

Bonnie Brae Star



Bonnie Brae Elementary School
5420 Sideburn Road
Fairfax, Virginia 22032



Volume VI Issue II

We dare, dream, see and do. You count on us; we count on you!

October 19, 2010



Don't FORGET!

Office:
703-321-3900

Clinic:
703-321-3910

Attendance:
703-321-3939



25th - 29th Fall Book Fair

28th 4th grade field trip
to Jamestown



1st - 2nd Parent Teacher
Conferences
(Student Holidays)

2nd Election Day

11th PTO Meeting in
Library
(5:30 - 6:30 PM)

17th Make-up day for
Fall Pictures

18th Active Parenting
Workshop
(Cafeteria 9:00 -
10:30 a.m.)

Dear Parents,

Thank you for very successful Back-to-School Nights. I want to thank all the parents who took time from their busy schedules to attend this event and learn more about their child's instructional day. Research continually shows that parent involvement is an important factor in student achievement. The family makes critical contributions to student achievement from pre-school through high school. A home environment that encourages learning is more important to student achievement than income, education level or cultural background. (Henderson and Berla)

On November 1st or 2nd you will have another opportunity to be an active participant in your child's education by attending a student-parent-teacher conference with your child's teacher. To help make your meeting even more powerful, you may want to plan a "special moment" after the meeting to debrief with your child. Build on this meeting by talking with your child about what was discussed during the conference. Talk about your child's strengths and areas of focus. Make sure he/she knows that you and the teacher are working together to help him/her have a successful year. Together we will help children develop independence, self-advocacy, well-rounded views, and life-long learning skills.

Sincerely,

Kathy Bruce



HUMAN GROWTH AND DEVELOPMENT LESSONS

Dear Parents,

Fifth and sixth grade students will soon be taking part in lessons on Human Growth and Development (HG&D) as part of the Family Life Education (FLE) Program. Lessons will take place during the week of December 13-17. These lessons address the many changes that students will experience as they go through puberty and provide them with important information that will help them make positive choices as they grow and change in the next few years. Topics planned for HGD instruction include the physical and emotional changes of puberty; hygiene; the basics of reproduction; a brief introduction to sexually transmitted diseases, including HIV; and a discussion of abstinence from sexual intercourse.



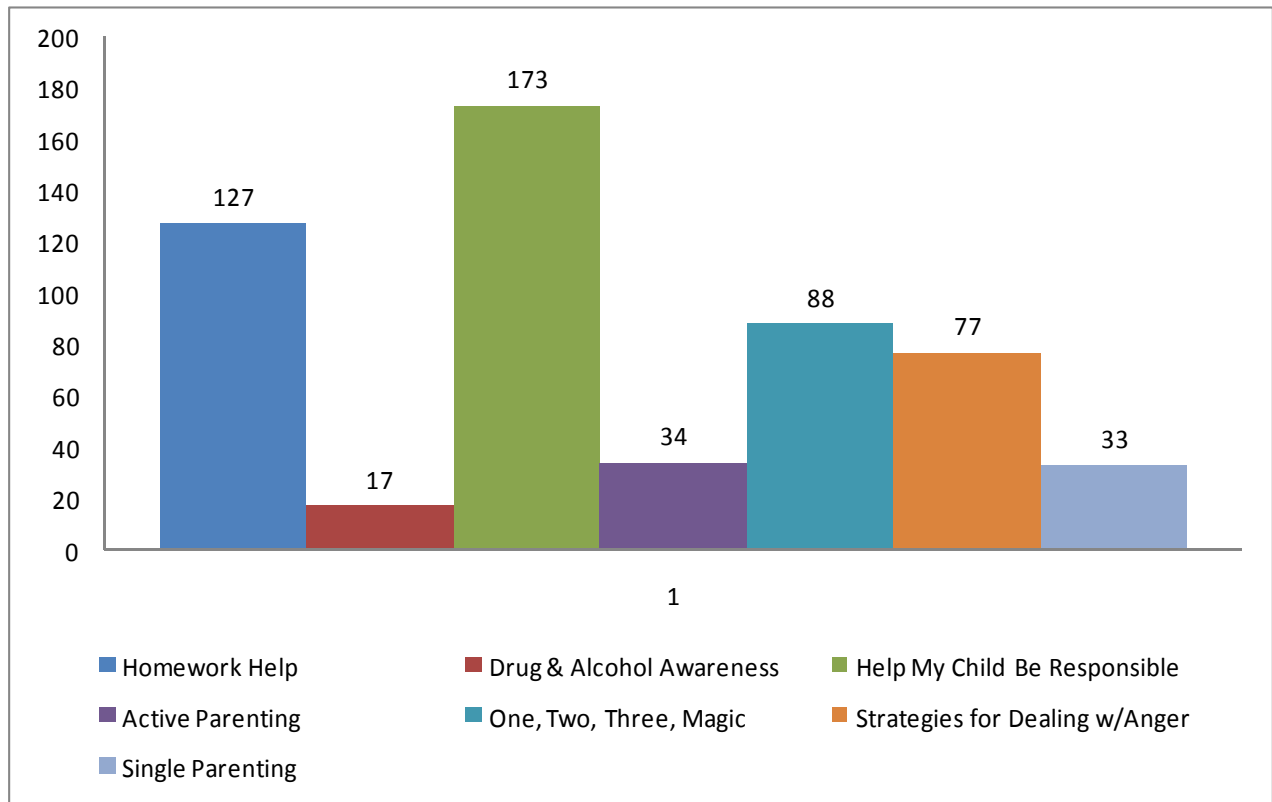
You are invited to attend a meeting to preview the HG&D lessons and materials and to talk with school staff about the program. The meeting will be held on November 17, 2010 from 6:30 p.m. to 7:30 p.m. at **Laurel Ridge Elementary School**. All program materials and videotapes will be available for your review at that time.

