

WHAT TO DO

After 2

AT
MOUNT VERNON
HIGH SCHOOL

**A GUIDE TO EXTRACURRICULAR ACTIVITIES
2011-2012**



Fall Sports

FOOTBALL

COACH: BARRY WELLS

BARRY.WELLS@FCPS.EDU

703-619-3100

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 10

WHO: ANY STUDENT INTERESTED,
HOWEVER, YOU MUST ATTEND
SUMMER CONDITIONING.

JV FOOTBALL

COACH: JAIME LANGLEY

JCLANGLEY@FCPS.EDU

703-619-3100

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 10

WHO: ANY STUDENT INTERESTED,
HOWEVER, YOU MUST ATTEND
SUMMER CONDITIONING.

GOLF

COACH: WILLIAM SHOEMAKE

WCSHOEMAKE@FCPS.EDU

703-619-3326

WHAT: GOLF

WHERE: MOUNT VERNON COUNTRY
CLUB

WHEN: 2:30 MONDAY – THURSDAY.

TRYOUTS BEGIN AUG. 3.

WHO: ANY STUDENT INTERESTED IN
PLAYING GOLF PLEASE SEE THE
ACTIVITIES OFFICE.

FRESHMEN FOOTBALL

COACH: JAMAR HICKS

JAMAR.HICKS@FCPS.EDU

703-619-3100

WHAT: MT VERNON FOOTBALL

WHERE: FOOTBALL LOCKER ROOM

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN AUG. 10

WHO: ANY FRESHMEN STUDENT
INTERESTED, HOWEVER, YOU MUST
ATTEND SUMMER CONDITIONING.

VOLLEYBALL

COACH: ANTHONY BLACK

AHBLACK@FCPS.EDU

703-619-3141

WHAT: GIRLS IN GRADES 9-12

WHERE: FIELD HOUSE

WHEN: TRYOUTS BEGIN AUGUST 10

WHO: ANY STUDENTS INTERESTED

CROSS COUNTRY

COACH: WILLIE MEDLEY

WILLIE.MEDLEY@FCPS.EDU

703-619-3176

WHAT: LONG DISTANCE RUNNING
(3.1 MILES)

WHERE: ROOM H104

WHEN: TRYOUTS BEGIN AUG. 3

WHO: ANY STUDENT INTERESTED
SHOULD CALL OR COME BY TO SEE
COACH MEDLEY.

CHEERLEADING
COACH: ANGELICA ANDERSON
AYANDERSON@FCPS.EDU

703-619-3141

WHO: CHEERLEADING IS OPEN FOR BOYS AND GIRLS GRADES 9-12.

FRESHMEN: 9TH GRADERS

JV: 9TH, 10TH, 11TH

VARSITY: 9TH, 10TH, 11TH, 12TH

WHAT: CHEERLEADING IS A FALL SPORT. OUR PRIMARY FUNCTION IS TO SUPPORT FALL SPORTS, PROMOTE SCHOOL SPIRIT, AND REPRESENT MOUNT VERNON HIGH SCHOOL WITHIN THE COMMUNITY. THE VARSITY TEAM ALSO COMPETES IN THE DISTRICT AND THE REGION DURING THE FALL SPORTS SEASON.

WHEN: OUR SEASON BEGINS AUGUST 10
NO EXPERIENCE IS NECESSARY!!!

WHERE: MICHAEL M. SKINNER FIELD HOUSE

FIELD HOCKEY

COACH: JESSICA HEBEL
JESSICA.HEBEL@FCPS.EDU

703-619-3140

WHAT: JV AND VARSITY TEAMS

WHERE: FIELD HOCKEY FIELD

WHEN: TRYOUTS BEGIN AUG. 10

WHO: GRADES 9-12

**Go
Majors!!**



Winter Sports

GYMNASTICS

COACH: LINDA FISHER

LFISHER@IAMAW.ORG

703-799-6353

WHAT: MT VERNON GIRLS GYMNASTICS

WHERE: GYMNASTICS ROOM

WHEN: 5:30-7:30 MONDAY – FRIDAY. TRYOUTS BEGIN NOV. 7.

WHO: ANY FEMALE INTERESTED IN IMPROVING FLEXIBILITY, COORDINATION, BALANCE AND STRENGTH MAY CONTACT COACH FISHER.

BOYS & GIRLS INDOOR TRACK

BOYS COACH: BLAIR MAGINNIS

BAMAGINNIS@FCPS.EDU

GIRLS COACH: MELISSA FERRY

MCFERRY@FCPS.EDU

703-619-3140

WHAT: MT VERNON TRACK & FIELD – IT'S *NOT* JUST FOR RUNNERS !

WHERE: TRACK OFFICE

WHEN: 3:00 MONDAY – FRIDAY.

TRYOUTS BEGIN NOV. 7.

WHO: ANY STUDENT INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, STAMINA, ENDURANCE, BOUNCE OR PHYSIQUE, ALL WHILE PARTICIPATING ON A WINNING TEAM.

GIRLS BASKETBALL

HEAD COACH: COURTNEY COFFER

COURT_JORDAN@YAHOO.COM

703-619-3141

WHAT: GIRLS FRESHMAN, JV AND VARSITY BASKETBALL

WHERE: FIELD HOUSE

WHEN: TRYOUTS BEGIN NOVEMBER 7.

