

STUDENT SELF EVALUATION

Directions: Your counselor would like for your letter of recommendation to be an accurate reflection of your history and abilities. Therefore, it is important you answer all questions in detail. You may neatly complete this evaluation by hand or attach a typed copy to this form. Students must complete items 1-13; parents complete 14-19.

Name _____ Date _____

SS # _____ Email Address _____

Post-Secondary Plans:

_____ 4-year college	_____ Employment
_____ 2-year college	_____ Military
_____ Prep School	_____ Technical Training

Career Goal/College Major _____

Test Scores

SAT _____ SAT Subject _____ ACT _____

ACADEMIC:

1. Is your high school academic record an accurate measure of your ability and potential? (If yes, why?) (If not, why not? What do you consider the best measure of your abilities?)

2. Describe what you believe are your academic strengths. (List specific characteristics & skills, for example: great writer. Also list specific subjects, for example: English)

3. What is the most important thing that you want the college to know about you?

EXTRACURRICULAR ACTIVITIES/AWARDS & ACCOMPLISHMENTS:

4. Please list all school activities in which you have participated from grades 9-12, including arts, clubs, etc. (A separate sheet may be attached if one has already been prepared for colleges.)

<u>Dates</u>	<u>Activities</u>	<u>Position/Title</u>	<u>Teacher/Advisor</u>
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5. What activities and/or organizations have you been involved in outside of school, including employment, volunteer work, etc? Describe responsibilities and incidents relating to these activities that are meaningful to you.

6. What awards, special accomplishments and unique interests, either in or out of school, would you like to highlight?

CHARACTER/PERSONAL TRAITS:

7. List three words that describe you and why?

8. Identify one area of your life that you feel still needs improvement?

9. What subjects are you interested in studying in college?

10. What are your future goals and possible career choice?

11. Explain any family situations or other obstacles that have influenced or affected your high school career?

12. What makes you unique from all the other students at Lake Braddock Secondary School?

13. Please list the names of the individuals who are completing your recommendation forms.
 (Reminder: you are responsible for delivering and following up on the teacher recommendations.)

1. _____
2. _____

PARENT QUESTIONNAIRE

Parents: Complete Questions 14-19.

STUDENT NAME _____ DATE _____

14. Please provide us with some family information that will help us in writing the best letter of recommendation for your child.

Siblings:

	Number	Age	Number Attending College/School Name
Brother(s)	_____	_____	_____
Sister(s)	_____	_____	_____

	Living or Deceased	Colleges(s) Attending	Major	Current Occupation
Mother	_____	_____	_____	_____
Father	_____	_____	_____	_____

15. What language, other than English, is regularly spoken in your home?

16. Choose five adjectives that best describe your child and explain why?

17. Please describe your student in terms of his/her achievement in school. What anecdotes can you provide to illustrate the qualities you most admire about him/her in the school setting? What example would you use to describe your student at his/her best?

18. Please describe your student as a person. What qualities do you most admire? What anecdote might illustrate your student at their best?

19. What would you like a college admissions officer to know about your student? (This is your opportunity to brag!)
