

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ALDRIN ELEM	04	Boys	61	58	60	41	61	54	55	37	62
	04	Girls	51	48	49	43	52	49	49	41	52
	05	Boys	49	47	48	43	49	44	48	35	50
	05	Girls	55	52	55	55	57	55	55	37	57
	06	Boys	46	37	45	36	46	38	46	37	48
	06	Girls	54	51	53	51	53	42	54	48	54
Totals			316 98%	293 91%	310 96%	269 83%	318 98%	282 87%	307 95%	235 73%	323

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE TERRACE ELEM	04	Boys	51	37	51	12	51	36	51	37	51
	04	Girls	46	30	46	16	46	32	46	29	46
	05	Boys	48	33	48	34	48	37	48	36	48
	05	Girls	42	29	42	27	42	34	42	22	42
Totals			187 100%	129 69%	187 100%	89 48%	187 100%	139 74%	187 100%	124 66%	187

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARCHER ELEM	04	Boys	51	42	51	37	50	41	51	0	51
	04	Girls	56	51	56	44	56	43	56	0	56
	05	Boys	64	55	64	56	64	57	64	0	64
	05	Girls	53	52	52	51	53	49	53	1	53
	06	Boys	64	53	64	57	64	58	64	0	64
	06	Girls	40	37	40	35	40	38	40	0	40
Totals			328 100%	290 88%	327 100%	280 85%	327 100%	286 87%	328 100%	1 0%	328

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG CENTER	04	Boys	10	7	10	6	10	8	10	6	10
	04	Girls	1	1	1	1	1	1	1	1	1
	05	Boys	8	2	8	3	8	4	8	5	8
	05	Girls	1	1	1	1	1	1	1	1	1
	06	Boys	11	6	11	8	11	9	11	6	11
	06	Girls	3	2	3	3	3	3	3	3	3
Totals			34 100%	19 56%	34 100%	22 65%	34 100%	26 76%	34 100%	22 65%	34

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ARMSTRONG ELEM	04	Boys	50	41	50	36	50	45	50	32	50
	04	Girls	35	29	35	22	35	33	35	22	35
	05	Boys	30	26	30	30	30	30	30	24	30
	05	Girls	34	28	33	33	34	33	34	26	34
	06	Boys	23	17	23	21	23	20	23	14	23
	06	Girls	31	27	31	31	31	30	31	27	31
Totals			203 100%	168 83%	202 100%	173 85%	203 100%	191 94%	203 100%	145 71%	203

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BAILEYS ELEM	04	Boys	59	54	59	36	60	53	58	49	60
	04	Girls	76	60	76	49	76	57	75	56	76
	05	Boys	59	40	59	53	59	56	59	52	59
	05	Girls	62	52	63	60	63	53	63	55	63
Totals			256 99%	206 80%	257 100%	198 77%	258 100%	219 85%	255 99%	212 82%	258

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BEECH TREE ELEM	04	Boys	40	26	40	15	40	31	40	31	40
	04	Girls	22	17	22	10	22	19	22	20	22
	05	Boys	33	24	33	20	33	28	33	27	33
	05	Girls	36	31	36	34	36	28	36	22	36
Totals			131 100%	98 75%	131 100%	79 60%	131 100%	106 81%	131 100%	100 76%	131

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELLE VIEW ELEM	04	Boys	14	11	13	10	14	9	14	13	15
	04	Girls	16	12	14	12	16	13	15	12	16
	05	Boys	29	19	26	24	29	16	28	24	29
	05	Girls	23	18	21	21	24	14	22	20	24
	06	Boys	30	24	25	21	30	18	29	25	31
	06	Girls	18	17	18	15	18	13	18	17	18
Totals			130 98%	101 76%	117 88%	103 77%	131 98%	83 62%	126 95%	111 83%	133

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BELVEDERE ELEM	04	Boys	38	26	38	17	38	32	38	28	38
	04	Girls	44	28	44	20	43	36	44	25	44
	05	Boys	33	23	33	20	33	23	33	22	33
	05	Girls	31	19	31	18	31	23	31	13	31
Totals			146	96	146	75	145	114	146	88	146
			100%	66%	100%	51%	99%	78%	100%	60%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BONNIE BRAE ELEM	04	Boys	55	40	55	31	54	41	54	33	55
	04	Girls	76	58	75	30	76	51	76	54	76
	05	Boys	60	48	60	50	60	50	59	39	60
	05	Girls	58	44	58	46	58	49	58	44	59
	06	Boys	71	52	71	53	71	50	68	39	72
	06	Girls	62	52	60	52	62	38	59	45	62
Totals			382	294	379	262	381	279	374	254	384
			99%	77%	99%	68%	99%	73%	97%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BRADDOCK ELEM	04	Boys	52	42	52	24	52	40	52	45	52
	04	Girls	45	37	45	29	45	34	45	40	45
	05	Boys	56	51	56	52	56	44	56	46	56
	05	Girls	65	57	65	63	65	49	65	58	65
	06	Boys	1	0	1	0	1	0	1	1	1
Totals			219 100%	187 85%	219 100%	168 77%	219 100%	167 76%	219 100%	190 87%	219

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BREN MAR PARK ELEM	04	Boys	32	27	29	29	33	28	33	16	33
	04	Girls	20	20	19	19	20	16	20	11	20
	05	Boys	31	31	31	25	32	25	32	26	32
	05	Girls	36	36	35	35	35	28	34	24	36
Totals			119	114	114	108	120	97	119	77	121
			98%	94%	94%	89%	99%	80%	98%	64%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD CENTER	04	Boys	5	3	5	1	5	5	4	3	5
	05	Boys	5	3	4	2	5	4	4	3	5
	05	Girls	5	4	5	3	5	1	5	4	5
	06	Boys	10	6	8	7	11	8	10	10	11
	06	Girls	2	2	1	1	2	2	2	1	2
Totals			27 96%	18 64%	23 82%	14 50%	28 100%	20 71%	25 89%	21 75%	28

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BROOKFIELD ELEM	04	Boys	63	61	63	45	63	63	63	56	63
	04	Girls	49	45	49	34	49	48	49	49	49
	05	Boys	66	61	66	56	66	65	66	64	66
	05	Girls	63	61	63	56	63	62	63	62	63
	06	Boys	75	69	75	61	74	74	74	71	75
	06	Girls	57	54	56	52	57	56	57	55	57
Totals			373 100%	351 94%	372 100%	304 82%	372 100%	368 99%	372 100%	357 96%	373

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUCKNELL ELEM	04	Boys	17	7	16	5	17	9	17	15	17
	04	Girls	16	4	14	9	16	10	16	15	16
	05	Boys	21	11	23	15	23	15	23	21	23
	05	Girls	18	10	19	13	19	9	19	16	19
	06	Boys	25	10	24	18	25	15	25	24	25
	06	Girls	16	11	17	16	17	11	17	15	17
Totals			113	53	113	76	117	69	117	106	117
			97%	45%	97%	65%	100%	59%	100%	91%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BULL RUN ELEM	04	Boys	74	46	76	64	76	63	75	63	76
	04	Girls	66	48	66	63	66	62	66	50	66
	05	Boys	72	48	72	64	72	62	72	56	72
	05	Girls	76	68	76	70	75	66	76	54	76
	06	Boys	68	47	68	61	67	63	68	55	68
	06	Girls	80	66	81	78	79	71	81	58	81
Totals			436 99%	323 74%	439 100%	400 91%	435 99%	387 88%	438 100%	336 77%	439

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL CENTER	04	Boys	6	3	6	6	6	6	6	1	6
	04	Girls	2	2	2	2	2	2	2	0	2
	05	Boys	6	5	6	4	6	6	6	0	6
	05	Girls	3	1	3	3	3	2	3	0	3
	06	Boys	1	0	1	0	1	1	1	0	1
	06	Girls	1	0	1	0	1	1	1	0	1
Totals			19 100%	11 58%	19 100%	15 79%	19 100%	18 95%	19 100%	1 5%	19

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
BUSH HILL ELEM	04	Boys	33	29	33	33	33	28	33	28	33
	04	Girls	35	24	35	35	35	30	35	27	35
	05	Boys	34	23	34	26	33	32	34	28	34
	05	Girls	46	33	46	46	46	45	46	37	46
	06	Boys	35	21	36	23	36	32	36	33	36
	06	Girls	34	22	34	34	34	31	34	26	34
Totals			217 100%	152 70%	218 100%	197 90%	217 100%	198 91%	218 100%	179 82%	218

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMELOT ELEM	04	Boys	30	21	31	19	31	29	31	14	31
	04	Girls	53	43	53	43	53	49	53	29	53
	05	Boys	34	30	33	31	34	31	33	15	34
	05	Girls	28	24	28	25	28	25	28	12	28
	06	Boys	22	19	23	20	23	21	23	10	23
	06	Girls	41	37	40	36	41	33	41	21	41
Totals			208 99%	174 83%	208 99%	174 83%	210 100%	188 90%	209 100%	101 48%	210

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CAMERON ELEM	04	Boys	37	30	37	16	37	29	37	26	37
	04	Girls	45	35	45	10	45	30	45	23	45
	05	Boys	32	29	32	20	32	23	31	23	32
	05	Girls	34	33	33	27	34	28	34	27	34
	06	Boys	47	38	45	26	47	36	47	30	47
	06	Girls	38	31	38	19	38	28	38	24	38
Totals			233 100%	196 84%	230 99%	118 51%	233 100%	174 75%	232 100%	153 66%	233

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CANTERBURY WOODS ELEM	04	Boys	43	39	46	30	46	40	46	41	46
	04	Girls	41	37	42	32	42	40	41	36	42
	05	Boys	58	52	59	49	59	57	59	47	59
	05	Girls	51	49	51	50	51	44	50	44	51
	06	Boys	51	47	51	46	51	46	51	44	51
	06	Girls	51	48	51	50	50	46	51	41	51
Totals			295 98%	272 91%	300 100%	257 86%	299 100%	273 91%	298 99%	253 84%	300

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARDINAL FOREST ELEM	04	Boys	59	50	59	44	59	57	59	53	59
	04	Girls	53	39	53	39	53	48	53	42	53
	05	Boys	54	43	54	46	54	46	54	47	54
	05	Girls	56	39	56	54	56	50	56	34	56
	06	Boys	63	43	63	58	63	56	63	45	63
	06	Girls	40	33	40	36	39	36	39	23	40
Totals			325 100%	247 76%	325 100%	277 85%	324 100%	293 90%	324 100%	244 75%	325

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTRE RIDGE ELEM	04	Boys	69	39	69	18	70	29	68	40	70
	04	Girls	70	34	71	25	70	27	71	39	72
	05	Boys	75	42	76	65	75	57	76	41	76
	05	Girls	81	52	80	60	81	45	81	39	82
	06	Boys	69	51	71	56	70	29	69	35	71
	06	Girls	59	48	59	50	59	21	58	33	59
Totals			423	266	426	274	425	208	423	227	430
			98%	62%	99%	64%	99%	48%	98%	53%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE ELEM	04	Boys	65	47	64	35	65	57	65	44	65
	04	Girls	53	37	53	44	52	48	52	41	53
	05	Boys	60	50	60	55	60	56	60	40	60
	05	Girls	57	49	56	51	57	54	57	40	57
	06	Boys	69	56	68	61	69	64	69	42	69
	06	Girls	57	46	57	47	57	50	57	42	57
Totals			361 100%	285 79%	358 99%	293 81%	360 100%	329 91%	360 100%	249 69%	361