WHO: ANY GIRL WHO WOULD LIKE TO PLAY BASKETBALL FOR THE HIGH SCHOOL. WE HAVE 3 TEAMS FRESHMAN, JV AND VARSITY.

BOYS BASKETBALL

VARSITY COACH: JOHN WILEY

JOHN.WILEY@FCPS.EDU

703-619-3141

WHAT: STUDENT-ATHLETES WHO ARE INTERESTED IN JOINING A BASKETBALL PROGRAM THAT PURSUES EXCELLENCE IN ACADEMICS, ATHLETICS, AND CITIZENSHIP.

WHERE: SKINNER FIELD HOUSE

WHEN: TRYOUTS BEGIN NOV. 7

WHO: ANY BOY WHO WOULD LIKE TO PLAY BASKETBALL FOR THE HIGH SCHOOL. WE HAVE 3 TEAMS FRESHMAN, JV AND VARSITY.

SWIM & DIVE

COACHES: MARK MURRAY

SWMMURRAY@YAHOO.COM

703-619-3140

WHAT: MT VERNON SWIM/DIVE – IT'S NOT JUST A SPORT, IT'S A WAY OF LIFE !

WHERE: GW RECREATION CENTER

WHEN: 3:45-5:00 MONDAY, TUESDAY, THURSDAY. STARTS NOV. 7

WHO: ANY STUDENT INTERESTED IN COMPETING IN SWIM AND/OR DIVE.

WRESTLING

COACH: ANTHONY MCDUFFIE

ANTHONY.MCDUFFIE@FCPS.EDU

703-619-3141

WHAT: STUDENTS WHO ARE INTERESTED IN LEARNING HOW TO WRESTLE

WHERE: WRESTLING ROOM

WHEN: EVERYDAY AT 3PM PRESEASON CONDITIONING BEGIN NOVEMBER 3 AND TRYOUTS BEGIN NOVEMBER 7.

WHO: ANY STUDENT INTERESTED SHOULD SEE MR. MCDUFFIE.

Spring Sports

BOYS LACROSSE

COACH: DALE NALLS

MAJORSLAX@VERIZON.NET

703-203-7357

WHAT: MT VERNON BOYS LACROSSE: CHAMPIONSHIP TRADITION, FAMILY ATMOSPHERE

WHERE: CALL OR E-MAIL FOR LOCATIONS

WHEN: WEIGHTLIFTING BEGINS IN NOVEMBER, SEASON BEGINS FEBRUARY 20.

WHO: ANYONE INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, AND OTHER SKILLS HELPFUL TO FOOTBALL AND BASKETBALL PLAYERS, ALL WHILE PARTICIPATING ON A TEAM WITH A TRADITION OF WINNING, AND PREPARING ATHLETES FOR PLAY AT THE COLLEGIATE LEVEL.

GIRLS LACROSSE

COACH: ASHLEY HEROTH

AMHEROTH@FCPS.EDU

703-619-3140

WHAT: MT VERNON WOMEN'S LACROSSE

WHERE: BLACKTOP BEHIND GYM/WEIGHT ROOM/TRACK

WHEN: TRYOUTS BEGIN FEBRUARY 20.

WHO: FOR ANY GIRLS INTERESTED IN PLAYING A GREAT SPORT WHILE DEVELOPING STRENGTH, SPEED AND HAND/EYE COORDINATION, AND BECOMING AN IMPORTANT PART OF A STRONG TEAM.

SOFTBALL

COACH: DANIEL COAST

DANIEL.COAST@FCPS.EDU

703-619-3140

WHAT: MOUNT VERNON SOFTBALL

WHERE: PRACTICES HELD ON THE VARSITY & JV SOFTBALL FIELDS

WHEN: TRYOUTS BEGIN FEB. 20

WHO: TRYOUT INFORMATION TBA

CREW

HEAD COACH: RYAN WARD

STANZA1986@HOTMAIL.COM

TEACHER SPONSORS:

JO-ANN MUIR

JMUIR@FCPS.EDU

DOTTIE DILTS:

DDILTS@FCPS.EDU

703-619-3140

WHAT: A VARSITY SPRING SPORT WITH WINTER TRAINING. ALL PARTICIPANTS MUST PASS A SWIM TEST.

WHEN: WINTER CONDITIONING MEETS 3 DAYS A WEEK IN "A" HALL UPSTAIRS.

WHERE: SPRING ROWING LOCATION TO BE DETERMINED. BEGINS FEB 20

WHO: ALL STUDENTS ARE WELCOME!

BASEBALL

HEAD COACH: TBA

703-619-3140

WHAT: MOUNT VERNON BASEBALL

WHERE: THOMAS J. HYER BASEBALL FIELD

WHEN: TRYOUTS BEGIN FEB. 20

WHO: TRYOUT INFORMATION TBA

Spring Sports

GIRLS SOCCER

COACH: TONY GARZA

WAGARZA@FCPS.EDU

703-619-3142

WHAT: MOUNT VERNON GIRLS SOCCER

WHERE: PRESEASON: ON THE TRACK AND PRACTICE FIELD

WHEN: TRYOUTS BEGIN FEB. 20

WHO: ANY GIRLS INTERESTED IN PLAYING SOCCER, SEE COACH GARZA IN THE ATHLETIC OFFICE.

