

Northern Virginia Family Service
Helping Families Help Themselves



Northern Virginia Family Service is a private, non-profit agency that has served families for more than 80 years.

NVFS has professional counselors, social workers and community service providers. The agency is licensed by the Virginia Department of Social Services. NVFS also is accredited by the Council on the Accreditation of Services for Families and Children and is a member of the Alliance for Children and Families.

Established in 1924, Northern Virginia Family Service is a private, non-profit community service resource dedicated to helping individuals and families find new paths to self-reliance and brighter futures.

Each year, NVFS helps more than 24,000 people find affordable housing, counseling and child care; access to low-cost medical and dental services; foster and respite care, job training; trauma recovery; and more.

www.nvfs.org



**Northern Virginia
Family Service**

10455 White Granite Drive
Oakton, Va. 22124

Call 703-219-2184
www.nvfs.org



**NORTHERN VIRGINIA
FAMILY SERVICE**

**Northern Virginia Family Service
Helping Families Help Themselves Since 1924**

Therapeutic Respite Care

*Creating Extended Family for
Children with Special Needs*



**Call us today at
703-219-2184**

Therapeutic Respite Care

Providing Short-term Care for Children with Special Needs



The Northern Virginia Family Service Therapeutic Respite Care Program is one of only a few short-term care programs locally.

This unique program supports Northern Virginia families who have children with special needs. Therapeutic Respite Care Parents help by caring for children with special needs in their homes for short periods of time. Special needs can include medical, emotional or behavioral challenges. The on-going issues of children with special needs can often be too much for one family to handle 24 hours-a-day, seven days-a-week.

The time commitment for Therapeutic Respite Care Parents is typically one weekend a month.

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Respite Care Parents:

- Provide Foster and Biological parents short breaks to address other life concerns
- Give Foster or Biological Parents the opportunity to devote more time to another child in the home
- Provide short-term relief to help stabilize a crisis situation
- Help a child with special needs transition from a residential treatment center back into the community



Respite helps good families stay together

NVFS Respite Service Provides:

- Careful matching of children and Respite Parents
- Comprehensive pre-placement visits
- Complete training and certification for Respite Parents
- Emergency and planned respite availability
- Respite Care in therapeutic family settings
- Professional support
- Modest stipends for Respite Parents
- On-going respite service coordination
- Tailored treatment plans for all Therapeutic Respite children

NVFS Therapeutic Respite Care
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Therapeutic Respite Parents Help Children Who May Have:

- Depression and/or anxiety
- Learning Disorders
- Attention Deficit Disorders
- Developmental Disorders
- Oppositional Defiance Disorders
- Attachment Disorders
- Medical Issues

More about Respite Parents

Respite Parents are trained to address behavioral, emotional and mild-to-moderate medical problems.

All Respite Parent homes meet rigorous Department of Social Services standards.

Respite Parents are culturally diverse come from all walks of life and incomes including married and single, young and old, male and female.

Respite Referrals must:

- Are based on family needs
- Have funding sources other than insurance or DD waivers
- Include a completed referral packet and medical authorization papers prior to stay.