67	56	67	48	67
	06	GIRLS	51	43	47	37	50	41	51	40	51
Totals			319 100%	277 87%	313 98%	264 83%	319 100%	271 85%	320 100%	235 73%	320

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIENNA ELEM	04	BOYS	27	22	27	27	27	24	27	18	27
	04	GIRLS	23	20	23	22	23	20	23	20	23
	05	BOYS	27	23	28	25	28	26	28	16	28
	05	GIRLS	15	14	15	15	15	13	14	14	15
	06	BOYS	18	17	18	16	18	18	18	13	18
	06	GIRLS	27	27	26	26	27	26	27	22	27
Totals			137 99%	123 89%	137 99%	131 95%	138 100%	127 92%	137 99%	103 75%	138

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIRGINIA RUN ELEM	04	BOYS	69	64	69	52	68	52	68	56	69
	04	GIRLS	74	72	74	53	75	61	75	72	75
	05	BOYS	62	59	62	47	62	53	61	45	62
	05	GIRLS	65	60	64	54	65	54	65	58	65
	06	BOYS	80	75	80	68	81	69	81	67	82
	06	GIRLS	71	66	71	64	71	52	70	66	71
Totals			421 99%	396 93%	420 99%	338 80%	422 100%	341 80%	420 99%	364 86%	424

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAKEFIELD FOREST ELEM	04	BOYS	35	27	34	28	35	32	35	16	35
	04	GIRLS	37	34	36	34	37	36	37	28	37
	05	BOYS	33	22	32	22	33	31	33	14	33
	05	GIRLS	29	27	29	25	29	28	29	19	30
	06	BOYS	34	29	34	24	33	30	34	12	34
	06	GIRLS	30	29	30	28	30	30	30	20	30
Totals			198 99%	168 84%	195 98%	161 81%	197 99%	187 94%	198 99%	109 55%	199

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAPLES MILL ELEM	04	BOYS	49	48	49	49	49	48	49	43	50
	04	GIRLS	39	37	40	40	40	37	40	37	40
	05	BOYS	62	60	62	56	62	56	62	51	63
	05	GIRLS	50	49	50	49	50	47	50	48	51
	06	BOYS	46	45	46	41	46	40	46	43	47
	06	GIRLS	57	56	57	56	57	55	57	50	58
Totals			303 98%	295 95%	304 98%	291 94%	304 98%	283 92%	304 98%	272 88%	309

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WASHINGTON MILL ELEM	04	BOYS	36	29	36	34	36	32	35	21	37
	04	GIRLS	29	18	30	27	30	27	29	24	30
	05	BOYS	36	30	36	27	36	31	36	23	36
	05	GIRLS	49	45	50	47	50	43	48	32	50
	06	BOYS	29	22	29	23	29	21	28	15	30
	06	GIRLS	35	31	35	33	35	25	35	29	35
Totals			214 98%	175 80%	216 99%	191 88%	216 99%	179 82%	211 97%	144 66%	218

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAYNEWOOD ELEM	04	BOYS	33	29	33	24	33	30	33	23	33
	04	GIRLS	34	30	34	31	34	32	34	30	34
	05	BOYS	27	24	24	23	27	26	28	25	28
	05	GIRLS	38	34	35	31	37	30	36	26	38
	06	BOYS	41	34	37	26	41	35	41	23	42
	06	GIRLS	38	34	38	32	38	33	38	33	39
Totals			211 99%	185 86%	201 94%	167 78%	210 98%	186 87%	210 98%	160 75%	214

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD ELEM	04	BOYS	22	21	22	16	22	22	22	22	22
	04	GIRLS	27	27	27	18	27	26	27	26	27
	05	BOYS	29	27	29	25	29	29	29	29	29
	05	GIRLS	29	28	29	29	29	29	29	27	29
	06	BOYS	26	26	26	23	26	26	26	26	26
	06	GIRLS	37	35	37	36	37	37	37	36	37
Totals			170 100%	164 96%	170 100%	147 86%	170 100%	169 99%	170 100%	166 98%	170

