

## Spring/Summer 2006

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**For information and registration for the following classes  
contact Susie Johnson at 703-277-2666.**

All classes are held at The Brown Building, which is located at 9735 Main Street, Fairfax, Virginia 22031.

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### **Single Parenting Class**

Being a single parent can be challenging! Discuss the strengths and characteristics of single parent families and learn strategies to become a more effective parent.

**Class fee: \$25.00 per person/\$40.00 for two people**

Saturday: April 29, 2006 or

Saturday: September 30, 2006

9 a.m. - 12:00 noon

### **Co-Parenting: Two Parents, Two Homes**

This four-hour class is designed to assist parents or guardians in focusing on the responsibilities of parenting from separate households and keeping children out of the middle of custody, visitation, and child support issues. *This class meets the parent education guidelines developed by the Supreme Court of Virginia.*

**Class fee: \$40.00 per person/\$60.00 for two people (Fee includes one booklet per person.)**

Classes are held weekly in English. Classes are held once a month in Spanish. Call for the schedule.

### **Strengthening Your Parenting Skills**

This is a parenting skills class for parents or guardians of children one to eleven years old. The class focuses on basic knowledge for more effective parenting.

**Class fee: \$60.00 per person/\$90.00 for two people**

Wednesdays: May 10, 17, 24 & 31, 2006 or

Wednesdays: July 19, 26 & August 2, 9, 2006 or

Wednesdays: September 27 & October 4, 11, 18, 2006

7 p.m. - 9:30 p.m.

### **STEP Teen – (Systematic Training for Effective Parenting)**

#### **A class for parents of 12-18 year olds**

This class will help parents learn strategies to communicate more effectively with teens during these difficult and exciting years.

**Class fee: \$85.00 per person/\$125.00 for two people (Fee includes one booklet per person.)**

Tuesdays: March 21, 28, & April 4, 18, 25, & May 2, 2006 or

Tuesdays: June 7, 14, 21, 28 & July 5, 12, 2006 or

Tuesdays: September 26 & October 3, 10, 17, 24, 31, 2006

7 p.m. - 9 p.m.

### **Step Parenting and the Blended Family**

#### **Yours, Mine, and Ours!**

This class will address communication, problem-solving strategies, parenting approaches, forming a new family, and stress management.

**Class fee: \$25.00 per person/\$40.00 for two people**

Saturday: May 27, 2006 or

Saturday: October 28, 2006

9 a.m. - 12:00 noon



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#### *Family Services and Involvement Section*

Fairfax County Public Schools • Instructional Services Department • Office of Early Childhood and Family Services  
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