

Hunters Woods Elementary School
For the Arts and Sciences
2401 Colts Neck Road, Reston, VA 20191



School Phone: 703-262-7400

December 2, 2008

Attendance Line 703-262-7474

Olivia M. Toatley, Principal

Avis Russell, Assistant Principal

Gail Porter, Assistant Principal

Principal's Message

Dear Hunters Woods Families and Friends:

It is hard to believe that this year is almost over. These first months of school have been so very exciting. Our students are learning and growing everyday. Thank you for your continuous support of our students and staff. We do not take this support for granted.

Our Annual Thanksgiving Luncheon was a great success. Thank you to the many family members and friends who attended. What a great time was had by all. Special thanks to Mrs. Clara Johnson who helped us organize and train the sixth grade students who served as waiters, greeters, and clean - up crew. We served over 1200 lunches.

This week FCPS will celebrate the 8th Annual National Inclusive Schools Week (December 1-5, 2008). The theme for this week is, ***Together We Learn Better: Inclusive Schools Benefit All Children***

Inclusive Schools Week is celebrated annually the first week in December. It highlights and celebrates the progress of our nation's schools in employing inclusive practices to ensure a quality education for an increasingly diverse student population. This week encourages educators, students, and parents to strive for improved academic achievement for all children.

Please remember cold and flu season is upon us. Make sure your children are dressed appropriately. Remind them to wash their hands often to help prevent the spreading of cold and flu infections.

Finally, I would like to take this opportunity to wish you all a happy and fun - filled winter holiday. Be safe, rest, and create some wonderful new family memories.

Sincerely,

Olivia M. Toatley
Principal

Healthy Tips for the Holidays



- Choose a variety of foods from MyPyramid.
- Start the day with breakfast and energy to tackle all projects.
- Eat plenty of fruits and vegetables.
- Eat lighter meals at night.
- Remember to exercise 60 minutes per day.
- Eliminate night-time stress-related grazing.
- Go to bed feeling light not "full."
- Limit portion sizes of favorite holiday foods, especially desserts.
- Enjoy your feast, family, and friends.

Cold & Flu Season Has Arrived!



To reduce the spread of infection we ask that you keep your child home for 24 hours following a fever, vomiting, or diarrhea. Remind your children to always wash their hands after using the bathroom, coughing, sneezing, and before eating. Here are some helpful hints to prevent the spread of colds & influenza.

COUGH OR SNEEZE INTO YOUR SLEEVE OR A TISSUE!!

Proper Method to Wash Hands:

1. Wet your hands with warm water
2. Use soap and lather
3. Rub and scrub front, back, and between fingers for 20 seconds
4. Rinse well, use paper towel to turn off water
5. Dry hands completely with paper towel

Headstart Needs Your Help

Ms. Cox needs empty juice cans (any size) for art projects. If you would like to help, please drop your rinsed juice cans in the office and we will make sure they get to her.



Primary Science Night Meeting

Calling all Primary parents! The Primary Science Night Committee is in need of your support.



When: Thursday, December 4
Where: Science Room 257
Time: 3:45 pm
Contact: Susan Kelly at Susan.T.Kelly@fcps.edu if you have any questions or would like to help our scientists for this very important event.

Lost and Found



We have a collection of eyeglasses in the office that have not yet been claimed. If your child is missing a pair of eyeglasses, please check with the front desk to see if any belong to you.

The holidays are busy, hectic times for the whole family, and kids are more likely to forget items at this time.

The lost and found committee has tried to reunite students with their lost items. Many items still remain unclaimed, however, and are rapidly filling up our storage space.

Please stop by the school to check the Lost and Found closet when you notice that something is missing. Your students are allowed to look for items as well.

Lost and Found items will be displayed on Monday and Tuesday, December 22 and 23, in the second grade pod. It is important that you and your children have a browse through this event, as all unclaimed items after this event will be donated to charity. The charity collection will occur at 3:00 p.m. on Dec 23, so make sure you stop by early to look at the items.

Also, items which are marked with your child's **full name** will periodically be returned to his or her teacher, so please remember to mark your important items (jackets, favorite sweatshirts, lunchboxes, etc.).

Math Technology Night



Our annual Math Technology Night is scheduled for Thursday, December 4, from 7-8 pm. For those of you new to Hunters Woods, this is a fun evening for students and parents to work with instructional math activities and math

games. We also interact with laptops, computers and smartboards with a math focus. This is a low-key, low-stress evening which is enjoyed by all.

Need Math Tutoring?

Starting Tuesday, December 9th, Mr. Stefano and I will begin a mathematics-tutoring program for any student in fourth, fifth, or sixth grade needing help in math. Confirmation letters will be going home to those who have already signed up.

It is not too late to sign up. If you need a Student Registration/Teacher, Parent Volunteer form, or you have any questions, comments, suggestions, or concerns please feel free to contact us either through the school at 703-262-7400 or by e-mail (james.garrison@fcps.edu), (louis.stefano@fcps.edu).

In order to make this program successful we are inviting students, teachers, and parents to join us in this endeavor.

Thank You,
Mr. "G"

Winter Wish List

"I wish I may, I wish I might, help someone in need tonight"

The SCA team at Hunters Woods Elementary is partnering with the Embry Rucker Community Shelter to service those in need this winter. Each grade level will collect specific donations.

Please send in these donations from **November 25th through December 15th**.

Grades K-1:	baby wipes
Grade 2:	toothpaste
Grade 3:	toothbrushes
Grade 4:	Deodorant
Grade 5:	Chapstick or lip balm
Grade 6:	disposable razors (in a sealed package)

The Embry Rucker Community Shelter is still in need of many other items. If you would like to extend your donations, please contact:

Emily Dahlkamp at (571) 323-1383
Emily.Dahlkamp@restoninterfaith.org

or visit: restoninterfaith.org

11975 Bowman Towne Drive
Reston, VA, 20190

Help Those in Need, Adopt a Family for the Holidays This Year

Times are tough for everyone these days. But for thousands of families in Fairfax County who are already on the brink of poverty, times are even tougher. For these families, even the basic necessities of life are slipping out of reach. And when the holidays are here, children in these families may not have presents or even a holiday meal to celebrate the season—unless you can help.

Through a grant from Fairfax County, local nonprofit Our Daily Bread, Inc., (ODB) administers a holiday program that matches local families with donors who provide Thanksgiving and December holiday meals, as well as gifts for children in the families.

Families are referred to the program by Fairfax County Public Schools social workers and counselors, as well as local social services agencies. Many of the families served by ODB work multiple jobs to make ends meet but still are unable to keep up with the high cost of housing, food, transportation, and utilities in the county. Others are unable to work because of illness or injury.

When you adopt a family, you will feel the true spirit of the season. Participating in the holiday program is a wonderful group or family activity. And it's a great way to give back to the community, because your help goes directly to a local family in need.

How Can I Help?

When you choose to adopt a family, you simply purchase food for a holiday meal and arrange to deliver it to the family. For December holidays, you also purchase gifts or gift cards for the children in the family. The process is simple. You can also make a contribution of cash or gift cards directly to Our Daily Bread, which will distribute them to families that are not adopted.

How Do I Sign Up?

Simply log on to www.our-daily-bread.org and fill out a donor form. The organization will match you up with a family and send you all the information you need. You can also send an e-mail to holiday@odbfairfax.org, or call 703-273-8829.

If you prefer to make a donation, just visit the web site and click on Donate Now, or mail your contribution to Our Daily Bread Holiday Program, 10777 Main Street, suite 320, Fairfax, VA 22030.