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHERRY RUN ELEM	04	Boys	38	21	38	33	38	19	38	21	39
	04	Girls	35	20	36	33	36	19	36	19	36
	05	Boys	37	21	37	32	39	19	38	20	39
	05	Girls	34	29	35	28	36	6	37	14	37
	06	Boys	64	49	61	57	64	42	63	33	64
	06	Girls	33	31	31	29	33	18	33	24	33
Totals			241 97%	171 69%	238 96%	212 85%	246 99%	123 50%	245 99%	131 53%	248

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHESTERBROOK ELEM	04	Boys	35	25	35	27	35	35	35	34	35
	04	Girls	34	20	34	28	34	34	34	27	34
	05	Boys	39	27	39	37	39	39	39	27	39
	05	Girls	51	49	50	49	51	51	51	42	51
	06	Boys	33	25	33	29	33	31	33	26	33
	06	Girls	35	30	35	34	35	35	35	33	35
Totals			227 100%	176 78%	226 100%	204 90%	227 100%	225 99%	227 100%	189 83%	227

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHURCHILL ROAD ELEM	04	Boys	60	54	59	51	61	51	61	52	61
	04	Girls	45	35	45	39	45	38	45	33	45
	05	Boys	53	44	53	51	53	49	53	43	53
	05	Girls	35	28	35	35	35	30	35	27	36
	06	Boys	63	53	64	62	63	57	64	53	64
	06	Girls	58	50	59	59	58	53	58	39	59
Totals			314 99%	264 83%	315 99%	297 93%	315 99%	278 87%	316 99%	247 78%	318

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLEARVIEW ELEM	04	Boys	34	23	34	25	34	27	34	18	34
	04	Girls	28	24	27	19	28	23	27	19	28
	05	Boys	37	30	37	31	37	30	36	19	37
	05	Girls	34	28	35	35	34	29	35	15	35
	06	Boys	47	31	45	42	47	39	45	20	47
	06	Girls	34	27	33	31	34	32	34	18	35
Totals			214 99%	163 75%	211 98%	183 85%	214 99%	180 83%	211 98%	109 50%	216

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLERMONT ELEM	04	Boys	25	14	25	12	25	20	25	15	25
	04	Girls	31	16	31	18	31	27	31	17	31
	05	Boys	17	9	17	9	17	16	17	7	17
	05	Girls	22	16	22	22	22	17	22	11	22
	06	Boys	40	30	41	29	41	34	41	26	41
	06	Girls	32	17	32	18	32	21	32	16	32
Totals			167 99%	102 61%	168 100%	108 64%	168 100%	135 80%	168 100%	92 55%	168

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CLIFTON ELEM	04	Boys	33	25	33	24	33	32	32	16	33
	04	Girls	24	22	24	21	24	22	24	17	24
	05	Boys	30	26	29	27	30	28	23	18	31
	05	Girls	28	25	29	27	28	28	19	11	29
	06	Boys	33	25	31	25	33	27	32	19	33
	06	Girls	34	30	35	30	35	29	35	24	35
Totals			182 98%	153 83%	181 98%	154 83%	183 99%	166 90%	165 89%	105 57%	185

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COLUMBIA ELEM	04	Boys	42	25	40	16	43	41	42	0	43
	04	Girls	31	21	26	10	31	28	30	0	33
	05	Boys	36	27	36	30	34	32	37	0	37
	05	Girls	36	31	36	36	36	33	36	0	36
Totals			145 97%	104 70%	138 93%	92 62%	144 97%	134 90%	145 97%	0 0%	149

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CRESTWOOD ELEM	04	Boys	36	28	35	32	34	27	35	28	37
	04	Girls	36	29	36	35	34	28	36	33	36
	05	Boys	30	25	31	25	31	26	31	15	31
	05	Girls	37	34	37	34	37	28	37	20	37
	06	Boys	31	28	32	29	31	26	32	23	33
	06	Girls	44	42	44	44	44	41	44	39	44
Totals			214 98%	186 85%	215 99%	199 91%	211 97%	176 81%	215 99%	158 72%	218

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CROSSFIELD ELEM	04	Boys	66	63	66	64	66	66	65	63	67
	04	Girls	64	62	64	60	64	64	64	63	64
	05	Boys	55	48	54	54	55	52	54	54	55
	05	Girls	55	53	53	52	55	54	55	55	55
	06	Boys	57	54	57	56	57	57	57	56	57
	06	Girls	79	76	80	78	80	76	80	77	80
Totals			376 99%	356 94%	374 99%	364 96%	377 100%	369 98%	375 99%	368 97%	378

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUB RUN ELEM	04	Boys	50	46	50	50	50	48	50	39	50
	04	Girls	56	53	56	55	56	49	56	44	56
	05	Boys	53	51	53	52	53	52	53	44	53
	05	Girls	60	54	60	60	60	57	60	46	60
	06	Boys	68	66	68	63	67	66	68	54	68
	06	Girls	54	54	54	53	54	53	53	44	54
Totals			341 100%	324 95%	341 100%	333 98%	340 100%	325 95%	340 100%	271 79%	341

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CUNNINGHAM PARK ELEM	04	Boys	12	10	12	10	12	8	12	7	12
	04	Girls	25	24	25	25	25	19	25	20	25
	05	Boys	28	26	27	27	27	18	28	23	28
	05	Girls	17	17	16	16	17	12	17	16	18
	06	Boys	39	36	39	38	39	33	39	35	39
	06	Girls	19	19	18	18	19	17	19	17	19
Totals			140 99%	132 94%	137 97%	134 95%	139 99%	107 76%	140 99%	118 84%	141

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DANIELS RUN ELEM	04	Boys	48	41	48	27	48	43	47	23	48
	04	Girls	59	43	59	38	60	53	59	36	61
	05	Boys	54	45	54	44	54	49	53	29	55
	05	Girls	52	48	52	48	52	47	52	35	52
	06	Boys	49	39	50	31	51	43	49	21	51
	06	Girls	42	34	42	25	42	39	40	24	42
Totals			304 98%	250 81%	305 99%	213 69%	307 99%	274 89%	300 97%	168 54%	309

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DEER PARK ELEM	04	Boys	62	59	62	31	61	56	61	51	62
	04	Girls	66	62	64	42	66	61	62	51	66
	05	Boys	66	64	63	51	66	62	65	56	66
	05	Girls	56	53	56	55	55	47	56	44	56
	06	Boys	60	60	59	47	60	57	59	46	60
	06	Girls	58	56	55	55	59	51	57	45	59
Totals			368 100%	354 96%	359 97%	281 76%	367 99%	334 91%	360 98%	293 79%	369

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DOGWOOD ELEM	04	Boys	32	25	32	10	32	22	32	19	32
	04	Girls	28	14	28	8	28	15	28	15	28
	05	Boys	38	29	38	26	38	32	38	22	38
	05	Girls	25	19	23	16	25	21	25	18	25
	06	Boys	39	33	39	26	39	31	39	22	39
	06	Girls	34	30	34	21	34	22	34	26	34
Totals			196 100%	150 77%	194 99%	107 55%	196 100%	143 73%	196 100%	122 62%	196

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
DRANESVILLE ELEM	04	Boys	51	43	46	45	41	37	51	42	52
	04	Girls	47	43	44	41	40	34	45	41	48
	05	Boys	51	48	56	50	45	39	53	43	56
	05	Girls	63	55	67	66	51	39	64	56	68
	06	Boys	50	42	48	32	44	36	51	45	53
	06	Girls	63	54	60	58	60	51	66	50	66
Totals			325	285	321	292	281	236	330	277	343
			95%	83%	94%	85%	82%	69%	96%	81%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX VILLA ELEM	04	Boys	34	28	34	25	34	30	34	33	34
	04	Girls	27	20	27	17	27	22	27	24	27
	05	Boys	35	30	35	28	35	31	35	32	35
	05	Girls	26	20	26	23	26	22	26	25	26
	06	Boys	25	21	25	23	25	20	25	23	25
	06	Girls	34	21	34	16	34	22	34	29	34
Totals			181 100%	140 77%	181 100%	132 73%	181 100%	147 81%	181 100%	166 92%	181

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRHILL ELEM	04	Boys	39	27	32	17	37	28	38	26	39
	04	Girls	37	26	30	20	37	28	37	31	37
	05	Boys	35	20	35	26	35	23	35	25	35
	05	Girls	22	16	21	12	23	21	23	17	23
	06	Boys	34	26	32	22	34	25	33	20	34
	06	Girls	31	29	30	23	31	26	31	24	31
Totals			198 99%	144 72%	180 90%	120 60%	197 99%	151 76%	197 99%	143 72%	199

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRVIEW ELEM	04	Boys	47	40	46	40	47	43	47	39	47
	04	Girls	54	53	54	51	54	50	54	48	54
	05	Boys	47	45	47	47	47	47	46	38	47
	05	Girls	53	48	51	49	52	47	53	39	53
	06	Boys	41	39	41	39	41	38	41	30	41
	06	Girls	40	40	38	37	40	39	41	32	41
Totals			282 100%	265 94%	277 98%	263 93%	281 99%	264 93%	282 100%	226 80%	283

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLINT HILL ELEM	04	Boys	62	61	61	53	62	61	62	46	62
	04	Girls	57	56	57	49	57	52	57	43	57
	05	Boys	49	43	49	46	49	47	49	37	49
	05	Girls	47	45	47	42	47	44	47	35	47
	06	Boys	57	52	57	46	57	52	56	48	57
	06	Girls	78	76	78	76	77	73	78	64	78
Totals			350 100%	333 95%	349 100%	312 89%	349 100%	329 94%	349 100%	273 78%	350

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FLORIS ELEM	04	Boys	46	41	46	38	46	44	46	34	46
	04	Girls	38	32	38	32	38	35	38	33	38
	05	Boys	67	44	67	56	67	55	67	50	67
	05	Girls	69	63	70	62	69	60	69	41	70
	06	Boys	55	46	54	51	55	48	55	35	55
	06	Girls	62	56	62	61	62	57	62	40	62
Totals			337 100%	282 83%	337 100%	300 89%	337 100%	299 88%	337 100%	233 69%	338

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOREST EDGE ELEM	04	Boys	68	57	68	39	68	64	69	50	69
	04	Girls	59	50	59	39	59	56	59	49	59
	05	Boys	69	64	69	50	67	66	68	53	69
	05	Girls	65	61	64	45	65	64	65	51	65
	06	Boys	86	67	88	64	85	77	87	63	89
	06	Girls	68	63	69	58	68	64	69	50	71
Totals			415 98%	362 86%	417 99%	295 70%	412 98%	391 93%	417 99%	316 75%	422

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTDALE ELEM	04	Boys	25	19	25	16	25	21	25	21	25
	04	Girls	34	23	34	15	34	26	33	24	34
	05	Boys	32	22	32	32	32	28	32	26	32
	05	Girls	27	21	27	27	27	19	27	14	27
	06	Boys	37	25	37	33	37	26	37	26	37
	06	Girls	31	18	31	26	31	18	31	16	31
Totals			186 100%	128 69%	186 100%	149 80%	186 100%	138 74%	185 99%	127 68%	186

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORESTVILLE ELEM	04	Boys	92	64	92	36	92	85	92	86	92
	04	Girls	75	54	75	36	74	70	75	73	75
	05	Boys	73	51	73	65	73	66	73	70	73
	05	Girls	68	53	68	67	68	63	67	64	68
	06	Boys	80	56	80	66	80	70	80	71	80
	06	Girls	72	55	71	71	72	69	72	66	72
Totals			460 100%	333 72%	459 100%	341 74%	459 100%	423 92%	459 100%	430 93%	460