TRACK & FIELD

BOYS COACH: BLAIR MAGINNIS

BAMAGINNIS@FCPS.EDU

GIRLS COACH: MELISSA FERRY

MCFERRY@FCPS.EDU

703-619-3140

WHAT: MT VERNON TRACK & FIELD — IT'S NOT JUST FOR RUNNERS !

WHERE: TRACK OFFICE

WHEN: 3:00 MONDAY — FRIDAY.

TRYOUTS BEGIN FEB. 20

WHO: ANY STUDENT INTERESTED IN IMPROVING SPEED, POWER, STRENGTH, STAMINA, ENDURANCE, OR PHYSIQUE, ALL WHILE PARTICIPATING ON A WINNING TEAM.

BOYS SOCCER

COACH: ROBERT GARZA

RCGARZA@FCPS.EDU

703-619-3142

WHAT: MOUNT VERNON BOYS SOCCER

WHERE: PRACTICES AT BRYANT

WHEN: TRY-OUTS BEGIN FEB 20. ANY STUDENT INTERESTED SHOULD SEE COACH GARZA FOR MORE INFORMATION.

WHO: ANY BOYS INTERESTED IN PLAYING, SEE COACH GARZA IN THE ATHLETIC OFFICE

GIRLS TENNIS

COACH: PETE SIENKIEWICZ

PETE.SIENIEWICZ@FCPS.EDU

703-619-3140

WHAT: MT. VERNON GIRLS TENNIS

WHERE: MT.VERNON /RIVERSIDE TENNIS COURTS

WHEN: 3 PM MONDAY — FRIDAY
TRYOUTS BEGIN IN FEB. 20

WHO: ANY GIRL INTERESTED IN JOINING A FUN AND SPIRITED YET COMPETITIVE TEAM, SEE COACH SIENKIEWICZ

BOYS TENNIS

SPONSOR: JERRY MUSARRA

MGODOMO@AOL.COM

703-619-3140

WHAT: MT. VERNON H.S. BOYS TENNIS

WHERE: MT.VERNON/RIVERSIDE TENNIS COURTS

WHEN: TRYOUTS BEGIN FEB. 20

WHO: ANY BOY INTERESTED IN JOINING A FUN AND SPIRITED YET COMPETITIVE TEAM, PLEASE E-MAIL COACH MUSARRA



Performing Arts

CHORUS

SPONSOR: MRS. JUDI BELZER

JUDI.BELZER@FCPS.EDU

703-619-3139

WHERE: F101

WHAT: OPPORTUNITY TO LEARN TO SING AND READ MUSIC

WHEN: REQUIRES CLASS ENROLLMENT--CONTACT YOUR COUNSELOR.

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN ENROLL IN BEGINNING CHORUS.

BAND/COLOR GUARD

SPONSOR: RICHARD BACZ

RICHARD.BACZ@FCPS.EDU

703-619-3163

WHERE: F103 – BAND ROOM

WHAT: CHOROGRAPHY & EQUIPMENT ROUTINES (FLAGS/RIFLES) WITH MARCHING BAND

WHEN: AFTERSCHOOL AUGUST-NOVEMBER

WHO: ANYONE WHO IS INTERESTED IN DANCE AND PERFORMING WITH MARCHING BAND FIELD SHOW. CONTACT MR. BACZ OR STOP BY F103



DRAMA/THEATRE

SPONSOR: TRENA WEISS-NULL

TWEISSNULL@FCPS.EDU

703-619-3259

WHERE: J101

WHAT: OPPORTUNITY TO LEARN TO PERFORM IN A PLAY OR BUILD SCENERY.

WHEN: REQUIRES AFTER SCHOOL COMMITMENT

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN WORK ON A PLAY.

ORCHESTRA

SPONSOR: MAX OPPENHEIMER

MOPPENHEIMER@FCPS.EDU

703-619-3100

WHERE: F102 – IN THE MUSIC WING

WHAT: (LEARN TO) PLAY AN INSTRUMENT

WHEN: EMAIL OR CALL FOR TIMES OTHER THAN LATE BUS DAYS – MANY DIFFERENT KINDS OF OPPORTUNITIES EXIST FOR ALL SKILL LEVELS!

WHO: ANYONE WHO ALREADY PLAYS AN INSTRUMENT, OR WHO WOULD LIKE TO LEARN.

Honor Societies

GERMAN HONOR SOCIETY

SPONSOR: SUSAN DUFFY

SMDUFFY@FCPS.EDU

703-619-3100

WHAT: STUDENTS WHO HAVE ACHIEVED EXCELLENCE IN THE STUDY OF GERMAN

WHERE: TBA

WHEN: FIRST THURSDAY OF EVERY MONTH

WHO: ANY STUDENT WHOSE GRADE POINT AVERAGE IS 3.0 OR HIGHER AND WHO HAS SHOWN A COMMITMENT TO THE LANGUAGE.

