

McLean High School
Student Activities
2010-2011

McLean High School is extremely proud of our Student Activities program. We offer numerous extra and co-curricular activities designed to meet the needs and interest of our diverse student body.

Several studies conducted recently have demonstrated the relationship between participation in extracurricular activities and later successes in college and occupational endeavors. One study indicated that 95% of all Fortune 500 executives had participated in high school sports. In a study done at the University of Minnesota, they found that students participating in student activities maintained higher GPA's than those who did not participate. Other studies have indicated that participation in high school activities is a better predictor of success in college than SAT scores or grade point averages.

*Student Activities provide the opportunity for students to challenge themselves, set goals, master specific skills, and have fun. As you enter McLean High School, please take advantage of these opportunities that are available to you in our Activities Program. You will find that you will make more friends, develop your potential more fully, and school will be more interesting if you simply become **more involved in "Things to Do After Two"**.*

This booklet is designed to give you an idea of the many activities available for you to experience. It contains information on where to meet, whom to see, what is required to belong, and other information you might need to know. I hope you find this booklet helpful and I wish you the best in your years here at the best school in Fairfax County, McLean High School!

Welcome Highlanders,

Tom Herman

Tom Herman
Director of Student Activities

STUDENT ACTIVITIES

ACADEMIC TEAMS

It's Academic Quiz Team
Junior Math League
Varsity Math Team

SPONSORS

Jeff Jones
Roberts/Craig
Adam Shipman

ACADEMIC SUBJECT CLUBS

French Club
German Club
Latin Club
Spanish Club

Janica Hardy
Karen Wolpert
Jim Bigger
TBA

CO-CURRICULAR ORGANIZATIONS

Band
DECA—Distributive Education Clubs of America/
Marketing
FBLA—Future Business Leaders of America
TSA - Technology Student Association

Chris Weise
Deb Fargo/Deb Scott
TBA
TBA

HONOR SOCIETIES

Alkahest Amalgamated Chemistry Honor Society
Art Honor Society
German Honor Society
Latin Honor Society
National French Honor Society
National Honor Society
National Math Honor Society
Omega Phi Epsilon (Computer Science)
Quill and Scroll
Spanish Honor Society

Tom Pratush
Swapna Elias
Karen Wolpert
Jim Bigger
Janica Hardy
Barrett Kashdan
Mike Farmer
Jean Wright
Meghan Percival
Adam Stryker

PUBLICATIONS

The Clan (Yearbook)
The Highlander (Newspaper)
Tartan Literary Magazine

Meghan Percival
Amy Poe
Joel Kane

SERVICE CLUB

Key Club

Cara Mosley

CLASS SPONSORS

SENIOR CLASS:	2011	Renee Yates/Karen McNamara
JUNIOR CLASS:	2012	Tara Dwyer/Christie Toledano
SOPHMORE CLASS:	2013	Jenn Choumil/Rob Plunkett

SPECIAL INTEREST CLUBS

American Sign Language Club
College Partnership Program
Crew Team
Dance Team
Diplomacy Games Club
Environmental Club
Fairfax County Youth in Government
Family Community & Career Leaders of America
Fellowship of Christian Athletes
Forensics/Public Speaking
Gamers Club
Ice Hockey
Interact Club
International Cultures United Club
Project Enlightenment
Magic Club
McLeadership
McLean Humane
Model UN Club
Robotics Club
Rocket Club
Rugby Club
Special Olympics
STAND
Step Team
Student Ambassador Program
Thespians/Drama Club
Winter Guard/Flag Corps
Video Production
Young Democrats
Young Republicans

SPONSORS

Heather Stiegler
Beverly Hunter
Joe Muskett
Heather Leeper
John Daniel
Ian Howell
John McGinnis
Sara Salas
TBA
Amy Poe
Lori Wagoner
Joel Kane
Amy Taylor/Anna Caponetti
Dr. Ben-Barka
Dean Howarth
Barbara Ruff
Joan Shetterly
Ann Broyhill
Rob Plunkett
Jean Wright
Tom Pratuch
Rick Eyerly
Thompson/Fraser
Christy Toledano
Lori Wagoner
Kashdan/ W. Smith
Amy Poe
Chris Weise
Amy Poe
John McGinnis
Lew Sinclair

STUDENT GOVERNMENT ORGANIZATIONS

Student Advisor Student Government Congress
Student Government Congress

Wagoner/Truesdell
Wagoner/Truesdell

Student Government Officer

Bijan Peters – President
Ethan Stackpole – Officer
Kristina Bettner – Officer
Andy Romness – Officer
Anais Iglesias – Officer
Zach McColgan- Officer