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT BELVOIR ELEM	04	Boys	87	67	87	27	87	78	87	56	87
	04	Girls	106	70	107	37	107	83	106	66	107
	05	Boys	89	47	93	63	89	78	91	44	93
	05	Girls	78	49	81	80	79	68	79	34	82
	06	Boys	77	49	76	58	74	68	75	44	77
	06	Girls	73	45	71	67	69	57	73	33	73
Totals			510 98%	327 63%	515 99%	332 64%	505 97%	432 83%	511 98%	277 53%	519

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FORT HUNT ELEM	04	Boys	37	30	37	28	37	23	37	10	37
	04	Girls	39	37	37	26	39	17	39	23	39
	05	Boys	38	28	34	29	38	21	38	21	38
	05	Girls	50	40	50	43	50	19	50	26	50
	06	Boys	38	33	38	33	38	23	38	23	38
	06	Girls	39	34	39	29	39	19	39	24	39
Totals			241 100%	202 84%	235 98%	188 78%	241 100%	122 51%	241 100%	127 53%	241

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FOX MILL ELEM	04	Boys	52	49	52	42	53	48	53	45	53
	04	Girls	41	39	41	34	41	39	41	31	41
	05	Boys	45	40	45	43	45	41	45	35	45
	05	Girls	50	48	50	48	51	42	50	42	51
	06	Boys	41	40	41	34	40	31	40	27	41
	06	Girls	44	44	44	41	44	40	44	36	44
Totals			273 99%	260 95%	273 99%	242 88%	274 100%	241 88%	273 99%	216 79%	275

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANCONIA CENTER	04	Girls	2	1	2	2	2	1	2	2	2
	05	Boys	6	6	5	1	6	3	5	2	6
	06	Boys	5	3	5	3	5	4	5	3	5
Totals			13	10	12	6	13	8	12	7	13
			100%	77%	92%	46%	100%	62%	92%	54%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANCONIA ELEM	04	Boys	26	20	26	26	26	15	26	12	26
	04	Girls	35	32	35	34	35	27	35	23	35
	05	Boys	15	13	15	11	15	12	15	7	15
	05	Girls	22	21	22	22	22	18	22	17	22
	06	Boys	24	23	24	18	24	21	24	14	24
	06	Girls	26	25	27	26	26	19	26	17	27
Totals			148 99%	134 90%	149 100%	137 92%	148 99%	112 75%	148 99%	90 60%	149

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FREEDOM HILL ELEM	04	Boys	24	17	23	16	24	21	24	20	24
	04	Girls	18	12	18	12	18	18	18	16	18
	05	Boys	29	17	29	21	29	24	28	17	29
	05	Girls	30	26	30	29	30	26	31	19	32
	06	Boys	35	28	35	24	34	30	35	21	35
	06	Girls	24	18	24	23	23	18	24	16	24
Totals			160 99%	118 73%	159 98%	125 77%	158 98%	137 85%	160 99%	109 67%	162

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GARFIELD ELEM	04	Boys	29	13	29	25	29	21	29	25	29
	04	Girls	25	15	25	25	25	18	25	22	25
	05	Boys	30	14	30	30	30	20	30	27	30
	05	Girls	28	17	28	28	28	19	28	24	28
	06	Boys	27	19	27	25	27	21	27	21	27
	06	Girls	19	13	19	19	19	12	19	15	19
Totals			158 100%	91 58%	158 100%	152 96%	158 100%	111 70%	158 100%	134 85%	158

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLEN FOREST ELEM	04	Boys	64	61	63	40	63	59	56	52	64
	04	Girls	61	52	60	45	60	57	54	46	61
	05	Boys	69	60	68	58	67	65	68	63	69
	05	Girls	42	39	42	42	42	42	41	36	42
	06	Girls	1	0	1	1	1	1	1	1	1
Totals			237 100%	212 89%	234 99%	186 78%	233 98%	224 95%	220 93%	198 84%	237

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GRAHAM ROAD ELEM	04	Boys	21	9	19	3	21	5	20	6	21
	04	Girls	19	14	18	2	19	2	19	5	19
	05	Boys	32	17	30	10	32	5	32	8	32
	05	Girls	21	8	20	5	20	2	21	0	21
	06	Boys	18	4	15	12	18	11	18	10	18
	06	Girls	27	13	25	16	27	7	27	8	27
Totals			138	65	127	48	137	32	137	37	138
			100%	47%	92%	35%	99%	23%	99%	27%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREAT FALLS ELEM	04	Boys	26	24	26	21	26	21	26	16	27
	04	Girls	31	28	31	30	31	29	31	24	31
	05	Boys	27	24	28	27	28	24	28	12	29
	05	Girls	19	17	20	20	20	18	20	11	20
	06	Boys	22	21	22	21	22	20	22	13	22
	06	Girls	26	24	26	25	26	25	26	22	27
Totals			151 97%	138 88%	153 98%	144 92%	153 98%	137 88%	153 98%	98 63%	156

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR EAST ELEM	04	Boys	62	60	61	40	61	54	62	44	62
	04	Girls	49	47	49	37	49	43	51	32	51
	05	Boys	57	54	58	49	59	52	58	29	59
	05	Girls	49	47	49	49	49	42	49	21	50
	06	Boys	63	60	61	53	62	53	63	9	63
	06	Girls	57	56	55	52	57	48	57	18	57
Totals			337 99%	324 95%	333 97%	280 82%	337 99%	292 85%	340 99%	153 45%	342

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GREENBRIAR WEST ELEM	04	Boys	69	63	67	51	69	49	70	54	70
	04	Girls	76	71	77	56	77	42	76	58	77
	05	Boys	84	80	84	71	84	56	83	68	85
	05	Girls	61	58	61	54	61	36	60	43	61
	06	Boys	62	55	61	53	62	41	61	39	62
	06	Girls	64	60	64	60	64	46	64	54	64
Totals			416 99%	387 92%	414 99%	345 82%	417 100%	270 64%	414 99%	316 75%	419

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GROVETON ELEM	04	Boys	33	30	33	14	31	27	33	8	33
	04	Girls	39	31	39	9	38	24	38	25	39
	05	Boys	45	33	45	34	45	36	45	24	45
	05	Girls	38	32	38	32	38	28	38	22	38
	06	Boys	43	36	44	32	44	38	44	23	44
	06	Girls	39	32	39	24	39	26	39	23	39
Totals			237 100%	194 82%	238 100%	145 61%	235 99%	179 75%	237 100%	125 53%	238

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GUNSTON ELEM	04	Boys	50	27	50	50	50	42	50	35	50
	04	Girls	42	23	43	43	43	33	42	30	43
	05	Boys	37	19	37	32	37	35	37	23	38
	05	Girls	28	20	28	26	28	25	28	18	29
	06	Boys	47	31	46	33	46	36	46	29	48
	06	Girls	40	29	41	38	40	29	40	28	41
Totals			244 98%	149 60%	245 98%	222 89%	244 98%	200 80%	243 98%	163 65%	249

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HALLEY ELEM	04	Boys	63	47	62	37	63	54	63	43	63
	04	Girls	69	53	69	29	69	61	69	45	69
	05	Boys	69	56	72	60	69	65	72	43	72
	05	Girls	47	39	45	43	48	43	47	26	48
	06	Boys	65	39	64	41	65	52	64	40	65
	06	Girls	75	50	75	52	74	57	73	41	75
Totals			388 99%	284 72%	387 99%	262 67%	388 99%	332 85%	388 99%	238 61%	392

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYCOCK ELEM	04	Boys	53	49	53	40	53	52	53	47	53
	04	Girls	57	52	56	38	57	56	57	54	57
	05	Boys	50	43	53	44	49	46	52	46	53
	05	Girls	53	44	55	43	55	51	54	40	55
	06	Boys	54	44	52	43	54	51	54	43	54
	06	Girls	50	47	50	46	50	48	50	48	50
Totals			317	279	319	254	318	304	320	278	322
			98%	87%	99%	79%	99%	94%	99%	86%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD ELEM	04	Boys	40	40	40	11	40	35	40	31	40
	04	Girls	37	37	37	4	37	34	37	34	37
	05	Boys	50	49	50	46	51	48	50	41	51
	05	Girls	40	37	40	37	40	34	40	27	40
	06	Boys	48	46	48	41	49	44	46	32	49
	06	Girls	48	39	48	48	48	39	48	32	48
Totals			263 99%	248 94%	263 99%	187 71%	265 100%	234 88%	261 98%	197 74%	265

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON ELEM	04	Boys	53	47	52	9	53	51	53	41	53
	04	Girls	52	48	52	10	52	48	52	35	52
	05	Boys	56	46	56	47	56	51	56	49	56
	05	Girls	36	35	36	36	35	35	36	21	36
	06	Boys	76	67	75	63	75	74	76	65	76
	06	Girls	58	47	57	56	58	57	58	35	58
Totals			331 100%	290 88%	328 99%	221 67%	329 99%	316 95%	331 100%	246 74%	331

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLLIN MEADOWS CENTER	04	Boys	3	0	3	0	3	3	3	1	3
	05	Boys	2	1	2	1	2	2	2	1	2
	06	Boys	1	1	2	0	2	0	1	0	2
Totals			6	2	7	1	7	5	6	2	7
			86%	29%	100%	14%	100%	71%	86%	29%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLLIN MEADOWS ELEM	04	Boys	41	31	41	6	41	34	41	23	41
	04	Girls	51	35	49	7	51	36	51	32	51
	05	Boys	42	25	42	28	42	38	42	20	42
	05	Girls	26	19	26	26	26	18	26	14	26
	06	Boys	36	29	37	30	37	28	37	22	37
	06	Girls	40	26	40	35	40	24	40	21	40
Totals			236 100%	165 70%	235 99%	132 56%	237 100%	178 75%	237 100%	132 56%	237

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNT VALLEY ELEM	04	Boys	42	27	41	21	42	37	43	23	43
	04	Girls	42	30	43	27	43	36	44	21	44
	05	Boys	55	48	52	44	56	49	54	39	56
	05	Girls	50	38	50	41	49	42	51	43	52
	06	Boys	31	17	31	18	30	21	31	13	33
	06	Girls	39	28	39	26	38	35	37	29	39
Totals			259 97%	188 70%	256 96%	177 66%	258 97%	220 82%	260 97%	168 63%	267

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUNTERS WOODS ELEM	04	Boys	70	59	69	58	70	70	68	61	71
	04	Girls	69	58	68	63	68	67	68	61	70
	05	Boys	71	60	71	51	71	70	71	65	72
	05	Girls	72	59	72	60	72	71	71	60	73
	06	Boys	81	68	79	70	81	79	81	80	81
	06	Girls	59	54	58	55	60	60	60	58	60
Totals			422 99%	358 84%	417 98%	357 84%	422 99%	417 98%	419 98%	385 90%	427

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUTCHISON ELEM	04	Boys	42	33	41	16	42	37	42	38	42
	04	Girls	50	47	48	20	50	43	50	38	50
	05	Boys	52	35	51	36	51	38	51	38	52
	05	Girls	33	31	33	33	33	20	33	24	33
	06	Boys	53	43	53	33	53	48	53	38	53
	06	Girls	43	38	43	42	41	34	42	35	43
Totals			273 100%	227 83%	269 99%	180 66%	270 99%	220 81%	271 99%	211 77%	273