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTBRIAR ELEM	04	BOYS	21	17	21	13	21	20	21	16	21
	04	GIRLS	29	27	29	22	29	27	29	27	29
	05	BOYS	37	33	37	30	37	33	37	26	37
	05	GIRLS	31	30	31	24	31	28	31	18	31
	06	BOYS	24	17	24	15	24	17	23	8	24
	06	GIRLS	40	34	40	38	40	34	40	26	40
Totals			182 100%	158 87%	182 100%	142 78%	182 100%	159 87%	181 99%	121 66%	182

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTGATE ELEM	04	BOYS	17	14	17	13	17	15	17	11	18
	04	GIRLS	22	17	21	17	22	14	21	15	22
	05	BOYS	16	12	15	12	16	12	16	12	19
	05	GIRLS	16	15	16	15	16	12	16	13	16
	06	BOYS	19	14	19	14	21	12	21	11	21
	06	GIRLS	20	19	20	18	21	18	21	18	21
Totals			110 94%	91 78%	108 92%	89 76%	113 97%	83 71%	112 96%	80 68%	117

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTLAWN ELEM	04	BOYS	39	37	37	16	40	28	40	30	40
	04	GIRLS	46	39	44	25	45	37	46	41	46
	05	BOYS	44	36	43	15	44	36	44	32	44
	05	GIRLS	50	43	49	49	50	40	50	44	50
	06	BOYS	43	37	42	14	40	39	40	31	43
	06	GIRLS	40	30	42	39	39	27	40	37	44
Totals			262 98%	222 83%	257 96%	158 59%	258 97%	207 78%	260 97%	215 81%	267

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEYANOKE ELEM	04	BOYS	37	27	36	29	37	30	37	2	38
	04	GIRLS	39	26	38	32	38	29	39	2	40
	05	BOYS	44	28	42	38	43	36	43	0	44
	05	GIRLS	35	28	35	35	35	26	35	0	35
Totals			155	109	151	134	153	121	154	4	157
			99%	69%	96%	85%	97%	77%	98%	3%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITE OAKS ELEM	04	BOYS	66	58	52	41	70	70	70	53	70
	04	GIRLS	51	40	42	31	54	50	52	43	57
	05	BOYS	75	68	74	64	75	71	76	62	76
	05	GIRLS	65	58	60	54	65	61	65	55	65
	06	BOYS	84	70	82	70	86	76	86	66	86
	06	GIRLS	86	75	78	64	87	83	85	80	87
Totals			427 97%	369 84%	388 88%	324 73%	437 99%	411 93%	434 98%	359 81%	441

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WILLOW SPRINGS ELEM	04	BOYS	73	70	72	51	73	65	73	67	73
	04	GIRLS	79	77	79	70	79	75	79	75	79
	05	BOYS	98	93	97	81	99	82	99	93	104
	05	GIRLS	87	86	87	76	87	77	87	81	88
	06	BOYS	92	84	90	75	92	73	92	83	92
	06	GIRLS	82	80	81	78	82	71	82	74	82
Totals			511 99%	490 95%	506 98%	431 83%	512 99%	443 86%	512 99%	473 91%	518

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOLFTRAP ELEM	04	BOYS	31	29	31	28	31	29	31	29	31
	04	GIRLS	36	32	37	36	36	34	36	33	37
	05	BOYS	35	33	35	33	35	29	35	33	35
	05	GIRLS	40	38	40	40	40	37	40	40	40
	06	BOYS	43	38	41	36	43	40	43	41	43
	06	GIRLS	43	39	43	41	43	40	42	39	43
Totals			228 100%	209 91%	227 99%	214 93%	228 100%	209 91%	227 99%	215 94%	229

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODBURN ELEM	04	BOYS	33	24	33	33	31	27	30	14	34
	04	GIRLS	30	22	29	29	30	24	29	21	30
	05	BOYS	24	15	24	23	24	19	24	13	24
	05	GIRLS	25	18	25	25	25	20	24	21	25
	06	BOYS	27	19	28	20	28	23	28	10	29
	06	GIRLS	28	16	28	28	26	23	27	10	28
Totals			167 98%	114 67%	167 98%	158 93%	164 96%	136 80%	162 95%	89 52%	170

