



**CLASS OF 2012
HERNDON HIGH SCHOOL**

COLLEGE PACKET

Student Name: _____

To help me write an accurate and interesting college recommendation for you, please complete the information requested in this packet:

1. Self Assessment

2. Parent Response

3. Activity Record

RETURN PACKET BY: _____

Herndon High School

STUDENT INFORMATION

Name:	Soc. Sec. Number:
E-mail:	Student Number:
Home Phone:	

At this point, what colleges/universities are on your list?

Do you plan to apply Early Action/Early Decision? If so, where and what is the deadline?

SELF-ASSESSMENT

Please provide thoughtful answers to each of the following questions. It is important that you use anecdotal examples whenever possible. I will not be checking grammatical errors, etc. However, please word process your answers. **Use as much space as you feel necessary for each question.**

Thanks in advance for all of your hard work on the recommendation packet. (I believe that the answers to the questions will be great preparation for college essays and interviews.)

1. What three words best describe you, and why do you think they are good descriptors?
(Provide examples, anecdotes, etc.)

a.) _____

b.) _____

c.) _____

2. If you were writing your own recommendation, what personal information would you like included to show your uniqueness? (i.e. What personal qualities distinguish you from your peers?)

3. Are you logical or creative? (Explain with examples.)

4. Are you outgoing or shy? (Explain with examples.)

5. What are your personal strengths?

6. What are your academic strengths?

7. What are your “special” talents? (Can be in any area such as art, music, athletics, science, literature, mathematics, computer science, etc.)

8. What has been your favorite class? Why?

9. •How do you spend your free time?

10. •What do you choose to learn on your own time? (What is your intellectual passion?)

11. What are your current career goals? Why? If unsure, what subjects do you hope to study in college? Why?
12. How have you taken advantage of the challenging curriculum and/or opportunities available to you at Herndon?
13. They say that “What doesn’t kill us, makes us stronger.” Describe an obstacle that has affected you, positively or negatively? How has overcoming this obstacle helped you to grow?
14. If you chose a motto to live by, what would it be and why?
15. What is your favorite book? Why?
16. In reviewing your transcript is there anything you’d like to explain to colleges in order to put your grades or course selection in an appropriate context? If so, explain.
17. Of all the activities in which you have been involved during high school, which activity has been most important to you and why? (You may choose a school-affiliated program or an independent one.)
18. How have you contributed to the school or local community?
19. How have you shown evidence of leadership ability?

20. How have you demonstrated good character?

21. Describe any work or volunteer experiences you have had. What did you “take” from the experience? How did you make a contribution – what did you “give” the experience?

22. What do you plan to do over the summer?

23. Please complete the attached resume of school and community activities. Remember to include volunteer and work experience, awards won, etc.

24. Who have you approached (or do you plan to approach) for teacher recommendations?

PARENT RESPONSE

Thank you in advance for your effort in completing this form. Your insights into your student are greatly appreciated. **Please feel free to use additional paper.**

Student Name: _____

1. Please share with me the colleges you think would be a good match for your student.

2. Why, specifically, do you feel these are a good match for your student?

3. Are there any financial limitations that could impact where your student applies?

4. List three adjectives that best describe your student and provide examples.

a) _____

b) _____

c) _____

What are some of your child's accomplishments during the past three years?

OVER

ACTIVITY RECORD

Please don't assume that your counselor can identify an activity by its initials or that he/she knows what an activity entails. Be as specific as possible. You may use your own resume format, but make sure that it reflects the information asked for on this sheet.

Grade Year	School, Community, Summer Activities	Hours/Week	Week/Year	Offices Held, Honors Won
Grade 9				
Grade 10				
Grade 11				

Grade 12				
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