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HYBLA VALLEY ELEM	04	Boys	41	34	39	15	41	30	41	34	41
	04	Girls	38	36	36	21	37	26	36	29	38
	05	Boys	45	40	45	39	44	37	44	41	45
	05	Girls	31	26	31	24	29	22	32	24	32
	06	Boys	46	42	46	39	46	35	44	41	46
	06	Girls	31	29	32	26	32	23	30	27	32
Totals			232	207	229	164	229	173	227	196	234
			99%	88%	98%	70%	98%	74%	97%	84%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEENE MILL ELEM	04	Boys	44	40	44	39	44	40	44	31	44
	04	Girls	35	33	34	31	35	29	35	22	35
	05	Boys	52	48	52	45	52	47	52	37	52
	05	Girls	46	42	45	44	46	41	46	31	46
	06	Boys	49	47	49	45	49	47	49	35	49
	06	Girls	42	40	43	41	43	39	43	33	43
Totals			268 100%	250 93%	267 99%	245 91%	269 100%	243 90%	269 100%	189 70%	269

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KENT GARDENS ELEM	04	Boys	61	45	59	36	65	58	63	35	65
	04	Girls	56	30	52	34	55	43	56	34	57
	05	Boys	56	35	55	52	48	44	56	40	56
	05	Girls	58	41	58	57	55	48	57	36	58
	06	Boys	52	36	53	37	53	44	48	25	53
	06	Girls	37	24	37	33	36	30	37	22	38
Totals			320	211	314	249	312	267	317	192	327
			98%	65%	96%	76%	95%	82%	97%	59%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KINGS GLEN ELEM	04	Boys	70	54	69	63	70	58	71	64	71
	04	Girls	81	61	81	76	81	68	81	77	81
	05	Boys	99	73	98	86	99	83	98	89	99
	05	Girls	107	87	107	103	107	93	107	93	107
	06	Boys	95	72	96	81	95	71	95	85	97
	06	Girls	99	70	98	97	96	77	99	81	99
Totals			551 99%	417 75%	549 99%	506 91%	548 99%	450 81%	551 99%	489 88%	554

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE ANNE ELEM	04	Boys	34	26	35	30	35	31	34	18	35
	04	Girls	36	29	35	25	36	34	36	22	36
	05	Boys	28	25	28	26	28	25	28	18	28
	05	Girls	36	34	36	33	36	32	36	25	36
	06	Boys	33	33	32	32	33	30	33	20	33
	06	Girls	41	35	40	37	41	35	41	21	41
Totals			208 100%	182 87%	206 99%	183 88%	209 100%	187 89%	208 100%	124 59%	209

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANE ELEM	04	Boys	88	71	87	36	88	79	87	73	88
	04	Girls	77	58	74	29	76	66	77	65	77
	05	Boys	87	64	87	77	89	84	88	71	89
	05	Girls	81	64	79	76	80	72	80	64	81
	06	Boys	73	54	73	63	71	63	72	62	73
	06	Girls	92	80	90	88	92	86	92	72	92
Totals			498 100%	391 78%	490 98%	369 74%	496 99%	450 90%	496 99%	407 81%	500

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAUREL RIDGE ELEM	04	Boys	49	36	49	34	50	42	49	22	50
	04	Girls	57	37	57	45	56	46	57	36	57
	05	Boys	63	41	63	43	64	41	62	29	64
	05	Girls	75	65	76	65	75	63	76	62	76
	06	Boys	70	50	70	58	70	57	70	32	70
	06	Girls	67	57	67	66	65	52	67	48	67
Totals			381 99%	286 74%	382 99%	311 81%	380 99%	301 78%	381 99%	229 60%	384

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEES CORNER ELEM	04	Boys	49	43	49	23	49	39	49	41	49
	04	Girls	60	57	60	29	60	43	61	45	61
	05	Boys	55	50	56	52	55	49	55	44	56
	05	Girls	56	54	55	51	56	48	56	43	56
	06	Boys	58	56	59	55	58	56	59	51	59
	06	Girls	59	57	59	56	59	52	59	45	59
Totals			337 99%	317 93%	338 99%	266 78%	337 99%	287 84%	339 100%	269 79%	340

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEMON ROAD ELEM	04	Boys	24	22	25	16	25	22	24	24	25
	04	Girls	16	13	16	9	16	14	15	15	16
	05	Boys	17	17	17	7	17	12	16	16	19
	05	Girls	21	17	19	15	19	13	21	21	21
	06	Boys	20	16	18	10	22	19	22	22	23
	06	Girls	22	19	18	14	23	19	22	22	23
Totals			120 94%	104 82%	113 89%	71 56%	122 96%	99 78%	120 94%	120 94%	127

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LITTLE RUN ELEM	04	Boys	36	26	38	18	37	32	37	12	38
	04	Girls	26	17	28	11	24	21	28	7	28
	05	Boys	38	29	39	28	37	34	38	11	39
	05	Girls	23	15	24	14	21	18	22	7	24
	06	Boys	27	18	27	20	26	22	27	5	27
	06	Girls	25	23	25	19	25	23	25	4	25
Totals			175 97%	128 71%	181 100%	110 61%	170 94%	150 83%	177 98%	46 25%	181

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONDON TOWNE ELEM	04	Boys	70	42	70	46	70	29	70	39	70
	04	Girls	62	35	61	44	60	20	62	24	62
	05	Boys	52	34	52	48	52	29	52	28	52
	05	Girls	64	40	62	52	63	18	64	28	64
	06	Boys	67	46	67	58	67	40	66	26	67
	06	Girls	64	35	64	46	64	17	64	30	64
Totals			379	232	376	294	376	153	378	175	379
			100%	61%	99%	78%	99%	40%	100%	46%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LYNBROOK ELEM	04	Boys	33	19	33	33	32	26	32	14	33
	04	Girls	27	22	27	27	27	25	27	17	27
	05	Boys	26	24	27	25	27	21	27	16	27
	05	Girls	26	23	26	26	26	25	26	21	26
	06	Boys	27	21	27	20	27	22	27	21	27
	06	Girls	28	22	28	28	28	26	28	21	28
Totals			167 99%	131 78%	168 100%	159 95%	167 99%	145 86%	167 99%	110 65%	168

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MANTUA CENTER	04	Boys	2	1	2	2	2	2	0	0	5
	04	Girls	1	0	1	1	1	1	0	0	2
	05	Boys	3	3	3	2	3	3	3	3	4
	05	Girls	3	2	3	3	3	3	3	2	3
	06	Boys	5	5	5	4	5	5	4	4	5
	06	Girls	6	6	6	6	6	5	6	4	7
Totals			20 77%	17 65%	20 77%	18 69%	20 77%	19 73%	16 62%	13 50%	26

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MANTUA ELEM	04	Boys	73	68	72	70	72	71	71	68	73
	04	Girls	63	55	61	61	64	64	61	60	64
	05	Boys	73	64	73	67	73	68	73	71	73
	05	Girls	64	60	64	61	64	64	64	59	64
	06	Boys	64	55	63	57	65	65	58	56	65
	06	Girls	66	57	65	64	66	65	64	55	66
Totals			403 100%	359 89%	398 98%	380 94%	404 100%	397 98%	391 97%	369 91%	405

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL ROAD ELEM	04	Boys	25	20	25	10	25	15	25	14	25
	04	Girls	35	22	35	13	35	29	35	16	35
	05	Boys	32	27	32	21	32	25	32	14	32
	05	Girls	31	23	31	19	31	21	31	17	31
	06	Boys	27	20	27	18	27	24	27	17	27
	06	Girls	37	26	37	22	37	26	37	26	37
Totals			187 100%	138 74%	187 100%	103 55%	187 100%	140 75%	187 100%	104 56%	187

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCNAIR ELEM	04	Boys	55	42	54	25	55	49	55	35	55
	04	Girls	61	33	61	39	61	53	61	34	61
	05	Boys	64	24	64	45	64	53	64	35	64
	05	Girls	55	32	56	47	56	47	56	29	56
	06	Boys	55	40	55	46	55	48	55	26	55
	06	Girls	33	19	33	21	33	22	33	14	33
Totals			323 100%	190 59%	323 100%	223 69%	324 100%	272 84%	324 100%	173 53%	324

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOSBY WOODS ELEM	04	Boys	35	30	35	22	35	31	35	26	35
	04	Girls	36	34	36	23	36	30	34	22	36
	05	Boys	52	50	52	40	52	50	52	36	52
	05	Girls	35	30	35	35	35	30	35	27	35
	06	Boys	35	27	35	31	35	31	35	29	35
	06	Girls	35	25	35	33	35	29	35	30	35
Totals			228 100%	196 86%	228 100%	184 81%	228 100%	201 88%	226 99%	170 75%	228

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT EAGLE ELEM	04	Boys	21	9	21	2	21	11	21	0	21
	04	Girls	15	4	15	0	15	7	15	0	15
	05	Boys	20	8	20	6	20	13	20	0	20
	05	Girls	16	5	16	4	15	7	16	0	16
	06	Boys	28	15	28	10	28	18	28	0	28
	06	Girls	16	8	16	3	16	9	16	0	16
Totals			116 100%	49 42%	116 100%	25 22%	115 99%	65 56%	116 100%	0 0%	116

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON WOODS ELEM	04	Boys	46	32	46	46	46	30	46	18	46
	04	Girls	39	17	39	39	39	9	39	2	39
	05	Boys	41	26	41	33	41	30	41	13	41
	05	Girls	38	32	38	38	38	24	38	13	38
	06	Boys	43	34	43	33	43	33	43	8	43
	06	Girls	36	31	36	35	36	19	36	8	36
Totals			243 100%	172 71%	243 100%	224 92%	243 100%	145 60%	243 100%	62 26%	243

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NAVY ELEM	04	Boys	59	52	58	52	59	58	59	37	59
	04	Girls	51	47	51	49	51	50	51	30	51
	05	Boys	68	68	68	66	68	65	68	49	68
	05	Girls	47	45	47	47	47	46	47	27	47
	06	Boys	53	51	53	46	53	48	53	28	53
	06	Girls	65	63	65	64	65	64	65	42	65
Totals			343 100%	326 95%	342 100%	324 94%	343 100%	331 97%	343 100%	213 62%	343

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NEWINGTON FOREST ELEM	04	Boys	45	41	45	28	45	40	45	27	45
	04	Girls	65	51	64	31	65	57	65	51	65
	05	Boys	63	59	63	55	63	60	63	46	63
	05	Girls	48	40	48	40	48	44	47	27	48
	06	Boys	42	31	40	29	42	37	40	27	42
	06	Girls	57	49	57	41	57	47	57	47	57
Totals			320 100%	271 85%	317 99%	224 70%	320 100%	285 89%	317 99%	225 70%	320

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD CENTER	04	Boys	4	2	4	2	4	2	4	2	4
	04	Girls	1	1	1	1	1	1	1	0	1
	05	Boys	6	3	6	2	6	4	6	0	6
	05	Girls	2	1	2	1	2	1	2	1	2
Totals			13 100%	7 54%	13 100%	6 46%	13 100%	8 62%	13 100%	3 23%	13

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
NORTH SPRINGFIELD ELEM	04	Boys	43	35	45	36	45	34	45	39	45
	04	Girls	31	24	29	24	31	27	31	27	31
	05	Boys	38	30	39	32	37	29	39	34	39
	05	Girls	41	33	41	34	38	33	42	38	42
Totals			153 97%	122 78%	154 98%	126 80%	151 96%	123 78%	157 100%	138 88%	157