SCIENCE NATIONAL HONOR SOCIETY

SPONSOR: CHARLES SABATIER

CHARLES.SABATIER@FCPS.EDU

703-619-3378

WHAT: AN HONOR SOCIETY TO ACKNOWLEDGE EXCELLENCE IN THE SCIENTIFIC ARENA, EXPOSE STUDENTS TO SCIENTIFIC CAREERS AND EXPERIENCES, AND ENCOURAGES SCIENTIFIC EXPLORATION BY ALL STUDENTS

WHERE: A215

WHEN: MONTHLY MEETINGS ARE HELD FOR ALL MEMBERS

WHO: STUDENTS WITH A 3.0+ CUMULATIVE GPA, A 3.5+ SCIENCE GPA, & CURRENTLY ENROLLED IN AT LEAST 1 IB SCIENCE COURSE

FRENCH HONOR SOCIETY

SPONSOR: MARJAN REZVANI

MREZFANI@FCPS.EDU

703-619-3100

WHAT: A SOCIETY THAT RECOGNIZES ACHIEVEMENTS OF UPPER LEVEL FRENCH STUDENTS

WHERE: ROOM E207

WHEN: ONCE A MONTH

WHO: STUDENTS BECOME ELIGIBLE IF THEY HAVE EARNED A B AVERAGE OVERALL IN THEIR FRENCH CLASSES BY THE END OF THE 2ND QUARTER OF FRENCH III. C+ OVERALL ACADEMIC AVERAGE IS REQUIRED. IF THIS IS NOT ATTAINED IN FRENCH III BY END OF 2ND Q, YOU MAY JOIN DURING 3RD Q OF CLASS WHEN AVERAGE IS ATTAINED. INITIAL DUES INCLUDE PAYMENT FOR GRADUATION CORDS.

NATIONAL HONOR SOCIETY

SPONSOR: DANIEL COAST & KAREN HERTEL

DANIEL.COAST@FCPS.EDU

KAREN.HERTEL@FCPS.EDU

703-619-3100

WHAT: ACADEMIC HONOR SOCIETY AND SERVICE ORGANIZATION

WHERE: BRATTEN HALL (G100)

WHEN: 1ST MONDAY OF EVERY MONTH

WHO: STUDENTS ELIGIBLE FOR MEMBERSHIP CAN OBTAIN AN APPLICATION FROM THE MVHS WEBSITE OR VIA E-MAIL FROM THE SPONSORS

NATIONAL BUSINESS HONOR SOCIETY

SPONSOR: GLORIA ADAMS

GLORIA.ADAMS@FCPSE.DU

703-619-8203

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF BUSINESS AND INFORMATION TECHNOLOGY.

WHERE: ROOM H213

WHEN: FOURTH THURSDAY OF EVERY MONTH

WHO: STUDENTS MUST APPLY FOR MEMBERSHIP. THEY SHOULD SEE THEIR BUSINESS OR INFORMATION TECHNOLOGY TEACHER FOR MORE INFORMATION.

SPANISH HONOR SOCIETY

SPONSOR: TBA

703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF SPANISH.

WHERE:

WHEN:

WHO: ANY STUDENT INTERESTED SHOULD SEE HIS/HER SPANISH TEACHER.

HISTORY HONOR SOCIETY

SPONSOR: MS. ANNA RIPPY

ANNA.RIPPY@FCPS.EDU

703-619-3100

WHERE: A101

WHAT: HISTORY HONOR SOCIETY

WHEN: 1ST MONDAY OF EVERY MONTH

WHO: STUDENTS SHOULD SEE MS RIPPY.

MUST/HAVE MAINTAIN A 3.0 GPA AND A 3.25 GPA IN THEIR HISTORY COURSE

TRI-M HONOR MUSIC SOCIETY

SPONSOR: MRS. JUDI BELZER

JUDI.BELZER@FCPS.EDU

703-619-3139

WHERE: F101

WHAT: MUSIC HONOR SOCIETY

WHEN: 3RD THURSDAY OF EVERY MONTH BEGINNING NOVEMBER 16.

WHO: STUDENTS WHO WANT TO QUALIFY MUST SUBMIT THEIR GRADES TO MRS. BELZER FOR APPROVAL. THEY MUST HAVE AN "A" IN THEIR MUSIC CLASS AND A 3.2 AVERAGE OR BETTER IN ALL OTHER CLASSES.

ENGLISH HONOR SOCIETY

SPONSOR: TBA

703-619-3100

WHERE:

WHEN:

WHAT: HONOR SOCIETY FOR STUDENTS WHO EXCEL IN ENGLISH CLASSES AND ARE WILLING TO VOLUNTEER TIME TO HELP THE COMMUNITY WITH ENGLISH.

WHO: JUNIORS AND SENIORS CAN APPLY FOR MEMBERSHIP

SERVICE: THE WRITING CENTER IS STAFFED ON MONDAYS FROM 2:15-3:15 IN THE MEDIA CENTER BY EHS FOR STUDENTS WHO NEED HELP WITH WRITING ASSIGNMENTS.

MATH HONOR SOCIETY

SPONSOR: DANETTE SHORT

MARY.SHORT@FCPS.EDU

703-619-4367

WHERE: CAFETERIA, 3:00 P.M. – 2:55 P.M.