As you may know, parents who do not wish to have their children participate in Human Growth and Development instruction may choose to opt their children out of any or all of the lessons. If you would like to opt your child out of one or more lessons, please contact the front office. If you have already indicated your desire to opt your child out of the HG&D lessons by using the form provided earlier in the school year, you do not need to return this form. Should you opt your child out and then later decide you want your child included in HG&D instruction, you must notify your child's teacher in writing before instruction begins.

An alternative instructional program is provided for children who do not take part in HG&D instruction, and every effort is made to foster understanding and respect for family choices and to avoid peer pressure for or against participation in the program.

We look forward to working as your partner in providing information that will help your child make healthy choices related to the exciting changes and new challenges he/she will be facing the next few years. Please contact Jen Niccolls at jniccolls@fcps.edu or 703-321-3900, with your questions.

PARENT PROGRAM INTEREST SURVEY



We would like to thank all the parents who filled out the parent survey and checked off the programs they would be interested in attending this school year. This was most helpful to us as we plan our morning and evening parent programs. “Helping My Child Become Responsible,” and “Homework Help” received the most votes from our BBES parents. Please check the dates below and make sure you mark your calendars for these very important topics. The evening programs will provide your children with childcare, snacks and a movie. Parents will participate in programs which include a power point, discussion, reading material, and question/answer session.

November 18: “Homework Help” 9:00 am (cafeteria) or 6:00 pm (library)

February 17: “Helping My Child Become Responsible” 9:00 am (cafeteria) or 6:00 pm (library)

By attending these parent programs, you will be able utilize educational strategies to help your child. We hope to see you in November and February!

—Chris Stunkard & Megan Higgins, School Counselors



Student Government Association

Robinson Homecoming Wagon Float Contest



Want to walk in the Robinson Homecoming Halftime “mini-parade” and show off your creative skills? Enter the Wagon Float contest!

What is it? The Wagon Float Contest is a new addition to Homecoming this year. Decorate and enter your wagon into the contest in order to win a prize! All wagons get to walk around the track in the “mini-parade” during the Robinson Homecoming Halftime Show. After the mini-parade they will be judged by a panel of Robinson Teachers who will chose the contest winner!

When is it? Meet under the Robinson Scoreboard at the beginning of the second quarter of the Robinson Homecoming Football Game on October 22.

How do I enter? Contact the Robinson SGA at robinsonsga@gmail.com with your Name and Grade Level

Who can enter? The contest is open to all ages! Anyone in the Robinson Community can enter and win!

How much does it cost? It is **FREE** to enter and **FREE** to win!

How should I decorate my wagon? Use your creativity to win! Themes can range from a “Ram Pride” theme to a “Star Trek” theme. The sky is the limit!

