

Kindergarten Yearly Plans

August: Moving into school/Review field day games

- routines and responsible behavior
- self and general space
- body awareness
- fine and gross motor screening

September: Let's Have Fun

- practice Field day Games
- start loco motor skills-start September 28
- loco motor related games and activities

October: Learning to Move

- field day-October 2: Make up day October 7
- continue loco motor skills
- continue loco motor related games and activities

November: Pathways to Moving

- levels-low, middle, and high
- directions-forward, backward, sideways, up and down
- relationship-over, under, around, through, besides people or object

December: Rolling and Bowling

- underhand throwing patterns
- bowling related games and activities

January: Up and Away: Volleying

- striking a suspended object
- striking a light object upward
- feet and hand activities and challenges

February: Having a Ball: Bean Bag and Ball skills

- bouncing
- catching
- throwing underhand and overhand
- bouncing ,catching, and throwing related games and activities

March: Fit and Healthy and Striking and Throwing-starting March 15

- understand and practice components of fitness
- overhand throwing and striking components

April: Up and Away: Striking and Throwing

- striking with short handled implements
- striking with long handled implements
- overhand throwing and kicking
- striking games and overhand activities

May: Start Wrapping Up

- review field day games for June

June: Let's Have a Blast

- field day-June
- watch move and groove