Senior Class Officers (2011)

President: Nuha Naqvi
Officers: Marielena Planas
Anum Malik
Zachary Pottanat
Hannah Mayberry

Student Advisory Council

Chairman – Bijan Peters
Reps: Julian Tamayo
Cassady Morris
Caroline Assaf

Junior Class (2012)

President: Erica Shipley
Officers: Mari Buttarazzi
Nadeem Bohsali
Zayd Farah
Philip Choi

Sophomore Class (2013)

President: Nick Echeverria
Officers: Maia Foster
Harold Lee
Sarah Rindone
Mererose Daniels

CLUBS AND ORGANIZATIONS

ACADEMIC TEAMS

It's Academic Quiz Team

Sponsor -Jeff Jones
Mondays
No Dues

Criteria: "Quick memory"
Purpose: TV show, and VHSL competition

Junior Math League

Sponsors -M. Roberts/Craig
2nd Wed of each month (Oct thru March)
No Dues

Criteria: Any student in math through Honors
Algebra 2
Purpose: Math contest, competition

Varsity Math Team

Sponsors - Adam Shipman
Wednesdays (2-3 per month)
No Dues

Criteria: Interest in math and
non- routine problem solving
Purpose: To foster interest and enthusiasm for
Mathematics

ACADEMIC CLUBS

French Club

Sponsor – Ms. Hardy
Monthly meetings

Criteria: An interest in French culture or language
Purpose: To share a common interest in all things French

German Club

Sponsor – Ms. Wolpert
Monthly meetings

Criteria: Interest in anything German and to make new friends
Purpose: To tutor, socialize and talk about European affairs

Latin Club

Sponsor- Mr. Bigger
Monthly - Wednesday
\$5 dues

Criteria: Membership is open to anyone with an interest in learning about and promoting the classical civilizations of Greece and Rome and their impact on the modern world
Purpose: Promote through knowledge of Latin

Spanish Club

TBA
Bi-Monthly Thurs
\$3.00

Criteria: Enrollment in a Spanish Course or interest.
Purpose: To foster an interest in Spanish language and culture.

CO-CURRICULAR CLUBS

Band

Mr. Weise
Daily

Criteria: Successful audition for any level other than beginning
Purpose: Taught at three levels

DECA – Distributive Education Clubs of America (Marketing)

Fargo/Scott
Monthly
\$25

Criteria: Must be currently enrolled in a marketing class
Purpose: Co-curricular. To promote a variety of marketing careers

HONOR SOCIETIES

Alkahest Science Honors

Tom Pratuch

Criteria: Recommendation from both Science and a Math teacher .
Purpose: To promote excellence in the Science's.

Art Honor Society

Swapna Elias

Bi-Monthly/Wed

\$8.00

Criteria: Junior standing or above, 2nd year of art.
B average total academics, B+ average in visual arts.
Purpose: To promote excellence in the visual arts

German Honor Society

Wolpert

Monthly

Criteria: A GPA of 3.0 and interest in German language and culture.
Purpose: To meet fellow German students.

National French Honor Society

Click/Hardy

Thursdays

\$5.00 underclass

\$15.00 seniors

Criteria: By invitation, 3.00 GPA and have an A average or high
B+ in French. Enrolled in French class (4, 5 or AP)
Purpose: Honor, Community Service, Promoting French Languages
and Cultures.

National Honor Society

Barrett Kashdan

Monthly

\$20 (For 2 years)

Criteria: Selection based on 3.5 GPA, Jr/Sr status, evidence of
comm. scvs, evidence of leadership character
3 essays read by faculty committee.
Purpose: Recognize academic excellence. Be a role model for
student body. Tutor fellow students.

National Math Honor Society

Mike Farmar

\$10

Criteria: Selection by Math Dept. based on academic criteria

Omega Phi Epsilon (CS Honor Society)

Wright (Computer Science)

Monthly/3rd Thursday

TBA

Criteria: Outstanding knowledge and interest in CS. 3.5 GPA
in CS, Application process. Must remain in good standing
Purpose: To recognize academic excellence in Computing and
information. To promote the Computing Sciences and
to encourage its contribution to the enhancement of
students' knowledge and understanding of its real
world applications.

Quill and Scroll

Percival

\$12

Criteria: Upper third of class, 2 years of significant contribution to a
publication, recommendation of teacher/sponsor
Purpose: Honor Society for High School Journalists

Sociedad Honoraria Hispanica (Spanish Honor Society)

Mr. Stryker
\$5

Criteria: 3.5 GPA in 3 years of Spanish, 3.0 Monthly
GPA overall, commitment to the study of Spanish
Purpose: Recognize excellence in the study of Spanish and pursue a
deeper knowledge of the language and its cultures.