The Office of Special Education Instruction

Recharge Reading!

Strategies to improve your
child's reading skills K-12!



October 26, 2010
7:00 – 9:00 p.m.

Robinson Secondary School
Recital Hall
5035 Sideburn Road
Fairfax, Virginia 22032

Join FCPS Special Education Instruction Specialists for this *free* interactive workshop! Learn the research regarding best practices for reading instruction and strategies to support students at school and at home.

Register online **NOW**
or call **703-204-3941**

For more information, visit
www.fcps.edu/cco/prc



The Parent Resource Center
Communications & Community Outreach

Student Hosts are leaders who have the responsibility of making new students feel welcome and at home here at Bonnie Brae. Student hosts were chosen by their teachers and have been trained in what to do to help new students adjust to their new settings. Here are some things that our student hosts shared about their job:

"I like being a host because I can make new friends" - Jason (1st grade)

"I get to meet new teachers and see all the special teachers when I give them tours." - Brook

THIS YEAR'S STUDENT HOSTS ARE:

<u>Kindergarten:</u>	<u>Second Grade:</u>	<u>Fourth Grade:</u>	<u>Sixth Grade:</u>
Clark	Isabella	William	Colette
Erin	Sean	Madonna	Noah
Hannah	Isabel	Maddie	Colleen
Kelly	Steve	Ian	Alex
Ava	Meg	Jenny	Dylan
Aaron	Bryan	Vincent	Melanie
Ripley	Long	Izzy	
Jason	Amara	Jacob	
		Rachel	
		Zachary	
<u>First Grade:</u>	<u>Third Grade:</u>	<u>Fifth Grade:</u>	
Reyhan	Nicholas	Arya	
Anthony	Thomas	Michelle	
Chris	Nathan	Jordi	
Elena	Victoria	Stephy	
Leilani	Ryan	Nikita	
Cameron (Joseph)	Catherine	Daniel	
Brooke		Jonas	
Jason		Rebecca	
Austin			
Sarah			

AMZROO-WORWZCOO

SECOND GRADE BIG THREE POSTER CONTEST WINNERS!

This year all of the second graders had the opportunity to compete in a poster contest to show what the Big Three are all about at Bonnie Brae. Students who participated worked at home to create a poster that showed what the Big Three look like in action at Bonnie Brae. They were judged by a panel of teachers based on creativity, neatness and clarity of the Big Three.

The winners are:
Jiye, Jordan, Isabella, Valeria, and Katherine. They received an award and enjoyed an ice cream party with Mrs. Higgins. Congratulations winners and thank you for helping us learn more about respect!





Walmart

Appreciates our Teachers!

To show their support and appreciation of Bonnie Brae teachers, Walmart provided some of our teachers with gift cards. Ten teachers were randomly selected in a drawing and they each received \$100 gift cards for classroom supplies. The winners were: Jen Giambastiani, Christina Ghrist, Sandy Taylor, Annie Mahoney, Michele Carlson, Jill Boggs, Amanda Steenfott, Sheri Titus, Karen Moran, and Helena Charters. Congratulations!



SEPTEMBER GOLD STAR WINNERS

Congratulations to our Gold Star Students!
September's Character Trait was "Respect."



Kindergarten

Sean, Erin, Hannah, Kelly,
Cheyenne, Kori, Sidd, and Emma

First Grade

Sadie, Fiza, Justine, Anastasia, Lani, Kyu Min,
Kathryn, Jason, and Kenzi

Second Grade

Maisie, Jimmy, Reyna, Sam, Meg, Kenneth,
Britney, and Humira

Third Grade

Blaise, Vibha, Zain, Rayvean, Abby, Mike,
Catherine, and Ryan

Fourth Grade

Joan, Spencer, Will, Emely, Saraih, Ethan, Stacey,
and Daniel

Fifth Grade

Catherine, Dianna, Jimmy, Jessica,
Christina, and T.K.

Sixth Grade

Nam Hyun, Morgan, Alex, Jessica, Emma,
Caroline, Karissa, Alex, and Ryo

October is Breakfast Month in Fairfax County Public Schools. Breakfast is the most important meal of the day. It “breaks” the “fast” by replacing the energy reserves used overnight. School aged children, especially teens, are the biggest breakfast skippers. Research shows students who eat breakfast:

- Learn better
- Are more alert and attentive
- Are more likely to participate in activities
- Eating breakfast may also reduce the risk of childhood obesity.