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLAWN ELEM	04	BOYS	33	27	33	22	33	33	33	14	33
	04	GIRLS	29	24	29	18	29	27	29	23	29
	05	BOYS	27	24	27	24	27	25	27	19	27
	05	GIRLS	27	26	27	18	27	26	27	17	27
	06	BOYS	33	27	31	28	33	33	31	17	33
	06	GIRLS	27	22	28	19	28	26	28	20	28
Totals			176 99%	150 85%	175 99%	129 73%	177 100%	170 96%	175 99%	110 62%	177

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLEY HILLS ELEM	04	BOYS	30	28	30	26	29	24	29	26	30
	04	GIRLS	28	26	27	26	28	24	30	29	30
	05	BOYS	35	32	34	28	35	29	35	30	35
	05	GIRLS	29	28	29	27	29	27	29	28	29
	06	BOYS	40	35	40	31	40	35	39	37	40
	06	GIRLS	31	26	31	31	31	24	31	29	31
Totals			193 99%	175 90%	191 98%	169 87%	192 98%	163 84%	193 99%	179 92%	195

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARSON MIDDLE	07	BOYS	251	222	237	183	247	173	251	141	256
	07	GIRLS	254	247	243	202	250	122	252	186	256
	08	BOYS	236	226	238	207	238	201	238	120	239
	08	GIRLS	229	220	227	204	230	153	229	129	231
Totals			970	915	945	796	965	649	970	576	982
			99%	93%	96%	81%	98%	66%	99%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COOPER MIDDLE	07	BOYS	245	240	245	218	246	239	247	163	250
	07	GIRLS	212	208	211	201	212	206	212	166	214
	08	BOYS	220	212	219	199	221	214	219	143	224
	08	GIRLS	204	197	203	199	204	200	202	153	209
Totals			881	857	878	817	883	859	880	625	897
			98%	96%	98%	91%	98%	96%	98%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANKLIN MIDDLE	07	BOYS	223	209	221	188	224	199	223	199	233
	07	GIRLS	248	236	241	232	247	210	248	228	259
	08	BOYS	259	216	257	211	259	221	256	201	260
	08	GIRLS	235	218	234	229	236	198	234	220	236
Totals			965	879	953	860	966	828	961	848	988
			98%	89%	96%	87%	98%	84%	97%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FROST MIDDLE	07	BOYS	248	208	251	225	249	217	251	223	251
	07	GIRLS	245	217	246	236	247	224	246	226	249
	08	BOYS	252	231	252	223	253	233	252	198	255
	08	GIRLS	224	207	222	218	222	213	224	188	224
Totals			969	863	971	902	971	887	973	835	979
			99%	88%	99%	92%	99%	91%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLASGOW MIDDLE	06	BOYS	187	151	189	149	191	148	186	116	197
	06	GIRLS	168	136	169	161	169	127	169	124	177
	07	BOYS	167	139	167	136	166	120	167	110	169
	07	GIRLS	170	141	170	165	172	111	173	142	173
	08	BOYS	165	129	162	143	166	129	158	77	170
	08	GIRLS	144	112	143	131	145	111	142	95	155
Totals			1001 96%	808 78%	1000 96%	885 85%	1009 97%	746 72%	995 96%	664 64%	1041

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD MIDDLE	07	BOYS	313	239	312	242	311	250	312	197	329
	07	GIRLS	317	250	320	290	318	267	318	250	333
	08	BOYS	264	241	265	219	265	230	267	230	274
	08	GIRLS	220	194	223	213	222	189	225	200	228
Totals			1114	924	1120	964	1116	936	1122	877	1164
			96%	79%	96%	83%	96%	80%	96%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON MIDDLE	07	BOYS	294	237	292	227	292	222	294	240	299
	07	GIRLS	304	241	298	279	305	257	303	263	308
	08	BOYS	298	264	298	223	296	236	296	241	299
	08	GIRLS	265	238	259	242	261	205	265	249	265
Totals			1161	980	1147	971	1154	920	1158	993	1171
			99%	84%	98%	83%	99%	79%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLMES MIDDLE	06	BOYS	88	61	91	77	89	75	88	23	92
	06	GIRLS	108	94	109	104	104	85	107	42	109
	07	BOYS	136	100	140	110	123	93	133	41	143
	07	GIRLS	113	98	115	110	102	86	111	41	116
	08	BOYS	97	75	97	78	94	75	94	18	97
	08	GIRLS	94	75	94	88	92	75	94	38	94
Totals			636 98%	503 77%	646 99%	567 87%	604 93%	489 75%	627 96%	203 31%	651

