

Fairfax County Area Support Groups and Parent Organizations

The Parent Resource Center provides this list as a service and does not endorse any specific group.
 To suggest changes or additions, please email Dianna.Rooney@fcps.edu

SUPPORT GROUP	CONTACT	PHONE	EMAIL/WEBSITE
AD/HD			
CHADD of Northern Virginia Children and Adults with Attention Deficit Hyperactivity Disorder		703-641-5451	CHADD@hotmail.com www.novachadd.org
CHADD Annandale-Springfield	Denise Gallagher Michelle Albright- Lucero		denisecoach@worldnet.att.net Malbrluc@yahoo.com
CHADD McLean-Falls Church	Annette Spector, MS.Ed		aspector@DER-online.com
CHADD Reston-Herndon	Lisa Kincaid		HNHCoaching@cs.com
ARC			
Arc of Northern Virginia – individual and family advocacy services	Cindy Daniels	703-532-3214 ext. 215	cdaniels@thearcofnova.org info@thearcofnova.org
Arc of Virginia Family Involvement Project – early intervention	Scottie Burnette	888-604-2677 Ext 105	sburnette@arcfip.org
ASPERGER'S SYNDROME			
Arlington AS IS Asperger's Syndrome Information and Support	Lucia Claster	703-276-0748	aclaster@aol.com
Asperger's Syndrome Kingstowne area	Barry Loss	703-866-2115	bloss@erols.com
Asperger's Syndrome Reston Sterling area	Pam Escobar	703-430-3519	

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Asperger's Syndrome Greater Washington adult social & support group			http://health.groups.yahoo.com/ group/dcaspie
AUTISM			
Autism Society of America – National Office		301-657-0881	www.autism-society.org
Parents for Autistic Children's Education (PACE)	Tom Urban	703-861-5235	PACE-Tm@excite.com
Autism Society of America – Northern Va. Chapter	Christine Hoch	703-495-8444	choch@comcast.net info@asanv.org www.asanv.org
Parents of Autistic Children (POAC-NOVA)	Scott Campbell	703-241-2640 703-681-9426	Scott.alan.campbell@atec.army.mil www.poac-nova.org
BRAIN INJURY			
Brain Injury Support Group	Anna Bradford	703-776-2295	Anna.bradford@inova.com
Northern Va. Brain Injury Assn.		703-569-1885	www.nvbia.org
Regional Trauma Center and Brain Injury Services	Betsy Zeigler	703-776-2295	bzeigler@braininjurysvcs.org
CANCER			
Parents of Children with Cancer – telephone support group	Sarah Singer	703-960-1100 ext 231	singers@dc-cap.leukemia-lymphoma.org
CEREBRAL PALSY			
Parents of Children with Cerebral Palsy	Melissa Miller	703-402-3324	Mbcurry01@verizon.net http://groups.yahoo.com/group/PPAR-ENTSVA/
CHROMOSOMAL SYNDROMES			
Chromosome Deletion Outreach Trisomy 18, 13 and related Disorders			www.chromosome18.org
Unique – information, support and self-help for families of children with any rare chromosome disorders			info@rarechromo.org www.rarechromo.org

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SOFT – Support Organization for Trisomy 18, 13 and related disorders	Barb Vanherreweghe	800-716-7638	www.trisomy.org barbsoft@rochester.rr.com
CLEFT LIFT/PALATE			
Cleft lip/palate Virginia Smiles	Paula Miller		info@virginia-smiles.org www.virginia-smiles.org
CUED SPEECH			
Northern Virginia Cued Speech	Maureen Bellamy	703-560-1035	www.nvcsa.org
DEAF/HARD OF HEARING			
Northern Virginia Resource Center for Deaf and Hard of Hearing Persons		703-352-9055 TTY 352-9056	www.nvrc.org info@nvrc.org
Council for Exceptional Children (CEC)		703-620-3660	www.cec.sped.org
Northern Virginia Cued Speech	Maureen Bellamy	703-560-1035	nvcsa@yahoo.com www.nvcsa.org
Depression			
Depression and Related Affective Disorders Association (DRADA)		703-610-9026	www.drada.org info@drada.org
DOWN SYNDROME			
Down Syndrome Association of Northern Virginia	Heather Trammell	703-968-2971	www.dsanhv.org
DYSLEXIA			
International Dyslexia Society Washington Area Branch		800-988-8336 804-285-1946 703-827-9019	www.interdys.org vbida@hotmail.com
Exceptional Children			
Council for Exceptional Children (CEC)		703-620-3660	www.cec.sped.org
EMOTIONAL DISABILITIES			
EDFairfax For parents and guardians of children with		703-968-2971	edfairfax@yahoo.com http://groups.yahoo.com/group/edfairfax