WHAT: ATTEND AT LEAST 5 OF THE 6 VARSITY MATH MEETS. CUMULATIVE MATH COURSE GPA OF 3.5 OR HIGHER IN ALL HIGH SCHOOL MATH COURSES. MATH TEAM DATES TBA.

WHO: SENIORS

NATIONAL ART HONOR SOCIETY

SPONSOR: MICHAEL FEENEY

MJFENNEY@FCPS.EDU

703-619-3249

WHERE: H103

WHAT: AN HONOR SOCIETY FOR THE PURPOSE OF INSPIRING AND RECOGNIZING THOSE STUDENTS WHO HAVE SHOWN AN OUTSTANDING ABILITY IN ART

WHO: STUDENTS WITH A 3.5GPA + ART GPA & CURRENTLY ENROLLED IN AT LEAST ONE ART COURSE

WHEN: 2ND & 4TH THURSDAY OF THE MONTH & ADDITIONAL OFFICERS MEETINGS

INTERNATIONAL THESPIANS/Drama Club

SPONSOR: TRENA WEISS-NULL

TWEISSNULL@FCPS.EDU

703-619-3259

WHERE: J101

WHAT: OPPORTUNITY TO LEARN TO PERFORM IN A PLAY OR BUILD SCENERY.

WHEN: REQUIRES AFTER SCHOOL COMMITMENT

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN WORK ON A PLAY.

Clubs and Organizations

DEBATE/FORENSICS

SPONSORS: KEN MUSSEN

KENNETH.MUSSEN@FCPS.EDU

703-619-4378

WHAT: A GREAT OPPORTUNITY FOR STUDENTS TO IMPROVE THEIR PUBLIC SPEAKING SKILLS BY PARTICIPATING IN ONE OR MORE OF 15 DIFFERENT EVENTS.

WHERE: ROOM E206

WHEN: AFTER SCHOOL. SEASON RUNS FROM SEPTEMBER – MARCH. STARTS 2ND WEEK OF SEPTEMBER.

WHO: ANY STUDENT IS INVITED TO PRACTICE WITH THE TEAM. YOU BECOME A TEAM MEMBER WHEN YOU COMPETE IN A TOURNAMENT.

GAY-STRAIGHT ALLIANCE

SPONSORS: JANE HARPER

JLHARPER@FCPS.EDU

703-619-3100

WHAT: A CLUB WHOSE MISSION IS TO:

1. CREATE SAFE ENVIRONMENTS IN SCHOOLS FOR STUDENTS TO SUPPORT EACH OTHER AND LEARN ABOUT HOMOPHOBIA AND OTHER OPPRESSIONS,
2. EDUCATE THE SCHOOL COMMUNITY ABOUT HOMOPHOBIA, GENDER IDENTITY, AND SEXUAL ORIENTATION ISSUES, AND
3. FIGHT DISCRIMINATION, HARASSMENT, AND VIOLENCE IN SCHOOLS.

WHEN: TBA

WHERE: ROOM A210

IT'S ACADEMIC

QUIZ BOWL TEAM

SPONSORS: MITCHELL LUXENBERG

MITCHELL.LUXENBERG@FCPS.EDU

703-619-4366

WHAT: STUDENTS WHO ARE INTERESTED IN INCREASING AND SHARING WHAT THEY KNOW!

WHERE: ROOM E109

WHEN: MOST FRIDAYS

WHO: ALL STUDENTS INTERESTED IN COOL FACTS AND NOT-SO-TRIVIAL TRIVIA, AND THE THRILL OF INTERSCHOLASTIC COMPETITION! FACULTY, TOO!

FCCLA: FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA

SPONSORS: BEVERLY CARD, MEGHAN McNAUGHTON, AND JANET ROCKYMORE

BEVERLY.CARD@FCPS.EDU

703-619-3120

MEGAN.MCNAUGHTON@FCPS.EDU

703-619-3316

JANET.ROCKYMORE@FCPS.EDU

703-619-4359

WHAT: DEVELOP LEADERSHIP SKILLS AND EARN SERVICE HOURS THROUGH FAMILY, CAREER AND COMMUNITY ACTIVITIES.

WHERE: ROOM D120

WHEN: 1ST AND 3RD MONDAY EACH MONTH

WHO: ANY INTERESTED PAST OR PRESENT FAMILY AND CONSUMER SCIENCES STUDENT.

KEY CLUB

SPONSORS: ANNIE QUIGLEY

CAQUIGLEY@FCPS.EDU

703-619-3100

WHAT: STUDENTS WILL PARTICIPATE IN A VARIETY OF SERVICE PROJECTS IN THE MOUNT VERNON AREA

WHERE: VARIES & AFFILIATED WITH KIWANIS FOR FUTURE SCHOLARSHIPS AND OPPORTUNITIES

WHEN: TBA

WHO: ANY STUDENT WHO IS INTERESTED!!

