

# Mosby

Mahri Aste, Principal  
Gregory Brotemarkle, Asst. Principal

**PARENT NEWSLETTER**  
January 4<sup>th</sup>, 2012



# Matters

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## MOSBY WOODS ELEMENTARY SCHOOL

### Mustangs On Tour



Our Chorus students had a wonderful experience as they spread some holiday cheer to one of our business partners. Students from 5<sup>th</sup> and 6<sup>th</sup> grades performed at the Lockheed Martin office on December 15<sup>th</sup> under the direction of their fabulous music teachers, Mrs. Haberland and Mr. Reeve. The students were able to showcase their talent and hard work. After the performance, Lockheed Martin treated the students to a snack. They did a great job, and we are so proud of our Mustangs!

### Parent Information Night **Advanced Academic Program and the Identification Process**

Wednesday, January 19<sup>th</sup>, 2012  
7:00 p.m.

**Mosby Woods Elementary**

Presenter: Mary Lou Carmack, AAP Specialist

### Save the date!



International Night is the event in which we celebrate the strength and beauty of our school's cultural diversity. Please join us as we experience the many flavors of our community! We will have country displays, music, dancing, crafts, food sampling, and a fashion show.

**Date:** Thursday, February 9<sup>th</sup>, 2012

**Time:** 6:00 – 8:00 pm

**Location:** Mosby Woods Elementary School

**Parking:** Parking will be very limited.

**Please walk or carpool!**

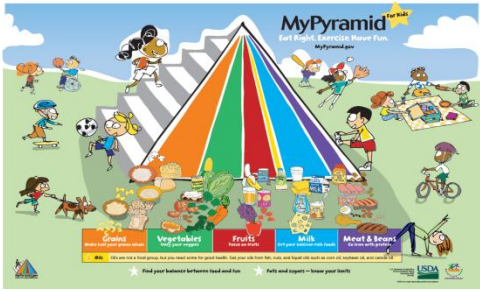
### **Important information** for the evening:

- **Please have dinner at home;** food will be limited to **8 free samples.**
- Get a **program at the door** with your 8 free tickets for food tasting.
- Easy to serve snacks or “appetizer-size” foods are best; no serving utensils will be provided.
- Children must be accompanied by parents **AT ALL TIMES.**

**See you then!**

## **EAT RIGHT – EXERCISE – HAVE FUN**

The United States Department of Agriculture's release of MyKids Pyramid for kids recognizes the importance of childhood nutrition and provides families with tools to make healthy choices. For more information and activities visit MyPyramid.gov.



### **TIPS FOR FAMILIES:**

#### **EAT RIGHT**

- Choose healthy foods from each group
- Increase whole-grain foods
- Eat fruits and vegetables especially dark green and orange
- Include calcium-rich foods such as low fat dairy products
- Select low fat meat, chicken, turkey and fish
- Avoid foods and beverages with sugar as the first ingredient

#### **EXERCISE**

- Be an active family
- Exercise 60 minutes per day
- Include physical activities at family celebrations
- Limit TV and computer time

### **Architecture in the Schools**

We are so proud that a select group of 4<sup>th</sup> grade students will have their work on display at the Washington Alexandria Architecture Center on Friday Jan. 6<sup>th</sup> from 6:30-8:00 p.m. Their work was part of an exciting 4<sup>th</sup> grade architecture in the schools project in which students planned and developed models of community and business structures. All the outstanding work from this project will be on display soon at Mosby Woods.

## **Elementary Magnet Schools**

Fairfax County Public Schools offers elementary magnet school programs at Bailey's Elementary School for the Arts and Sciences and Hunters Woods Elementary School for the Arts and Sciences. Applicants for admission must be entering grades kindergarten through grade four for Bailey's and kindergarten through grade six for Hunters Woods in the 2012-2013 school year, be working at or above grade level in language arts and math, and demonstrate positive interpersonal and school behaviors. Entering kindergarten students should have attended preschool in 2011-2012.

Applications will be available in all elementary schools and on Fairfax County Public School website. Applications must be postmarked by March 1, 2012 and sent to: Magnet Program, Fairfax County Public Schools, Fairfax Ridge, 3<sup>rd</sup> Floor, Mail Stop #9, 3877 Fairfax Ridge Road, Fairfax, VA 22030.

**For more information**, contact Rachel Charlton at Bailey's Elementary School for the Arts and Sciences at 6111 Knollwood Drive, Falls Church, VA 22041, 703-574-6800 or Diane Beers, parent liaison at Hunters Woods Elementary School, 2410 Colts Neck Road, Reston, VA 20191 703-262-7405.

### **Parent Information Nights:**

Baileys Elementary School – February 9<sup>th</sup> at 7 pm

Hunters Woods Elementary School – February 7<sup>th</sup> at 7 pm

### **Dates to Remember**



**January 16<sup>th</sup>** – Martin Luther King Jr. Holiday – **NO SCHOOL**

**January 17<sup>th</sup>** – PTA Meeting at 7:00 pm

**January 19<sup>th</sup>** – Advanced Academic Placement Night at 7:00 pm

**January 26<sup>th</sup>** – K – 2<sup>nd</sup> Grade Arts Integration Night

**January 27<sup>th</sup>** – 2<sup>nd</sup> Quarter Ends

**January 30<sup>th</sup> – 31<sup>st</sup>** – Teacher Workdays – **NO SCHOOL**