

WHAT TO DO

After 2

AT
MOUNT VERNON
HIGH SCHOOL

**A GUIDE TO EXTRACURRICULAR ACTIVITIES
2009 - 2010**



Fall Sports

FOOTBALL

COACH: TOM GLYNN

THOMAS.GLYNN@FCPS.EDU

703-619-3144

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 11

WHO: ANY STUDENT INTERESTED, HOWEVER, YOU MUST ATTEND SUMMER CONDITIONING.



FRESHMEN FOOTBALL

COACH: RYAN TROUPE

RYAN.TROUPE@FCPS.EDU

703-619-3144

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 11

WHO: ANY FRESHMEN STUDENT INTERESTED, HOWEVER, YOU MUST ATTEND SUMMER CONDITIONING.

JV FOOTBALL

COACH: RODNEY BOYLE

RODNEY.BOYLE@FCPS.EDU

703-619-3144

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 11

WHO: ANY STUDENT INTERESTED, HOWEVER, YOU MUST ATTEND SUMMER CONDITIONING.

VOLLEYBALL

COACH: JULIA LASHLEY

JULIA.LASHLEY@FCPS.EDU

703-619-3141

WHAT: GIRLS IN GRADES 9-12

WHERE: FIELD HOUSE

WHEN: TRYOUTS BEGIN AUGUST 11

WHO: ANY STUDENTS INTERESTED

GOLF

COACH: TBA

703-619-3326

WHAT: GOLF

WHERE: MOUNT VERNON COUNTRY CLUB

WHEN: 2:30 MONDAY – THURSDAY.

TRYOUTS BEGIN AUG. 3.

WHO: ANY STUDENT INTERESTED IN PLAYING GOLF PLEASE SEE THE ACTIVITIES OFFICE.

CROSS COUNTRY

COACH: WILLIE MEDLEY

WILLIE.MEDLEY@FCPS.EDU

703-619-3176

WHAT: LONG DISTANCE RUNNING (3.1 MILES)

WHERE: ROOM H104

WHEN: TRYOUTS BEGIN AUG. 3

WHO: ANY STUDENT INTERESTED SHOULD CALL OR COME BY TO SEE COACH MEDLEY.

CHEERLEADING
COACH: CHARLENE ALDRIDGE
caldridge@grsco.com
703-619-3140

WHO: CHEERLEADING IS OPEN FOR BOYS AND GIRLS GRADES 9-12.

FRESHMEN: 9TH GRADERS

JV: 9TH, 10TH, 11TH

VARSITY: 9TH, 10TH, 11TH, 12TH

WHAT: CHEERLEADING IS A FALL AND WINTER SPORT. OUR PRIMARY FUNCTION IS TO SUPPORT FALL AND WINTER SPORTS, PROMOTE SCHOOL SPIRIT, AND REPRESENT MOUNT VERNON HIGH SCHOOL WITHIN THE COMMUNITY. THE VARSITY TEAM ALSO COMPETES IN THE DISTRICT AND THE REGION DURING THE FALL SPORTS SEASON.

WHEN: OUR SEASON BEGINS IN AUGUST AND LASTS THROUGH LATE FEBRUARY. *NO EXPERIENCE IS NECESSARY!!!*

WHERE: MICHAEL M. SKINNER FIELD HOUSE

FIELD HOCKEY
COACH: JESSICA HEBEL
JESSICA.HEBEL@FCPS.EDU
703-619-3140

WHAT: JV AND VARSITY TEAMS

WHERE: FIELD HOCKEY FIELD

WHEN: TRYOUTS BEGIN AUG. 11

WHO: GRADES 9-12

**Go
Majors!!**



Winter Sports

GYMNASTICS

COACH: LINDA FISHER

LFISHER@IAMAW.ORG

703-799-6353

WHAT: MT VERNON GIRLS GYMNASTICS

WHERE: GYMNASTICS ROOM

WHEN: 5:30-7:30 MONDAY – FRIDAY. TRYOUTS BEGIN NOV. 16.

WHO: ANY FEMALE INTERESTED IN IMPROVING FLEXIBILITY, COORDINATION, BALANCE AND STRENGTH MAY CONTACT COACH FISHER.

INDOOR TRACK

COACH: CHRIS LOLAGNE

CHRIS.LOLAGNE@FCPS.EDU

703-619-3140

WHAT: MT VERNON TRACK & FIELD – IT'S *NOT* JUST FOR RUNNERS !

WHERE: TRACK OFFICE

WHEN: 3:00 MONDAY – FRIDAY. TRYOUTS BEGIN NOV. 16.

WHO: ANY STUDENT INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, STAMINA, ENDURANCE, BOUNCE OR PHYSIQUE, ALL WHILE PARTICIPATING ON A WINNING TEAM.

GIRLS BASKETBALL

HEAD COACH: TERRY HENDERSON

TERRY.HENDERSON@FCPS.EDU

703-619-3145

WHAT: GIRLS FRESHMAN, JV AND VARSITY BASKETBALL

WHERE: FIELD HOUSE

WHEN: TRYOUTS BEGINS NOVEMBER 16.

