

After School Sports-Winter Session Begins January 9th

Cost: \$85.00 for 8 week session. Make checks payable to FLORIS PTA.

Space is first come, first served. Class may be cancelled if enrollment doesn't meet minimums.

Mondays:

Sports Spectacular

Time: 1:30-2:30

Grades: K-6 (2 groups)

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24
29	30	31					26	27	28	29				25	26	27	28	29	30	31

Tuesdays:

Basketball

Time: 4:00-5:00

Grades: K-6 (2 groups)

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24
29	30	31					26	27	28	29				25	26	27	28	29	30	31

Wednesdays:

Cheerleading/Jump

Rope

Time: 4:00-5:00

Grades: K-6 (2 groups)

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24
29	30	31					26	27	28	29				25	26	27	28	29	30	31

Thursdays:

Karate

Time: 4:00-5:00

Grades: K-6 (2 groups)

January							February							March						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4					1	2	3
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24
29	30	31					26	27	28	29				25	26	27	28	29	30	31

Please cut along dotted line, and return Registration with attached Information & Waiver Form and \$85.00 check payable to Floris PTA. Mark envelope After School Sports. There are no refunds once classes have started.

Student Name: _____

Name of Class(es) _____

Day(s): M T W TH Circle

After School Sports Class Descriptions

Sports Spectacular

Do you love to play sports? Then you'll love Sports Spectacular! Each week we'll play a different sport or game including: basketball, soccer, flag football, kickball, capture the flag, tag games and MORE! Get moving with games like Bump and Bite, Knights and Dragons, the Numbers Game, and Safe Base. We'll work on teamwork, sportsmanship and fitness, all while having FUN. Sign up today!



Basketball

Swish! Join us for Fast Break Basketball where you'll learn FUNdamental basketball skills like dribbling, passing, shooting and defense. Test your skills while we play Dribble Scribble, King of the Court, Hot Shot Shooting and MORE! Sign up today!



Cheerleading/Jump Rope

Take your spirit to a higher level! Learn routines, cheers, motions and jumps that promote teamwork, fitness and FUN. We'll work on basic gymnastics and dance movements (under supervision of instructors). Cheers include: Who Rocks the House, G-O Yell GO, Dynamite, and many more. Jump up! Jump out! Jump for joy! You'll learn the basic skills of jumping using long and short ropes. We'll begin with solo jumping and then move on to group jumping, tricks and performing routines! We'll play games and learn jumping rhymes.

Karate

Students learn the basic levels of martial arts while participating in a fun, exciting atmosphere. Class is tailored to student's individual needs and helps them grow to their fullest potential possible. Karate classes not only focus on instruction, but also learning valuable lessons related to discipline, motivation, self-control, and continual improvement.

