

Bruin Cubs

Middle School After-School Clubs & Activities



Program Overview

Lake Braddock Middle School offers a wide variety of after school clubs and activities that focus on the following:

- Academic Support/Enrichment
- Social Skills/Youth Development
- Physical/Health/Recreation
- Family/Community

New clubs/activities will be introduced as the year progresses. Students may sign up for clubs/activities during lunches each day, and use the school website and blackboard to keep track of clubs/activities currently being held. Students are encouraged to communicate with teachers, listen to school announcements and read student message boards in order to stay informed.

Bruin Cubs Questions & Answers

Q. When will after-school clubs begin?

A. After-school clubs/activities will begin **September 28, 2009** and run through **June, 2010**.

Q. How will I know when each club has its first meeting?

A. All club information will be well publicized throughout the school and during morning announcements. In addition, club information can be found on the school website and/or blackboard. Also, students will have the opportunity to sign-up daily for clubs during lunch.

Q. What if I miss the first club meeting?

A. Most clubs are open year round for new participants. There are a few clubs that students must audition for in order to join, such as Science Olympiad and Math Counts. Some clubs run quarterly and students must attend the first few sessions to learn the safety conditions and rules. Students should check with individual club sponsors or Ms. Birkenstock to find out each club's specific requirements. It is okay if students do not attend the first meeting. Students may come to after-school clubs anytime throughout the year, as long as they have provided the after-school program their completed registration form.

Q. Do I have to attend every club session?

A. Each club has different guidelines and expectations. Speak with individual sponsors about their attendance policy.

Q. Is there always a late bus on days clubs are held?

A. No. Late Buses are available on Mondays departing by 3:30 and Tuesdays and Thursdays, departing by 4:30. On Wednesdays and Fridays, students will either have to walk home or be picked up by a parent by 5:30.

Q. How can my child arrange to get after-school help from his/her teacher?

A. Students/parents should speak directly with teachers regarding extra help after school. Teachers generally post their availability in the classroom. However, Bruin Cubs does offer free individual tutoring for MS students

Q. What types of activities will be offered during the 2009–2010 School year?

A. Auto Tech, Chess Club, Cooking Club, Math Counts, Basketball, Soccer, Video Game Club, Science Olympiad, Technology Student Association, Book Club, Flag Football, Theatre Sports, Zumba, Tutoring, College Partnership, and more to come...

An official activity/club guide will be available in mid-September.

Q. Will my child be allowed to call home after school in order to seek permission to stay after?

A. Students will be allowed to use the phone in the main office, MS sub-schools and the club room, D119, x.6479, for emergency situations. We ask that parents and students communicate **before** coming to school about which activities your student will be participating in as well the designated mode of transportation home. In addition, middle school students will be expected to sign up daily, during lunches, for after-school clubs and late buses.

Q. Which days of the week are after-school clubs, activities and teacher assistance offered?

A. Everyday after school. Again, students should check with their individual teachers to ensure they will be available after-school on days they want to stay. Bruin Cubs will post daily changes through morning announcements, lunches and Blackboard. Students should listen for daily announcements, and parents can check the website, and Blackboard throughout the day for changes and cancellations.

Q. How much does it cost to join a club?

A. There is no fee to join a MS club and participate in the Bruin Cubs. These clubs are extension of the middle school students day and are available five days a week. A snack will also be provided. Please note, students must follow FCPS Student Rights and Responsibilities, the LBSS School Rules and the FCPS Bus Rules while participating in the Bruin Cubs. The same behavioral guidelines are followed after-school as they are during the school day.

Q. What can I do to sign my middle school student up for Bruin Cubs?

A. Fill out the Bruin Cub registration form and return it to Michelle Birkenstock, After-School Specialist, in room L132. Once the form is completed and signed by both parent/guardian and student, the middle school student can attend clubs everyday after-school. To obtain a registration form, go to www.fcps.edu/LakeBraddockSS/middle_school/msas_consent_form.pdf or contact Michelle Birkenstock, at Michelle.Birkenstock@fcps.edu, or either MS sub-school, the front office or MS Guidance.

