



2ND ANNUAL FAMILY FUN 3K RUN/WALK



Come walk for your health and support the Juvenile Diabetes Foundation

SATURDAY NOVEMBER 7th

Warm ups begin at 9:00am

Walk at 9:30am

Registration: Individual \$5.00, Families \$10.00

Drop off @ school or mail to Franconia Elementary School PTA

6043 Franconia Rd, Alexandria VA 22310. Checks: made out to PTA

Benefits: Franconia PTA and Juvenile Diabetes Foundation

Packet Pickup: Pick up your T-shirt or late registration at the
Franconia Elementary School Playground from 8:45-9:20

Family Last Name: _____

First Name of each family member: _____

Address: _____

Phone: _____ Email: _____

T-Shirt Sizes: youth small small medium large XL

Waiver: Registrants and their accompanying family members and friends participating in the Fun Run/Walk on Saturday November 7th, 2009, hereby assume full responsibility for the risk of property damage, bodily injury, or death. By your signature below, you certify your understanding that the race will occur, in part, on property not owned by the Franconia Elementary PTA. Therefore, you also certify your understanding that neither the PTA nor its volunteers have any responsibility for the maintenance and condition of that property. Further, you understand that the Franconia PTA, Franconia Elementary, and Juvenile Diabetes Foundation provides no accident, medical or health insurance coverage for race participants.

By your signature below, you certify that to your knowledge, you and your family, friends and other participants listed above are medically able to participate in this Fun Run/Walk. In consideration of the safety of all participants, you understand that no baby joggers, strollers, headphones, animals on leash, skateboards, skates, rollerblades, or bicycles are allowed on the course. In addition you understand that if the Run Run/Walk is canceled by circumstances beyond the control of the organizers, your entry fee will not be refunded.

I have read and agree to the above: _____

Registrant Signature or Parent/Guardian signature (if under 18 years of age)