

Girls Track Records

Category	Record	Year
55 Meter Dash	7.30	1986
55 Meter Hurdles	8.40	1986
100 Meter Dash	12.61	1990
100 Meter Hurdles	15.10	1988
200 Meter Dash	25.30	1984
300 Meter Dash	41.90	1985
300 Meter Hurdles	45.40	1985
400 Meter Dash	55.55	1986
500 Meter Dash	1:17.50	1985
800 Meter Dash	2:15	1979
1000 Meter Run	3:00	1984
1600 Meter Run	5:17	1997
3200 Meter Run	11:37	1995
400 Meter Relay	46.0	1986
800 Meter Relay	1:53.10	1986
1600 Meter Relay	4:14.41	2006
Long Jump	19' 4"	1986
Triple Jump	37' .5"	1986
High Jump	5' 8"	1986
Shot Put	37' 6.25"	1997
Discus	115' 6"	1997

Girls Swim & Dive Records

Category	Record	Year
1M Dive	324	1997
50 Free	0:25.06	2005
100 Free	0:56.04	2005
100 Fly	1:00.00	1981
100 Back	1:01.20	1978
100 Breast	1:10.28	1997
200 Free	1:58.10	1981
200 I.M.	2:13.10	1977
200 Medley	1:58.10	1980
200 Free	1:46.14	2005
400 Free	3:54.26	2004
500 Free	5:28.00	1981

Softball Records

Category	Record	Year
Batting Average	.519	2003
Homeruns	4	1992
Triples	5	1993
Doubles	9	2004
Hits	24	2004
Runs Batted In	26	2004
Stolen Bases	25	2004
Strikeouts in a Game	16	1991
Most Strikeouts	147	1991
Earned Run Average	1.39	2004
Team Batting Average	.289	1992
Team Winning %	.709	1992

Boys Track Records

Category	Record	Year
55 Meter Dash	6.54	2003
55 Meter Hurdles	7.40	1986
100 Meter Dash	11.08	1990
110 High Hurdles	14.40	1980
200 Meter Dash	22.60	1985
300 Meter Dash	35.70	1986
300 Meter Hurdles	39.60	1980
400 Meter Dash	49.21	1984
500 Meter Dash	1:06.50	1997
800 Meter Dash	1:59.20	1985
1000 Meter Run	2:39	1983
1600 Meter Run	4:16.70	1983
3200 Meter Run	9:22	1975
400 Meter Relay	43.68	1986
800 Meter Relay	1:33.10	1976
1600 Meter Relay	3:23	1976
3200 Meter Relay	8:27	1998
Long Jump	22' 6"	1984
Triple Jump	45' 2"	1981
High Jump	6' 7"	1981
Shot Put	53' 11"	1977
Discus	150' 6"	1981
Pole Vault	13'	1977

Boys Swim & Dive Records

Category	Record	Year
1M Dive	334.10	1990
50 Free	0:22.06	2002
100 Free	0:48.01	2002
100 Fly	0:55.50	2002
100 Back	0:57.50	1981
100 Breast	1:02.55	1990
200 Free	1:52.04	1992
200 I.M.	2:02.50	1990
200 Medley	1:44.51	1990
200 Free	1:32.13	2000
400 Free	3:29.04	2002
500 Free	5:03.47	1992

Baseball Records

Category	Record	Year
Batting Average	.603	1998
Homeruns	13	1986
Triples	4	1980
Doubles	9	1986
Hits	41	1986
Runs Batted In	38	1986
Stolen Bases	20	2000
Strikeouts in a Game	19	1990
Most Strikeouts	78	1976
Earned Run Average	0.89	1976
Team Batting Average	.329	1982
Team Winning %	.823	1982