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUGHES MIDDLE	07	BOYS	248	192	227	130	240	189	238	64	261
	07	GIRLS	214	168	205	98	208	156	206	76	224
	08	BOYS	199	168	185	99	197	171	198	119	203
	08	GIRLS	210	175	201	93	205	154	208	150	215
Totals			871	703	818	420	850	670	850	409	903
			96%	78%	91%	47%	94%	74%	94%	45%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
IRVING MIDDLE	07	BOYS	260	208	261	193	260	241	263	179	268
	07	GIRLS	266	232	274	248	273	256	273	226	277
	08	BOYS	307	263	307	224	309	287	308	162	315
	08	GIRLS	274	228	278	222	277	253	278	192	284
Totals			1107	931	1120	887	1119	1037	1122	759	1144
			97%	81%	98%	78%	98%	91%	98%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JACKSON MIDDLE	07	BOYS	196	145	202	122	202	146	200	160	216
	07	GIRLS	203	149	203	145	207	116	199	173	211
	08	BOYS	226	178	218	114	230	185	229	163	232
	08	GIRLS	244	190	228	144	242	161	242	209	247
Totals			869	662	851	525	881	608	870	705	906
			96%	73%	94%	58%	97%	67%	96%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEY MIDDLE	07	BOYS	237	194	233	143	237	180	236	178	239
	07	GIRLS	218	197	218	190	222	170	219	196	223
	08	BOYS	228	181	228	153	225	160	229	167	235
	08	GIRLS	219	169	210	146	219	160	219	188	221
Totals			902	741	889	632	903	670	903	729	918
			98%	81%	97%	69%	98%	73%	98%	79%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KILMER MIDDLE	07	BOYS	222	202	219	190	218	192	221	184	228
	07	GIRLS	208	197	207	193	208	182	208	174	212
	08	BOYS	225	206	223	182	224	202	224	189	226
	08	GIRLS	221	211	220	209	222	195	222	211	223
Totals			876	816	869	774	872	771	875	758	889
			99%	92%	98%	87%	98%	87%	98%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK MIDDLE	07	BOYS	355	296	344	288	357	296	354	167	365
	07	GIRLS	300	266	296	272	302	224	301	204	306
	08	BOYS	309	271	313	248	309	256	314	156	317
	08	GIRLS	271	239	276	253	281	210	280	194	286
Totals			1235	1072	1229	1061	1249	986	1249	721	1274
			97%	84%	96%	83%	98%	77%	98%	57%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANIER MIDDLE	07	BOYS	199	173	199	159	201	152	199	145	207
	07	GIRLS	215	191	217	196	217	183	217	196	228
	08	BOYS	265	237	267	201	266	211	265	202	274
	08	GIRLS	240	217	240	217	241	186	242	224	245
Totals			919	818	923	773	925	732	923	767	954
			96%	86%	97%	81%	97%	77%	97%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LIBERTY MIDDLE	07	BOYS	306	265	307	231	309	256	308	281	315
	07	GIRLS	266	248	259	226	266	226	266	250	268
	08	BOYS	248	205	247	170	256	225	252	195	263
	08	GIRLS	239	214	236	178	243	207	242	215	252
Totals			1059	932	1049	805	1074	914	1068	941	1098
			96%	85%	96%	73%	98%	83%	97%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONGFELLOW MIDDLE	07	BOYS	263	241	265	228	268	247	267	198	269
	07	GIRLS	235	231	230	213	238	205	236	209	239
	08	BOYS	253	221	250	192	254	230	254	189	256
	08	GIRLS	234	224	231	190	234	223	233	206	238
Totals			985	917	976	823	994	905	990	802	1002
			98%	92%	97%	82%	99%	90%	99%	80%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POE MIDDLE	06	BOYS	167	102	166	112	166	108	166	89	167
	06	GIRLS	177	135	177	175	166	112	178	106	178
	07	BOYS	203	143	202	152	200	154	205	114	207
	07	GIRLS	176	130	175	158	174	120	178	105	182
	08	BOYS	208	133	209	152	208	173	208	75	210
	08	GIRLS	210	129	211	199	210	174	209	105	211
Totals			1141	772	1140	948	1124	841	1144	594	1155
			99%	67%	99%	82%	97%	73%	99%	51%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON MIDDLE	07	BOYS	326	263	328	247	330	270	328	185	332
	07	GIRLS	326	286	326	298	325	264	326	242	329
	08	BOYS	362	292	365	308	362	323	355	225	370
	08	GIRLS	339	290	339	319	340	302	337	279	341
Totals			1353	1131	1358	1172	1357	1159	1346	931	1372
			99%	82%	99%	85%	99%	84%	98%	68%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROCKY RUN MIDDLE	07	BOYS	191	160	193	155	196	158	197	149	198
	07	GIRLS	181	174	180	177	181	166	183	161	183
	08	BOYS	165	116	165	120	165	136	164	103	165
	08	GIRLS	200	165	197	172	198	165	199	146	200
Totals			737	615	735	624	740	625	743	559	746
			99%	82%	99%	84%	99%	84%	100%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANDBURG MIDDLE	07	BOYS	302	192	295	191	302	280	293	116	317
	07	GIRLS	259	172	256	184	259	227	258	134	270
	08	BOYS	179	148	178	107	177	157	177	115	179
	08	GIRLS	169	125	169	95	167	136	167	127	169
Totals			909	637	898	577	905	800	895	492	935
			97%	68%	96%	62%	97%	86%	96%	53%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STONE MIDDLE	07	BOYS	318	255	321	253	322	240	321	174	324
	07	GIRLS	281	223	287	224	289	168	288	204	289
	08	BOYS	232	203	211	143	231	178	229	113	241
	08	GIRLS	255	227	240	166	256	166	252	169	264
Totals			1086	908	1059	786	1098	752	1090	660	1118
			97%	81%	95%	70%	98%	67%	97%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
THOREAU MIDDLE	07	BOYS	210	182	212	186	210	170	211	154	213
	07	GIRLS	197	183	198	180	199	163	198	161	202
	08	BOYS	206	196	207	194	206	185	207	146	208
	08	GIRLS	179	172	174	158	178	159	182	162	187
Totals			792	733	791	718	793	677	798	623	810
			98%	90%	98%	89%	98%	84%	99%	77%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TWIN MIDDLE	07	BOYS	273	221	276	199	275	206	271	184	281
	07	GIRLS	235	177	236	160	236	154	236	167	239
	08	BOYS	262	224	262	199	262	215	264	161	269
	08	GIRLS	228	198	225	183	222	162	231	171	232
Totals			998	820	999	741	995	737	1002	683	1021
			98%	80%	98%	73%	97%	72%	98%	67%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITMAN MIDDLE	07	BOYS	221	146	206	132	218	173	222	143	245
	07	GIRLS	195	110	189	100	205	123	211	157	224
	08	BOYS	188	154	183	122	187	149	189	103	199
	08	GIRLS	194	171	190	121	196	137	194	127	200
Totals			798	581	768	475	806	582	816	530	868
			92%	67%	88%	55%	93%	67%	94%	61%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE HIGH	09	BOYS	215	164	188	142	214	150	215	89	226
	09	GIRLS	206	160	184	109	205	79	205	105	217
	10	BOYS	266	217	258	186	267	200	261	108	287
	10	GIRLS	224	186	211	153	229	122	231	91	237
	11	BOYS	1	1	1	0	1	1	1	0	2
Totals			912	728	842	590	916	552	913	393	969
			94%	75%	87%	61%	95%	57%	94%	41%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE HIGH	LP	BOYS	1	1	1	0	1	1	1	1	1
	09	BOYS	266	247	262	227	267	234	264	237	272
	09	GIRLS	243	224	239	184	244	204	242	233	252
	10	BOYS	215	199	211	161	216	173	215	166	216
	10	GIRLS	221	208	217	162	218	174	219	199	222
	11	BOYS	3	2	3	1	3	2	3	1	3
	11	GIRLS	1	1	1	1	1	1	1	1	1
	12	GIRLS	1	0	1	0	1	0	1	1	1
Totals			951 98%	882 91%	935 97%	736 76%	951 98%	789 82%	946 98%	839 87%	968

