## Fairfax County Youth Substance Use Trends and Supports Webinar Resource Guide

| Webinar<br>Resources                                   | Slides and other resources from the webinars.   | bit.ly/ffx-drug-webinar  |  |  |  |
|--|---|--------------------------|--|--|--|
| Get Help   |   |                          |  |  |  |
| SAP Program  | FCPS Substance Abuse Prevention Specialists provide substance abuse prevention, education, and intervention services throughout the county.                                   | bit.ly/fcps-sap          |  |  |  |
| Fairfax-Falls<br>Church<br>Community<br>Services Board | Provides services for people of all ages who have mental illness, substance use disorders and/or developmental disabilities.  | bit.ly/FFXCSB            |  |  |  |
| Chris Atwood<br>Foundation                             | Local organization providing free harm reduction and recovery support services (including family peer support) and advocacy for people impacted by substance use.             | thecaf.org               |  |  |  |
| JDRDC Parent<br>Support Group                          | Offered by Juvenile Court for parents/guardians of teens under 18 (court involved or not) with behavioral issues, including substance use (available in English and Spanish). | bit.ly/JDRDC_PSG         |  |  |  |
| PRS Family<br>Support                                  | Peer support to families of children, youth and young adults with behavioral health issues.   | bit.ly/FamilyPeerSupport |  |  |  |
| Coordinated<br>Services<br>Planning                    | Information, assistance, and referral for basic needs (food, housing, health care, etc.) and other human services.  | bit.ly/fairfaxCSP        |  |  |  |
| This Is Quitting                                       | Free text-based vaping cessation program for youth and young adults.  | bit.ly/vape-free-ffx     |  |  |  |
| Mental Health<br>Resources                             | Does my child have a mental health concern? Learn more and find local resources.  | bit.ly/mh-concern        |  |  |  |

| Trainings and Resources                 |  |                       |  |  |  |
|---|--|-----------------------|--|--|--|
| REVIVE                                  | Free live or virtual training on how to reverse an opioid overdose.  | bit.ly/revive-csb     |  |  |  |
| Lock and Talk                           | Get free medication lock boxes and disposal kits from the Community Services Board.  | bit.ly/med-lock-box   |  |  |  |
| Youth Programs                          |  |                       |  |  |  |
| NCS Youth<br>Programs                   | Quality after-school and summer programs for youth of all ages and abilities.  | bit.ly/ncs-kids       |  |  |  |
| Middle School<br>After-School           | Free after-school program in all FCPS middle schools. Includes transportation most days. See your school for details.  | bit.ly/fcps-msas      |  |  |  |
| Park Authority<br>Parktakes             | Camps, classes, and other programs for youth of all ages and abilities.  | bit.ly/parktakes      |  |  |  |
| Sports<br>Directory                     | Find youth sports programs in Fairfax County.  | bit.ly/fairfaxsports  |  |  |  |
| After-school programs                   | Contact the Fairfax Out of School Time Network for help finding after-school programs in your area.  | bit.ly/fairfaxOSTN    |  |  |  |
| Learn More                              |  |                       |  |  |  |
| Know Rx                                 | Learn more about opioid use and local resources.   | www.KnowRX.org        |  |  |  |
| Fairfax County<br>Youth Survey          | Find data on issues related to youth in Fairfax County, including rates of substance use.  | bit.ly/fc-youthsurvey |  |  |  |
| Healthy Minds<br>Fairfax                | Healthy Minds works to help youth and families in the Fairfax-Falls Church community access mental health and substance abuse services, and improve the quality of those services. | bit.ly/hmfairfax      |  |  |  |
| Fairfax County<br>Opioid<br>Information | Learn more about opioid use in Fairfax County and how to prevent use and overdose.   | bit.ly/ffx-opioids    |  |  |  |