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK HILL ELEM	04	Boys	52	45	52	44	52	51	52	52	52
	04	Girls	62	56	61	50	61	58	62	57	62
	05	Boys	53	46	53	48	52	50	53	49	53
	05	Girls	40	38	40	35	39	38	40	23	40
	06	Boys	53	43	53	47	52	51	53	33	53
	06	Girls	62	58	61	57	62	60	62	32	62
Totals			322 100%	286 89%	320 99%	281 87%	318 99%	308 96%	322 100%	246 76%	322

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAK VIEW ELEM	04	Boys	56	36	59	49	56	55	56	38	59
	04	Girls	37	25	37	32	36	34	36	27	37
	05	Boys	47	33	47	38	47	41	47	36	47
	05	Girls	47	39	46	39	46	42	48	33	48
	06	Boys	68	59	69	62	69	64	68	46	69
	06	Girls	57	46	60	56	59	52	58	40	60
Totals			312	238	318	276	313	288	313	220	320
			98%	74%	99%	86%	98%	90%	98%	69%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON ELEM	04	Boys	47	31	47	32	47	42	47	22	47
	04	Girls	56	46	55	41	56	44	56	31	56
	05	Boys	39	30	39	35	39	34	39	26	40
	05	Girls	39	38	39	39	39	34	39	29	39
	06	Boys	43	36	43	39	43	37	43	27	43
	06	Girls	53	44	53	51	53	47	53	40	53
Totals			277	225	276	237	277	238	277	175	278
			100%	81%	99%	85%	100%	86%	100%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OLDE CREEK ELEM	04	Boys	34	27	34	15	34	30	34	14	34
	04	Girls	32	27	32	12	32	28	32	17	32
	05	Boys	32	19	32	30	32	31	32	16	32
	05	Girls	32	24	31	31	32	31	32	21	32
	06	Boys	27	22	27	20	27	20	27	13	27
	06	Girls	37	32	37	35	36	31	37	18	37
Totals			194 100%	151 78%	193 99%	143 74%	193 99%	171 88%	194 100%	99 51%	194

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ORANGE HUNT ELEM	04	Boys	72	59	72	52	72	70	73	61	73
	04	Girls	60	50	58	52	61	56	61	54	61
	05	Boys	72	63	72	64	72	69	72	59	72
	05	Girls	71	64	68	63	70	69	71	63	71
	06	Boys	66	55	63	59	66	63	66	60	66
	06	Girls	71	65	70	69	71	68	71	59	71
Totals			412 100%	356 86%	403 97%	359 87%	412 100%	395 95%	414 100%	356 86%	414

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PARKLAWN ELEM	04	Boys	46	33	45	24	46	37	46	22	46
	04	Girls	46	20	47	14	47	37	47	28	47
	05	Boys	44	38	44	36	45	39	45	23	45
	05	Girls	50	38	50	43	50	42	50	16	50
Totals			186	129	186	117	188	155	188	89	188
			99%	69%	99%	62%	100%	82%	100%	47%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PINE SPRING ELEM	04	Boys	23	16	23	5	23	21	23	11	23
	04	Girls	28	26	27	13	29	22	29	18	29
	05	Boys	21	18	21	8	21	16	21	11	21
	05	Girls	27	24	26	26	27	25	27	15	27
	06	Boys	29	23	29	15	29	21	29	21	29
	06	Girls	17	15	17	13	17	13	17	13	17
Totals			145 99%	122 84%	143 98%	80 55%	146 100%	118 81%	146 100%	89 61%	146

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POPLAR TREE ELEM	04	Boys	50	45	47	41	50	43	50	19	50
	04	Girls	52	41	51	40	53	46	53	23	53
	05	Boys	60	51	59	55	60	45	60	28	61
	05	Girls	66	59	64	55	66	52	67	36	67
	06	Boys	70	49	71	56	70	48	70	19	71
	06	Girls	72	61	70	68	71	54	72	26	73
Totals			370 99%	306 82%	362 97%	315 84%	370 99%	288 77%	372 99%	151 40%	375

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
PROVIDENCE ELEM	04	Boys	50	39	50	31	50	40	50	45	50
	04	Girls	51	37	51	28	51	45	51	43	51
	05	Boys	37	25	37	23	37	32	37	32	37
	05	Girls	52	41	52	38	52	44	52	47	52
	06	Boys	41	28	41	28	41	33	41	36	41
	06	Girls	37	28	37	28	37	33	37	33	37
Totals			268 100%	198 74%	268 100%	176 66%	268 100%	227 85%	268 100%	236 88%	268

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RAVENSWORTH ELEM	04	Boys	46	37	45	30	46	39	46	18	46
	04	Girls	42	29	43	20	43	39	43	19	43
	05	Boys	42	37	41	35	41	39	42	23	42
	05	Girls	38	31	37	26	38	36	38	21	38
	06	Boys	35	26	35	27	35	31	35	23	35
	06	Girls	30	25	30	23	30	25	30	19	30
Totals			233 100%	185 79%	231 99%	161 69%	233 100%	209 89%	234 100%	123 53%	234

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
RIVERSIDE ELEM	04	Boys	41	26	42	42	42	34	42	20	42
	04	Girls	29	19	29	28	29	17	28	10	29
	05	Boys	39	27	40	30	40	34	40	8	40
	05	Girls	39	27	39	38	39	31	38	13	39
	06	Boys	25	16	25	14	25	22	25	5	25
	06	Girls	24	14	24	21	24	14	24	11	24
Totals			197 99%	129 65%	199 100%	173 87%	199 100%	152 76%	197 99%	67 34%	199

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROLLING VALLEY ELEM	04	Boys	64	44	64	46	64	43	64	60	64
	04	Girls	58	45	58	48	58	39	58	52	58
	05	Boys	57	31	57	49	57	45	57	49	57
	05	Girls	55	43	55	50	55	42	55	46	55
	06	Boys	53	38	53	51	53	47	53	46	53
	06	Girls	57	46	57	53	57	45	57	48	57
Totals			344 100%	247 72%	344 100%	297 86%	344 100%	261 76%	344 100%	301 88%	344

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROSE HILL ELEM	04	Boys	52	39	52	12	52	52	52	32	52
	04	Girls	46	31	46	17	46	45	46	26	46
	05	Boys	35	26	35	27	35	35	35	24	35
	05	Girls	64	54	63	57	64	60	64	35	64
	06	Boys	37	31	37	20	37	36	37	28	37
	06	Girls	40	35	39	36	40	39	40	28	40
Totals			274 100%	216 79%	272 99%	169 62%	274 100%	267 97%	274 100%	173 63%	274

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANGSTER ELEM	04	Boys	45	41	35	19	46	43	46	42	46
	04	Girls	55	48	41	29	55	52	55	47	55
	05	Boys	53	47	53	49	53	51	53	51	53
	05	Girls	42	41	42	41	42	40	42	40	42
	06	Boys	66	61	66	60	65	58	66	61	66
	06	Girls	71	67	71	71	71	69	71	66	71
Totals			332 100%	305 92%	308 92%	269 81%	332 100%	313 94%	333 100%	307 92%	333

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA CENTER	04	Boys	5	2	6	5	5	3	5	3	6
	04	Girls	2	2	2	1	2	1	2	1	2
	05	Boys	11	4	12	6	11	5	11	5	12
	05	Girls	1	1	1	1	1	1	1	0	1
	06	Boys	15	11	15	8	15	9	15	8	15
	06	Girls	2	0	2	1	2	0	2	0	2
Totals			36 95%	20 53%	38 100%	22 58%	36 95%	19 50%	36 95%	17 45%	38

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SARATOGA ELEM	04	Boys	51	39	51	48	53	44	52	33	53
	04	Girls	46	36	47	46	49	35	48	24	49
	05	Boys	69	60	67	53	69	55	69	45	69
	05	Girls	59	51	54	54	59	52	59	45	59
	06	Boys	71	58	69	47	71	64	70	48	71
	06	Girls	55	52	52	51	55	48	54	43	55
Totals			351	296	340	299	356	298	352	238	356
			99%	83%	96%	84%	100%	84%	99%	67%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHERMAN ELEM	04	Boys	20	18	19	12	19	19	20	19	20
	04	Girls	32	25	31	22	30	30	32	31	32
	05	Boys	29	24	29	29	29	27	29	27	29
	05	Girls	28	22	28	28	28	25	28	26	28
	06	Boys	34	30	34	33	34	32	34	34	34
	06	Girls	29	28	29	29	29	27	29	28	29
Totals			172 100%	147 85%	170 99%	153 89%	169 98%	160 93%	172 100%	165 96%	172

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SHREVEWOOD ELEM	04	Boys	24	4	24	13	24	22	24	22	24
	04	Girls	31	13	31	9	31	26	31	23	31
	05	Boys	31	11	31	21	30	23	31	24	31
	05	Girls	24	7	24	24	24	21	24	21	24
	06	Boys	23	13	25	17	24	21	25	23	25
	06	Girls	39	23	35	35	40	29	39	35	40
Totals			172	71	170	119	173	142	174	148	175
			98%	41%	97%	68%	99%	81%	99%	85%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SILVERBROOK ELEM	04	Boys	46	46	46	29	46	34	45	18	46
	04	Girls	75	75	75	51	75	54	75	43	75
	05	Boys	81	79	81	63	81	58	80	28	81
	05	Girls	69	68	68	43	69	50	69	31	69
	06	Boys	71	71	70	58	71	59	71	33	71
	06	Girls	61	60	61	52	61	46	61	40	61
Totals			403 100%	399 99%	401 100%	296 73%	403 100%	301 75%	401 100%	193 48%	403

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SLEEPY HOLLOW ELEM	04	Boys	32	28	32	17	32	32	32	31	32
	04	Girls	37	30	38	17	38	37	38	34	38
	05	Boys	32	25	32	24	32	32	32	29	32
	05	Girls	40	34	40	35	40	40	40	37	40
Totals			141 99%	117 82%	142 100%	93 65%	142 100%	141 99%	142 100%	131 92%	142

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRING HILL ELEM	04	Boys	81	68	81	64	81	75	81	51	81
	04	Girls	67	62	67	60	65	63	67	47	67
	05	Boys	72	63	72	62	72	68	72	47	72
	05	Girls	73	67	73	66	73	63	73	52	73
	06	Boys	74	67	72	65	74	61	73	49	74
	06	Girls	63	61	63	57	63	45	64	49	64
Totals			430 100%	388 90%	428 99%	374 87%	428 99%	375 87%	430 100%	295 68%	431

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SPRINGFIELD ESTATES ELEM	04	Boys	59	41	59	46	59	54	59	38	59
	04	Girls	47	32	47	39	46	45	47	34	47
	05	Boys	57	34	56	45	56	47	56	43	57
	05	Girls	52	38	51	50	51	45	52	36	52
	06	Boys	55	37	51	38	55	45	54	36	55
	06	Girls	54	46	52	48	54	52	54	33	54
Totals			324 100%	228 70%	316 98%	266 82%	321 99%	288 89%	322 99%	220 68%	324

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STENWOOD ELEM	04	Boys	29	12	28	15	30	21	29	13	30
	04	Girls	32	17	31	24	32	23	32	17	32
	05	Boys	21	11	21	15	21	18	21	11	21
	05	Girls	19	10	19	14	20	18	20	8	20
	06	Boys	36	17	35	26	35	25	36	19	36
	06	Girls	24	17	25	24	27	19	27	12	27
Totals			161 97%	84 51%	159 96%	118 71%	165 99%	124 75%	165 99%	80 48%	166