If you have a breakfast skipper in your home, plan and offer quick nutritious choices such as juice, whole grain cereal and toast, breakfast bar, or bagels and milk or yogurt. Parents don't forget your own breakfast. You are a role model for your children!

9-5-2-1-0 for Health!

9**get 9 hours of sleep****5****eat 5 servings of fruits and vegetables each day****2****limit screen time to no more than 2 hours each day****1****get at least 1 hour of exercise each day****0****no sugary drinks!**

www.tippingthescales.net

Office of Special Education Instruction
Behavior Intervention Services



The ABCs of Good Behavior

Strategies to reduce the likelihood of
challenging behaviors in early childhood

October 21, 2010

7:00 – 9:00 p.m.

Centreville Elementary School
Cafeteria

14330 Green Trails Boulevard
Centreville, Virginia

Join FCPS Behavior
Intervention Teachers for
this *free* workshop!

*Discuss specific challenging
behaviors you are experiencing

*Determine why behaviors occur

*Understand the consequences
that keep challenging behaviors
from occurring again and again!

Register
online *NOW*
or call

703-204-3941

Childcare
will be provided!

For more
information, visit
www.fcps.edu/cco/prc



The Parent Resource Center

Department of Communications & Community Outreach

Co-sponsored by the Centreville Pyramid

Fairfax County Public Schools · Department of Communications and Community Outreach
Family and School Partnerships

Parenting Class Information



For current class
dates, times,
and registration
information,
contact:

Susie Johnson at
703-204-4343

or go to
our website at:
[http://www.fcps.edu/
cco/fam/classes.htm](http://www.fcps.edu/cco/fam/classes.htm)

All parents are welcome; you do not need to be in a court case to attend any of the following classes.

Co-Parenting: Two Parents, Two Homes (in English or Spanish)

This class meets the parent education guidelines developed by the Supreme Court of Virginia.

This four-hour class is designed to help parents focus on the responsibilities of parenting from separate households and keeping children out of the middle as the parents negotiate custody, visitation, child support, or divorce.

Class fee: \$40.00 per person or \$60.00 per couple (includes book)

Classes are held weekly in English and once a month in Spanish.

Call 703-204-4343 for the current schedule.

Saturday morning and Tuesday morning and afternoon classes are held each month.

Strengthening Your Parenting Skills (in English, Spanish, or Korean)

This class meets certain court requirements; call for details.

This ten-hour, four-session parenting skills class is designed for parents or guardians of children from infancy through age eleven. The class focuses on basic knowledge for more effective parenting. Topics include: child safety, positive discipline, child development, effective communication, parenting styles, and setting limits and boundaries.

Class fee: \$60.00 per person or \$90.00 per couple

Evening sessions in English and Spanish 7-9:30 p.m.

Evening sessions in Korean 6:30-9 p.m.

Parenting Teens (in English or Spanish)

This class meets certain court requirements; call for details.

This twelve-hour, six-session class is for parents or guardians of adolescents from 12 to 18 years old. The class focuses on helping parents learn strategies to communicate more effectively with their teen and maintain that important parent-child connection. Topics include: communication, discipline, developing responsibility, growing independence, decision making, curfews, dating, school work, and alcohol, tobacco, and drug use.

Class fee: \$85.00 per person or \$125.00 per couple (includes one book)

Evening sessions 7-9 p.m.

All classes are held at Dunn Loring Center for Parent Services,
2334 Gallows Road, Dunn Loring, Virginia 22027

Advanced registration is required.

For current class dates, times, and registration information, call Susie Johnson at 703-204-4343.

En Español: Para más información en Español, por favor comuníquese llame a la línea en Español 703-204-4303.



Pagal

Revised 9/27/10

2010 Parenting Class Schedule (October - December 2010)

Co-Parenting: Two Parents, Two Homes – in English or Spanish

(This class meets the parent education guidelines developed by the Supreme Court of Virginia.)

This four hour class is held in one 4-hour daytime session.

\$40.00 per individual or \$60.00 per couple attending the same class (cost includes booklet).

