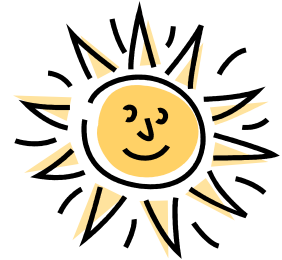


Mrs. Swansbrough's Reading Tips for Parents

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Prevent Summer Slide ... Read Throughout the Day, Every Day

Research shows that reading just four to five books during the summer can keep a reader from losing ground. Even so, it may be hard to keep up a reading routine in a season packed with distractions and diversions. So, encourage your teen to take advantage of *every* opportunity to read. Here are some things you can have your child do *throughout the day* and *all summer long*.



Morning:

The newspaper is a great place to start - even if it's just the comics or the day's weather. As reading the paper becomes a habit, your child will find a hot topic to follow or discover that he or she has interest in other sections of the newspaper, too. Talk with your child about current news, social, or sports events.

Daytime:

Recipes, schedules, directions, TV guides, magazines, online resources are all around us. For example, if your teen took responsibility for preparing just one meal per week, think about all the reading he or she would do: searching through cookbooks and recipes, listing needed ingredients and comparing labels while shopping, as well as reading and probably rereading the directions while cooking.

Evening:

A great book is simply the best way to end the day. You'll want to make sure your child has lots of choices. Take advantage of the public library or visit a book store and look at booklists. Two good places to start for recommendations are:

www.fcps.edu/DIS/readlist/index.htm

www.fairfaxcounty.gov/library/Reading/YA



Remember that reading is everywhere
and we do it all the time -
even in the summer time.