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STRATFORD LANDING ELEM	04	Boys	42	36	42	27	41	36	42	30	42
	04	Girls	50	46	50	25	50	46	49	36	50
	05	Boys	54	48	54	49	54	51	54	43	54
	05	Girls	46	44	46	45	46	42	46	36	46
	06	Boys	45	41	45	38	45	45	45	34	45
	06	Girls	49	48	49	45	49	47	49	40	49
Totals			286 100%	263 92%	286 100%	229 80%	285 100%	267 93%	285 100%	219 77%	286

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SUNRISE VALLEY ELEM	04	Boys	66	52	66	43	66	60	66	35	66
	04	Girls	39	26	39	25	39	33	39	18	39
	05	Boys	54	36	54	46	54	48	54	32	54
	05	Girls	53	42	53	43	53	46	53	38	53
	06	Boys	49	35	49	45	49	44	49	33	49
	06	Girls	31	23	31	24	31	26	31	22	31
Totals			292 100%	214 73%	292 100%	226 77%	292 100%	257 88%	292 100%	178 61%	292

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRA-CENTRE ELEM	04	Boys	42	29	41	20	43	32	42	27	44
	04	Girls	48	35	45	24	48	36	47	27	48
	05	Boys	46	34	45	31	47	39	46	25	47
	05	Girls	31	27	29	23	30	25	31	25	31
	06	Boys	59	40	58	41	58	45	59	25	61
	06	Girls	41	40	37	30	41	33	41	29	41
Totals			267	205	255	169	267	210	266	158	272
			98%	75%	94%	62%	98%	77%	98%	58%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TERRASET ELEM	04	Boys	33	29	33	25	33	33	33	33	34
	04	Girls	41	36	40	27	41	41	41	41	41
	05	Boys	41	35	41	29	39	39	38	38	41
	05	Girls	34	33	35	32	34	33	34	34	35
	06	Boys	41	37	40	27	41	40	41	41	41
	06	Girls	53	44	53	39	53	52	53	53	53
Totals			243	214	242	179	241	238	240	240	245
			99%	87%	99%	73%	98%	97%	98%	98%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TIMBER LANE ELEM	04	Boys	50	29	46	13	49	40	50	14	50
	04	Girls	25	15	24	12	25	17	25	9	25
	05	Boys	42	28	43	22	41	32	42	21	43
	05	Girls	28	18	28	24	28	22	28	12	28
	06	Boys	36	23	37	23	37	34	36	24	37
	06	Girls	30	18	30	19	30	16	30	10	30
Totals			211 99%	131 62%	208 98%	113 53%	210 99%	161 76%	211 99%	90 42%	213

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
UNION MILL ELEM	04	Boys	49	42	48	34	49	40	49	30	49
	04	Girls	49	40	49	34	49	44	49	38	49
	05	Boys	60	52	59	50	62	53	61	44	62
	05	Girls	45	31	47	34	47	35	47	34	47
	06	Boys	58	46	58	53	57	46	59	41	60
	06	Girls	63	56	60	54	63	55	62	55	63
Totals			324 98%	267 81%	321 97%	259 78%	327 99%	273 83%	327 99%	242 73%	330

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIENNA ELEM	04	Boys	26	22	26	26	26	23	26	15	26
	04	Girls	14	10	14	13	14	12	14	9	14
	05	Boys	19	17	19	16	19	17	19	6	19
	05	Girls	27	25	27	26	27	21	27	10	27
	06	Boys	27	23	27	27	27	27	27	13	27
	06	Girls	22	20	22	21	22	19	21	8	22
Totals			135 100%	117 87%	135 100%	129 96%	135 100%	119 88%	134 99%	61 45%	135

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
VIRGINIA RUN ELEM	04	Boys	59	55	62	51	60	53	59	44	62
	04	Girls	65	58	64	48	66	60	65	54	67
	05	Boys	72	66	76	70	74	66	75	60	76
	05	Girls	63	61	63	59	64	56	63	55	64
	06	Boys	87	77	87	83	87	71	88	69	88
	06	Girls	81	73	81	73	81	59	81	65	81
Totals			427 97%	390 89%	433 99%	384 88%	432 99%	365 83%	431 98%	347 79%	438

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAKEFIELD FOREST ELEM	04	Boys	33	30	33	22	33	30	33	25	33
	04	Girls	30	26	30	23	30	28	30	24	30
	05	Boys	35	24	34	27	35	31	34	21	35
	05	Girls	31	28	31	23	31	30	31	16	31
	06	Boys	30	27	30	25	30	29	30	19	30
	06	Girls	40	37	38	35	39	37	40	27	40
Totals			199 100%	172 86%	196 98%	155 78%	198 99%	185 93%	198 99%	132 66%	199

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAPLES MILL ELEM	04	Boys	65	60	64	64	65	52	64	46	66
	04	Girls	54	51	54	54	54	51	54	35	55
	05	Boys	49	46	49	49	49	45	49	36	49
	05	Girls	54	53	54	54	54	51	54	30	55
	06	Boys	44	40	44	41	44	41	44	37	45
	06	Girls	61	60	61	61	61	54	61	54	62
Totals			327 98%	310 93%	326 98%	323 97%	327 98%	294 89%	326 98%	238 72%	332

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WASHINGTON MILL ELEM	04	Boys	38	35	36	36	38	35	37	22	38
	04	Girls	52	45	52	45	52	45	50	25	52
	05	Boys	29	22	29	27	29	24	29	16	29
	05	Girls	30	26	31	28	31	26	31	23	31
	06	Boys	33	31	34	28	34	29	34	20	34
	06	Girls	36	23	35	33	36	29	35	19	36
Totals			218 99%	182 83%	217 99%	197 90%	220 100%	188 85%	216 98%	125 57%	220

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WAYNEWOOD ELEM	04	Boys	37	29	37	29	37	34	37	28	37
	04	Girls	37	32	37	29	38	35	37	23	38
	05	Boys	44	36	44	36	44	37	43	22	44
	05	Girls	41	37	40	36	41	38	41	28	41
	06	Boys	44	40	43	41	44	41	44	30	44
	06	Girls	31	29	29	25	31	28	31	22	32
Totals			234 99%	203 86%	230 97%	196 83%	235 100%	213 90%	233 99%	153 65%	236

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD ELEM	04	Boys	24	24	24	18	24	24	24	23	24
	04	Girls	28	28	28	23	28	28	28	22	28
	05	Boys	25	24	25	22	25	25	25	22	25
	05	Girls	36	33	36	36	36	36	36	31	36
	06	Boys	23	21	23	20	23	22	23	22	23
	06	Girls	37	37	37	36	37	36	37	36	37
Totals			173 100%	167 97%	173 100%	155 90%	173 100%	171 99%	173 100%	156 90%	173

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTBRIAR ELEM	04	Boys	39	37	39	24	38	37	39	24	39
	04	Girls	31	30	31	15	31	28	31	18	31
	05	Boys	25	21	25	20	24	23	25	5	25
	05	Girls	37	34	37	32	36	34	37	8	37
	06	Boys	33	29	33	30	33	30	33	8	33
	06	Girls	30	25	30	26	30	29	30	16	30
Totals			195 100%	176 90%	195 100%	147 75%	192 98%	181 93%	195 100%	79 41%	195

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTGATE ELEM	04	Boys	17	10	17	15	17	15	17	10	18
	04	Girls	20	14	20	17	19	12	20	8	20
	05	Boys	24	12	22	20	27	14	27	12	27
	05	Girls	15	14	17	16	18	13	17	9	19
	06	Boys	22	17	22	19	22	15	22	12	22
	06	Girls	25	18	23	19	25	13	24	16	25
Totals			123 94%	85 65%	121 92%	106 81%	128 98%	82 63%	127 97%	67 51%	131

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTLAWN ELEM	04	Boys	46	35	46	15	46	35	45	33	46
	04	Girls	49	38	50	21	50	37	49	43	50
	05	Boys	45	29	44	26	44	41	45	36	45
	05	Girls	38	28	37	36	38	31	38	20	38
	06	Boys	34	25	34	25	34	29	33	24	34
	06	Girls	44	34	44	40	44	30	44	33	44
Totals			256 100%	189 74%	255 99%	163 63%	256 100%	203 79%	254 99%	189 74%	257

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEYANOKE ELEM	04	Boys	45	39	45	37	43	40	45	43	45
	04	Girls	41	36	40	30	38	36	41	41	41
	05	Boys	45	45	45	43	43	41	45	45	45
	05	Girls	38	36	38	37	36	32	38	37	38
Totals			169 100%	156 92%	168 99%	147 87%	160 95%	149 88%	169 100%	166 98%	169

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITE OAKS ELEM	04	Boys	71	57	69	61	71	71	70	42	73
	04	Girls	60	46	57	55	61	58	60	28	61
	05	Boys	92	72	90	82	92	89	90	42	92
	05	Girls	84	66	78	72	84	76	82	39	84
	06	Boys	89	65	87	84	94	87	85	51	94
	06	Girls	77	66	72	71	78	73	77	52	78
Totals			473	372	453	425	480	454	464	254	482
			98%	77%	94%	88%	100%	94%	96%	53%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WILLOW SPRINGS ELEM	04	Boys	99	89	99	74	99	84	99	70	99
	04	Girls	85	80	85	61	85	74	85	66	85
	05	Boys	84	71	84	74	85	73	85	62	85
	05	Girls	83	80	81	79	83	75	83	65	83
	06	Boys	90	76	89	76	90	77	90	69	90
	06	Girls	89	80	86	80	89	79	89	76	89
Totals			530 100%	476 90%	524 99%	444 84%	531 100%	462 87%	531 100%	408 77%	531

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOLFTRAP ELEM	04	Boys	38	31	38	27	38	32	38	37	38
	04	Girls	39	37	39	35	39	36	38	36	39
	05	Boys	44	43	44	41	44	41	44	41	44
	05	Girls	40	38	40	39	40	38	40	36	40
	06	Boys	49	45	49	47	49	43	49	45	49
	06	Girls	50	48	50	49	50	47	50	48	50
Totals			260 100%	242 93%	260 100%	238 92%	260 100%	237 91%	259 100%	243 93%	260

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODBURN ELEM	04	Boys	23	14	22	21	23	20	22	7	25
	04	Girls	21	10	26	26	25	14	22	5	27
	05	Boys	27	20	27	20	27	23	22	13	27
	05	Girls	25	15	22	20	23	13	18	7	26
	06	Boys	27	22	27	19	27	26	22	13	30
	06	Girls	28	19	28	26	28	23	24	8	30
Totals			151 92%	100 61%	152 92%	132 80%	153 93%	119 72%	130 79%	53 32%	165

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLAWN ELEM	04	Boys	30	22	27	14	30	24	30	12	30
	04	Girls	25	18	25	8	25	19	25	6	25
	05	Boys	31	18	31	23	31	30	30	12	31
	05	Girls	33	27	33	24	33	29	33	12	33
	06	Boys	33	25	33	23	34	30	33	13	34
	06	Girls	36	26	37	19	37	27	36	13	37
Totals			188 99%	136 72%	186 98%	111 58%	190 100%	159 84%	187 98%	68 36%	190

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODLEY HILLS ELEM	04	Boys	9	7	9	8	9	8	9	9	9
	04	Girls	7	7	7	7	7	7	7	7	7
	05	Boys	14	6	14	12	14	10	14	12	14
	05	Girls	8	6	8	8	7	7	7	7	8
	06	Boys	13	5	13	11	13	13	13	13	13
	06	Girls	9	7	9	9	9	8	9	8	9
Totals			60 100%	38 63%	60 100%	55 92%	59 98%	53 88%	59 98%	56 93%	60