October

Morning class English	Saturday, October 2, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Saturday, October 9, 2010	8:30 a.m. – 12:30 p.m.
Morning class Spanish	Saturday, October 16, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Tuesday, October 19, 2010	8:30 a.m. – 12:30 p.m.
Afternoon class English	Tuesday, October 26, 2010	12:30 p.m. – 4:30 p.m.

November

Morning class English	Saturday, November 6, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Saturday, November 13, 2010	8:30 a.m. – 12:30 p.m.
Morning class Spanish	Saturday, November 20, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Tuesday, November 23, 2010	8:30 a.m. – 12:30 p.m.
Afternoon class English	Tuesday, November 30, 2010	12:30 p.m. – 4:30 p.m.

December

Morning class English	Saturday, December 4, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Saturday, December 11, 2010	8:30 a.m. – 12:30 p.m.
Morning class English	Tuesday, December 14, 2010	8:30 a.m. – 12:30 p.m.
Morning class Spanish	Saturday, December 18, 2010	8:30 a.m. – 12:30 p.m.
Afternoon class English	Tuesday, December 21, 2010	12:30 p.m. – 4:30 p.m.

Strengthening Your Parenting Skills- in English, Spanish, or Korean (class for parents of infants-12 year olds)

(This ten hour class is held in four 2 ½ - hour evening sessions)

\$60.00 per individual or \$90.00 per couple attending the same class.

Evening class (4 sessions) Spanish	Tues. Oct. 19, 26 & Nov. 2, 9, 2010	7:00 – 9:30 p.m.
Evening class (4 sessions) English	Weds. Oct. 27 & Nov. 3, 10, 17, 2010	7:00 – 9:30 p.m.
Evening class (4 sessions) Korean	Tues. Nov. 30 & Dec. 7, 14, 21, 2010	6:30 – 9:00 p.m.
Evening class (4 sessions) English	Weds. Dec. 1, 8, 15, 22, 2010	7:00 – 9:30 p.m.

Pre-registration is required. We offer discounts for FCPS employees or if you take more than one class.

To register or for more information contact Susie Johnson at Susie.johnson@fcps.edu or 703-204-4343.

Family and School Partnerships • www.fcps.edu/ccp/fam
Department of Communications and Community Outreach • Fairfax County Public Schools

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Revised 9/27/10

Parenting Teens – in English or Spanish (class for parents of 12 to 18 year olds)

(This twelve hour class is held in six 2 - hour evening sessions)

\$85.00 per individual or \$125.00 per couple attending the same class (cost includes one book)

Evening class (6 sessions) English Weds. Sept. 22, 29 & Oct. 7 (Thurs.), 13, 20, 28 (Thurs.), 2010 7:00 – 9:30 p.m.

Evening class (6 sessions) Spanish Weds. Nov. 3, 10, 17 & Dec. 1, 8, 15, 2010 7:00 – 9:30 p.m.

**Dad's Matter – in English only**

(This class is held in one 2 ½ - hour evening session)

\$20.00 per person.

Evening class Thursday, November 11, 2010 7:00 p.m. – 9:30 p.m.

Successful Single Parenting – in English only (*Revamped and updated – this class is back by popular demand*)

(This class is held in one 2 ½ - hour evening session)

\$20.00 per person.

Evening class Thursday, September 30, 2010 7:00 p.m. – 9:30 p.m.

Talk More...Fight Less – in English only

(This class is held in one 2 ½ - hour evening session)

\$20.00 per person or \$35.00 per couple attending the same class.

Evening class Tuesday, October 12, 2010 7:00 p.m. – 9:30 p.m.

**Unmarried with Children – in English only**

(This class is held in one 2 ½ - hour evening session)

\$20.00 per person.

Evening class Thursday, October 14, 2010 7:00 p.m. – 9:30 p.m.

Step Parenting/Blended Families – in English only (*This class is back by popular demand*)

(This class is held in one 2 ½ - hour evening session)

\$20.00 per person or \$35.00 per couple attending the same class.

Evening class Tuesday, November 16, 2010 7:00 p.m. – 9:30 p.m.

Pre-registration is required. We offer discounts for FCPS employees or if you take more than one class.
To register or for more information contact Susie Johnson at Susie.johnson@fcps.edu or 703-204-4343.