

Parenting Teens

Do you have a 12 to 18 year old in your home? Would you like an opportunity to meet with other parents to discuss effective parenting strategies and ways to stay connected to your adolescent? This class combines the STEP Teen and Active Parenting materials.

Topics include:

- Parent/Teen Communication
- Developing Responsibility
- Growing Independence
- Peer Pressure/Defiance
- Decision Making
- Improving Self-Esteem
- Use of Alcohol-Tobacco-Drugs
- Schoolwork
- Career Planning



Six 2-hour sessions: Evenings from 7 – 9 p.m.

Date:

Wednesdays: June 17, 24 & July 8, 15, 22, 29, 2009
Wednesdays: Sept. 30 & Oct. 7, 14, 21, 28 & Nov. 4, 2009

Location:

The Brown Building
9735 Main Street
Fairfax, VA 22031

Cost:

\$85 per person/\$125 per couple (includes book)

For more information or to register contact

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