



# Parent-Teen Resource Information on Alcohol and Other Drug Services in Fairfax County!

This resource information is a first step to assist you, a loved one, or a friend who may need education, intervention, or treatment related to alcohol or other drug use. It is always best to seek out a trained professional to help you with your concerns or questions about services.

## To get started, who can you talk to on a confidential basis?

- ★ Your school counselor.
- ★ Your primary care physician.
- ★ Student Safety and Wellness Office (formerly Safe and Drug-Free Youth Section) – Fairfax County Public School (FCPS) office dedicated to education and prevention of drug and alcohol use. 571-423-4270; [www.fcps.edu/dss/ips/ssaw/index.htm](http://www.fcps.edu/dss/ips/ssaw/index.htm)
- ★ Student Assistance Program (SAP) – SAP counselors in the schools can talk confidentially with you or your child about alcohol and other drug use. They can help you decide if help is needed and where to get it. 703-533-5634; [www.fairfaxcounty.gov/csb/ads](http://www.fairfaxcounty.gov/csb/ads)
- ★ A service provider listed on the next page.

## What should you tell them?

- ★ What prompted your call? For example: "I found \_\_\_\_\_ (what?) in my child's room" or "My child has become \_\_\_\_\_ (angry? irritable? secretive?)" or "I am concerned about a friend who is binge drinking."
- ★ How long has this been occurring?
- ★ What are you seeking? For example: prevention program, someone to talk to about a possible alcohol or other drug problem, treatment... If you are not sure, feel free to ask questions or ask for written information.

## Key Definitions:

**Prevention:** education to motivate and equip a person to stay alcohol and drug free.

**Intervention:** opportunity to address a possible alcohol or other drug use problem before it becomes serious.

**Treatment:** counseling by certified professionals for a person struggling with alcohol and other drug use to help change that person's risky behaviors.



## School Based Resources

**Student Safety and Wellness Office (SSAW)  
(formerly Safe and Drug-Free Youth Section)  
Fairfax County Public Schools**

**Phone:** 571-423-4270 **Email:** cdjones@fcps.edu  
www.fcps.edu/dss/ips/ssaw/index.htm  
www.unifiedpreventioncoalition.org  
Serving ages 5 to 20 and parents

A **Parent-Teen Resource Guide** with more detailed information is available from any of the resources listed here or can be downloaded at [www.unifiedpreventioncoalition.org](http://www.unifiedpreventioncoalition.org). This information sheet and the resource guide may not include all local agencies or organizations; they do include those contacts considered by the Countywide Initiative to Reduce Underage Drinking as most likely to be consulted first by parents and teens.

## Fairfax County Government Agencies

**Alcohol and Drug Youth Services (ADYS),  
Student Assistance Program (SAP)**

**Phone:** 703-533-5634  
www.fairfaxcounty.gov/csb/ads  
Serving ages 13 to 18

**Alcohol Safety Action Program (ASAP)  
Substance/Alcohol Focused  
Educator (S.A.F.E.)**

**Phone:** 703-279-2600  
**Email:** elwood.jones@fairfaxcounty.gov  
Serving court ordered/court referred teens

**Fairfax County Police Department,  
Student Resource Officers (SRO)**

**Phone:** 703-246-4564 (Youth Services)  
**Email:** FCPDPIO@fairfaxcounty.gov  
www.fairfaxcounty.gov/police  
Serving high school students and their parents

**Fairfax-Falls Church Community  
Services Board - Prevention  
Services**

**Phone:** 703-934-5476  
**Email:** www.csb@fairfaxcounty.gov  
www.fairfaxcounty.gov/csb/prevention

**Juvenile & Domestic Relations,  
District Court Juvenile Intake  
(Central)**

**Phone:** 703-246-2495 (24 hour hotline)  
www.fairfaxcounty.gov/courts/jdr  
Serving juveniles and their parents

**Coordinated Services Planning (CSP)**

**Phone:** 703-222-0880 or TTY 711  
**Email:** www.fairfaxcounty.gov/dsm/csp  
Serving adults

## Community-Based Organizations

**Al-Anon/Alateen**

**Phone:** 703-534-HELP (4357) or toll free 877-339-8350  
www.alanonva.com and www.va-al-anon.org/espanol.htm  
Serving families, friends, and teens

**Marijuana Anonymous World Services**

**Phone:** 800-766-6779  
**Email:** office@marijuana-anonymous.org  
www.marijuana-anonymous.org  
Serving adolescents and adults

**Alcoholics Anonymous**

**Phone:** 703-876-6166 (24 hour hotline)  
www.nvintergroup.org  
Serving adolescents and adults

**Mothers Against Drunk Driving (MADD),  
Northern Virginia Chapter**

**Phone:** 800-533-6233 (VA MADD) or  
703-379-1135 (Victim Services)  
**Email:** Noreen.dinndorf@madd.org  
www.maddnova.org

**Dominion Hospital**

**Phone:** 703-536-2000  
**Email:** Dominion.DLCares@HCAhealthcare.com  
www.dominionhospital.com  
Serving ages 5 and older

**National Counseling Group (NCG)**

**Phone:** 703-796-6380 or 877-566-9624  
www.nationalcounselinggroup.com  
Serving all ages

**Inova Health System - Comprehensive  
Addiction Treatment Services (CATS)**

**Phone:** 703-776-7782 www.inova.org  
Serving ages 18 and older

**P.R.O.T.E.C.T.**

**Parents Reaching Out to Educate Communities  
Together**

**Phone:** 703-966-8304  
**Email:** jalcooper@aol.com  
Serving parents and families

**Inova Health System - Inova Kellar Center**

**Phone:** 703-218-8500  
www.inova.org  
Serving children and adolescents

**Vanguard Services Unlimited**

**Phone:** 703-841-0703 or 866-888-0821  
**Email:** admissions@vanguardservices.org  
www.vanguardservices.org  
Serving adolescents and adults

**Inova Health System - Inova Regional Trauma  
Center**

**Phone:** 703-776-3259  
**Email:** ashley.elzein@inova.org  
Serving ages 10 to 21

**Washington Regional Alcohol Program (WRAP)**

**Phone:** 703-893-0461  
**Email:** wrap@wrap.org  
www.wrap.org  
Serving adolescents and adults