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CARSON MIDDLE	07	Boys	253	230	252	218	253	160	253	151	254
	07	Girls	244	232	241	230	245	102	244	135	246
	08	Boys	263	250	260	224	261	220	263	180	264
	08	Girls	243	222	239	220	240	158	243	195	243
Totals			1003	934	992	892	999	640	1003	661	1007
			100%	93%	99%	89%	99%	64%	100%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
COOPER MIDDLE	07	Boys	218	209	218	194	216	204	218	138	221
	07	Girls	201	193	201	194	201	195	201	142	202
	08	Boys	136	135	137	121	137	133	136	110	139
	08	Girls	137	137	138	136	137	135	137	118	138
Totals			692	674	694	645	691	667	692	508	700
			99%	96%	99%	92%	99%	95%	99%	73%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FRANKLIN MIDDLE	07	Boys	242	210	235	193	243	208	241	198	246
	07	Girls	226	211	220	201	226	191	225	151	237
	08	Boys	226	207	226	209	225	218	226	139	226
	08	Girls	209	187	207	190	208	203	209	164	209
Totals			903	815	888	793	902	820	901	652	918
			98%	89%	97%	86%	98%	89%	98%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FROST MIDDLE	07	Boys	251	190	252	217	252	229	252	210	252
	07	Girls	225	179	225	219	224	212	225	200	225
	08	Boys	257	197	258	208	255	228	257	185	258
	08	Girls	221	179	220	205	219	189	221	176	223
Totals			954 100%	745 78%	955 100%	849 89%	950 99%	858 90%	955 100%	771 80%	958

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
GLASGOW MIDDLE	06	Boys	161	109	160	143	162	135	159	78	171
	06	Girls	180	108	185	170	189	143	186	91	197
	07	Boys	182	121	182	148	178	127	177	112	194
	07	Girls	169	107	162	154	170	113	166	101	179
	08	Boys	181	120	175	144	182	153	182	91	195
	08	Girls	150	63	148	137	150	111	149	50	166
Totals			1023	628	1012	896	1031	782	1019	523	1102
			93%	57%	92%	81%	94%	71%	92%	47%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD MIDDLE	07	Boys	369	256	371	283	373	307	370	251	382
	07	Girls	294	200	295	271	296	249	298	216	305
	08	Boys	310	258	315	248	316	274	316	178	317
	08	Girls	279	230	288	262	282	227	287	196	292
Totals			1252	944	1269	1064	1267	1057	1271	841	1296
			97%	73%	98%	82%	98%	82%	98%	65%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON MIDDLE	07	Boys	324	255	326	276	323	275	324	245	326
	07	Girls	288	244	287	270	287	246	287	226	288
	08	Boys	316	266	313	272	316	260	313	206	316
	08	Girls	278	232	280	272	278	223	278	228	280
Totals			1206	997	1206	1090	1204	1004	1202	905	1210
			100%	82%	100%	90%	100%	83%	99%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HOLMES MIDDLE	06	Boys	150	94	153	131	146	123	138	46	154
	06	Girls	123	95	122	122	122	97	117	27	126
	07	Boys	126	87	133	117	121	101	119	49	133
	07	Girls	118	84	124	122	112	82	116	44	125
	08	Boys	128	75	129	91	130	99	112	52	132
	08	Girls	122	77	124	113	125	95	117	28	125
Totals			767 96%	512 64%	785 99%	696 88%	756 95%	597 75%	719 90%	246 31%	795

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HUGHES MIDDLE	07	Boys	213	187	205	146	210	172	207	86	215
	07	Girls	224	182	209	132	224	175	222	100	228
	08	Boys	233	156	226	125	228	194	232	141	236
	08	Girls	208	143	202	117	202	176	207	149	215
Totals			878	668	842	520	864	717	868	476	894
			98%	75%	94%	58%	97%	80%	97%	53%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
IRVING MIDDLE	07	Boys	311	238	311	251	311	282	311	131	311
	07	Girls	275	211	275	249	276	247	276	119	277
	08	Boys	315	288	317	252	314	297	315	188	320
	08	Girls	274	233	275	237	273	238	275	184	279
Totals			1175	970	1178	989	1174	1064	1177	622	1187
			99%	82%	99%	83%	99%	90%	99%	52%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JACKSON MIDDLE	07	Boys	220	167	221	156	225	171	218	153	231
	07	Girls	233	168	238	179	241	148	235	186	244
	08	Boys	207	141	205	146	206	170	204	134	208
	08	Girls	221	140	216	118	225	164	218	168	228
Totals			881	616	880	599	897	653	875	641	911
			97%	68%	97%	66%	98%	72%	96%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KEY MIDDLE	07	Boys	223	170	222	149	222	167	219	157	224
	07	Girls	207	154	206	176	206	161	206	176	207
	08	Boys	193	153	185	132	195	159	192	161	200
	08	Girls	192	141	181	117	190	140	193	160	196
Totals			815 99%	618 75%	794 96%	574 69%	813 98%	627 76%	810 98%	654 79%	827

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
KILMER MIDDLE	07	Boys	188	163	182	162	188	163	188	134	194
	07	Girls	211	192	200	195	213	185	213	148	219
	08	Boys	234	223	235	218	237	210	236	181	237
	08	Girls	184	169	183	173	184	159	184	126	184
Totals			817	747	800	748	822	717	821	589	834
			98%	90%	96%	90%	99%	86%	98%	71%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK MIDDLE	07	Boys	275	215	267	210	277	244	272	83	281
	07	Girls	245	215	245	204	248	200	244	77	252
	08	Boys	311	257	290	199	309	265	313	204	314
	08	Girls	283	221	257	204	280	199	283	196	288
Totals			1114	908	1059	817	1114	908	1112	560	1135
			98%	80%	93%	72%	98%	80%	98%	49%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANIER MIDDLE	07	Boys	270	227	275	216	273	218	272	175	277
	07	Girls	242	221	242	228	241	197	243	197	244
	08	Boys	225	182	239	195	240	200	232	180	244
	08	Girls	183	144	200	174	200	174	196	174	203
Totals			920	774	956	813	954	789	943	726	968
			95%	80%	99%	84%	99%	82%	97%	75%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LONGFELLOW MIDDLE	07	Boys	242	207	240	217	244	224	243	194	244
	07	Girls	240	214	237	226	241	218	239	193	241
	08	Boys	238	212	238	208	236	204	240	168	240
	08	Girls	229	219	226	213	224	200	224	185	229
Totals			949	852	941	864	945	846	946	740	954
			99%	89%	99%	91%	99%	89%	99%	78%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
POE MIDDLE	06	Boys	169	116	170	138	170	109	170	92	170
	06	Girls	162	109	162	160	161	88	161	54	162
	07	Boys	195	133	194	151	194	155	195	140	196
	07	Girls	194	112	197	195	199	157	196	127	200
	08	Boys	175	86	179	124	179	133	175	4	179
	08	Girls	173	68	180	157	181	111	181	5	184
Totals			1068	624	1082	925	1084	753	1078	422	1091
			98%	57%	99%	85%	99%	69%	99%	39%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON MIDDLE	07	Boys	359	269	356	309	358	307	358	174	360
	07	Girls	328	267	326	307	328	268	328	185	328
	08	Boys	331	274	334	268	334	297	332	199	334
	08	Girls	314	249	312	296	312	276	313	214	315
Totals			1332	1059	1328	1180	1332	1148	1331	772	1337
			100%	79%	99%	88%	100%	86%	100%	58%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROCKY RUN MIDDLE	07	Boys	332	229	336	274	334	257	334	214	336
	07	Girls	362	285	363	314	362	253	363	228	365
	08	Boys	344	234	346	257	347	291	346	241	348
	08	Girls	327	222	326	240	327	275	326	229	328
Totals			1365	970	1371	1085	1370	1076	1369	912	1377
			99%	70%	100%	79%	99%	78%	99%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SANDBURG MIDDLE	07	Boys	309	204	309	164	309	271	306	47	315
	07	Girls	254	159	255	127	253	208	251	35	258
	08	Boys	295	197	297	185	297	229	295	143	297
	08	Girls	291	146	296	169	296	209	295	132	296
Totals			1149	706	1157	645	1155	917	1147	357	1166
			99%	61%	99%	55%	99%	79%	98%	31%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STONE MIDDLE	07	Boys	311	226	317	227	318	220	302	152	326
	07	Girls	319	239	315	276	321	202	308	191	325
	08	Boys	335	288	308	219	323	273	331	234	339
	08	Girls	293	257	270	212	275	211	291	222	296
Totals			1258	1010	1210	934	1237	906	1232	799	1286
			98%	79%	94%	73%	96%	70%	96%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
THOREAU MIDDLE	07	Boys	197	157	199	185	197	154	198	107	200
	07	Girls	183	145	186	174	186	163	186	125	188
	08	Boys	196	147	194	171	196	163	196	157	197
	08	Girls	151	123	151	143	154	137	154	131	157
Totals			727 98%	572 77%	730 98%	673 91%	733 99%	617 83%	734 99%	520 70%	742

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
TWIN MIDDLE	07	Boys	262	197	260	184	258	207	265	175	266
	07	Girls	228	179	228	163	227	190	232	136	234
	08	Boys	223	171	225	167	226	172	226	166	233
	08	Girls	192	140	193	150	192	147	195	140	200
Totals			905	687	906	664	903	716	918	617	933
			97%	74%	97%	71%	97%	77%	98%	66%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WHITMAN MIDDLE	07	Boys	210	105	201	136	211	155	206	110	225
	07	Girls	220	92	208	110	229	148	236	156	241
	08	Boys	215	167	216	158	216	183	181	109	221
	08	Girls	194	147	193	130	194	153	191	100	201
Totals			839	511	818	534	850	639	814	475	888
			94%	58%	92%	60%	96%	72%	92%	53%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ANNANDALE HIGH	09	Boys	316	210	308	239	320	246	318	187	331
	09	Girls	253	154	238	185	256	105	254	132	264
	10	Boys	244	180	240	180	245	184	244	98	250
	10	Girls	230	156	226	148	230	84	234	88	237
	11	Boys	11	5	11	8	11	6	11	3	12
	11	Girls	7	6	9	3	8	2	8	3	9
	12	Boys	3	3	3	2	3	2	3	1	3
	12	Girls	3	2	3	0	3	0	3	1	3
Totals			1067	716	1038	765	1076	629	1075	513	1109
			96%	65%	94%	69%	97%	57%	97%	46%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CEDAR LANE SCHOOL	09	Boys	3	1	0	0	4	1	4	0	6
	09	Girls	0	0	0	0	0	0	0	0	5
	10	Boys	12	6	0	0	12	2	12	0	16
	10	Girls	2	0	0	0	2	1	2	0	7
Totals			17	7	0	0	18	4	18	0	34
			50%	21%	0%	0%	53%	12%	53%	0%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CENTREVILLE HIGH	09	Boys	222	193	221	179	222	195	218	162	222
	09	Girls	225	204	222	184	225	189	224	199	225
	10	Boys	232	190	232	177	234	170	232	161	234
	10	Girls	229	200	226	161	227	170	229	181	229
Totals			908 100%	787 86%	901 99%	701 77%	908 100%	724 80%	903 99%	703 77%	910