PUBLICATIONS**Clan (Yearbook)**

Ms. Percival

Criteria: Enrollment in Photojournalism 1-3
Purpose: Inform and entertain its audience in a broad, fair, and
accurate manner on all subjects: student life,
academics, organizations, sports & community.

The Highlander

Ms. Taylor

Criteria: Enrollment in Journalism 2-4
Purpose: Publication of the school newspaper.

The Tartan

Joel Kane
Bi-Monthly

Criteria: Interest and commitment; art, poetry, photography,
short story essays, and layout.
Purpose: To produce a quality creative product reflective of diverse
talents/viewpoints.

SERVICE CLUBS**Key Club**

Cara Mosley
Monthly-Wednesday
\$5.00

Criteria: Willing to be involved in helping others.
Purpose: Service

SPECIAL INTEREST CLUBS**American Sign Language**

Ms. Stiegler
Bi-Weekly

Criteria: Open to all
Purpose: To learn American sign language

College Partnership Program

Ms. Hunter
Last Wednesday of the month

Criteria: Acceptance into county-wide CPP
program. Above 2.5 in academic subjects.
Purpose: Provide support and stimulation for college-bound
students who could benefit from such support.

McLeadership

Ms. Shetterly
Bi-Weekly Friday (lunch)
Silver days
Criteria: Accepted freshmen are paired with senior mentors to help them develop skills to become student leaders.
Purpose: Mentoring, character development, Leadership

McLean Crew

Joe Muskett
Seasonally/Spring Sport
Criteria: Open to all students
Purpose: Compete with other teams in the area.

McLean Humane Society

Ms. Broyhill
Monthly
Criteria: Interested in humane welfare of animals.
Purpose: Participate in activities and volunteer on behalf of animals.

Model United Nations Club

Mr. Plunkett
Bi-Weekly
\$5+conference fees
Criteria: Interest in international affairs and diplomacy-debate
Purpose: To increase international understanding.

Special Olympics

Thompson
Weekly Thurs (Dec-March)
No dues
Criteria: Open to all students in the Work Study program and commit to attend all practices and games
Purpose: To develop athletic skills and compete in tournaments.

Student Ambassador Program

Kashdan/W. Smith
Monthly
Criteria: Open to all students.
Purpose: To help students new to Fairfax County

The Amateurs Club

Ms. Hardy
Weekly
Criteria: Open to all students
Purpose: Participate & learn a variety of activities.

Thespians/Drama Club

Ms. Poe
Monthly
Dues: \$19
Criteria: None for local Drama Club. Thespians requires points from work on school drama productions
Purpose: International lifetime membership

Video Production

Ms. Amy Poe
Quarterly
No Dues
Criteria: Must be trained; selected through tryouts and 2-week performance of duties; must agree to guidelines for Broadcast conduct
Purpose: To support morning news show

Winter Guard/Flag Corps

Mr. Weise
Weekly
No Dues
Criteria: Successful audition
Purpose: To visually interpret the music the Marching Band plays on the field and perform at indoor guard competitions

Young Democrats Club

Mr. McGinnis
Monthly-Thursdays

Criteria: Apply in Sept., complete 5 page Questionnaire & 2 essays
Purpose: Acquaint students on operation of their county government

Young Republicans Club

Mr. Sinclair

Criteria: Interest: Grade 10-12
Purpose: To provide a forum for discussion of political issues

Student Government Organizations

Student Advisory Council

Wagoner/Truesdell
Monthly

Criteria: SAC representatives (5) are elected during the school-wide elections held in the spring of each year. There are also 2 alternates chosen.

Purpose: Acts as an advisory body to the School Board and represent McLean High School in all area and county meetings, to communicate the results of county and area meetings and seek further action if necessary from the SGA, and to communicate students' opinions to the area and county level.

SGA Congress

Wagoner/Truesdell

Criteria: Elected club presidents, team captains Thurs (3rd Thurs) 5th period representatives; SGA and 5th Period SAC officers; publications editors.

Purpose: Representative assembly for student body.

AWARDS

Heather Award

Criteria: Candidates are nominated by teachers, administrators, or staff for their outstanding service to the school.

Purpose: To recognize students who give generously of their time and effort toward making McLean High School run in an efficient manner.

McLEAN HIGH SCHOOL COMMUNITY SERVICE PROGRAM

What is the Community Service Program?

