

Dating

Dear Parent/Guardian,

Today in health class, your eighth grade student had the opportunity to think about what dating is, what it means to them, what are the influences around dating decisions and behaviors, and what are their parent's expectations for dating as a part of the Emotional and Social Health unit. We want our teens to understand their family's expectations and to not begin dating until they have been approved to do so by their parents or guardians and to know healthy dating practices once it is appropriate for them to date.

To support classroom work on this topic, we have asked students to share their writing activity and then discuss dating with you by completing the **Dating Expectations** interview worksheet. This will help your teen understand or confirm their understanding of your expectations for dating, so that he or she will know what to expect at the time you believe they are ready to date.

Thank you,

Health Education Teacher