

**Fairfax County Family Life Education**  
**OPT-OUT REQUEST FORM**  
**Grade Twelve**

If you wish to opt your child out of all or some of the grade twelve Family Life Education lessons, please complete this form and **return it to your child's Social Studies teacher prior to FLE instruction**. Additional information for lesson objectives and media descriptions is available at <https://www.fcps.edu/academics/high-school-academics-9-12/family-life-education-file> . Lessons are available in Schoology.

**PLEASE NOTE: You do not need to return this form unless you are opting your child out of all or some of the grade twelve Family Life Education lessons.**

CHILD'S NAME \_\_\_\_\_ Social Studies Teacher \_\_\_\_\_

**Directions: Please check those lessons in which you do not want your child to take part.**

\_\_\_\_\_ **Lesson 1: Family and Virginia Law**

Students will interpret laws that affect family life.

- Current laws and case studies in Virginia individuals and families
  - Marriage, divorce, adoption, child abuse, human (teen sex) trafficking, sexual assault (includes consent), legal responsibilities of parents
- Impact of engaging in risky behaviors during high school, post-secondary education, and career
- Bystander awareness and intervention strategies

\_\_\_\_\_ **Lesson 2: Sexually Transmitted Infections**

Students will explain prevention and transmission of sexually transmitted infections. Students will be able to describe the physical, emotional, and social impacts of sexually transmitted infections on self and others.

- Local and national statistics, high risk behaviors
- Abstinence from sexual activity and intravenous drug use
- Use of condoms and pre-exposure prophylaxis for HIV prevention
- Effects of substance use on decision making and the developing brain
- Considerations for current and future settings (high school, college, work environments)

\_\_\_\_\_ **Lesson 3: Contraception**

Students will identify factors that influence use of contraceptives.

- Methods and effectiveness of contraceptives for pregnancy and minimizing risk of sexually transmitted infections
- Considerations for choosing contraception
  - How the method is used, partner's opinion, availability and cost, and personal values/beliefs
- Abstinence as the only 100% effective method for preventing pregnancy and most effect method for preventing sexually transmitted infection

Date \_\_\_\_\_

\_\_\_\_\_  
**Parent/Guardian Signature**

Updated July 2021