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHANTILLY HIGH	09	BOYS	252	214	244	177	252	220	250	89	257
	09	GIRLS	253	226	253	198	251	219	251	104	255
	10	BOYS	279	222	281	176	285	228	272	96	297
	10	GIRLS	314	275	303	197	315	268	310	112	326
	11	BOYS	1	1	1	1	1	0	1	0	1
	11	GIRLS	4	3	4	2	4	1	4	2	4
Totals			1103	941	1086	751	1108	936	1088	403	1140
			97%	83%	95%	66%	97%	82%	95%	35%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
EDISON HIGH	09	BOYS	201	144	203	134	200	162	201	166	211
	09	GIRLS	196	138	189	115	194	156	196	167	206
	10	BOYS	163	118	160	101	161	121	163	126	165
	10	GIRLS	195	139	188	107	194	128	198	154	207
	11	BOYS	0	0	0	0	0	0	0	0	1
Totals			755	539	740	457	749	567	758	613	790
			96%	68%	94%	58%	95%	72%	96%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX HIGH	09	BOYS	269	232	262	189	270	228	270	210	271
	09	GIRLS	234	199	227	169	234	188	235	213	238
	10	BOYS	224	198	223	152	223	186	224	202	226
	10	GIRLS	235	216	227	159	231	203	235	218	239
	11	BOYS	5	3	5	3	5	4	5	3	5
	11	GIRLS	9	8	8	4	9	8	9	8	9
	12	GIRLS	1	0	1	0	1	0	1	0	1
Totals			977	856	953	676	973	817	979	854	989
			99%	87%	96%	68%	98%	83%	99%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FALLS CHURCH HIGH	09	BOYS	159	128	148	94	163	141	152	96	170
	09	GIRLS	155	124	152	69	158	138	151	91	162
	10	BOYS	145	105	145	86	142	115	146	76	154
	10	GIRLS	108	88	109	41	107	81	109	55	122
	11	BOYS	3	2	3	1	3	3	3	2	3
	11	GIRLS	4	3	5	2	5	4	6	1	8
	12	BOYS	1	0	1	0	1	1	1	1	1
Totals			575	450	563	293	579	483	568	322	620
			93%	73%	91%	47%	93%	78%	92%	52%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD HIGH	09	BOYS	308	250	307	203	310	267	308	204	325
	09	GIRLS	275	229	278	211	277	237	278	207	298
	10	BOYS	282	236	285	219	285	242	266	165	289
	10	GIRLS	243	203	246	190	246	204	237	140	249
	11	BOYS	4	4	4	2	4	2	4	2	4
	11	GIRLS	1	0	1	0	1	1	1	0	1
	12	BOYS	1	1	1	1	1	1	1	1	1
	12	GIRLS	1	1	1	0	1	1	1	1	1
Totals			1115	924	1123	826	1125	955	1096	720	1168
			95%	79%	96%	71%	96%	82%	94%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON HIGH	LP	GIRLS	0	0	0	0	0	0	0	0	2
	09	BOYS	307	265	297	219	308	257	302	173	317
	09	GIRLS	267	232	257	231	267	227	266	159	277
	10	BOYS	268	231	262	182	261	195	270	170	286
	10	GIRLS	249	224	242	177	240	190	251	202	258
	11	BOYS	1	1	1	1	1	1	1	0	1
	11	GIRLS	1	1	1	0	1	0	1	0	1
Totals			1093	954	1060	810	1078	870	1091	704	1142
			96%	84%	93%	71%	94%	76%	96%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JEFFERSON SCI/TECH HIGH	09	BOYS	216	203	215	197	216	213	216	177	216
	09	GIRLS	177	172	177	173	177	174	177	163	177
	10	BOYS	226	206	224	205	226	222	225	184	227
	10	GIRLS	181	174	179	171	182	179	182	159	186
Totals			800	755	795	746	801	788	800	683	806
			99%	94%	99%	93%	99%	98%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK HIGH	09	BOYS	322	280	322	272	325	276	323	201	337
	09	GIRLS	301	278	299	258	305	240	301	237	307
	10	BOYS	306	274	308	237	311	261	311	209	313
	10	GIRLS	310	291	309	273	309	234	311	225	314
	11	BOYS	1	1	1	0	1	1	1	1	1
	11	GIRLS	2	0	2	1	2	2	2	1	2
Totals			1242	1124	1241	1041	1253	1014	1249	874	1274
			97%	88%	97%	82%	98%	80%	98%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANGLEY HIGH	09	BOYS	245	218	233	198	250	202	249	98	255
	09	GIRLS	201	191	196	182	207	68	210	117	217
	10	BOYS	175	156	174	141	180	157	179	109	185
	10	GIRLS	184	173	174	157	182	108	181	114	192
	11	BOYS	5	5	4	3	5	4	4	4	5
	11	GIRLS	2	2	1	0	1	0	2	2	2
Totals			812 95%	745 87%	782 91%	681 80%	825 96%	539 63%	825 96%	444 52%	856

