

# FHES "Principal" News September '09



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School Hours: Mondays: 8:40 a.m. to 12:50 p.m. Tuesday - Friday: 8:40 a.m. to 3:20 p.m.

## Welcome 09-10 School

Welcome everyone to the new school year. We had a very busy first day of school. The day started with rain, buses arriving late, and teachers with a smile. We can't recall the last time it rained on this day. The day ended with a power outage and the last bus leaving at 5:00 pm. We're sure as bus runs are reviewed, the arrival and dismissal times will improve. Thank you for your patience. The staff and I are excited about the start of school. As we continue our "Going Green" theme please visit our school website at [www.fcps.edu/FlintHillES](http://www.fcps.edu/FlintHillES). The website can direct you to important information including newsletters, Tuesday folder items, and links to FCPS or PTA items. The PTA is also "Going Green" and requesting email addresses from parents to ensure delivery of Tuesday Folder information. You should also sign up for FCPS 24-7 Learning account. Follow [www.fcps.edu](http://www.fcps.edu) and click the Parents tab in the left column. This page will take you to the many resources available through FCPS. Parents can create a Parent View account that will automatically update information in FCPS' Keep In Touch (KIT) system. If you completed your Emergency Care Card and included an email address, it will automatically be entered into our database for KIT. These are just some of the methods we will use to "Go Green." We hope to learn more about "Going Green" as the year goes on. Thank you to all and best wishes for a successful school year!

## FCPS Family Life Education Instructional Program for 2009-2010

Parents/guardians may choose to **Opt-Out** their child of all or part of the Family Life Education program. Students opted out are provided with age-appropriate, non-punitive alternative health instruction, and every effort is made to foster respect for family choices. If you wish to opt out your child of all or part of FLE for this school year or would like more detailed information about grade level programs, please access the opt out forms, opt out letter, and program descriptions for each grade level at [www.fcps.edu/DIS/OMSI/fle/index.htm](http://www.fcps.edu/DIS/OMSI/fle/index.htm). If you want to opt out your child of any or all FLE instruction, please download the **Opt-Out** form, fill in the appropriate information, and return it to your child's school by the end of September or prior to Family Life Education instruction. FLE curriculum and media may be reviewed at your child's school. Program questions may be addressed at your child's school or by contacting Elizabeth Payne, Health and Physical Education Coordinator at 703-846-8666.

## Back to School Night

This year our Back to School Night will be Thursday, September 17 starting at 7:00 pm. Back to School Night is for parents only. We plan to have two 30 minute repeat sessions with a 15 minute intermission so that parents can visit more than one teacher. Make sure to visit the specialists, too. During this time you will also be able to sign up for the Parent View system in the computer lab.

## Security Procedure

It is our commitment to ensure every child's safety. We have an electronic sign in for visitors and volunteers. All visitors and volunteers must sign in at the front office upon entering the school. If you are walking your child to his/her class in the morning, you must also sign in at the front office. Be sure to obtain a visitor or volunteer badge and have it visible to the casual eye.

## Kiss/Ride Procedure

For the safety of our children, all car riders **MUST USE** the **Kiss/Ride** in front of the building. Do not unload until 8:20 a.m. Please note that the Kiss/Ride is **ONE-WAY**. All vehicles will enter through the northern end (by the basketball court) of the parking lot and exit through the bus entrance. Note that buses have the "right of way." Additionally, for the safety of the students, do not pass other vehicles that are loading or unloading children.

Cars may use the bus lane when instructed by staff. Proceed to Entrance #2 and unload your child on your **first** stop. The median in front of school and the SACC entrance are not drop off or pick up areas for students. Please help keep our children safe by following these procedures.

## Cafeteria and Lunch



At Flint Hill ES we want to make sure each child has lunch. It is so easy to make sure your child has money. Visit

[mylunchmoney.com](http://mylunchmoney.com) and set up an account. You can set up your account so that when money is low, it automatically puts more money on the card. You will need your child's ID No. to set up your account; it is located on your child's report card. Visit our main office if you cannot locate your child's ID Number.

## Dismissal

All students are dismissed through the TV monitors in the classroom and lobby. The order for dismissal is: SACC, Flint Hill Rd./Lakevale walkers, car riders and bike riders; bus riders; Vale Rd. walkers and special events. If you come to pick up your child, please wait quietly in the lobby.