

# College Recommendation Packet

Student Name: \_\_\_\_\_

Student E-mail: \_\_\_\_\_

Student Phone Number: \_\_\_\_\_

Counselor Name: \_\_\_\_\_

## Instructions for Completing this Packet:

- This packet assists your counselor in writing the best recommendation possible.
- Please be concise as well as honest, and have this COMPLETED packet back to your counselor **AT LEAST THREE WEEKS prior** to requesting a recommendation letter.
- Please write legibly and allow yourself enough time to do a good job. If your writing cannot be read, it will only slow down the process.
- You must take responsibility and the initiative for YOUR college applications and recommendations.
- The completed packet must include the following:
  - Parent Response
  - Activity Record
  - All questions answered and given to your counselor 3 weeks in advance

**Transcript Request Form, Envelope with Stamps and Secondary School Report also must be turned in to your counselor in order for a transcript to be sent to colleges.**

**Intended College Major(s):** \_\_\_\_\_

**Intended Career(s):** \_\_\_\_\_

Why have you selected this major/career?

In order of preference, please list colleges you are considering.

1.
2.
3.
4.
5.
6.
7.
8.

Are you in the first generation of your family to attend college? Yes \_\_\_\_\_ No \_\_\_\_\_

The college definition of "first generation" is that you (or an older sibling) will be the first in your generation to graduate from college.

## Self-Assessment

1. Write about a significant event or experience in your life. What impact did it have?
2. Choose three adjectives that best describe you. Give specific examples of why you choose these.
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
3. How have you grown academically and personally?
4. Describe an obstacle that has affected you, positively or negatively. How has overcoming this obstacle helped you to grow?

5. What characteristics, strengths, and abilities separate you from other seniors in your class?

6. Tell me something about yourself that is not apparent to someone who does not know you.

7. How do you spend your free time?

8. In what ways has your family influenced you personally and academically?

9. If you chose a motto live by, what would it be and why?

10. Describe your planned path **academically** and **professionally** over the next 10 years.

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<b>High School Experience</b>
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1. Describe your greatest achievement during your high school years in each area.

a.) Academics

b.) Extra-curricular

c.) Personal/Social

2. Which high school courses have you enjoyed the most? Why?

3. How have you contributed to your school? Community? What did you gain from your extracurricular or community involvement?

4. How have you shown evidence of leadership ability?

List the names of 3 HHS staff members whose input would be helpful to your counselor in writing your recommendation. Do NOT list teachers who are already writing a separate recommendation for you.

1. Name\_\_\_\_\_ Subject\_\_\_\_\_

2. Name\_\_\_\_\_ Subject\_\_\_\_\_

3. Name\_\_\_\_\_ Subject\_\_\_\_\_

Name of Student:			
Grade	School, Community, and Summer Activities List hours per week/weeks per year	Offices Held and Honors Won	Employment and Career
<b>Grade 9</b>			
<b>Grade 10</b>			
<b>Grade 11</b>			
<b>Grade 12</b>			

## Parent Response

Please answer the questions below with as much detail as you would like. Thank you in advance for taking the time to provide your insights!

1. Are there limitations or special considerations that will affect where your student attends college? If so, what are they?
2. List 3 adjectives that best describe your child and provide examples.
3. His/Her greatest strengths are:
4. Describe a recent incident in which your child demonstrated strong character.

5. Please describe your child's strengths, accomplishments, preferences, work habits, personality, etc. These are particularly helpful.

6. Is there anything you wish to add which would help me in writing the Counselor's Statement for colleges? (Please use the back if you need more space.)