WHO: ANY GIRL WHO WOULD LIKE TO PLAY BASKETBALL FOR THE HIGH SCHOOL. WE HAVE 3 TEAMS FRESHMAN, JV AND VARSITY.

BOYS BASKETBALL

VARSITY COACH: ALFONSO SMITH

ALFONSO.SMITH@FCPS.EDU

703-619-3146

WHAT: STUDENT-ATHLETES WHO ARE INTERESTED IN JOINING A BASKETBALL PROGRAM THAT PURSUES EXCELLENCE IN ACADEMICS, ATHLETICS, AND CITIZENSHIP.

WHERE: SKINNER FIELD HOUSE

WHEN: TRYOUTS BEGIN NOV. 16.

WHO: ANY BOY WHO WOULD LIKE TO PLAY BASKETBALL FOR THE HIGH SCHOOL. WE HAVE 3 TEAMS FRESHMAN, JV AND VARSITY.

SWIM & DIVE

COACHES: MARK MURRAY

SWMMURRAY@YAHOO.COM

703-619-3140

WHAT: MT VERNON SWIM/DIVE – IT'S NOT JUST A SPORT, IT'S A WAY OF LIFE !

WHERE: GW RECREATION CENTER

WHEN: 3:45-5:00 MONDAY, TUESDAY, THURSDAY.

WHO: ANY STUDENT INTERESTED IN COMPETING IN SWIM AND/OR DIVE.

WRESTLING

COACH: ANTHONY MCDUFFIE

ANTHONY.MCDUFFIE@FCPS.EDU

703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED IN LEARNING HOW TO WRESTLE

WHERE: WRESTLING ROOM

WHEN: EVERYDAY AT 3PM PRESEASON CONDITIONING BEGIN NOVEMBER 3 AND TRYOUTS BEGIN NOVEMBER 16.

WHO: ANY STUDENT INTERESTED SHOULD SEE MR. MCDUFFIE.

Spring Sports

BOYS LACROSSE

COACH: DALE NALLS

MAJORSLAX@VERIZON.NET

703-203-7357

WHAT: MT VERNON BOYS LACROSSE: CHAMPIONSHIP TRADITION, FAMILY ATMOSPHERE

WHERE: CALL OR E-MAIL FOR LOCATIONS

WHEN: WEIGHTLIFTING BEGINS IN NOVEMBER, SEASON BEGINS FEBRUARY 22.

WHO: ANYONE INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, AND OTHER SKILLS HELPFUL TO FOOTBALL AND BASKETBALL PLAYERS, ALL WHILE PARTICIPATING ON A TEAM WITH A TRADITION OF WINNING, AND PREPARING ATHLETES FOR PLAY AT THE COLLEGIATE LEVEL.

GIRLS LACROSSE

COACH: TBA

WHAT: MT VERNON WOMEN'S LACROSSE

WHERE: BLACKTOP BEHIND GYM/WEIGHT ROOM/TRACK

WHEN: TRYOUTS BEGINS FEBRUARY 22.

WHO: FOR ANY GIRLS INTERESTED IN PLAYING A GREAT SPORT WHILE DEVELOPING STRENGTH, SPEED AND HAND/EYE COORDINATION, AND BECOMING AN IMPORTANT PART OF A STRONG TEAM.

SOFTBALL

COACH: ANGELA LOUIS

ANGELA.LOUIS@FCPS.EDU

703-619-3140

WHAT: MOUNT VERNON SOFTBALL

WHERE: PRACTICES HELD ON THE VARSITY & JV SOFTBALL FIELDS

WHEN: TRYOUTS BEGIN FEB. 22

WHO: TRYOUT INFORMATION TBA

CREW

HEAD COACH: RYAN WARD

STANZA1986@HOTMAIL.COM

TEACHER SPONSORS:

JO-ANN MUIR

JMUIR@FCPS.EDU

DOTTIE DILTS:

DDILTS@FCPS.EDU

703-619-3140

WHAT: A VARSITY SPRING SPORT WITH WINTER TRAINING. ALL PARTICIPANTS MUST PASS A SWIM TEST.

WHEN: WINTER CONDITIONING MEETS 3 DAYS A WEEK IN "A" HALL UPSTAIRS.

WHERE: SPRING ROWING LOCATION TO BE DETERMINED.

WHO: ALL STUDENTS ARE WELCOME!

BASEBALL

HEAD COACH: LUKE SABLE

LCSABLE@AOL.COM

703-619-3140

WHAT: MOUNT VERNON BASEBALL

WHERE: THOMAS J. HYER BASEBALL FIELD

WHEN: TRYOUTS BEGIN FEB. 22

WHO: TRYOUT INFORMATION TBA

Spring Sports

GIRLS SOCCER

COACH: TONY GARZA

ANTHONY.GARZA@FCPS.EDU

703-619-3142

WHAT: MOUNT VERNON GIRLS SOCCER

WHERE: PRESEASON: ON THE TRACK TRY-OUTS BEGIN FEB. 22 AT GW REC CENTER (ACROSS THE STREET FROM SCHOOL)

WHEN: PRESEASON: 3-4PM M,W, R ON THE TRACK

WHO: ANY GIRLS INTERESTED IN PLAYING SOCCER, SEE COACH GARZA IN THE ATHLETIC OFFICE.

