

The Fairfax-Falls Church Community Services Board

Presents the

Twenty-fourth Annual

Substance Abuse Awareness Week

Healing Lives, Families and Communities

November 12 – 18, 2005



Substance Abuse
Awareness Week

Proclamations

Fairfax County, the Cities of Falls Church and Fairfax, and the Town of Herndon will each proclaim November 12th – 18th, 2005 as Substance Abuse Awareness Week. Proclamations will be presented at the following meetings:

Fairfax County Board of Supervisors Meeting

Monday, October 17, 2005, 9:00 a.m.

Falls Church City Council Meeting

Monday, November 14, 2005, 7:30 p.m.

City of Fairfax Council Meeting

Tuesday, October 25, 2005, 7:00 p.m.

Herndon Town Council

Tuesday, November 8, 2005, 7:30 p.m.

SAAW Co-Sponsors

Thank you to our SAAW Co-Sponsors:

- FCPS Safe and Drug Free Youth Section
- Harrison House of Virginia
- INOVA Kellar Center
- National Counseling Group, Inc.
- Northern Virginia Association of Alcoholism and Drug Abuse Counselors, (NOVAADAC)
- Psychiatric Institute of Washington
- The Safe Youth Coalition, Inc.
- Virginia Hospital Center, Center for Psychiatric and Addiction Services


Please join us in honoring our Co-Sponsors at a breakfast reception at 8:30 a.m. in the Fairfax County Government Center Reception Area preceding the Fairfax County proclamation on October 17th.

Healing Lives, Families and Communities

The Fairfax-Falls Church Community Services Board celebrates their twenty-fourth annual Substance Abuse Awareness Week (SAAW) beginning November 12th. Activities held throughout the week are designed to raise awareness, promote healthy lifestyles, provide education on current trends in the field of addiction and to celebrate recovery from all forms of addiction. This year's theme, **Healing Lives, Families and Communities** recognizes the enormous effects that substance use disorders have on everyone involved and promotes the collective efforts necessary to achieve ongoing recovery and healthier communities. Substance Abuse Awareness Week brings together private and public service providers, advocacy groups, professional organizations, community groups and individuals through a variety of events. With heightened attention on addiction and recovery, we can tackle problems together and build a healthier community.

Please join us in these special events.

Most workshops during this week are free of charge. Certificates of Attendance will be available at all workshops and CEU's will be available for a fee at some workshops. See conference for registration information and fees.

 Please note: If special accommodations are needed for any event, please contact the appropriate sponsoring agency.

Substance Abuse Awareness Week Events

Saturday, November 12, 2005

Riding the Wave: Tools for Parents and Youth to Safely Surf the Elementary through High School Years
8:00 a.m. – 3:30 p.m.

This conference is for adult residents and youth ages 12 – 18 who live within the boundaries of Lee, Edison, Hayfield and South County Secondary Schools. Some conference topics include violent behavior/gangs; anger management; self defense for women and teens; current information on drugs and alcohol; bullying/peer pressure; (sessions will be available in Spanish). Donations are encouraged to offset conference costs. This program is **sponsored by The Safe Youth Coalition, Inc.** and will be held at:

Lee High School
6540 Franconia Road
Springfield, VA

For information and registration, please call Lisa Adler at 703-690-6808 or email at Lkadler@cox.net.

Monday, November 14, 2005

Helping Families Help Themselves
9:00 a.m. – 12:00 pm.

Steve Crow, Program Director of Harrison House of Virginia, will discuss ways to help families rebuild lines of communication, and understand expectations of the treatment process. This program is **sponsored by Harrison House of Virginia** and will be held at:

Immanuel Bible Church
6911 Braddock Road
Springfield, VA

For information and registration, please call 703-256-6474.

Tuesday, November 15, 2005

Traditional Values in This Millennium
10:00 a.m. – 11:30 a.m.

Leslie Martin, LCSW, CSAC, and Kelli Churchill, LCSW, will present this workshop where participants learn how to partner with parents and families of substance abusing teens in a time when frenzied schedules and electronic gadgets are commonplace. The program is **sponsored by National Counseling Group, Inc.** and will be held at:

First Baptist Church
7100 Columbia Pike,
Annandale, VA

For information and registration, please call 703-813-5982, ext. 8.

Understanding and Treating Adolescent Substance Use Disorders
2:00 p.m. – 4:00 p.m.

This workshop will provide an overview of substance use in adolescents. Stephen N. Xenakis, M.D., Soo Han, M.D. and Richard Chvotkin, LICSW, will discuss prevention, intervention, assessment, management and treatment of substance use disorders in adolescents. The focus will be on substances used by teens and in diagnosis and treatment techniques. The program is **sponsored by Psychiatric Institute of Washington** and will be held at:

Psychiatric Institute of Washington
4228 Wisconsin Avenue, NW
Washington, DC

For information and registration, please call 202-243-1175.