KINETIC STYLE CREW

SPONSORS: IRVIN KALUGDAN

IRVIN.KALUGDAN@FCPS.EDU

VIRGINIA JUSTIS

VIRGINIA.JUSTIS@FCPS.EDU

703-619- 8231 OR 3308

WHAT: HIP HOP DANCE CREW. WE ARE FOCUSED ON LEARNING AND PROGRESSING ON OUR SKILLS AND LESS FOCUSED ON PERFORMING OR COMPETITION. HOWEVER, WE WILL PERFORM IN PEP RALLIES, DANCE RECITALS, AND COMMUNITY EVENTS.

WHEN: MONDAYS AFTER SCHOOL IN HALLWAY OF THE FIELD HOUSE

WHO: ANY STUDENTS INTERESTED IN LEARNING TO DANCE IN A STRUCTURED SETTING, MEET IN ROOM N206 AFTER SCHOOL. DRESS APPROPRIATELY IN SNEAKERS AND LONG PANTS.

MODEL UNITED NATIONS

SPONSORS: AMANDA FLYNN

703-619-3329

AMANDA.FLYNN@FCPS.EDU

KATIE RIPPY

KARIPPY@FCPS.EDU

703-619-3318

WHAT: ACADEMIC SIMULATION OF THE UNITED NATIONS THAT AIMS TO EDUCATE PARTICIPANTS ABOUT CIVICS, CURRENT EVENTS, EFFECTIVE COMMUNICATION, GLOBALIZATION AND MULTILATERAL DIPLOMACY.

WHERE: ROOM A101 OR A103

WHEN: AFTER SCHOOL

WHO: ANY STUDENT WHO IS INTERESTED!!

FBLA

**SPONSORS: BERKELEY MCHUGH,
GLORIA ADAMS, PETE SIENKIEWICZ**

BERKELEY.MCHUGH@FCPS.EDU

GLORIA.ADAMS@FCPS.EDU

PETER.SIENKIEWICZ@FCPS.EDU

703-619-3100

WHERE: H203

WHEN: TO BE DETERMINED

WHAT: FUTURE BUSINESS LEADERS OF AMERICA- PHI BETA LAMBDA IS AN EDUCATIONAL ASSOCIATION OF STUDENT MEMBERS PREPARING FOR CAREERS IN BUSINESS AND BUSINESS RELATED FIELDS. FBLA-PBL PROVIDES INNOVATIVE LEADERSHIP DEVELOPMENT PROGRAMS TO BRING BUSINESS AND EDUCATION TOGETHER IN A POSITIVE WORKING RELATIONSHIP.

WHO: ALL STUDENTS IN BUSINESS CLASSES ARE ELIGIBLE TO JOIN.

FRENCH CLUB

SPONSOR: MARJAN REZVANI

MARJAN.REZVANI@FCPS.EDU

703-619- 4379

WHAT: STUDENTS WHO ARE INTERESTED AND HAVE ACHIEVED EXCELLENCE IN THE STUDY OF FRENCH WITH AN OVERALL GPA OF 3.0 AND 3.5 IN FRENCH.

WHERE: ROOM E207

WHEN: LAST THURSDAY OF EVERY MONTH

WHO: ANY STUDENT WHO WOULD LIKE TO IMPROVE THEIR FRENCH GRADE AND THEIR UNDERSTANDING OF THE FRANCOPHONE CULTURE.

DANCE TEAM

SPONSOR: CASANDRA DAVIS-PERILLIAT

CASANDRA.DAVISPERILLIAT@FCPS.EDU

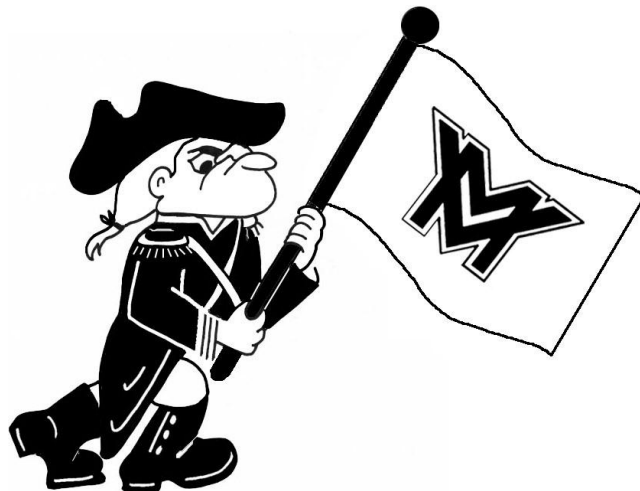
703-619-3100

WHAT: DANCERS OF ALL TYPES WELCOME!

WHERE: MVHS DANCE STUDIO

WHEN: REHEARSALS TBA

WHO: ANY STUDENT INTERESTED IN HIP-HOP AND OTHER STYLES OF DANCE (JAZZ , TAP, MODERN). PLAN TO PERFORM DURING HALF-TIME AT HOME BASKETBALL GAMES.



BROWN BAG BOOK CLUB

SPONSORS: DR. ANN MCCRACKEN

JAMCCRACKEN@FCPS.EDU

703-619-3100

WHAT: STUDENTS WILL READ AND DISCUSS A CONTEMPORARY WORK OF YOUNG ADULT FICTION

WHERE: MEDIA CENTER CLASSROOM

WHEN: ALL LUNCHE THE THIRD TUESDAY OF EVERY MONTH

WHO: ANY STUDENT WHO IS INTERESTED!!

