

# 8 Rules for My Safety

1. Before I leave the house, I always tell my parents who I am with and where I am going.

2. I never talk to strangers, and I will never be tricked into going anywhere with someone my parents don't know.

3. I can say no, even to an adult, if they try to touch me in a way I don't like.

4. I will quickly get away from someone who tries to touch me or take me away. I will yell, "This is not my Daddy or Mommy," and "Help."

5. I will tell my parents if someone tries to touch me in a way I don't like.

6. I don't have to keep a secret from my parents, I will tell them about things or people that scare me.

7. My parents love me, they will listen and help me if I feel troubled.

8. If someone tries to touch me or threatens me,  
My Rules Are:



**SAY NO!  
GET AWAY!  
TELL SOMEONE!**

# HERE'S HOW TO STAY IN TOUCH WITH INFORMATION THAT CAN AFFECT YOUR FAMILY'S SAFETY

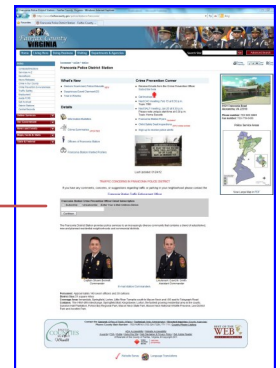
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**FAIRFAX COUNTY POLICE DEPARTMENT, FRANCONIA DISTRICT STATION**

**6121 FRANCONIA ROAD, ALEXANDRIA, VA 22310 , 703-922-0889**

**EMERGENCIES CALL 9-1-1, POLICE NON-EMERGENCIES CALL 703-691-2131**

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Jan 2012

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County of Fairfax, VA