



PRESIDENT'S MESSAGE

By Susannah Frazier

September always seems to be such an exciting, yet somewhat overwhelming, time for parents, teachers and students. We are learning new schedules and new faces. Back to school means getting back into the swing of things – including the PTA! I hope you all had a chance to attend the PTA Community Night on the 15th. You met the rest of the PTA Executive Committee: Kristen Fennel, Vice President (ascending), Rebecca McNaull, Vice President, Lauri Mennel, Secretary, and Marnie Sturm, Treasurer. And, hope-

fully, got a sense of the work your PTA does during the year. Did you find out about GRACE Arts, Girls on the Run, Hallowingo, or the Hour Box? I encourage each of you to join the PTA – stay informed about your school and community. I found attending the monthly PTA meetings extremely helpful as a full-time working parent to feel connected to the school. It's a great way to spend time with Ms. Baenig and Mrs. Dineen and the teachers to better understand the challenges CPES faces

and how to become part of the solution. You will find your own comfort level of involvement. I keep referring to the saying “Someone cannot do everything, but everybody can do something.” There are opportunities of all shapes and sizes – no effort is too small here. We appreciate every helping hand. So please consider giving of yourself to enhance the CPES experience for all of the students. You will be glad you did. We'll see you at the next PTA meeting on Tuesday, October 13!

PTA Sponsored Events in September include:

Innisbrook Giftwrap- This is traditionally our biggest fundraiser, contributing over \$10,000 to PTA operating funds last year.

Reflections Art Program kicks off in September (more details on page two...)

Look for details to come home soon about the first Dining for Dollars of the year!

FLU BUSTERS CLINIC

October 21: 3:00 - 7:00 pm CPES Cafeteria

This year, the PTA will sponsor its first Flu Busters Clinic. Preregistration is strongly encouraged. Interested families

can call 1-866-782-3014. Nasal mist vaccination will be available only for those who preregistered. Medicare B

will be accepted. Other fees are: \$25 preregistered or \$27 walk-in.

Dates to Remember

Dining for Dollars: Fosters	September 28
Back to School Night	September 17
PTA Meeting	October 13
Flu Busters Clinic	October 21
Hallowingo	October 23
No School for students	November 2-3
PTA Meeting	November 10

The PTA wants YOU!

PTA Committees which could especially use helping hands...

- HOSPITALITY
- GRACE ARTS
- HALLOWINGO
- READ-A-THON
- PARENT EDUCATION



Some positions that remain open for the 2009-2010 school year:

Chess Club: Coordinate the chess club schedule and registration (liaise with Snow's Chess Academy).

Creative Drama: Maintain relationship with The Rainbow Company and coordinate the Creative Drama class schedule and registration.

Extra rebates/Giant/Safeway escrip: Promote these easy fundraisers and monitor their progress.

Bylaws: Keep the PTA informed of any bylaw changes from the national, state, or county PTAs; assist with the 5-year revisions to the CPES PTA bylaws (2010)

Teacher Appreciation: Coordinate with room parents and volunteers to show teachers and staff how thankful we are for all of their hard work!

Check us out on the Web!

<http://www.fcps.edu/CunninghamParkES/pta.htm>

REFLECTIONS ART PROGRAM **2009/10 Theme: Beauty Is...**

PTA believes all that children deserve a quality arts education and encourages students to pursue artistic expression through participation in its annual Reflections Program.

The Reflections program encourages students to produce an original, artistic entry via literature, music composition, photography, visual art, dance choreography, or film/video production. The program's objective is to interpret and represent creative ideas through any one of these mediums.

PTA schools throughout Virginia encourage broad participation in the program. While working

on their own Reflections entry, students will experience many important skills with wide applicability:

- Students set their own goal.
- They direct and do all necessary processes to reach their goal.
- They learn to value themselves in reaching the goal.
- They learn to stick with the activity until the goal is completed.
- They discover their own 'voice' and standards of knowledge.

Adults need to ensure children have the time, space, and ma-

terials for children to realize their artistic idea. These adults may be parents, teachers, mentors or any one who wants to help children succeed.

