



NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Student Holidays	3 Holidays	4 2nd Quarter Begins	5	6 Report Cards Mailed	7
8	9 Smile! Picture Re-take Day! 	10 2:15—A/B Honor Roll party for 7th graders	11 Veteran's Day Parent Open House, All Day 2:15—A/B Honor Roll party for 8th Graders	12 2:15—All A Honor Roll party for 7th & 8th Graders	13 Barnes and Noble Fundraiser for LJMS	14
15 Barnes & Noble Fundraiser for LJMS	16 Club Picture Day	17	18 7:00 pm: PTA Meeting, Library; please join us!	19 11:40 am—Early Release for Students; no late buses	20 Thanksgiving lunch in cafeteria—join your student!	21
22	23	24	25 12:40 pm—Early Release for Students; no late buses	26  Happy Thanksgiving! School is Closed!	27	28
29	30					

WHEN YOUR STUDENT IS SICK...

According to the Virginia Department of Health, Virginia has reached the classification of “widespread” for influenza-like illnesses, and almost all the influenza virus circulating in the state at this time is 2009 H1N1 influenza. FCPS continues to work closely the Fairfax County Health Department as we face the challenges of an active flu season.

Because of this, FCPS is not sending out notification to school communities regarding a single confirmed case of influenza or a group of confirmed cases at a particular school. The medical community is testing only a small number of influenza cases, so information on confirmed versus unconfirmed cases is not helpful.

However, the Health Department continues to monitor absenteeism at individual schools and to monitor the severity of illness caused by 2009 H1N1. If the virus begins to cause more severe illness than what we are currently experiencing, FCPS will work with the Health Department to implement appropriate response measures.

The Centers for Disease Control and Prevention (CDC) encourages school systems to remain open whenever possible due to the social and economic impact that school closures have on the community. FCPS continues to follow this guidance.

The symptoms of H1N1 flu are similar to the symptoms of seasonal flu and include fever plus a cough and/or a sore throat. Persons with influenza-like illness should stay home for at least 24 hours after they no longer have a fever, or signs of a fever, without the use of fever-reducing medicines. We encourage everyone in our community to help keep the flu from spreading by washing hands regularly and covering coughs and sneezes.