

8 Rules for My Safety

1. Before I leave the house, I always tell my parents who I am with and where I am going.
2. I never talk to strangers, and I will never be tricked into going anywhere with someone my parents don't know.
3. I can say no, even to an adult, if they try to touch me in a way I don't like.
4. I will quickly get away from someone who tries to touch me or take me away. I will yell, "This is not my Daddy or Mommy," and "Help."
5. I will tell my parents if someone tries to touch me in a way I don't like.
6. I don't have to keep a secret from my parents. I will tell them about things or people that scare me.
7. My parents love me. They will listen and help me if I feel troubled.
8. If someone tries to touch me or threatens me.

**SAY NO! GET AWAY!
TELL SOMEONE!**