GIRLS TENNIS

COACH: PETE SIENKIEWICZ

PETE.SIENIEWICZ@FCPS.EDU

703-619-3140

WHAT: MT. VERNON GIRLS TENNIS

WHERE: MT.VERNON /RIVERSIDE TENNIS COURTS

WHEN: 3 PM MONDAY – FRIDAY TRYOUTS BEGIN IN FEB. 22

WHO: ANY GIRL INTERESTED IN JOINING A FUN AND SPIRITED YET COMPETITIVE TEAM, SEE COACH SIENKIEWICZ,

TRACK & FIELD

COACH: CHRIS LOLAGNE

CHRIS.LOLAGNE@FCPS.EDU

703-619-3140

WHAT: MT VERNON TRACK & FIELD – IT'S NOT JUST FOR RUNNERS !

WHERE: TRACK OFFICE

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN FEB. 22

WHO: ANY STUDENT INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, STAMINA, ENDURANCE, OR PHYSIQUE, ALL WHILE PARTICIPATING ON A WINNING TEAM.

BOYS SOCCER

COACH: ROBERT GARZA

ROBERT.GARZA@FCPS.EDU

703-619-3142

WHAT: MOUNT VERNON BOYS SOCCER

WHERE: PRACTICES AT BRYANT

WHEN: TRY-OUTS BEGIN FEB 22. CONDITIONING IS EVERY MON & THURS FROM 2:30 -4:00PM. ANY STUDENT INTERESTED SHOULD SEE COACH GARZA FOR MORE INFORMATION.

WHO: ANY BOYS INTERESTED IN PLAYING, SEE COACH GARZA IN THE ATHLETIC OFFICE

BOYS TENNIS

SPONSOR: JERRY MUSARRA

MGODOMO@AOL.COM

703-619-3140

WHAT: MT. VERNON H.S. BOYS TENNIS

WHERE: MT.VERNON/RIVERSIDE TENNIS COURTS

WHEN: TRYOUTS BEGIN FEB. 22

WHO: ANY BOY INTERESTED IN JOINING A FUN AND SPIRITED YET COMPETITIVE TEAM, PLEASE E-MAIL COACH MUSARRA



Performing Arts

CHORUS

SPONSOR: MRS. JUDI BELZER

JUDI.BELZER@FCPS.EDU

703-619-3139

WHERE: F101

WHAT: OPPORTUNITY TO LEARN TO SING AND READ MUSIC

WHEN: REQUIRES CLASS ENROLLMENT—CONTACT YOUR COUNSELOR.

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN ENROLL IN BEGINNING CHORUS.

BAND/MARCHING BAND

SPONSOR: RICHARD BACZ

RICHARD.BACZ@FCPS.EDU

703-619-3241

WHERE: F103 — IN THE MUSIC WING

WHAT: (LEARN TO) PLAY AN INSTRUMENT

WHEN: REQUIRES CLASS

WHO: ANYONE WHO ALREADY PLAYS AN INSTRUMENT, OR WHO WOULD LIKE TO LEARN SHOULD SEE MR. BACZ IN ROOM F103.

DRAMA/THEATRE

SPONSOR: ELIZABETH BECKER

ELIZABETH.BECKER@FCPS.EDU

703-619-3259

WHERE: J101

WHAT: OPPORTUNITY TO LEARN TO PERFORM IN A PLAY OR BUILD SCENERY.

WHEN: REQUIRES AFTER SCHOOL COMMITMENT—CONTACT MS. BECKER

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN WORK ON A PLAY.

ORCHESTRA

SPONSOR: TIMOTHY GAFFGA

TIMOTHY.GAFFGA@FCPS.EDU

703-619-3241

WHERE: F102 — IN THE MUSIC WING

WHAT: (LEARN TO) PLAY AN INSTRUMENT

WHEN: EMAIL OR CALL FOR TIMES OTHER THAN LATE BUS DAYS — MANY DIFFERENT KINDS OF OPPORTUNITIES EXIST FOR ALL SKILL LEVELS!

WHO: ANYONE WHO ALREADY PLAYS AN INSTRUMENT, OR WHO WOULD LIKE TO LEARN.



Honor Societies

GERMAN HONOR SOCIETY

SPONSOR: GISELA CARTY

GISELA.CARTY@FCPS.EDU

703-619-4386

WHAT: STUDENTS WHO HAVE ACHIEVED EXCELLENCE IN THE STUDY OF GERMAN

WHERE: ROOM E213

WHEN: FIRST THURSDAY OF EVERY MONTH

WHO: ANY STUDENT WHOSE GRADE POINT AVERAGE IS 3.0 OR HIGHER AND WHO HAS SHOWN A COMMITMENT TO THE LANGUAGE.

