

1-3 Yearly Plans

August/September: Getting Started by Staying Fit

- expectations-rules, floor spots, and consequences
- practicing games for fall field day

September: Let's Have Fun/Let's Move

- continue to practice Field day Games
- loco motor skills-Start September 28
- loco motor related games and activities

October: Let's Have Fun/ Moving with Your Feet

- field day-October 2: Make up day October 7
- continue loco motor skills
- continue loco motor related games and activities

November: Let's Play Catch

- underhand and overhand throwing and catching
- related games and activities dealing with throwing and catching
- Rolling and bowling-November16-through December

December: Rolling and Bowling

- underhand throwing patterns
- bowling related games and activities

January: Keep Hitting It

- striking a suspended object
- striking a light object upward
- paddle, racket, and polo stick activities and challenges

February: Keep Bouncing Don't Stop

- **bouncing**
- **catching**
- **dribbling with hand**
- **bouncing and catching related games and activities**

March: Continuing Staying Fit and Swat It-start March 15

- **jump rope**
- **serve and forehand-start March 15**

April: Swat It

- **forehand**
- **backhand**
- **serve**
- **pickle ball games and activities**

May: Start Wrapping Up

- **review field day games for June**

June: Let's have a blast

- **field day-June**
- **step box and jump rope**
- **cooperative games**