ENGINEERING AND ROBOTICS CLUB

SPONSORS: DOTTIE DILTS

DOTTIE.DILTS@FCPS.EDU

703-619-3100

WHAT: STUDENTS WHO WANT TO HAVE FUN EXPLORING THE SKILLS AND PROCESS OF ENGINEERING THROUGH HANDS-ON BUILDING OF MACHINES, ELECTRONIC DEVICES AND ROBOTS

WHERE: ROOM A215

WHEN: LATE BUS DAY AFTER SCHOOL

WHO: ANY STUDENT WHO IS INTERESTED

FEA

SPONSORS: BEVERLY CARD

BEVERLY.CARD@FCPS.EDU

703-619-3120

WHAT: EXPLORE TEACHING CAREERS, SPONSOR COMMUNITY SERVICE PROJECTS, AND DEVELOP LEADERSHIP AND PROFESSIONAL SKILLS.

WHEN: FIRST AND THIRD THURSDAY OF EVERY MONTH FROM 2:20 – 3:00

WHO: ANY STUDENT WHO IS INTERESTED!!



MATH TEAM

SPONSORS: DANETTE SHORT- VARSITY

MARY.SHORT@FCPS.EDU

703-619-3100

WHAT: COUNTY SPONSORED MATH PROBLEMS. COME DO MATH PROBLEMS AND EARN EXTRA CREDIT. A GREAT WAY TO BOOST YOUR GRADE AND KNOWLEDGE.

WHEN: OCTOBER 5, NOVEMBER 16, DECEMBER 7, FEBRUARY 8, MARCH 22, APRIL 26

WHO: ABOVE ALGEBRA 2 – VARSITY, ALGEBRA 1 AND BELOW – JV (SEE MRS. DILTS IN E106)

WHERE: E110

FCA

**SPONSORS: MATTHEW
BUTTERFIELD**

MJBUTTERFIELD@FCPS.EDU

703-619-3395

WHAT: FELLOWSHIP (PLAY GAMES/ACTIVITIES, STUDY THE BIBLE AND TALK ABOUT HOW CHRISTIANITY RELATES TO MODERN LIFE.

WHERE: N212

WHEN: MONDAYS AT 2:15 - 3:15

WHO: ANY STUDENT WHO IS INTERESTED AND WANTS TO JOIN.

ECOLOGY CLUB

SPONSOR: AMY BEDELL

AMY.BEDELL@FCPS.EDU

703-619-3272

WHAT: AN ENVIRONMENTALLY CONSCIENCE GROUP WHOSE ACTIVITIES WILL INCLUDE, BUT NOT BE LIMITED TO GREEN HOUSE GARDENING, ENVIRONMENTAL CLEAN-UPS, AND WATER QUALITY TESTING

WHERE: A219

WHEN: 1-2 TIMES A MONTH

WHO: ALL STUDENTS ARE WELCOME!

VIDEO PRODUCTION/MORNING NEWS SHOW

SPONSOR: KATHLEEN POWERS

KATHLEEN.POWERS@FCPS.EDU

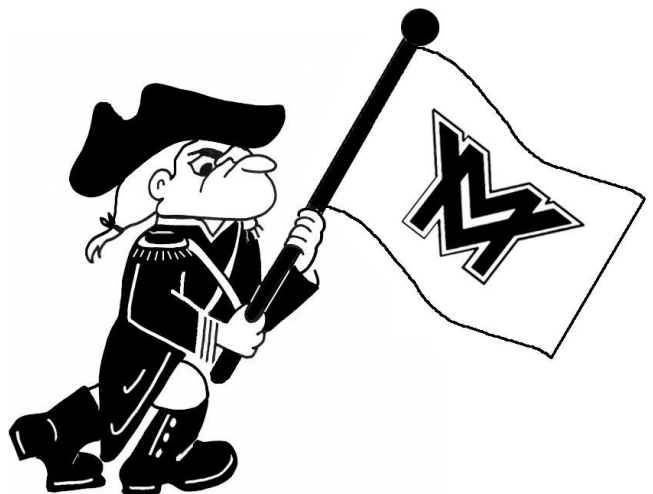
703-619-3190

WHAT: STUDENTS PRODUCE A LIVE MORNING NEWS SHOW WITH ANNOUNCEMENTS, SCHOOL NEWS AND SPECIAL FEATURES.

WHERE: MEDIA CENTER TV STUDIO

WHEN: MORNINGS BEFORE SCHOOL

WHO: ANY STUDENT INTERESTED SHOULD SEE MRS. POWERS.



SGA-STUDENT GOVERNMENT ASSOCIATION

SPONSOR:

MELINDA BLOOMQUIST

MELINDA.BLOOMQUIST@FCPS.EDU

CHARLES SABATIER

CHARLES.SABATIER@FCPS.EDU

703-619-3382, 703-619-3378

WHAT: SERVICE ORGANIZATION THAT WORKS WITH SCHOOL ADMINISTRATION AND STUDENTS TO DEVELOP ACTIVITIES AND FOSTER SCHOOL SPIRIT.