NATIONAL HONOR SOCIETY

SPONSOR: DANIEL COAST AND

KAREN HERTEL

DANIEL.COAST@FCPS.EDU

KAREN.HERTEL@FCPS.EDU

703-619-3100

WHAT: ACADEMIC HONOR SOCIETY AND SERVICE ORGANIZATION

WHERE: BRATTEN HALL (G100)

WHEN: 1ST MONDAY OF EVERY MONTH

WHO: STUDENTS ELIGIBLE FOR MEMBERSHIP WILL RECEIVE AN APPLICATION PACKET IN THE MAIL.

FRENCH HONOR SOCIETY

SPONSOR: CHRISTIANE MCCONNAUGHEY

[CHRISTIANE.MCCONNAUGHEY@](mailto:CHRISTIANE.MCCONNAUGHEY@FCPS.EDU)

FCPS.EDU

703-619-4386

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF FRENCH WITH AN OVERALL GPA OF 3.0 AND 3.5 IN FRENCH.

WHERE: ROOM E207

WHEN: LAST THURSDAY OF EVERY MONTH

WHO: ANY STUDENT WHO WOULD LIKE TO IMPROVE THEIR FRENCH GRADE AND THEIR UNDERSTANDING OF THE FRANCOPHONE CULTURE.

SPANISH HONOR SOCIETY

SPONSOR: ANA GONZALEZ

ANA.GONZALEZ@FCPS.EDU

703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF SPANISH.

WHERE: ROOM E-211

WHEN: 2ND THURSDAY OF THE MONTH

WHO: ANY STUDENT INTERESTED SHOULD SEE HIS/HER SPANISH TEACHER.

NATIONAL BUSINESS HONOR SOCIETY

SPONSOR: GLORIA ADAMS

GLORIA.ADAMS@FCPSE.DU

703-619-8203

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF BUSINESS AND INFORMATION TECHNOLOGY.

WHERE: ROOM H213

WHEN: FOURTH THURSDAY OF EVERY MONTH

WHO: STUDENTS MUST APPLY FOR MEMBERSHIP. THEY SHOULD SEE THEIR BUSINESS OR INFORMATION TECHNOLOGY TEACHER FOR MORE INFORMATION.

TRIM HONOR MUSIC SOCIETY

SPONSOR: MRS. JUDI BELZER

JUDI.BELZER@FCPS.EDU

703-619-3139

WHERE: F101

WHAT: MUSIC HONOR SOCIETY

WHEN: 3RD THURSDAY OF EVERY MONTH BEGINNING NOVEMBER 16.

WHO: STUDENTS WHO WANT TO QUALIFY MUST SUBMIT THEIR GRADES TO MRS. BELZER FOR APPROVAL. THEY MUST HAVE AN "A" IN THEIR MUSIC CLASS AND A 3.2 AVERAGE OR BETTER IN ALL OTHER CLASSES.

HISTORY HONOR SOCIETY

SPONSOR: MS. ANNA RIPPY

ANNA.RIPPY@FCPS.EDU

703-619-3100

WHERE: A101

WHAT: HISTORY HONOR SOCIETY

WHEN: 1ST MONDAY OF EVERY MONTH

WHO: STUDENTS SHOULD SEE MS RIPPY.

MUST/HAVE MAINTAIN A 3.0 GPA AND A 3.25 GPA IN THEIR HISTORY COURSE

MATH HONOR SOCIETY

SPONSOR: DANETTE SHORT

DANETTE.SHORT@FCPS.EDU

703-619-4367

WHERE: CAFETERIA, 3:00 P.M. – 2:55 P.M.

WHAT: ATTEND AT LEAST 5 OF THE 6 VARSITY MATH MEETS. CUMULATIVE MATH COURSE GPA OF 3.5 OR HIGHER IN ALL HIGH SCHOOL MATH COURSES. MATH TEAM DATES TBA.

WHO: SENIORS

ENGLISH HONOR SOCIETY

SPONSOR: DANIELLE

DEARMENT – DONOHUE AND KRISTEN BOSCH

DANIELLE.DEARMENTDONOHUE@FCPS.EDU

KRISTEN.BOSCH@FCPS.EDU

703-619-3100

WHERE: E200 AND MEDIA CENTER

WHEN: MONDAYS

WHAT: HONOR SOCIETY FOR STUDENTS WHO EXCEL IN ENGLISH CLASSES AND ARE WILLING TO VOLUNTEER TIME TO HELP THE COMMUNITY WITH ENGLISH.

WHO: JUNIORS AND SENIORS CAN APPLY FOR MEMBERSHIP OCTOBER 6 – OCTOBER 17.

SERVICE: THE WRITING CENTER IS STAFFED ON MONDAYS FROM 2:15-3:15 IN THE MEDIA CENTER BY EHS FOR STUDENTS WHO NEED HELP WITH WRITING ASSIGNMENTS.