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEE HIGH	09	BOYS	237	203	222	163	233	189	231	98	255
	09	GIRLS	225	179	206	123	223	169	229	128	242
	10	BOYS	219	170	212	146	219	191	217	170	229
	10	GIRLS	209	177	192	122	202	174	213	179	221
	11	BOYS	6	6	3	2	5	5	6	4	6
	11	GIRLS	4	3	3	0	4	3	4	3	5
Totals			900	738	838	556	886	731	900	582	958
			94%	77%	87%	58%	92%	76%	94%	61%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MADISON HIGH	09	BOYS	215	179	227	191	229	195	225	147	234
	09	GIRLS	193	168	196	186	196	170	199	157	202
	10	BOYS	193	171	194	147	193	179	193	139	202
	10	GIRLS	202	186	198	173	201	190	202	173	208
Totals			803	704	815	697	819	734	819	616	846
			95%	83%	96%	82%	97%	87%	97%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL HIGH	09	BOYS	169	159	168	137	174	116	163	106	180
	09	GIRLS	139	128	139	116	146	77	141	109	151
	10	BOYS	127	106	139	114	135	115	137	75	149
	10	GIRLS	132	117	154	106	149	106	151	98	161
	11	BOYS	1	1	1	1	1	1	0	0	1
Totals			568	511	601	474	605	415	592	388	642
			88%	80%	94%	74%	94%	65%	92%	60%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCLEAN HIGH	09	BOYS	206	146	208	155	208	161	207	120	212
	09	GIRLS	186	153	193	167	188	162	190	140	196
	10	BOYS	184	149	182	136	182	139	184	148	188
	10	GIRLS	186	170	179	120	186	135	185	146	190
	11	BOYS	1	0	1	0	1	0	1	1	1
	11	GIRLS	5	2	5	0	5	3	5	4	5
Totals			768 97%	620 78%	768 97%	578 73%	770 97%	600 76%	772 97%	559 71%	792

