

Bullying Prevention- A School United



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"In the End We Will Remember
Not the Words of Our Enemies,
but the Silence of Our Friends."

Martin Luther

King

2001 Communities That Care© *Youth Survey*

- Have been the VICTIM of bullying, taunting, teasing in the last 12 Months

- 54% never
- 30% 1 – 5 times
- 8% 6 – 19 times
- 3% 20 – 39 times
- 5% 40 or more times

- Have been the AGGRESSOR OF BULLYING, taunting, teasing in the last 12 months

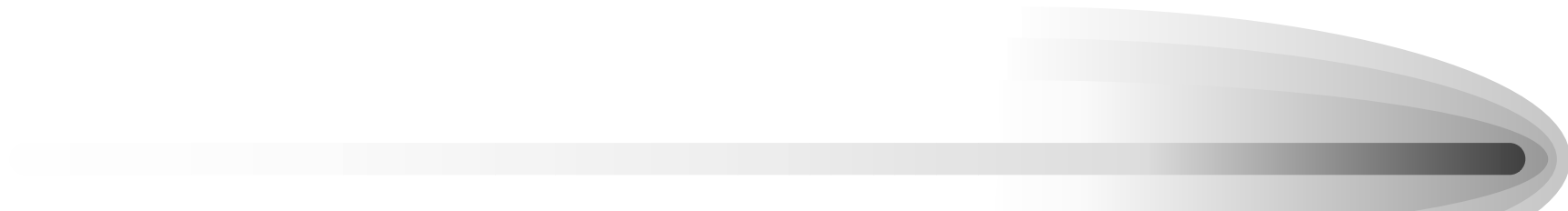
- 45% never
- 30% 1 – 5 times
- 11% 6 – 19 times
- 4% 20 – 39 times
- 9% 40 or more times

Vision Statement

- Establish a safe and positive school environment, fostered by involved adults who act as authorities and serve as role models to eliminate bullying and other forms of harassment.

Goal of Staff Development

- Supplement the Existing Guidance Curriculum and Create Pilot Staff Training Development in the Area of Bullying Prevention Utilizing the Concepts of Norwegian Professor Dan Olweus – “What We Can Do About Bullying.”


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- Objectives of Staff Development*
- Establish the importance of the role of adults in preventing bullying
 - Reduce or eliminate both direct and indirect bullying
 - Improve relationships within the school
 - Create conditions that enable victims and bullies to function better in and out of the school setting



Today's Situation

- Experts agree that at any given time, 1 in 7 students are involved in a bullying relationship, either as victim or as bully.
- Most of these victims are loners.
- On average, a typical elementary student has five good friends.
- Particular concern is for those students who do not have a single friend.

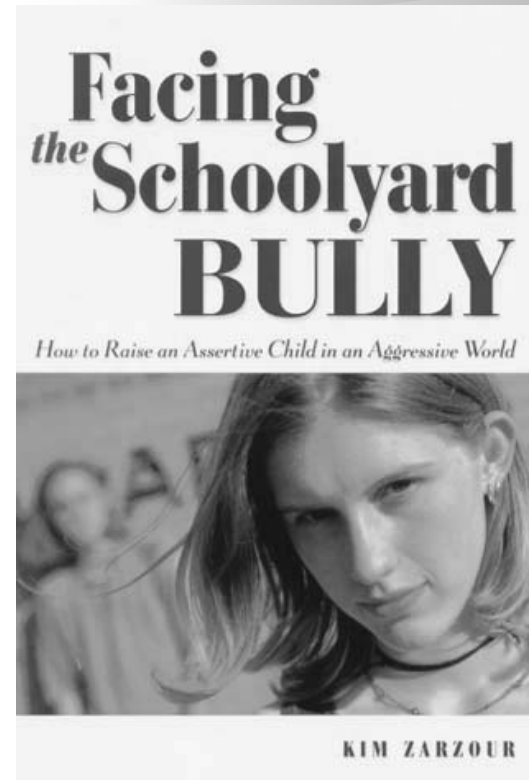
What Is Bullying?



A Student Is Being Bullied
When He or She Is Exposed,
Repeatedly and Over Time, to
Negative Actions on the Part
of One or More Students.