INTERNATIONAL

THESPIANS/Drama Club

SPONSOR: ELIZABETH BECKER

ELIZABETH.BECKER@FCPS.EDU

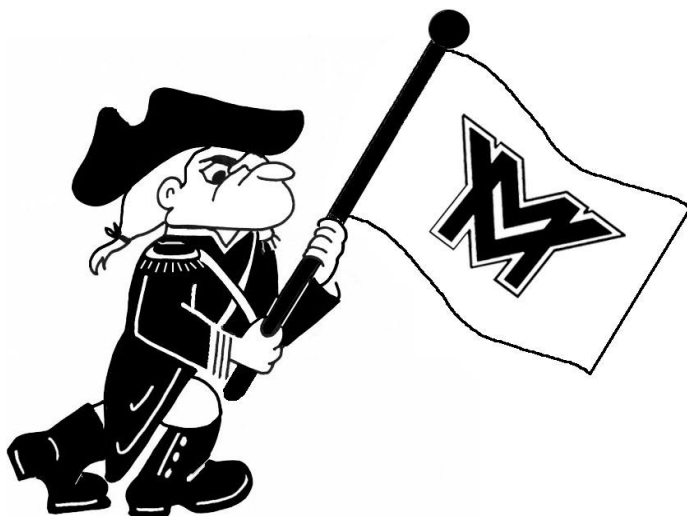
703-619-3259

WHERE: J101

WHAT: OPPORTUNITY TO LEARN TO PERFORM IN A PLAY OR BUILD SCENERY.

WHEN: REQUIRES AFTER SCHOOL COMMITMENT—CONTACT MS. BECKER

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN WORK ON A PLAY.



Clubs and Organizations

DEBATE/FORENSICS

SPONSORS: KEN MUSSEN

KENNETH.MUSSEN@FCPS.EDU

703-619-4378

WHAT: A GREAT OPPORTUNITY FOR STUDENTS TO IMPROVE THEIR PUBLIC SPEAKING SKILLS BY PARTICIPATING IN ONE OR MORE OF 15 DIFFERENT EVENTS.

WHERE: ROOM E206

WHEN: AFTER SCHOOL. SEASON RUNS FROM SEPTEMBER – MARCH. STARTS 2ND WEEK OF SEPTEMBER.

WHO: ANY STUDENT IS INVITED TO PRACTICE WITH THE TEAM. YOU BECOME A TEAM MEMBER WHEN YOU COMPETE IN A TOURNAMENT.

IT'S ACADEMIC

QUIZ BOWL TEAM

SPONSORS: MITCHELL LUXENBERG

MITCHELL.LUXENBERG@FCPS.EDU

703-619-4366

WHAT: STUDENTS WHO ARE INTERESTED IN INCREASING AND SHARING WHAT THEY KNOW!

WHERE: ROOM E109

WHEN: MOST FRIDAYS

WHO: ALL STUDENTS INTERESTED IN COOL FACTS AND NOT-SO-TRIVIAL TRIVIA, AND THE THRILL OF INTERSCHOLASTIC COMPETITION! FACULTY, TOO!

GAY-STRAIGHT ALLIANCE

SPONSORS: SUZANNE CLARK

SUZANNE.CLARK@FCPS.EDU

703-619-3100

WHAT: A CLUB WHOSE MISSION IS TO:

1. CREATE SAFE ENVIRONMENTS IN SCHOOLS FOR STUDENTS TO SUPPORT EACH OTHER AND LEARN ABOUT HOMOPHOBIA AND OTHER OPPRESSIONS,
2. EDUCATE THE SCHOOL COMMUNITY ABOUT HOMOPHOBIA, GENDER IDENTITY, AND SEXUAL ORIENTATION ISSUES, AND
3. FIGHT DISCRIMINATION, HARASSMENT, AND VIOLENCE IN SCHOOLS.

WHEN: TBA

WHERE: ROOM E202

FCCLA: FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA

SPONSORS: BEVERLY CARD, MEGHAN MCNAUGHTON, AND JANET ROCKYMORE

BEVERLY.CARD@FCPS.EDU

703-619-3120

MEGAN.MCNAUGHTON@FCPS.EDU

703-619-3316

JANET.ROCKYMORE@FCPS.EDU

703-619-4359

WHAT: DEVELOP LEADERSHIP SKILLS AND EARN SERVICE HOURS THROUGH FAMILY, CAREER AND COMMUNITY ACTIVITIES.

WHERE: ROOM D120

WHEN: 1ST AND 3RD MONDAY EACH MONTH

WHO: ANY INTERESTED PAST OR PRESENT FAMILY AND CONSUMER SCIENCES STUDENT.

RITMO LATINO (LATIN DANCE)

SPONSORS: ANA GONZALEZ

ANA.GONZALEZ@FCPS.EDU

703-619-3100

WHAT: A CLUB WHERE PEOPLE EXPLORE LATIN CULTURE THROUGH DANCE AND PERFORMANCE. STUDENTS ARE REQUIRED TO ATTEND MEETINGS AND PRACTICES TO PREPARE FOR PERFORMANCES.