CSP is McLean High School's recognition of student service which is of benefit to others and meaningful to the student. It is supervised work

- without compensation
- of benefit to the community at large
- approved in advance and verified
- co-curricular program

What are the objectives?

By participating in the CSP, students will have an opportunity to

- develop an appreciation for and a better understanding of the needs of others
- become familiar with the responsibilities required for successful citizenship
- gain knowledge as a responsible citizen which is of benefit to the community
- develop strategies and skills to create positive working relationships with other people

What is required?

Student participating in CSP is voluntary. Students can earn points for hours worked through the following:

- special service activities or projects
- Community organizations

CSP requires three phases:

- Application** – students must fill out an application, available in Guidance, identifying a school or community need and the action they plan to take to meet the need. A steering committee, consisting of student and parent volunteers and overseen by a faculty member, will read this application and approve it prior to any volunteer action.
- Action** – the students will complete the activity to help fulfill the school or community need.
- Reflection** - after completing an activity, student will briefly describe in writing the significance of their involvement in the chosen activity.

How do students participate?

Students maintain cumulative record of their community service activities in the career center. The portfolio contains applications, reflections and verification of work completed. The career center coordinator records each student's activities, but the student is responsible for the accuracy of his/her record. **All students must have their records completed by May 15 of each year.** The career center coordinator will not record hours submitted after this date without the prior approval of the steering committee.

What are the different types or places of involvement for students?

DIRECT – having personal contact with those people being served. Examples of such contact are:

- Nursing homes
- Hospitals
- Family shelters
- Soup kitchens
- Peer counseling
- Tutoring
- Special Olympics

ADVOCACY – working to eliminate the cause of a problem by informing the public about an issue. Examples of advocacy are:

- Walk-a-thons
- Fundraising
- Distributing materials
- Political campaigns
- Intern programs

Where can students find information regarding service opportunities?

The career center has information available regarding opportunities for community service. Students are responsible for finding opportunities.

What type of recognition will students receive?

Students who participate in CSP will receive a certificate, recognizing the number of hours in their records. The Guidance Department will send this certificate with the transcript to universities or colleges upon written student request.

Students who accumulate the following hours over their time at McLean High School will receive special recognition:

- 50 hours will receive a red seal
- 100 hours will receive a silver seal
- 150 hours will receive a gold seal

ATHLETIC INFORMATION

Principal

Debbie Jackson

Activities # 703-714-5860

Director, Student Activities

Tom Herman

Assistant Director

Jim Patrick

Hotline # 703-749-8138

All students are allowed to participate in sports provided they meet the following requirements:

- ❑ The student shall have been promoted to the ninth grade or shall have passed five eight-grade subjects
- ❑ The student shall have passed, at the end of the semester immediately preceding that in which he or she desires to compete, not fewer than five credits. He/she shall be currently enrolled in no fewer than five credits.
- ❑ The student shall have submitted to McLean High School, prior to trying out for an athletic team, an Athletic Participation Parental Consent/Physician's certificate form completely filled in and properly signed attesting that he/she has been examined and found to be physically fit for athletic competition and that his/her parents consent to his/her participation.
- ❑ The student must have submitted to McLean High School an Extracurricular Participation Acknowledgement form signed by the student and his or her parent or guardian.

Fall Sports

Cross Country (Boys/Girls)
Golf
Cheerleading
Field Hockey (Girls)
Football
Volleyball

Tryouts Begin

August 2
August 2
August 10
August 10
August 10
August 10

Head Coach

Jason Simoni
Rick Eyerly
Jenn Choumil
Summer Hardman
Jim Patrick
Steve Stotler

Winter Sports

Basketball (Boys)
Basketball (Girls)
Gymnastics (Girls)
Indoor Track (Boys/Girls)
Swim/Dive (Boys/Girls)
Wrestling

November 15
November 15
November 15
November 15
November 15
November 15

Kevin Roller
Mike O'Brien
Courtney Lesson
John Jones
Jeremy Craig
Ken Jackson

Spring Sports

Baseball
Lacrosse (Boys)
Lacrosse (Girls)
Soccer (Boys)
Soccer (Girls)
Softball
Tennis (Girls)
Tennis (Boys)
Track (Boys/Girls)

February 21
February 21
February 21
February 21
February 21
February 21
February 21
February 21
February 21

John Thomas
Jacob Bullock
Alexandra Velez
Mike Anderson
Tiffany Washington
Maurice Tawil
Nancy Brough
Aavo Tomkov
John Jones

For additional information check www.mcleanactivities.org