WHERE: SGA MEETINGS IN CAFETERIA DURING MAJOR TIME

WHEN: MONTHLY

WHO: ELECTED OFFICIALS, VOLUNTEERS, CLASS COUNCIL REPRESENTATIVES -

DECA

SPONSOR: CHRISTINA GEHRKI

CHRISTINA.GEHRKI@FCPS.EDU

703-619-3186

WHAT: AN ASSOCIATION OF MARKETING STUDENTS

WHERE: MVHS MARKETING DEPARTMENT

WHEN: TBA

WHO: STUDENTS WHO ARE INTERESTED IN MARKETING & EDUCATION FOR EDUCATION WHO ARE LOOKING FOR PRACTICAL LEADERSHIP EXPERIENCES, VOCATIONAL TRAINING, COMMUNITY SERVICES AND SOCIAL INTELLIGENCE.

Class Sponsors

SGA-CLASS OF 2015

SPONSOR: JARD SHOEMAKE & CHRIS RHOADS

CJRHOADS@FCPS.EDU

WCSHOEMAKE@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE:

WHEN: MONTHLY

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE--ASK MR. SHOEMAKE OR MRS. VASQUES FOR DETAILS

SGA-CLASS OF 2012

SPONSOR: VICKI WOLTZ & MARIA CUEVAS MEHRA

VLWOLTZ@FCPS.EDU

MICUEVASMEHR@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE:

WHEN: MONTHLY

WHO: ELECTED OFFICIALS. VOLUNTEER POSITIONS AVAILABLE--ASK MS. YEARWOOD FOR DETAILS

SGA-CLASS OF 2013

SPONSOR: KRISTINA GEHRKI

KKGEHRKI@FCPS.EDU

NIKIA HOVEY

NLHOVEY@FCPS.EDU

703-619-3100

WHAT: OFFICER COUNCIL THAT WORKS WITH SGA AND SCHOOL ADMINISTRATION TO DEVELOP AND IMPLEMENT ACTIVITIES AND FUNDRAISERS FOR ALL STUDENTS.

WHERE: TBA

WHEN: MONTHLY

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE

SGA-CLASS OF 2014

SPONSOR: MELISSA FERRY

MCFERRY@FCPS.EDU

MATTEA JOHNSON

MDJOHNSON@FCPS.EDU

703-619-3318

WHAT: COUNCIL OF STUDENTS THAT WORK WITH CLASS OFFICERS TO INCREASE SCHOOL SPIRIT, SGA EVENTS, SPIRIT WEEKS, CLASS FUNDRAISERS

WHERE: A101

WHEN: MONTHLY DURING MAJOR TIME FOR COUNCIL MEETINGS

WHO: ELECTED OFFICIALS AND VOLUNTEER POSITIONS AVAILABLE--

Publications

EM VEE HI (NEWSPAPER)

SPONSOR: MELINDA BLOOMQUIST
MKBLOOMQUIST@FCPS.EDU
703-619-3100

WHO: STUDENTS INTERESTED IN JOURNALISM, INVESTIGATING, WRITING, MUSIC, ART, PHOTOGRAPHY, MOVIES

WHAT: A SCHOOL NEWSPAPER DEDICATED TO REFLECTING THE NEWS AND INTERESTS OF MOUNT VERNON'S POPULATION

WHEN: ANY DAY AFTER SCHOOL

WHERE: SPEAK TO MS. BLOOMQUIST IN E205

PEN AND PALETTE

SPONSOR: KATHLEEN POWERS
KATHLEEN.POWERS@FCPS.EDU
703-619-3100

WHERE: E200

WHAT: STUDENTS CONTRIBUTE TO THE PRODUCTION AND PUBLICATION OF THE SCHOOL'S CREATIVE ARTS MAGAZINE.

WHEN: THE SECOND THURSDAY EACH MONTH.

WHO: ANYONE WHO WOULD LIKE TO GET INVOLVED CAN COME SEE MS. DE ARMENT - DONOHUE ON MONDAYS OR THURSDAYS AFTER SCHOOL.

THE SURVEYOR (YEARBOOK)

SPONSOR: RASHIDA JOHNSON
RASHIDA.JOHNSON@FCPS.EDU
703-619-3100

WHAT: STUDENTS WHO ARE INTERESTED IN CREATING THE MVHS YEARBOOK.

WHERE: ROOM C206

WHEN: YEARBOOK STAFF MEMBERS MEET DURING CLASS TIME.

WHO: STUDENTS WHO ARE INTERESTED SHOULD SEE MS. JOHNSON (E205 OR C206) ABOUT SIGNING UP FOR PHOTOJOURNALISM.

EL PUNTO LATINO

SPONSORS: TBA
703-619-3100

WHAT: STUDENTS PUBLISH A QUARTERLY REVIEW IN SPANISH, INCLUDING ARTICLES, POETRY, INTERVIEWS, ART WORK AND CULTURAL INFORMATION.

WHERE: TBA

WHEN: PLEASE SEE THE SPONSORS FOR MEETING TIMES

WHO: ANY STUDENTS WHO ARE INTERESTED MAY PARTICIPATE. THEY SHOULD BE PROFICIENT IN WRITING IN SPANISH.

ACTIVITIES OFFICE

ROBERT MAXEY

**DIRECTOR OF STUDENT
ACTIVITIES**

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