Types of Bullying – Direct and Indirect

- Physical
- Verbal
- Sexual in nature



Characteristics of a Bully?

- Stronger or more athletic (esp. boys)
- Can be aggressive to adults
- Appear tough, show little compassion, empathy, or remorse for victims
- Bullies are often very popular



Characteristics of a Passive Victim?

- Loner – lack of close friends
- Often quiet, cautious, and sensitive
- Insecure, have little confidence
- Physically weaker than peers (boys)
- Are afraid of getting hurt or hurting themselves

Characteristics of a Provocative Victim?

- Repeatedly pesters and irritates others
- May provoke attack
- May look like bullies, because they tend to maintain the conflict
- Quick tempered and will fight back



Common Myths in Bullying Prevention and Intervention

- MYTH - Bullying is normal healthy part of growing up
- MYTH - Bullying is best handled through peer mediation
- MYTH - Bullies lack self esteem
- MYTH - We need to focus our interventions only on bullies and victims
- MYTH Classrooms are an inappropriate place to address bullying
- MYTH - There's is a good, one-shot solution to bullying prevention

Bullying – A Behavior That Is Not Only Wrong, but Also Prohibited by the SR&R

- SR&R defines bullying as physical or psychological harassment of one child by another
- Bullying addressed under rights, acts for which students may be disciplined, and disruptive or inappropriate behavior

Recommended School-wide Interventions

- Promote school-wide staff support
- Form a bullying prevention coordinating committee
- Hold staff discussion groups
- Administer bully/victim questionnaire
- Train all staff
- Develop school rules against bullying

School Rules Against Bullying

- We will not bully others
- We will try to help students who are bullied
- We will make it a point to include students who are easily left out
- When we know somebody is being bullied, we will tell an adult at school and an adult at home

School-wide Interventions

(continued)



- Develop a school contract
- Implement immediate repercussions for unacceptable behavior
- Be consistent in use of positive and negative consequences
- Identify and fortify supervision of “hot spots”
- Hold school-wide kick-offs to promote a positive environment
- Involve parents and community members




Classroom Interventions

- Conduct regular class meetings
- Involve students in planning, problem solving, identifying issues, and developing classroom rules

Classroom Rules

- We shall not bully other students
- We shall try to help students who are bullied
- We shall make a point to include students who become easily left out

Classroom Interventions (Con't)



- Be consistent in the use of sanctions and positive reinforcement
- Incorporate bullying themes across curriculum

Individual Interventions

- Interventions/discussions with bullies
- Interventions/discussions with victims
- Parent and Community involvement



Bullying Is Not Tolerated!!

Name _____ Team _____

Teacher _____ Grade _____

1. What happened?

2. Why did it happen?

3. Who was involved?

4. Where did it take place?

5. When did it take place?

6. How can we resolve it?

Teacher's Signature _____ Date _____

Student's Signature _____

Bus Form

Liberty Middle School
13496 Liberty School Road
Ashland, Virginia 23005
Bullying Is Not Tolerated!!

BUS FORM

Names of student(s) _____
Date _____ Bus number _____ AM or PM _____
Description of incident:

Liberty Middle School
13496 Liberty School Road
Ashland, Virginia 23005
Bullying Is Not Tolerated!!

Names of student(s) _____
Date _____ Bus number _____ AM or PM _____
Description of incident:

BUS FORM

Common Notions of Bullying Questions for Small Group Discussion

Who? Kids who bully others... _____

Kids who are bullied... _____

What? Bullying involves... _____

When? Bullying occurs at times when... _____

Where? Bullying usually takes place... _____

Why? Children bully others in order to... _____

Children are picked on because... _____

How? Bully persists because... _____

Bullying Is Not Tolerated !!

BINT CONTRACT

In order to provide a safe, courteous, learning environment for all students:

1. I will treat fellow students with respect
2. I will not humiliate or hurt any student physically or verbally.
3. I will do the best I can to help any student who is obviously being upset or hurt by one or more students.

Student's Signature: _____

Date: _____


Parents:

I have read the above and will do my utmost to ensure that my child will abide by this contract.

Parent's Signature: _____

Date: _____

Courtesy of Liberty Middle School



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