WHEN: MONDAYS AFTER SCHOOL IN E-211

WHO: ANYONE INTERESTED IN THE DANCE OF SPANISH HERITAGE

FBLA

**SPONSORS: BERKELEY MCHUGH,
GLORIA ADAMS, PETE SIENKIEWICZ**

BERKELEY.MCHUGH@FCPS.EDU

GLORIA.ADAMS@FCPS.EDU

PETE.SIENKIEWICZ@FCPS.EDU

703-619-3100

WHERE: H203

WHEN: TO BE DETERMINED

WHAT: FUTURE BUSINESS LEADERS OF AMERICA- PHI BETA LAMBDA IS AN EDUCATIONAL ASSOCIATION OF STUDENT MEMBERS PREPARING FOR CAREERS IN BUSINESS AND BUSINESS RELATED FIELDS. FBLA-PBL PROVIDES INNOVATIVE LEADERSHIP DEVELOPMENT PROGRAMS TO BRING BUSINESS AND EDUCATION TOGETHER IN A POSITIVE WORKING RELATIONSHIP.

WHO: ALL STUDENTS IN BUSINESS CLASSES ARE ELIGIBLE TO JOIN.

KEY CLUB

**SPONSORS: TANYA BELDA AND
DR. ANN MCCRACKEN**

TSBELDA@FCPS.EDU OR

JAMCCRACKEN@FCPS.EDU

703-619-3100

WHAT: STUDENTS WILL PARTICIPATE IN A VARIETY OF SERVICE PROJECTS IN THE MOUNT VERNON AREA

WHERE: VARIES & AFFILIATED WITH KIWANIS FOR FUTURE SCHOLARSHIPS AND OPPORTUNITIES

WHEN: ONE MEETING / MONTH. VARIOUS SERVICE PROJECTS THROUGHOUT YEAR.

WHO: ANY STUDENT WHO IS INTERESTED!!

DANCE TEAM

SPONSOR: CASANDRA DAVIS-PERILLIAT

CASANDRA.DAVIS-PERILLIAT@FCPS.EDU

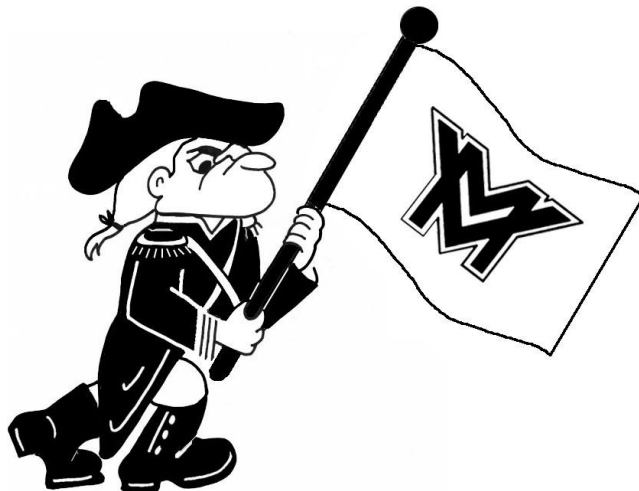
703-619-3100

WHAT: DANCERS OF ALL TYPES WELCOME!

WHERE: MVHS DANCE STUDIO

WHEN: REHEARSALS TBA

WHO: ANY STUDENT INTERESTED IN HIP-HOP AND OTHER STYLES OF DANCE (JAZZ, TAP, MODERN). PLAN TO PERFORM DURING HALF-TIME AT HOME BASKETBALL GAMES.



BROWN BAG BOOK CLUB

SPONSORS: KATHLEEN POWERS AND
DR. ANN MCCRACKEN

KATHLEEN.POWERS@FCPS.EDU OR
JAMCCRACKEN@FCPS.EDU
703-619-3100

WHAT: STUDENTS WILL READ AND DISCUSS A
CONTEMPORARY WORK OF YOUNG ADULT
FICTION

WHERE: MEDIA CENTER CLASSROOM

WHEN: ALL LUNCHES THE THIRD TUESDAY OF
EVERY MONTH

WHO: ANY STUDENT WHO IS INTERESTED!!