Wednesday, November 16, 2005

Gang Awareness
10:00 a.m. – 11:00 a.m.

P.D. O'Keefe, a Violence Prevention Specialist in the Safe and Drug Free Youth Section of Fairfax County Public Schools will discuss indicators of possible gang involvement, why youth join gangs, associated risk factors, and information about local gangs and available resources, and intervention strategies. This program is **sponsored by Fairfax County Public Schools Safe and Drug Free Youth Section** and will be held at:

Falls Church Conferencing Center
(Next to Sears in Seven Corners)
6245 Leesburg Pike, Suite 100
Falls Church, VA

For information and registration, please call 703-876-5246.

Update 2005: Understanding the Drug and Alcohol Scene
12:00 p.m. – 3:00 p.m.

This presentation will highlight trends in current adolescent substance use. Topic areas include: current trends, identifying common adolescent and family profiles, risk and protective factors, and the importance of family involvement in treatment. Presenters are Mary Ellen Ruff, LPC, ATR-BC, Nicholas B. Liappis, LPC, and Susan Ward, LPC, LMFT. This program is **sponsored by INOVA Kellar Center** and will be held at:

INOVA Kellar Center
10396 Democracy Lane
Fairfax, VA

For information and registration, please call 703-218-8500.

Thursday, November 17, 2005

The Stigma of Addictions
9:00 a.m. – 12:00 p.m.

Sandy Kanehl, M.ED., CSAC, will discuss some of the causes and effects of the stigma associated with addictions and provide information, resources and strategies for advocates to counter stigma. The program is **sponsored by Substance Abuse and Recovery Alliance of Northern Virginia (SAARA)**. The program will be held at:

Falls Church Conferencing Center
(Next to the Sears at Seven Corners)
6245 Leesburg Pike, Suite 100
Falls Church, VA

For information and registration, please call Shireda Prince at 703-246-4449.

Ethical Dilemmas & Decisions: What Information Can I Share with Family Members?
1:00 p.m. – 4:00 p.m.

Dr. David Kaplan, Chief Professional Officer of the American Counseling Association will provide an overview of the code of ethics and a system for preventing ethical violations. He will assist counseling professionals in identifying and responding to ethical issues that occur in working with family members of clients with substance abuse and mental health issues. The program is **sponsored by Arlington County Department of Human Services, Substance Abuse Bureau, Behavioral and Healthcare Division** and will be held at:

Arlington County Central Library Auditorium
1015 North Quincy St.
Arlington, VA 22201

For information and registration, please call Octavia Madison-Colmore at 703-228-4913

Friday, November 18, 2005

"Meet the Adolescent" the School, Treatment, Family and Community Settings

Presented by Janice Gabe, LCSW

** New Location **

Marriott at Fairview Park
3111 Fairview Park Drive
Falls Church, Virginia 22042

Schedule:

8:30 – 9:00 a.m. Registration
9:00 a.m. – Noon Conference
Noon – 2:00 p.m. Luncheon
2:00 – 4:00 p.m. Conference

Adolescents face many developmental, biological and psychological transitions. This can present a challenge for families, community members, teachers, counselors, and anyone in their lives. Janice Gabe, LCSW, from New Perspectives of Indiana Inc., has worked as a counselor and renowned trainer for many years. She will share her experiences and techniques working with adolescents. By the end of the conference you will have learned:

- Current information about adolescent brain development and research about the impact of substance use.
- Adolescent developmental challenges that can complicate family relationships and school performance
- How gangs, violence and the media influence cultural groups
- Behavior and personality dynamics of conduct disorder, oppositional defiant disorder and substance use disorders in children and adolescents.
- Strategies for setting effective limits with teens and approaches to restore healthy relationships

Conference Luncheon

11:45 to Noon: Registration
Noon to 2:00 p.m.: Luncheon

Master of Ceremonies: David Ellis, MPA, Neighborhood and Community Building Coordinator, Department of Systems Management for Human Services, Fairfax County Government

Speakers:

Wendy J. Hamilton
Immediate Past National President of MADD

Colonel David M. Rohrer
Chief, Fairfax County Police Department

Cristina C.
Documentary Film Maker

**Substance Abuse Awareness Week
Friday, November 18, 2005**

Please provide complete information. For further information, call (703) 934-5477 or TTY: (703) 538-5292

Name: _____
Address: _____
E-mail: _____
Phone: _____

- Luncheon and Workshop (\$50.00)
 Luncheon Only (\$25.00)
 Vegetarian Meal

Special Accommodations Requested



Make checks payable to:
*Alcohol and Drug Services
3900 Jermantown Road, Suite 200
Fairfax, Virginia 22030*

(No Refunds after November 14, 2005)