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON HIGH	09	BOYS	224	199	217	155	226	191	225	145	228
	09	GIRLS	152	115	151	67	153	101	152	37	157
	10	BOYS	180	161	170	134	181	140	181	20	185
	10	GIRLS	113	78	97	51	111	103	112	45	121
	11	BOYS	2	2	1	1	1	1	2	0	2
Totals			671	555	636	408	672	536	672	247	693
			97%	80%	92%	59%	97%	77%	97%	36%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON HIGH	09	BOYS	212	198	214	188	212	176	208	89	216
	09	GIRLS	183	177	185	159	184	131	184	90	188
	10	BOYS	266	249	261	194	265	215	261	205	270
	10	GIRLS	248	228	235	184	242	139	248	205	256
	11	BOYS	6	6	6	5	6	4	6	3	6
	11	GIRLS	2	2	2	1	2	1	2	0	2
Totals			917	860	903	731	911	666	909	592	938
			98%	92%	96%	78%	97%	71%	97%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON HIGH	09	BOYS	366	319	375	308	372	327	375	289	381
	09	GIRLS	340	293	354	294	352	277	351	291	358
	10	BOYS	335	303	333	252	333	299	334	257	337
	10	GIRLS	360	337	356	253	357	329	360	320	360
	11	BOYS	2	2	2	2	2	2	2	1	2
	11	GIRLS	3	2	3	1	3	2	3	3	3
Totals			1406	1256	1423	1110	1419	1236	1425	1161	1441
			98%	87%	99%	77%	98%	86%	99%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SOUTH LAKES HIGH	09	BOYS	207	157	193	111	201	179	214	142	215
	09	GIRLS	171	139	158	70	163	148	174	142	181
	10	BOYS	157	131	141	85	155	128	157	104	158
	10	GIRLS	164	149	155	88	164	133	170	148	171
	11	BOYS	2	2	1	1	2	2	2	1	2
	11	GIRLS	1	1	0	0	1	1	1	1	1
Totals			702 96%	579 80%	648 89%	355 49%	686 94%	591 81%	718 99%	538 74%	728