ENGINEERING AND ROBOTICS CLUB

SPONSORS: DOTTIE DILTS
CHARLIE SABATIER

DOTTIE.DILTS@FCPS.EDU
CHARLES.SABATIER@FCPS.EDU
703-619-3100

WHAT: STUDENTS WHO WANT TO HAVE
FUN EXPLORING THE SKILLS AND PROCESS
OF ENGINEERING THROUGH HANDS-ON
BUILDING OF MACHINES, ELECTRONIC
DEVICES AND ROBOTS

WHERE: ROOM A215

WHEN: LATE BUS DAY AFTER SCHOOL

WHO: ANY STUDENT WHO IS INTERESTED



PROJECT DISCOVERY CLUB

COORDINATOR: MS. MARGARET STASIKOWSKI
MARGARET.STASIKOWSKI@FCPS.EDU
703-619-3254

WHERE: TBA

WHAT: LEARN ABOUT WHAT IT TAKES TO GET TO
COLLEGE

WHEN: COMPLETE APPLICATION – CONTACT
MS. STASIKOWSKI FOR A COPY. MEET ONCE A
MONTH DURING MAJOR TIME PLUS COLLEGE
VISITS

WHO: FIRST IN FAMILY TO THINK ABOUT
COLLEGE

MATH TEAM

SPONSORS: DANETTE SHORT-VARSITY

DANETTE.SHORT@FCPS.EDU
703-619-3100

WHAT: COUNTY SPONSORED MATH PROBLEMS.
COME DO MATH PROBLEMS AND EARN EXTRA
CREDIT.

WHEN: TBA

WHO: ABOVE ALGEBRA 2 – VARSITY, ALGEBRA
1 AND BELOW - JV

WHERE: PRIMARY G100

YOUNG DEMOCRATS

**SPONSORS: SUZANNE CLARK AND
JANE HARPER**

SUZANNE.CLARK@FCPS.EDU

JANE.HARPER@FCPS.EDU

703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED IN LEARNING ABOUT THE DEMOCRATIC PROCESS WHILE WORKING TO ELECT DEMOCRATIC CANDIDATES

WHERE: Room H202

WHEN: 2ND THURSDAY OF EVERY MONTH

WHO: ANY STUDENT INTERESTED SHOULD ATTEND A MEETING.

ART CLUB

SPONSOR: CHRIS KLINKE

CHRIS.KLINKE@FCPS.EDU

703-619-4353

WHAT: CREATIVE STUDENTS WHO ARE INTERESTED IN PRODUCING ARTWORK INDIVIDUALLY FOR OUR SCHOOL, AND COMMUNITY.

WHERE: Room D107

WHEN: THURSDAYS (OTHER TIMES TBA)

WHO: ANY STUDENT INTERESTED SHOULD SEE MR. KLINKE OR ATTEND A MEETING.

VIDEO PRODUCTION/MORNING NEWS SHOW

SPONSOR: KATHLEEN POWERS

KATHLEEN.POWERS@FCPS.EDU

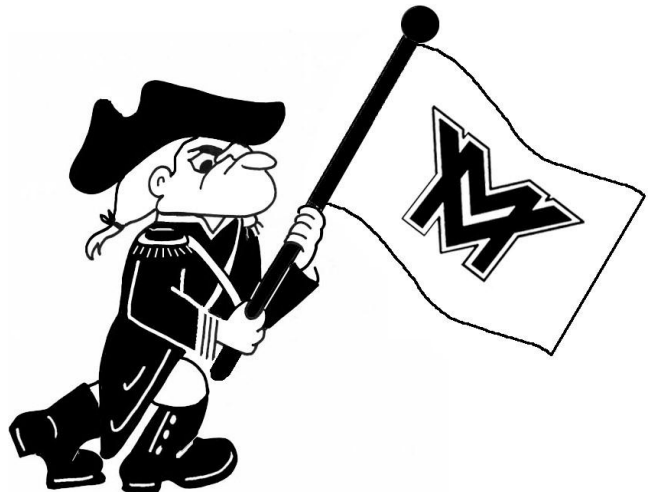
703-619-3190

WHAT: STUDENTS PRODUCE A LIVE MORNING NEWS SHOW WITH ANNOUNCEMENTS, SCHOOL NEWS AND SPECIAL FEATURES.

WHERE: MEDIA CENTER TV STUDIO

WHEN: MORNINGS BEFORE SCHOOL

WHO: ANY STUDENT INTERESTED SHOULD SEE MRS. POWERS.



DECA

SPONSOR: MARC MATTHIE

MARC.MATTHIE@FCPS.EDU

703-619-3100

WHAT: AN ASSOCIATION OF MARKETING STUDENTS

WHERE: TBA

WHEN: TBA

WHO: ANY STUDENT ENROLLED IN MARKETING EDUCATION

ECOLOGY CLUB

SPONSOR: AMY BEDELL

AMY.BEDELL@FCPS.EDU

703-619-3272

WHAT: AN ENVIRONMENTALLY CONSCIENCE GROUP WHOSE ACTIVITIES WILL INCLUDE, BUT NOT BE LIMITED TO GREEN HOUSE GARDENING, ENVIRONMENTAL CLEAN-UPS, AND WATER QUALITY TESTING

WHERE: A219

WHEN: 1-2 TIMES A MONTH

WHO: ALL STUDENTS ARE WELCOME!