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emotional disabilities			/
EPILEPSY			
Epilepsy Foundation (national) Area Chapter		800-332-1000	www.epilepsyfoundation.org
Abilities Network and Epilepsy Foundation of Chesapeake Region		800-492-2523	http://abilitiesnetwork.org
FETAL ALCOHOL SYNDROME			
National Organization on Fetal Alcohol Syndrome (NOFAS)	Kathy Mitchell	202-785-4585	
FRAGILE X			
Fragile X Resource Group of Northern Virginia	Diane Bolling	540-985-6697	www.vafragilex.org
GRIEF			
Compassionate Friends Grief support after the death of a child		877-969-0010	www.compassionatefriends.org
INFANT/TODDLER			
Infant Toddler Connection of Fairfax/Falls Church Parenting Groups for parents with children – infant to preschool	Kathleen Gilliam	703-246-7138	
	Paula Gorman	703-246-3153	Paula.Gorman@fairfaxcounty.gov
Infant Toddler Connection Parent to Parent For parents of children currently in or graduates of ITC services	Barbara Foster ITC Office	703-642-8997 703-256-3800	Five.fosters@verizon.net
LEARNING DISABILITIES			
Learning Disabilities Association of Virginia (LDAV)			www.ldavirginia.org
MILITARY GROUPS			
Exceptional Family Member Program (EFMP) For military families with family member with special needs	Anna Keating (Ft. Belvoir contact)	703-805-2967	

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Military One Source Resource information nationwide for military families (active duty, guard and reserve)	In U.S. Outside U.S. – call collect	800-342-9647 484-530-5747	www.militaryonesource.com user ID=military, password=onesource
MUTISM			
Selective Mutism	Amy Copeland		mommyofajcj@hotmail.com www.selectivemutism.org
NON VERBAL			
Non-Verbal Learning Disabilities Information and support Group	Cynthia Michaels	703-467-8066	
OTHER GROUPS			
Jewish Social Service Agency	Larisa Perez deGraffenreid, LCSW	703-204-9100 Ext 35	ldegraffenreid@JSSA.org
McLean Bible Church Parent support groups and other services	Jackie Fernald, Director of Access	703-770-2942	Jackie.millsferald@McLeanbible.org
NAMI of Northern Virginia National Alliance of the Mentally Ill For individuals and families coping with mental illness	Carol Ulrich	703-525-0686	carolulrich@naminova.org www.naminova.org
National Dissemination Center for Children and Youth with Disabilities (NICHCY)	Information Specialist	800-695-0285	nichcy@aed.org www.nichcy.org
Neurofibromatosis, Inc. National organization Metro area	Mary Ann Wilson	301-918-4600 301-577-8984	www.nfmidatlantic.org
SPANISH SPEAKING			
Educational Parent Support Group for Spanish Speaking Families	Kerry Lutz	703-820-9001	Kerry.Lutz@scanva.org
SPECIAL NEEDS/PARENTING			

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Parent-to-Parent – for parents of children with special needs (Arlington)	Julie Katz	703-549-0259	juliekatz@comcast.net
Parent to Parent of Virginia Trains agencies on how to become a Parent to Parent program and provides support to parents of children with disabilities	Dana Yarborough	804-795-1481	PTPofVA@aol.com www.ptpofva.com
Parents and Children Coping Together (PACCT)		800-477-0946	
SPINA BIFIDA			
Spina Bifida Association of the National Capital Area	Jill Hill	703-455-5223	
Chesapeake-Potomac Spina Bifida Assn.		888-733-0988	http://chesapeakepinabifida.org
TOURETTE SYNDROME			
Tourette Syndrome Association Greater Washington Chapter	Lynn Mox	301-681-4133 877-295-2148	www.tsagw.org TSAGW@aol.com
VISION			
National Association for Parents of the Visually Impaired		800-562-6265	www.NAPVI.org www.chilshopeforsight.com napvi@perkins.org
Virginia Chapter: Child’s Hope for Sight	Dawn Peifer	804-938-1624	

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