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STUART HIGH	09	BOYS	222	166	204	138	216	173	215	114	230
	09	GIRLS	157	94	150	88	157	111	149	79	165
	10	BOYS	158	135	153	92	157	133	122	71	177
	10	GIRLS	149	125	146	78	152	116	123	71	160
	11	BOYS	4	4	4	4	4	4	3	1	5
	11	GIRLS	3	3	3	2	3	3	2	0	3
Totals			693 94%	527 71%	660 89%	402 54%	689 93%	540 73%	614 83%	336 45%	740

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST POTOMAC HIGH	09	BOYS	230	180	240	160	230	188	237	140	280
	09	GIRLS	258	217	262	166	237	193	260	163	314
	10	BOYS	224	198	223	159	217	187	223	189	233
	10	GIRLS	212	181	205	125	211	175	215	187	223
	11	BOYS	2	1	2	2	2	2	2	2	2
	11	GIRLS	1	1	1	1	1	1	1	1	2
Totals			927 88%	778 74%	933 89%	613 58%	898 85%	746 71%	938 89%	682 65%	1054

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD HIGH	09	BOYS	290	245	292	216	292	265	290	145	293
	09	GIRLS	265	231	262	220	263	219	263	142	265
	10	BOYS	284	226	281	206	284	233	284	123	284
	10	GIRLS	253	214	251	179	252	223	253	127	253
Totals			1092	916	1086	821	1091	940	1090	537	1095
			100%	84%	99%	75%	100%	86%	100%	49%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTFIELD HIGH	09	BOYS	301	275	309	269	307	283	308	193	317
	09	GIRLS	288	264	290	270	288	251	288	193	300
	10	BOYS	287	246	298	239	291	250	280	133	303
	10	GIRLS	276	250	280	237	255	216	273	157	297
	11	BOYS	6	5	5	3	6	6	5	2	6
	11	GIRLS	3	3	3	2	2	2	3	1	3
Totals			1161	1043	1185	1020	1149	1008	1157	679	1226
			95%	85%	97%	83%	94%	82%	94%	55%	

FAIRFAX COUNTY PUBLIC SCHOOLS
WELLNESS-RELATED FITNESS DATA
SPRING 2003 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODSON HIGH	09	BOYS	219	186	215	172	219	182	218	169	221
	09	GIRLS	217	193	213	183	214	169	216	191	220
	10	BOYS	240	211	239	190	238	221	238	186	241
	10	GIRLS	239	228	235	205	238	219	240	215	244
	11	BOYS	1	1	1	1	1	1	1	1	1
	11	GIRLS	3	1	3	1	3	1	3	3	3
Totals			919	820	906	752	913	793	916	765	930
			99%	88%	97%	81%	98%	85%	98%	82%	