**SGA-STUDENT GOVERNMENT
ASSOCIATION**

**SPONSOR: JOY MCMANUS,
GLEN PEPPER**

JOY.MCMANUS@FCPS.EDU

GLEN.PEPPER@FCPS.EDU

703-619-3377, 703-619-3335

WHAT: SERVICE ORGANIZATION THAT WORKS WITH SCHOOL ADMINISTRATION AND STUDENTS TO DEVELOP ACTIVITIES AND FOSTER SCHOOL SPIRIT.

WHERE: SGA MEETINGS IN CAFETERIA DURING MAJOR TIME

WHEN: MONTHLY

WHO: ELECTED OFFICIALS, VOLUNTEERS, CLASS COUNCIL REPRESENTATIVES - ASK MR. PEPPER(C-210) OR MRS. MCMANUS (C-217) FOR DETAILS

Class Sponsors

SGA-CLASS OF 2010

**SPONSOR: KATRINA TRAN AND CAMERON
ROHRKEMPER**

KATRINA.TRAN@FCPS.EDU

CAMERON.ROHRKEMPER@FCPS.EDU

703-619-3100

WHAT: COUNCIL OF STUDENTS THAT WORK WITH CLASS OFFICERS TO INCREASE SCHOOL SPIRIT, SGA EVENTS, SPIRIT WEEKS, CLASS FUNDRAISERS

WHERE: ROOM A205 & ROOM A217

WHEN: MONTHLY DURING MAJOR TIME FOR COUNCIL MEETINGS

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE-ASK MS. ROHRKEMPER OR MS. TRAN FOR DETAILS

SGA-CLASS OF 2011

**SPONSOR: JENNIFER GAFFORD AND
CINDY KSENIC**

JENNIFER.GAFFORD@FCPS.EDU

CINDY.KSENIC@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE: E208

WHEN: MONTHLY

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE-ASK MRS. GAFFORD OR MRS. KSENIC FOR DETAILS

SGA-CLASS OF 2012

SPONSOR: ARAYNA YEARWOOD

ARAYNA.YEARWOOD@FCPS.EDU

MARIA CUEVAS-MEHRA

MARIA.CUEVASMEHRA@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE: ROOM E212 OR A203

WHEN: MONTHLY

WHO: ELECTED OFFICIALS. VOLUNTEER POSITIONS AVAILABLE-ASK MS. YEARWOOD FOR DETAILS

SGA-CLASS OF 2013

**SPONSOR: MELINDA BLOOMQUIST AND
JULIA LASHLEY**

MELINDA.BLOOMQUIST@FCPS.EDU

JULIA.LASHLEY@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE: ROOM E107

WHEN: MONTHLY

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE

Publications

EM VEE HI (NEWSPAPER)

SPONSOR: TERENCE DONOHUE
TERENCE.DONOHUE@FCPS.EDU
703-619-3100

WHO: STUDENTS INTERESTED IN JOURNALISM, INVESTIGATING, WRITING, MUSIC, ART, PHOTOGRAPHY, MOVIES

WHAT: A SCHOOL NEWSPAPER DEDICATED TO REFLECTING THE NEWS AND INTERESTS OF MOUNT VERNON'S POPULATION

WHEN: ANY DAY AFTER SCHOOL

WHERE: SPEAK TO MR. DONOHUE IN E 100

PEN AND PALETTE

SPONSOR: DANIELLE DE ARMENT-DONOHUE OR KATHLEEN POWERS
DANIELLE.DEARMENTDONOHUE@FCPS.EDU OR
KATHLEEN.POWERS@FCPS.EDU
703-619-3100

WHERE: E200

WHAT: STUDENTS CONTRIBUTE TO THE PRODUCTION AND PUBLICATION OF THE SCHOOL'S CREATIVE ARTS MAGAZINE.

WHEN: THE SECOND THURSDAY EACH MONTH.

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN COME SEE MS. DE ARMENT - DONOHUE ON MONDAYS OR THURSDAYS AFTER SCHOOL.

THE SURVEYOR (YEARBOOK)

SPONSOR: RASHIDA JOHNSON
RASHIDA.JOHNSON@FCPS.EDU
703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED IN CREATING THE MVHS YEARBOOK.

WHERE: Room C206

WHEN: YEARBOOK STAFF MEMBERS MEET DURING CLASS TIME.

WHO: STUDENTS WHO ARE INTERESTED SHOULD SEE MS. JOHNSON (E205 OR C206) ABOUT SIGNING UP FOR PHOTOJOURNALISM.

EL PUNTO LATINO

SPONSORS: ANA GONZALEZ
ANA.GONZALEZ@FCPS.EDU
703-619-3100

WHAT: STUDENTS PUBLISH A QUARTERLY REVIEW IN SPANISH, INCLUDING ARTICLES, POETRY, INTERVIEWS, ART WORK AND CULTURAL INFORMATION.

WHERE: Room E211

WHEN: PLEASE SEE THE SPONSORS FOR MEETING TIMES

WHO: ANY STUDENTS WHO ARE INTERESTED MAY PARTICIPATE. THEY SHOULD BE PROFICIENT IN WRITING IN SPANISH.

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DIRECTOR OF STUDENT
ACTIVITIES

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