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
CHANTILLY HIGH	09	Boys	300	214	295	180	301	265	297	4	302
	09	Girls	325	254	320	211	325	302	323	10	326
	10	Boys	299	229	294	166	292	259	292	6	300
	10	Girls	250	216	242	143	248	233	246	5	255
	11	Boys	3	2	2	1	3	3	2	0	3
	11	Girls	6	5	6	2	6	5	6	0	6
	12	Boys	1	1	1	0	1	1	1	0	1
Totals			1184	921	1160	703	1176	1068	1167	25	1193
			99%	77%	97%	59%	99%	90%	98%	2%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
EDISON HIGH	09	Boys	161	97	157	88	161	122	145	119	180
	09	Girls	200	128	180	101	199	120	181	169	213
	10	Boys	188	121	153	97	187	131	179	104	222
	10	Girls	160	93	133	73	164	125	171	102	189
	11	Girls	4	4	3	0	4	2	4	3	4
	12	Boys	1	0	1	0	0	0	1	0	1
Totals			714	443	627	359	715	500	681	497	809
			88%	55%	78%	44%	88%	62%	84%	61%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FAIRFAX HIGH	09	Boys	231	195	227	153	228	196	229	145	235
	09	Girls	253	203	249	186	253	198	254	193	256
	10	Boys	182	142	165	100	176	146	176	112	194
	10	Girls	218	189	190	101	214	177	204	129	230
	11	Boys	3	1	2	1	2	2	3	1	4
	11	Girls	1	0	1	0	1	1	1	1	1
Totals			888	730	834	541	874	720	867	581	920
			97%	79%	91%	59%	95%	78%	94%	63%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
FALLS CHURCH HIGH	LP	Boys	1	0	1	0	1	1	1	1	1
	09	Boys	168	120	158	110	175	150	162	91	182
	09	Girls	125	88	110	67	129	103	130	69	141
	10	Boys	140	91	132	83	145	109	136	66	150
	10	Girls	120	80	116	56	126	87	123	64	135
	11	Boys	2	0	2	1	2	0	2	1	2
	11	Girls	6	5	6	0	5	4	5	2	6
	12	Boys	1	1	1	1	1	1	1	0	1
	12	Girls	3	2	3	1	3	3	3	2	3
	Totals			566	387	529	319	587	458	563	296
			91%	62%	85%	51%	95%	74%	91%	48%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HAYFIELD HIGH	09	Boys	271	167	275	209	263	216	265	181	285
	09	Girls	254	156	261	214	246	181	253	192	269
	10	Boys	269	189	270	200	270	221	269	96	277
	10	Girls	254	154	263	192	260	188	260	105	266
	11	Boys	7	2	8	2	7	2	7	1	8
	11	Girls	5	4	7	2	6	5	5	2	7
	12	Boys	1	1	1	1	1	1	1	1	1
Totals			1061	673	1085	820	1053	814	1060	578	1113
			95%	60%	97%	74%	95%	73%	95%	52%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
HERNDON HIGH	09	Boys	174	137	172	105	174	115	172	83	180
	09	Girls	133	122	133	96	136	112	136	66	143
	10	Boys	88	71	88	70	78	66	90	65	92
	10	Girls	107	82	101	61	99	67	107	76	109
	11	Girls	1	1	1	0	1	1	1	1	1
Totals			503	413	495	332	488	361	506	291	525
			96%	79%	94%	63%	93%	69%	96%	55%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
JEFFERSON SCI/TECH HIGH	09	Boys	201	163	202	194	202	192	201	159	202
	09	Girls	181	151	179	170	181	180	180	141	181
	10	Boys	252	214	251	228	252	235	252	177	253
	10	Girls	159	139	158	137	159	155	158	111	159
	11	Boys	1	1	1	1	1	1	1	0	1
	11	Girls	1	1	1	0	1	1	0	0	1
	12	Boys	1	1	1	1	1	1	1	1	1
Totals			796	670	793	731	797	765	793	589	798
			100%	84%	99%	92%	100%	96%	99%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LAKE BRADDOCK HIGH	LP	Girls	1	1	1	0	1	1	1	1	1
	09	Boys	303	258	307	264	307	277	307	229	310
	09	Girls	298	259	303	268	304	255	309	215	312
	10	Boys	264	214	272	210	268	236	272	193	281
	10	Girls	273	238	270	217	272	225	279	190	281
	11	Boys	1	0	1	0	1	1	1	0	1
	11	Girls	2	1	2	1	2	1	2	0	2
Totals			1142	971	1156	960	1155	996	1171	828	1188
			96%	82%	97%	81%	97%	84%	99%	70%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LANGLEY HIGH	09	Boys	221	187	229	193	222	174	225	89	234
	09	Girls	231	206	219	203	233	84	233	94	237
	10	Boys	200	172	193	148	199	159	193	44	213
	10	Girls	189	174	179	144	165	67	190	64	207
Totals			841	739	820	688	819	484	841	291	891
			94%	83%	92%	77%	92%	54%	94%	33%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
LEE HIGH	LP	Boys	1	1	1	0	1	1	1	1	1
	LP	Girls	0	0	0	0	1	0	0	0	1
	09	Boys	263	190	259	197	259	197	263	123	265
	09	Girls	234	153	229	158	233	151	234	94	240
	10	Boys	256	201	248	170	254	190	256	117	259
	10	Girls	235	161	223	126	236	164	237	86	239
	11	Boys	2	1	2	1	2	1	2	0	2
Totals			991	707	962	652	986	704	993	421	1007
			98%	70%	96%	65%	98%	70%	99%	42%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MADISON HIGH	09	Boys	213	157	214	180	212	187	212	102	216
	09	Girls	212	177	206	205	214	200	213	110	219
	10	Boys	180	147	180	144	183	168	181	122	187
	10	Girls	174	153	172	145	175	159	176	116	183
Totals			779	634	772	674	784	714	782	450	805
			97%	79%	96%	84%	97%	89%	97%	56%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MARSHALL HIGH	09	Boys	156	108	152	128	156	91	152	117	158
	09	Girls	159	132	156	122	162	85	157	108	167
	10	Boys	133	104	135	93	132	116	135	55	138
	10	Girls	116	105	114	85	114	100	112	47	118
	11	Boys	1	1	1	0	1	1	1	0	1
Totals			565	450	558	428	565	393	557	327	582
			97%	77%	96%	74%	97%	68%	96%	56%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MCLEAN HIGH	09	Boys	188	150	191	161	189	175	188	125	197
	09	Girls	180	144	187	158	189	175	180	93	195
	10	Boys	182	104	180	133	182	124	186	101	190
	10	Girls	161	110	159	115	163	107	163	101	165
	11	Boys	7	3	7	7	7	5	7	3	7
	11	Girls	2	2	2	1	2	2	2	0	2
Totals			720 95%	513 68%	726 96%	575 76%	732 97%	588 78%	726 96%	423 56%	756

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
MOUNT VERNON HIGH	09	Boys	226	171	221	154	225	169	224	48	227
	09	Girls	224	120	216	116	223	143	219	58	224
	10	Boys	168	148	166	123	174	134	173	61	175
	10	Girls	174	141	160	85	172	125	175	67	178
Totals			792	580	763	478	794	571	791	234	804
			99%	72%	95%	59%	99%	71%	98%	29%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
OAKTON HIGH	09	Boys	261	229	256	221	259	208	257	153	263
	09	Girls	244	218	233	183	241	152	246	142	249
	10	Boys	209	182	223	167	204	174	212	155	228
	10	Girls	230	208	240	168	217	157	235	166	254
	11	Boys	2	0	2	1	2	1	2	1	2
	11	Girls	3	2	2	0	3	2	3	2	3
	12	Girls	1	0	1	0	1	0	1	0	1
Totals			950	839	957	740	927	694	956	619	1000
			95%	84%	96%	74%	93%	69%	96%	62%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
ROBINSON HIGH	LP	Boys	1	1	1	0	1	1	1	1	1
	09	Boys	339	260	338	278	341	304	340	241	343
	09	Girls	358	299	356	308	358	317	362	284	362
	10	Boys	292	242	288	220	293	275	289	210	294
	10	Girls	298	263	287	213	297	270	297	229	299
Totals			1288	1065	1270	1019	1290	1167	1289	965	1299
			99%	82%	98%	78%	99%	90%	99%	74%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
SOUTH LAKES HIGH	09	Boys	171	102	154	106	168	150	169	65	189
	09	Girls	188	114	170	102	192	151	192	70	206
	10	Boys	188	134	178	133	189	158	190	118	192
	10	Girls	181	139	171	98	180	142	180	104	187
	11	Boys	4	2	2	1	4	2	4	4	4
	11	Girls	1	1	1	0	1	1	1	0	2
Totals			733 94%	492 63%	676 87%	440 56%	734 94%	604 77%	736 94%	361 46%	780

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
STUART HIGH	09	Boys	187	133	181	136	187	152	180	107	199
	09	Girls	182	122	176	139	185	155	180	80	194
	10	Boys	158	105	154	88	152	108	154	67	162
	10	Girls	144	98	144	59	144	107	141	88	149
	11	Boys	3	1	3	2	3	2	3	1	4
	11	Girls	5	3	4	0	4	1	5	1	5
	12	Boys	1	1	1	0	1	0	1	1	1
	12	Girls	2	1	2	0	2	1	2	1	2
Totals			682	464	665	424	678	526	666	346	716
			95%	65%	93%	59%	95%	73%	93%	48%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST POTOMAC HIGH	LP	Boys	1	1	1	0	1	1	1	1	1
	09	Boys	265	187	260	184	262	222	262	142	272
	09	Girls	245	166	239	138	246	189	253	113	259
	10	Boys	205	162	202	148	205	176	206	148	211
	10	Girls	217	163	204	119	215	168	222	146	229
	11	Boys	10	7	10	3	11	8	10	4	11
	11	Girls	4	1	4	0	4	2	4	1	4
	12	Boys	2	2	2	2	2	2	2	1	2
	12	Girls	1	1	0	0	1	1	0	0	1
	Totals			950	690	922	594	947	769	960	556
			96%	70%	93%	60%	96%	78%	97%	56%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WEST SPRINGFIELD HIGH	09	Boys	282	191	281	193	284	240	283	180	284
	09	Girls	246	173	247	169	246	221	248	138	248
	10	Boys	267	192	265	177	268	223	268	151	268
	10	Girls	269	208	268	176	270	239	269	140	270
Totals			1064	764	1061	715	1068	923	1068	609	1070
			99%	71%	99%	67%	100%	86%	100%	57%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WESTFIELD HIGH	09	Boys	331	235	328	257	330	289	324	128	343
	09	Girls	312	242	301	263	307	280	307	137	319
	10	Boys	289	236	292	235	298	261	291	133	306
	10	Girls	275	214	265	212	264	232	272	131	285
	11	Boys	3	3	3	2	3	3	3	1	3
	11	Girls	2	0	2	1	3	3	3	0	3
	12	Boys	1	0	1	0	1	0	1	0	1
Totals			1213	930	1192	970	1206	1068	1201	530	1260
			96%	74%	95%	77%	96%	85%	95%	42%	

FAIRFAX COUNTY PUBLIC SCHOOLS  
WELLNESS-RELATED FITNESS DATA  
SPRING 2002 - SCHOOL SUMMARY

School	Grade	Gender	Abdominal Strength		Aerobic Capacity		Upper Body Strength		Flexibility		Enrolled
			Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	Tested	Met WZ Criteria	
WOODSON HIGH	09	Boys	252	192	235	197	252	204	254	143	256
	09	Girls	235	202	207	182	235	151	236	195	239
	10	Boys	222	179	221	176	226	205	226	154	226
	10	Girls	198	173	196	171	202	200	204	152	207
	11	Boys	3	1	3	1	3	2	3	2	3
	11	Girls	4	4	4	3	4	4	4	4	4
Totals			914 98%	751 80%	866 93%	730 78%	922 99%	766 82%	927 99%	650 70%	935