

A message from FCPS  
Message sent - 11/4/2009

#### News from the Fairfax County Health Department

The Fairfax County Health Department will hold a second mass H1N1 flu vaccination clinic on Saturday, November 7 from 9 a.m. to 5 p.m. at the Fairfax County Government Center, 12000 Government Center Parkway in Fairfax. The vaccine is voluntary and will be offered on a walk-in basis, free of charge. Seasonal flu vaccine will not be available at these clinics.

Due to limited quantities of flu shot vaccine—compared with the nasal spray vaccine—we want to use the limited quantities wisely and reserve the flu shot vaccine for high-risk individuals for whom the nasal spray vaccine is not an option. Therefore, individuals who are eligible for nasal spray vaccine should expect to be offered only nasal spray vaccine.

#### Who Can Get Vaccinated at the November 7 Clinic?

The Health Department has the capacity to vaccinate a maximum of 12,000 people on November 7. Based on the quantity of vaccine available, and in an effort to vaccinate school-aged children and those at high risk of influenza-related complications, the clinic will target only the following groups:

- Children 4 years through 9 years of age.
- Children 10 years through 18 years of age who have certain medical conditions that put them at higher risk for influenza-related complications:
  - Cancer
  - Blood disorders (including sickle cell disease)
  - Chronic lung disease [such as asthma or chronic obstructive pulmonary disease (COPD)]
  - Diabetes
  - Heart disease
  - Kidney disorders
  - Liver disorders
  - Neurological disorders (such as epilepsy, cerebral palsy, brain or spinal cord injuries, moderate to profound intellectual disability [mental retardation] or developmental delay)
  - Neuromuscular disorders (such as muscular dystrophy and multiple sclerosis)
  - Weakened immune systems (such as people with HIV or AIDS or who are on medications that weaken the immune system)

Read more: <http://www.cdc.gov/h1n1flu/highrisk.htm>

#### Other Vaccine Opportunities

The 2009 H1N1 vaccine is starting to become available through many of the same health care providers, pharmacies and community programs that provide the seasonal influenza vaccine. Individuals and families should check with their providers about availability.

Also, the Fairfax County Health Department will offer H1N1 flu vaccines at its five Health Department clinic location on Tuesday, November 10 and Thursday, November 12.

On November 10 and 12, H1N1 Flu Vaccine will be offered to only:

- Children 6 months through 9 years of age
- Pregnant women
- Parents of children less than 6 months of age
- Children 10 years through 18 years of age who have certain medical conditions that put them at higher risk for influenza-related complications as noted above in the Nov. 7 mass clinic.

Vaccine is free of charge and available on a walk-in basis to the first 300 people listed above beginning at 8 a.m. at each of the five Health Department clinic locations.

Updated information, about the availability and distribution of 2009 H1N1 vaccine, including consent form and vaccination information statements, is on the county's web site at: <http://www.fairfaxcounty.gov/flu> or by calling the Fairfax County H1N1 Call Center at 703-267-3511.

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