

What is Type 1 Diabetes?

What is Type 1 diabetes? Diabetes is a disease that makes a person's body unable to take care of itself because it can't make insulin.

What is insulin? In a healthy body, cells make insulin. Insulin allows our bodies to use energy from the food we eat.

In a body with Type 1 diabetes, the insulin has to be injected through a needle into the body. Children with diabetes have to get insulin shots 4 to 6 times every day.

Who gets Type 1 diabetes? Anybody can get diabetes, although doctors don't always know why. Over 15,000 children in the U.S. are diagnosed with diabetes each year.

How long does a person have diabetes? There is no cure for diabetes. So, children with diabetes have it forever.

The **Franconia SCA** and **Franconia Safety Patrols** want to help raise money for the Juvenile Diabetes Research Foundation (JDRF). The foundation gives donations to scientists so they can find a cure for Type 1 diabetes.

Let's "**Defeat Diabetes with De Feet.**" Start today by registering now for the 1 mile walk on Saturday, May 7, 2011. Complete the form and return it to the office with your family's registration fee of \$10 and any other donations you have collected.

Join the Franconia Family for a worthwhile walk and some fabulous fun at Edison HS track. Bring your friends and neighbors. There will be walking games, information stations, prizes, and MORE!

For more information, contact Mrs. Doubleday at Franconia Elementary School, 703-822-2200.